

Mixed-Up Valentine's Day

Unscramble the letters to reveal words that have to do with Valentine's Day.



1. RHSETA _____
2. RSLOFWE _____
3. AYNCD _____
4. OELV _____
5. CROEMAN _____
6. TNASI ENTINAVLE _____
7. EGGRNTIE RDCA _____
8. MOPE _____
9. URCBHE _____
10. CEESRT IRRADME _____
11. DUCIP _____
12. OYLIHDA _____
13. OBW NAD OARWR _____
14. EB NIME _____
15. ORSE _____
16. ESENTPRS _____
17. UYARBFER _____

The Meadows Independent & Assisted Living

2300 SE 28th Street

Bentonville Arkansas 72712

479 273 9969

www.TheMeadowsInBentonville.com

www.themeadows.smugmug.com



The Meadows Monthly

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February 2022

Seeing Red

Red hearts. Red roses. Red lipstick kisses. These are all popular symbols of Valentine's Day. While there is no record of St. Valentine ever wearing red, the holiday that bears his name is full of the color. The color red appears again on February 4 for Wear Red Day. Today, red symbolizes love, beauty, power, and passion, but humans have been fascinated by the color for millennia.

After black and white, red is the first color of the spectrum that babies can identify. Perhaps our adoration of the color comes from this strong first impression. Speaking of firsts, 40,000 years ago, prehistoric humans painted their bodies in red clay. Burial rites included covering the dead in red powder to ward off evil spirits. Prehistoric cave paintings discovered across the globe from Asia to Africa and Australia were all made with red ochre. Our Stone Age ancestors certainly thought red possessed power.

When did red specifically earn its association with love? Many historians point to the ancient Greeks. Aphrodite, the goddess of love and beauty, fell in love with Adonis. When Adonis was killed by a wild boar, Aphrodite rushed to his aid and was stuck by the thorn of a white rose. The goddess' blood fell on the white petals, turning them red. In this manner, the red rose came to symbolize Aphrodite's love for Adonis, and both the color red and the red rose became symbols of Aphrodite herself, as well as love, beauty, and passion.

This myth also demonstrates the mixed symbolism presented by the color red: the heart and blood, passion and anger, allure and danger, love and war. Cultures all over the world use red to different effects. Chinese brides wear red wedding dresses to symbolize love and good fortune. Catholic cardinals wear red robes symbolizing the blood of Jesus Christ. American drivers are warned to "STOP" with red stop signs and lights. In February, red might inspire romance or inflame passion, but on Halloween, it accompanies gruesome horrors. Good or bad, the color red has long asserted power over the human psyche.

February

Groundhog Day

February 2

Winter Olympics Begin

February 4

Chocolate Kiss Day

February 9

Super Bowl Sunday

February 13

Valentine's Day

February 14

U.S. Presidents Day

February 21

Tootsie Roll Day

February 23

Friend Forever Day

February 26



The Meadows Happenings



February Tidbits...

Rather than being named for a Roman emperor, a deity, or its numerical order, February's name comes from the Latin word for purification, februum. February also has a cute nickname. In Welsh it's called y mis bach, meaning "little month."

February is the second month of the year in the Julian and Gregorian calendars and the only month with fewer than 30 days. In most years, February has 28 days. However, in leap years, which occur every four years, the month has 29 days, making the year 366 days rather than 365. In Finnish, February is known as helmikuu, or "month of the pearl"—describing the pearls of ice formed by droplets of snow melting and refreezing on tree



Fun Music Facts

- In honor of Valentine's Day, let's remember some of the best love songs ever recorded.
- "This Magic Moment" The Drifters spent 11 weeks on the Billboard Hot 100 with this evocative R&B song.
- "I Can't Stop Loving You" Ray Charles' romantic tune topped the charts for five weeks in 1962. "Baby Love" The Supremes' 1964 hit song spent four weeks at No. 1— leading the Motown band to become a huge sensation.
- "She Loves You" John Lennon and Paul McCartney of the Beatles wrote this upbeat 1963 tune while on a bus tour in England.
- "Love Will Keep Us Together" Written by Neil Sedaka, this 1975 Captain and Tennille hit was No. 1 for four weeks.
- "What's Love Got to Do with It?" Tina Turner's classic tune was at the top of the charts for three weeks in 1984.

