

BLUE MOUNTAIN CHRISTIAN UNIVERSITY
PHYSICAL EDUCATION, BACHELOR OF SCIENCE IN EDUCATION

133-137 total hours required

- ☐ 25% of degree hours must be earned at BMCU.
- ☐ Students may transfer a maximum of 70 semester hours of credit from a community or junior college.
- ☐ A minimum of 40 semester hours of credit in 300- and 400- level courses are required for a degree at the University. Twenty-four of these semester hours must be earned at the University.
- ☐ A minimum of 12 semester hours of 300- and 400-level *major* course work is required for a degree of which six must be earned at the University.
- ☐ A minimum of six semester hours of 300- and 400-level *minor* course work is required for a degree of which three must be earned at the University.
- ☐ Proficiencies must be met in Mathematics, English, and the Core Curriculum.

COLLEGE CORE REQUIREMENTS

ENGLISH: 12-14 hours

- ☐ ENG 100 English Composition I *or*
ENG 110 English Composition I-Honors
- ☐ ENG 101 English Composition II *or*
ENG 111 English Composition II-Honors
- ☐ Select one 200-level literature course
- ☐ Select an additional 200-level or above 3-hour ENG course

HISTORY: 6 hours

- ☐ Select 2 courses from the following
HIS 110 Western Civilization I; HIS 111 Western Civilization II;
HIS 210 Early U.S. History; HIS 211 Modern U.S. History

SOCIAL/BEHAVIORAL SCIENCE: 6 hours

- ☐ PSY 100 Intro to Psychology
- ☐ Select one additional course with CRJ, ECO, GEO, PSC, or SOC prefix

BIBLICAL STUDIES: 6 hours

- ☐ Select 2 courses from the following
BIB 100 Old Testament I; BIB 101 Old Testament II;
BIB 200 New Testament I; BIB 201 New Testament II

NATURAL SCIENCE & MATHEMATICS: 10 hours

4 hours met in major requirements

- ☐ Select 1 course with MAT prefix
MAT 105 Contemporary Math recommended
Must be MAT 105 or higher
- ☐ Select 1 additional Mathematics or Science course
(BIO 184/184L General Biology I recommended)

PHYSICAL SCIENCE: 3 hours

- ☐ PHY 204 Concepts of Physics & Astronomy *or*
PHY 207 Survey of Earth & Environmental Science

SPEECH: 3 hours

- ☐ STH 210 Oral Communication

FINE ARTS: 3 hours

- ☐ Select one course from the following
ART 142 Art Appreciation; MUS 142 Music Appreciation; *or*
STH 142 Theatre Appreciation

PHYSICAL FITNESS: 2 hours*

**All first-time freshmen must take PED 127 or PED 128.
Athletes and band earn the 2-hour physical fitness requirement in their sport/activity.*

- ☐ PED 127 Fitness for Life—Cardio
or PED 128 Fitness for Life—Resistance
- ☐ Select one additional activity course with PED prefix

FIRST YEAR SEMINAR: 1 hour

Required only for First-time Freshmen

- ☐ FYS 100 First Year Seminar

REQUIREMENTS IN THE MAJOR: 42 hours required

- ☐ HLT 104 Personal Health
- ☐ HLT 228 First Aid
- ☐ HLT 300 Principles of Nutrition
- ☐ HLT 312 Prevention & Care of Athletic Injuries
- ☐ EXS 433 Anatomical Kinesiology
- ☐ EXS 465 Physiology of Exercise
- ☐ PED 255 Principles/Philosophy of Physical Education
- ☐ PED 280 Coaching/Teaching Individual Sports
- ☐ PED 281 Coaching/Teaching Team Sports
- ☐ PED 316 Motor Development/Movement in Education
- ☐ PED 350 Rhythms K-12
- ☐ PED 412 Adapted Physical Education
- ☐ PED 451 Quantitative Analysis in Kinesiology
- ☐ BIO 390/390L Human Anatomy/Physiology I & Lab

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EDUCATION/PSYCHOLOGY COMPONENT: 16-17 hours

- ☐ EDU 216 Introduction to Education **with**
- ☐ EDU 217 PRAXIS Core Preparation/Lab
(not required for students who have ACT/SAT exemption)
- ☐ EDU 326 Reading in the Academic Disciplines
- ☐ EDU 370 Foundations of Educational Technology
- ☐ EDU 400 Theories of Learning **with**
- ☐ EDU 401 PRAXIS PLT Preparation
- ☐ PSY 260 Human Growth & Development

PROFESSIONAL EDUCATION COURSES: 7 hours

- ☐ EDU 424 Classroom/Behavior Management
- ☐ EDU 450k Methods of Teaching Physical Education
- ☐ EDU 470 Pre-Internship Lab

PROFESSIONAL SEMESTER: 12 hours

Requires admission to Teacher Education and taking of the required Mississippi Licensure Examinations.

- ☐ EDU 488 Internship in Secondary Schools

NO MINOR REQUIRED