

# NORTHERN VIRGINIA DENTIST

TYSONS CORNER • BURKE • ALEXANDRIA

BERNARD W. LYNCH, DMD, FAGD, LVIF

## SEDATION DENTISTRY

Really relax in the  
dentist's chair.

**SPECIAL  
OFFERS  
INSIDE** ➔

**MIRACLES OF  
LASER DENTISTRY**  
for Snoring and Sleep Apnea

**DENTAL  
IMPLANTS**  
Artificial Teeth that  
Look and Feel Like  
Your Natural Teeth

**ENJOY A  
BEAUTIFUL  
NEW SMILE**  
with Digital Smile Design

**BROKEN, DAMAGED TEETH?**  
Restore Their Function and Beauty  
with a Full-Mouth Reconstruction



TYSONS CORNER  
DENTAL CARE

DENTALCARE  
BURKE



ALEXANDRIA  
ART OF DENTISTRY



# NEW PATIENT SPECIAL OFFERS

## Teeth Cleaning, Exam, X-rays & Consultation\*

Normally a \$250 Value

- ✓ Professional teeth cleaning
- ✓ Comprehensive oral exam
- ✓ Complete set of digital x-rays
- ✓ Personal consultation with Dr. Lynch
- ✓ Customized treatment plan

*\*This offer is for new patients without insurance only and does not apply to those with gum disease.*

Call for  
limited-time  
**SPECIAL  
OFFER!**



Dr. Lynch consulting with a patient.

## ONE-ON-ONE CONSULTATION WITH DR. BERNARD W. LYNCH

Worried about your teeth? Want to improve your smile? We invite you in for a consultation with Dr. Bernard W. Lynch, including:

- ✓ Personal, one-on-one consultation with Dr. Lynch
- ✓ All of your questions answered and concerns addressed
- ✓ Customized treatment plan to fully resolve your oral issues

Restrictions apply. Call our office for details.

Call for  
limited-time  
**SPECIAL  
OFFER!**



**CALL NOW  
TO SCHEDULE AN  
APPOINTMENT AT  
(703) 420-1395.**

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You will be warmly greeted at our front desk upon your arrival to our office.

### LOCATIONS

9239 Old Keene Mill Rd  
Burke, VA 22015  
[www.DentalCareBurke.com](http://www.DentalCareBurke.com)

8363-B Greensboro Dr  
McLean, VA 22102  
[www.TysonCornerDentalCare.com](http://www.TysonCornerDentalCare.com)

624 N. Washington St  
Alexandria, VA 22314  
[www.OldTownDentist.com](http://www.OldTownDentist.com)



Comfortable waiting area.

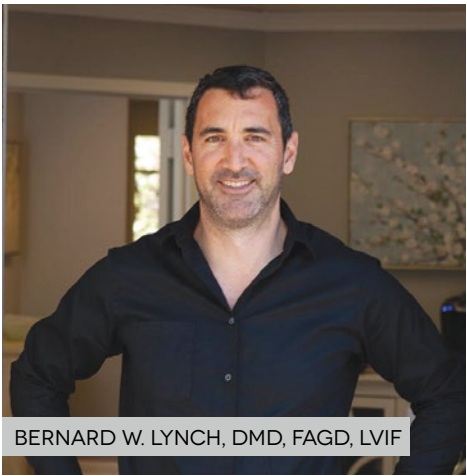
## MEET DR. BERNARD W. LYNCH

Dr. Bernard W. Lynch, DMD, FAGD, LVIF is focused around giving his patients the best possible dental care by improving their overall oral health and beautifying smiles, all while maximizing and maintaining patient comfort. Dr. Lynch routinely keeps up-to-date with most cutting-edge dental technology and advances so as to cultivate a feeling of safety and comfort when his patients sit in the dental chair. He is broadly recognized for the continuous attention to his patients feelings, and of their mind-sets while they are under his care.

Dr. Bernard W. Lynch has as his goal that every patient that he comes into contact with receives the best he can offer in dental care. His holistic approach to dental hygiene acts to make sure that any possible problems are addressed before they become even worse, and more costly. He has a passion and a drive

that focuses around discovering novel and creative ways of helping patients get more comfortable in the dental chair, and is also passionate about the theory that your overall oral health is much more than just coming in for an occasional cleaning and filling.