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...usi
...for Hirschfield. He had been calling his five-year-old Clara by the nickname "Tootsie" all her life. Or had he? Some historians claim that the quaint story of the





Dog of the Month

Beagle - The beagle is a short-haired scent hound that was originally bred for fox hunting in England. This friendly, smart, sweetfaced dog has excellent tracking skills and is often used in airports to sniff out illegal plants and foods. Beagles make good family pets. They are known to be adaptable, gentle, loving, sociable companions, and good with children. However, they are also prone to barking, digging, and stubbornness.

They are small in size, between 20–24 pounds, and they come in a range of coat color combinations including white, tan, chocolate, orange, lemon, and red. Beagles' sense of smell is thousands of times better than that of humans. Their keen noses have a remarkable 220 million scent receptors, as opposed to our five million. Their long ears help them smell by keeping scent particles trapped in the air around their noses.



Day

But the
he see his

shadow? Will he not? Why do we care so much? Besides predicting the weather, there are some other quirky facts surrounding this kooky holiday that you need to know.

1. **The Germans started the whole Groundhog Day thing** - Yes, the see-his-shadow-or-

February Menu 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat



		1 B- To Order L-Green Pepper Steak D-Roast Turkey	2 B-To Order L-Chili D-Egg Sausage Bake	3 B-To Order L-Fried Chicken D-Cheeseburger on a Bun	4 B -To Order L-Fried Fish D-Pulled Pork	5 B-To Order L-Chicken Salad Sandwich D-Beef Enchilada	
6 B- To Order L- Roast Beef D-Creamy Chicken Penne Pasta	7 B-To Order L-Baked Ham D-Baked Fish	8 B-To Order L-Meatloaf D- Pimento Cheese Sandwich	9 B-To Order L- Lasagna D-White Bean Chili	10 B-To Order L-BBQ Chicken D-Beef Tips w/ Gravy	11 B- To Order L-Seafood Platter D- Chicken Parmesan	12 B-To Order L-Mushroom Chopped Steak D-Pork Fritter	
13 B-To Order L-Roast Turkey D-Baked Four Cheese Pasta	14 B- To Order L-Frito Pie D-Breaded Baked Fish	15 B-To Order L-Baked Ham D-BBQ Beef on a Bun	16 B-To Order L-Polish Sausage D-Taco Salad	17 B- To Order L-French Dip Sandwich D-Chicken Tenders	18 B-To Order L-Fried Fish D-Steak Fingers	19 B-To Order L-General Tso Chicken D-Philly Cheese Steak	
20 B-To Order L-Pork Roast D-Grilled Cheese Sandwich	21 B-To Order L-Spaghetti & Meat Sauce D-Hot Dog w/ Bun	22 B- To Order L-Herbed Pork Ribs D-Chicken Enchilada Casserole	23 B-To Order L-Country Fried Streak D-Deli Sandwich	24 B-To Order L-Ham & Beans D-Crunchy Ranch Chicken	25 B-To Order L-Fried Fish D-Hamburger on a Bun	26 B-To Order L-Chicken Tenders D-Beef Stew	
27 B-To Order L-Pork Roast D-Grilled Cheese Sandwich	28 B-To Order L-Spaghetti & Meat Sauce D-Hot Dog w/ Bun	Menu is subject to change.					



February



★HAPPY★
BIRTHDAY!

February Birthdays



Mark Linkous
2/3



February Staff Birthday

George Cole	Andrea Greene
Driver	N.A.
2/16	2/19

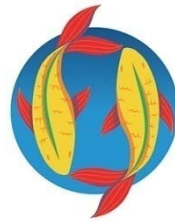
Andrea Jefferson	Kimberly Brown
C.N.A	Kitchen
2/23	2/24

In Astrology

In astrology, those born from *February 1–18 are the Water Bearers of Aquarius*. Just as water gives life to the land and its creatures, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need.



Those born from *February 19–28 are Pisces' Fish*. Pisces are sympathetic and selfless, making



them compassionate friends. Their intuitive nature also make Fish creative and expressive artists.

February bird is Indigo Bunting

Having the Indigo Bunting as Your Birth Bird Reveals: You're an extremely generous in all senses of the word! You always share what you have, be it your time, emotions, or energy. You're open to new experiences, and try to live the best life possible.



February Highlights

Sunday, February 13th at 5:30pm Super Bowl Football!



Everyone gather and watch the biggest NFL football game of the year or at least the best commercials in the chapel. Wear your Super Bowl team t-shirt or jersey to show your game day spirit. Whow will be the next Super Bowl Champion?

