

**BLUE MOUNTAIN CHRISTIAN UNIVERSITY**  
**PUBLIC HEALTH—LCMC CONSORTIUM, BACHELOR OF SCIENCE**

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**123-137 total hours required**

- ☐ 25% of degree hours must be earned at BMCU.
- ☐ Students may transfer a maximum of 70 semester hours of credit from a community or junior college.
- ☐ A minimum of 40 semester hours of credit in 300- and 400- level courses are required for a degree at the University. Twenty-four of these semester hours must be earned at the University.
- ☐ A minimum of 12 semester hours of 300- and 400-level *major* course work is required for a degree of which six must be earned at the University.
- ☐ A minimum of six semester hours of 300- and 400-level *minor* course work is required for a degree of which three must be earned at the University.
- ☐ Proficiencies must be met in Mathematics, English, and the Core Curriculum.

**COLLEGE CORE REQUIREMENTS**

**ENGLISH: 12-14 hours**

- ☐ ENG 100 English Composition I **or**  
*ENG 110 English Composition I-Honors*
- ☐ ENG 101 English Composition II **or**  
*ENG 111 English Composition II-Honors*
- ☐ Select one 200-level literature course
- ☐ Select an additional 200-level or above 3-hour ENG course

**HISTORY: 6 hours**

- ☐ Select 2 courses from the following  
HIS 110 Western Civilization I; HIS 111 Western Civilization II;  
HIS 210 Early U.S. History; HIS 211 Modern U.S. History

**SOCIAL/BEHAVIORAL SCIENCE: 6 hours**

- ☐ PSY 100 Intro to Psychology
- ☐ ECO 320 Economics (Macro) **or**  
ECO 321 Economics (Micro)

**BIBLICAL STUDIES: 6 hours**

- ☐ Select 2 courses from the following  
BIB 100 Old Testament I; BIB 101 Old Testament II;  
BIB 200 New Testament I; BIB 201 New Testament II

**NATURAL SCIENCE: 8 hours**

- ☐ BIO 184/184L General Biology I & Lab
  - ☐ BIO 185/185L General Biology II & Lab
- Any upper-level BIO with lab will substitute*

**ADDITIONAL SCIENCE: 3-4 hours**

- ☐ Select one course with BIO, CHE, or PHY prefix.

**MATHEMATICS: 6 hours**

- ☐ MAT 110 College Algebra
- ☐ MAT 140 Elementary Statistics

**FINE ARTS: 3 hours**

- ☐ Select one course from the following  
ART 142 Art Appreciation; MUS 142 Music Appreciation;  
STH 142 Theatre Appreciation; STH 210 Oral Communication;  
**or** STH 225 Oral Interpretation

**PHYSICAL FITNESS: 2 hours\***

*\*All first-time freshmen must take PED 127 or PED 128.  
Athletes and band earn the 2-hour physical fitness  
requirement in their sport/activity.*

- ☐ PED 127 Fitness for Life—Cardio **or**  
PED 128 Fitness for Life—Resistance
- ☐ Select one additional activity course with PED prefix

☐ **ELECTIVE: 3 hours**

**FIRST YEAR SEMINAR: 1 hour**

*Required only for First-time Freshmen*

- ☐ FYS 100 First Year Seminar

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**REQUIREMENTS IN THE MAJOR: 49-53 hours required**

- ☐ HLT 104 Principles of Personal Health
- ☐ HLT 228 First Aid **or**  
NUR 301 Foundations of Nursing Practice
- ☐ HLT 300 Principles of Nutrition
- ☐ HLT 320 Ethics & Issues in Public Health **or**  
NUR 403 Health Promotion across the Lifespan in the  
Community
- ☐ HLT 420 Mental Health **or**  
NUR 334 Mental Health Nursing
- ☐ PSY 260 Human Growth & Development
- ☐ PSY/SOC 448 Addictions

- ☐ NUR 105 Basic Life Support (BLS)
- ☐ BIO 425 Medical Terminology **or**  
BIO 430 Immunology
- ☐ Select one of the following courses  
BIO 300 General Microbiology & Lab;  
BIO 390/390L Human Anatomy & Physiology & Lab; **or**  
CHE 194/194L General Chemistry I & Lab
- ☐ HLT 480 Internship

*(Continued on following page)*

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**Online Requirements through LCMC Rize**

- ☐ PHM 100 The History of Public Health
- ☐ PHM 300 Epidemiology
- ☐ PHM 310 Health Services
- ☐ PHM 320 Health Economics
- ☐ PHM 400 Public Health Studies I
- ☐ PHM 401 Public Health Studies II

☐ **MINOR REQUIREMENTS: 18-25 HOURS**  
**DETERMINED BY CHOSEN MINOR**