Dr. Bernard W. Lynch cares about gaining as much education as possible to ensure his patients stay safe, comfortable, and end up with the best possible smile to last their whole life. He knows how important it is for him to never stop learning about dentistry, and because of that, he insists



BERNARD W. LYNCH, DMD, FAGD, LVIF

on keeping himself in and among the top organizations, groups, and colleagues in the industry.

*“Good dentistry is not only about brushing or good hygiene. We’re here to keep a patient’s oral health in the best possible condition. In many, if not most, new patients that means restoring the patient’s oral health to optimum condition.”*

– DR. BERNARD W. LYNCH

## NEED A REASON TO VISIT YOUR GENERAL DENTIST IN NORTHERN VA?

You may want to see your dentist to have your teeth cleaned. Scheduling a dentist appointment because you are suffering a toothache or another problem in your mouth is fine, but these emergencies are more likely prevented when you have regular checkups and cleanings. And if you think having your teeth cleaned is purely cosmetic in purpose, then you would be wrong. Here are a few

reasons you should schedule your dental cleaning appointment today.

### PREVENT CAVITIES

That whitish film that builds up on your teeth is called plaque and it is the number one reason for tooth decay. The acidic substance eats away at your tooth enamel and if not stopped, will lead to

cavities. The way to remove this plaque is by brushing, flossing and having your teeth cleaned at your dentist office.

### STOP TOOTH LOSS

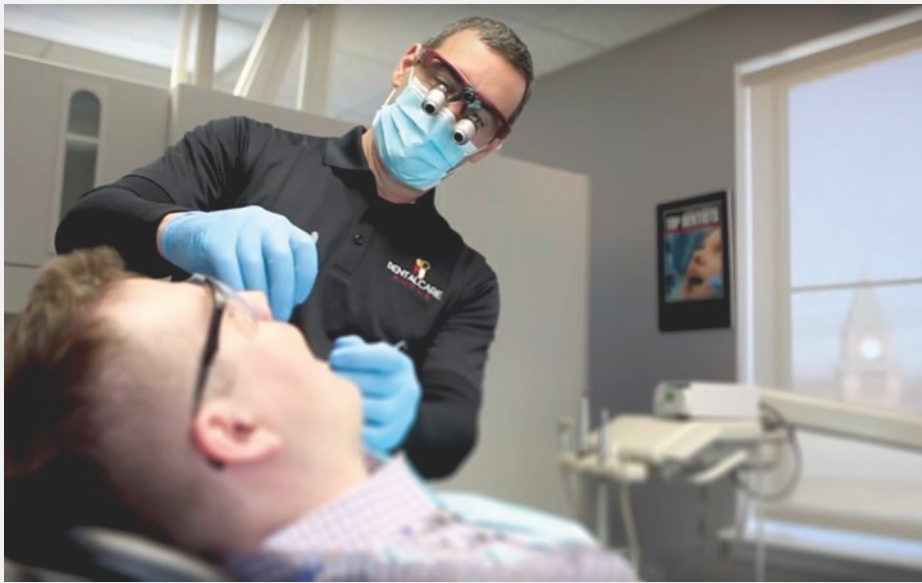
Cavities are just the first symptoms you will suffer from the build-up of plaque, you could also suffer gum disease. As the gum disease advances, plaque moves farther down the tooth where it can begin to destroy actual bone. This is not something you want to suffer from.

### FRESH BREATH

The best way to prevent bad breath is through the practice of proper oral hygiene. Even if you brush and floss daily, having your teeth cleaned at your dentist office will help keep your mouth odor-free.

### SAVE MONEY

It will save you money having your teeth cleaned now rather than having to pay for the damages caused by not going to the dentist later.





# SEDATION DENTISTRY

## REALLY RELAX IN THE DENTIST'S CHAIR.



If you've been neglecting your dental health out of fear of pain, Sedation Dentistry offers you the opportunity to safely receive dental treatments free of fear and pain.

At the office of Dr. Lynch, your well-being is our priority. We specialize in Sedation Dentistry and Sleep Dentistry to ensure that your visit is comfortable and painless. We treat people with dental phobias and anxieties, as well as people who just opt to bypass possible discomforts during certain procedures. An unpleasant memory from your childhood of pain or of an unprofessional dental practitioner can stand as a barrier to you getting the dental treatment you need or want.

