The FAIR Trials Advocacy Toolkit
For Patients and Parents
Clinical trials investigate how well new treatments work. For a disease like cancer, they are an essential part of improving healthcare.

For clinical trials to work, they require enough patients to show a clear pattern between which treatments are better or worse. When recruiting these patients, researchers will have "inclusion" and "exclusion" criteria to find the right group of patients for the trial.

In many clinical trials, age will be an "exclusion" criteria. For example, adult trials might exclude patients less than 18 years old. Equally, older patients with children's cancers might be excluded from children's trials. We believe no young person should be denied the opportunity to contribute to improving treatments (and potentially benefitting from them) because of their age.

This toolkit is designed to inform you about the work that is going on across Europe to improve these age restriction rules, and how you can help.
The FAIR Trials Group is formed by young cancer patients, parents, doctors, researchers, and pharmaceutical industry regulators working to allow young people with cancer to enter a clinical trial that they are suitable for. Working together, we tackle the issue of trial access from all angles to ensure the best outcomes for young people with cancer.

Some of the projects we work on include:

- Endorsing clinical trials which support young people's entry.
- Encouraging young patient advocacy groups across the world to support access to clinical trials.
- Engaging with regulators discussing how they can further support the participation of young people with cancer in clinical trials.
- Supporting groups in the pharmaceutical industry to include young people with cancer in their trials where appropriate.
HOW CAN YOU GET INVOLVED?

If you are a member of a patient network or charity, there are a number of ways you can spread the word in your group:

Propose that your group endorses FAIR Trials. Scan the QR code for resources, and to contact us to support any relevant projects.

Speak about the issue at one of your group's meetings or invite a member of the ACCELERATE FAIR Trials Working Group to give a short presentation.

Write about the campaign or post a video in your group's newsletter, website, or blog. Contact us if you want help with this. You can find relevant examples on our website in the "Publications" section.