What's Lucky in February

Lucky Color: Orange
Lucky Animal: Bear
Lucky Letters: C and M
Lucky Day: Friday
Lucky Flower: Gardenia

Love Potions since Biblical times (or earlier), people have concocted a variety of special potions for the purpose of enticing someone to fall in love with them. Today, we might serve our crush chocolate, oysters, champagne, or strawberries. In ancient Greece, ground orchids were added to their wine. Other popular love potions in history have included Spanish fly, earthworms, periwinkle, bat blood, and snake fat.



February
Employee of
the Month
George Cole



Flower – Violet

Most people think of the rose as the traditional Valentine's Day flower, but it's time to set the record straight—it's actually the violet! According to legend, the Christian priest St. Valentine (who was imprisoned by the Romans) used ink made from crushed violet blossoms that grew outside his prison cell to write notes of love and friendship. Violets represent faithfulness and the return of affection. If you dream of violets, you will be successful and advance in life.








February

The Meadows Activity Calendar



2022



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		<p>1</p> <p>10:30am Bible Study 2:30pm Arts/Crafts 6:15pm Rummikub</p>	<p>2</p> <p>10:30am Exercise 2:30pm Bingo 6:15pm Skip-Bo Groundhog Day</p>	<p>3</p> <p>9:30pm Wal-Mart 2:30pm Wii Bowling 6:15pm Rummikub</p>	<p>4</p> <p>10:30am Exercise 2:30pm Crossword Fun 6:15pm Game of Choice</p>	<p>5</p> <p>10:30am Exercise 2:30pm Balloon Volleyball 6:30pm Movie</p>
<p>6</p> <p>2:30pm New Hope Church Service 7:30pm Movie</p>	<p>7</p> <p>10:30am Exercise 2:30pm Bean Bag Baseball 6:15pm Game of Choice</p> 	<p>8</p> <p>10:30am Bible Study 2:30pm Safety Meeting 6:15pm Rummikub</p>	<p>9</p> <p>9:30am Tour Time 2:30pm Bingo 6:15pm Skip-Bo</p>	<p>10</p> <p>9:30pm Wal-Mart 2:30pm Wii Bowling 6:15pm Rummikub</p>	<p>11</p> <p>10:30am Exercise 2:30pm Fact or Crap Game 6:15pm Game of Choice</p>	<p>12</p> <p>10:30am Exercise 2:30pm Bingo 6:30pm Movie</p>
<p>13</p> <p>2:30pm Gospel Light Church Service 5:30pm Superbowl - Chapel</p>	<p>14</p> <p>10:30am Exercise 2:00pm Bean Bag Baseball 6:15pm Game of Choice Valentine's Day</p> 	<p>15</p> <p>10:30am Bible Study 2:30pm Arts/Crafts 6:15pm Rummikub</p>	<p>16</p> <p>10:30am Exercise 2:30pm Bingo 6:15pm Skip-Bo</p>	<p>17</p> <p>9:30pm Wal-Mart 2:30pm Wii Bowling 6:15pm Rummikub</p>	<p>18</p> <p>10:30am Exercise 2:30pm Price Is Right 6:15pm Game of Choice</p>	<p>19</p> <p>10:30am Exercise 2:30pm Crossword Fun 6:30pm Movie</p>
<p>20</p> <p>2:30pm New Height Church Service 7:30pm Movie</p> 	<p>21</p> <p>10:30am Exercise 2:30pm Bean Bag Baseball 6:15pm Game of Choice Presidents Day</p>	<p>22</p> <p>10:30am Bible Study 2:30pm February Birthday Party 6:15pm Rummikub</p>	<p>23</p> <p>9:30am Tour Time 2:30pm Bingo 6:15pm Skip-Bo</p>	<p>24</p> <p>9:30pm Wal-Mart 2:30pm Wii Bowling 6:15pm Rummikub</p>	<p>25</p> <p>10:30am Exercise 2:30pm Name That Tune 6:15pm Games of Choice</p>	<p>26</p> <p>10:30am Exercise 2:30pm Bingo 6:30pm Movie</p> 
<p>27</p> <p>2:30pm Village Bible Church Service 7:30pm Movie</p>	<p>28</p> <p>10:30am Exercise 2:30pm Bean Bag Baseball 6:15pm Game of Choice</p>	<div style="border: 1px dashed red; padding: 10px;"> <p>The Meadows Hair Salon: Ashley 620-820-3602 Transportation: Please schedule at the front desk</p> </div>		<div style="border: 1px dashed red; padding: 10px;"> <p>Birthdays: Mark Linkous 2/3</p>  </div>		