We offer two types of Sedation Dentistry. These include administering oral sedation, in the form of a pill, as well as intravenous sedation to deliver a combination of drugs. All this depends on the needs and health of the patient. You will receive just enough sedation so that you will be completely unaware of the treatment, as you would if you were asleep.

### ORAL DENTAL SEDATION

Sedation Dentistry can be administered orally through prescription by Dr. Bernard Lynch. While patients feel like they are sleeping, they are actually fully awake and maintain complete control over body functions and breathing rate. You are given oral medication about one

hour before your appointment. The medicine safely puts you in a light state of sedation and you sleep through your dental appointment. When you awaken your dental treatment is completed.

### INTRAVENOUS SEDATION

Intravenous (IV) sedation is a popular option for patients with extreme dental anxiety. This is a medication that is administered directly through the blood stream. With Sedation Dentistry, patients experience immediate relaxation and comfort. An anesthesiologist comes to Dr. Lynch's office to administer the IV sedation. This ensures that the Sedation Dentistry is safe and effective.

With either oral or IV sedation, you will need someone to drive you to and from your appointment. Before your treatment you can rest comfortably in a quiet space under a cozy blanket. Throughout the duration of your visit, we closely monitor you to ensure your safety.

### WHO CAN BENEFIT FROM DENTAL SEDATION?

#### Adults who have:

- ... anxiety or fear of visiting the dentist
- ... had traumatic dental experiences
- ... difficulty getting numb
- ... who gag easily
- ... very sensitive teeth
- ... complex dental problems that require lengthy appointments

#### As well, Sedation Dentistry is an option for adults who:

- ... hate needles and shots
- ... hate the noises, smells and tastes associated with the dental office
- ... are afraid and embarrassed about their teeth.

About 90% of the patients who have gone through Sedation Dentistry at our office were given simple oral sedatives. Using oral sedation is a simple, and easy approach to helping a patient get through their dental treatment. Recovery is quick afterwards, so you can usually go about your day without the heavy aftereffects of other forms of sedation. Oral sedation is the usual method of relieving the fear and anxiety of dental treatments. There are, however even deeper levels of sedation, such as IV and general anesthesia, both of which we can perform at our office, safely and effectively.

Sedation allows our patients to relax, and have the care they need much more easily. The first step is for you to come in for a consultation. You would meet the doctor and he will discuss with you the options available, any past experiences you've had, as well as the level of fear or anxiety you have towards the dentist and dentistry, and together you would figure out how best to proceed with your treatment and what type of sedation is necessary or wanted. We want you to feel relaxed, comfortable and happy at the end of your treatment, and Sedation Dentistry can, and

has worked to just those ends. If the fear of dentistry, past bad experiences, or general nervousness about receiving treatment has prevented you from getting the care that you need, come in for a consultation with the doctor at one of our warm and welcoming offices, where you'll find premium Sedation Dentistry in Northern VA. Our caring and understanding dentist and staff will work with you to achieve the smile that you deserve.

### WILL YOU FEEL ANY PAIN?

Most patients feel no discomfort whatsoever during their treatment and feel surprisingly good afterwards.

Before starting any treatment, we review your medical history, and we monitor you very closely while you're under sedation. Dr. Lynch and the staff go out of their way to ensure a calm and quiet environment.



## EXTREMELY CARING AND SUPPORTIVE

*"I absolutely recommend Dr. Lynch if you want an easy, stress free and excellent dental work. Dr. Lynch was extremely caring and supportive and always answered all the questions I threw his way. His entire team is wonderful - Mike, Josh and many more. They always made me feel safe and comfortable and I love my new healthy beautiful teeth! Highly recommend!" —S. D.*

## THEY PUT YOU AT EASE NO MATTER WHAT

*"Dr. Lynch and his staff are very gentle, and they put you at ease no matter what. They explain everything so there are no surprises. I can not say enough good things about this dental practice." —M. B.*





# MIRACLES OF LASER DENTISTRY

## FOR SNORING, SLEEP APNEA, GUM DISEASE AND MORE

### WHAT IS LASER DENTISTRY?

A “laser” is a beam of super-concentrated light. Some lasers are so powerful, they can cut through metal. In dentistry, however, gentler lasers are used for many purposes.

Dr. Lynch, for instance, may use a laser instead of a drill to prepare a tooth for a filling or during root canal treatment. He might also use laser therapy for implants, oral surgery, teeth-whitening and treating sleep apnea. And he may use another type of laser for pain management.

With dental lasers, there is no drilling, no scalpels and no anesthetics—all of which provide a much pleasanter patient experience.

### IMMEDIATE SNORING RELIEF

If you snore, you are not alone: some 90 million Americans snore. Snoring not only disturbs your sleep and your partner’s, it strains your relationship and poses health risks for you both. Chronically poor quality sleep is linked to serious health

problems including weakened immune system, heart disease, increased risk of stroke, diabetes, obesity and more.

Dr. Lynch provides *immediate* snoring relief through the use of the FDA-cleared NightLase® laser system.

### WHAT CAUSES SNORING?

When you sleep, your throat muscles relax and push into the airway. Your tongue, also relaxed, may fall back, further constricting your airway. When you breathe, air traveling over these obstructions creates the harsh sounds of snoring. To prevent snoring, the airway must be kept open during sleep.

### HOW DR. LYNCH RELIEVES SNORING

Dr. Lynch is specially trained in administering Nighthlase Snoring Treatment. Using the state-of-the-art NightLase® laser, he gently and safely tightens the airway muscles to prevent them from blocking the airway during sleep. When the airway is clear, snoring

is relieved. Treatment is completely noninvasive and no special care or therapy is needed afterwards.

NightLase® Snoring Treatment is administered in three to ten 20-minute sessions.

### NIGHTLASE TREATMENT BENEFITS

NightLase Snoring Treatment offers you these significant benefits:

- ✓ Immediate results (average 50% snoring reduction from the first day)
- ✓ Completely noninvasive, no scalpels or surgery required
- ✓ No unwieldy CPAP devices or oral appliances needed
- ✓ Results last up to one full year
- ✓ No special post-treatment care or therapy is needed

### ALSO CAN RELIEVE SLEEP APNEA

Because sleep apnea (temporary pauses in breathing during sleep) is also caused by a restricted airway, many snorers suffer from sleep apnea, too. Dr. Lynch can help sleep apnea sufferers as well using the NightLase® system with immediate results. (For more information on relieving sleep apnea for good, see page 8 of this magazine.)



The safe, gentle Nightlase® device.

### TREATING GUM DISEASE

Gum disease is a bacterial infection which causes swelling, redness and pockets to form between the teeth and gums. It can result in tooth loss and illness.

Dr. Lynch treats gum disease with his TwinLight™ laser system by rapidly removing infected gum tissue and cleaning bacteria and tartar from the teeth roots under the gum-line. It’s fast and extremely effective in reversing gum disease.

### ENHANCING A GUMMY SMILE

Some patients complain of a “gummy smile” meaning too much gum displays when they smile. Using his laser system, Dr. Lynch can reshape a gummy smile in just one appointment with immediate results.

### PAIN RELIEF AND RAPID HEALING WITH “COLD LASER” THERAPY

A “cold laser” emits a lower-intensity light than other dental lasers. It doesn’t warm the body’s tissues like other lasers do—hence the name “cold laser.”

Cold lasers have the remarkable ability to relieve pain and inflammation while stimulating new cell growth. Dr. Lynch uses a cold laser to reduce patients’ pain, such as from a toothache or TMJ disorder. He’ll also use it during dental procedures to relieve pain and swelling. This makes for faster recovery times and greater comfort for patients.



### BENEFITS OF LASER DENTISTRY

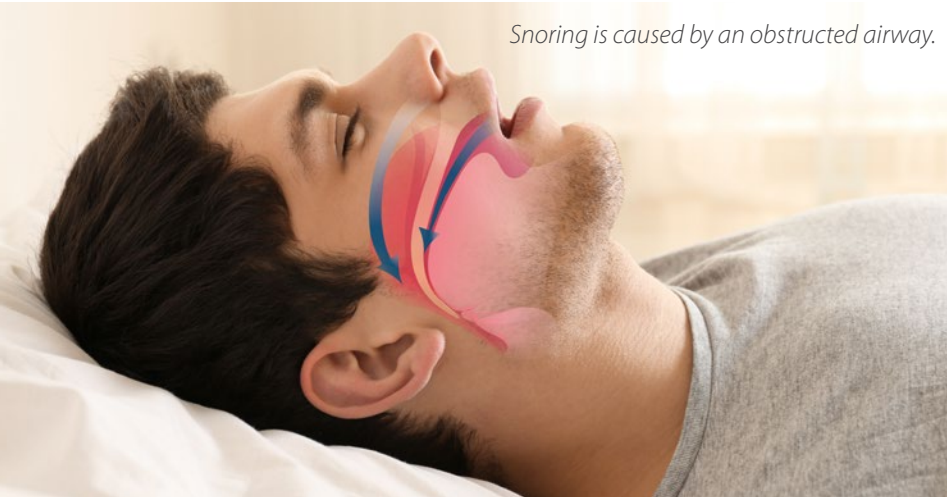


#### Patients love these laser dentistry benefits:

- |                     |  |
|---------------------|--|
| ✓ No drilling       | ✓ No special care or therapy needed afterwards |
| ✓ No shots          | ✓ Lasts up to one year                         |
| ✓ No scalpels       |  |
| ✓ Immediate results |  |

### EXPERIENCE THE MIRACLES OF LASER DENTISTRY FOR YOURSELF.

SCHEDULE A CONSULTATION WITH DR. LYNCH TODAY. CALL (703) 420-1395



Snoring is caused by an obstructed airway.



# NEW BREAKTHROUGH FOR SNORING AND SLEEP APNEA



Snoring is more than an annoyance to your partner, it's a common symptom of sleep apnea. A serious medical condition, sleep apnea can cause serious health problems and, in severe cases, death.

## SLEEP APNEA EXPLAINED

Sleep apnea refers to pauses in breathing during sleep. This occurs when the throat and mouth muscles relax as you sleep, constricting your airway and blocking the flow of oxygen to the body. In severe cases, the person can stop breathing hundreds of times per night.

## RISKS OF SLEEP APNEA

When your airflow is repeatedly cut off during sleep, the body's oxygen levels drop perilously. Without adequate oxygen, a person may experience headaches and shortness of breath and in severe cases, heart and brain dysfunction.

Sleep apnea also deprives the sufferer of sound sleep which can weaken the immune system and increases the risk of heart disease, stroke, diabetes and more.

## DO YOU HAVE SLEEP APNEA?

Be alert to these warning signs of sleep apnea:

- Loud snoring, as told to you by another
- Pauses in breathing, also told to you by another
- Gasping for air while sleeping
- Dry mouth and/or headache upon awakening
- Daytime sleepiness
- Depression, irritability
- And much more

## LIFE-CHANGING SOLUTION

Until now, sleep apnea remedies have included a CPAP machine which forces air through the airway during sleep or a night guard which holds the lower jaw forward to help keep the airway open. Both are workable but require the patient use these devices for the rest of their lives.

Dr. Lynch recommends the groundbreaking Vivos oral appliance for sleep apnea sufferers. Backed by scientific studies and research, this simple but powerful device actually remodels the person's airway to eliminate the causes of sleep apnea. When treatment is complete, the person no longer needs to wear the device. The results have been nothing short of life-changing.

## DIAGNOSING SLEEP APNEA

If you suspect you may have sleep apnea, come see Dr. Lynch. He will use our technically advanced CBCT machine (a sophisticated imaging system) to identify structural problems which may cause sleep apnea.

## SCHEDULE A CONSULTATION

Worried about snoring or sleep apnea? Schedule your one-on-one consultation with Dr. Lynch today. Call (703) 420-1395.

# ELIMINATE THE PAIN OF TMJ PROBLEMS



## ARE YOU SUFFERING FROM ANY OF THE FOLLOWING SYMPTOMS?

- Clicking or popping in the jaw
- Worn-down teeth
- Clenching or grinding the teeth
- Frequent headaches
- Pain in the face, jaw, ear or neck

If so, you may be having problems with your "temporomandibular joint" or TMJ for short.

## WHAT IS TMJ?

TMJ is an abbreviation for "temporomandibular joint"—that's the joint which connects your lower jaw to your skull.

The TMJ is a complex joint which works with your muscles so you can move your jaw in multiple directions. A small piece of cartilage (soft tissue) above the joint protects it from rubbing directly against the temple bone. It also enables smooth movements of the TMJ. When something goes wrong with the TMJ, it causes the symptoms above and others.

## CAUSES OF TMD PROBLEMS

Problems with the TMJ are referred to as "temporomandibular joint disorders" or TMD for short.

TMD typically occurs when the patient's bite is misaligned or the protective cartilage slips out of place due to an injury to the head or neck. Other TMD causes include chronic grinding or clenching of the teeth and arthritis.

## HOW DR. LYNCH TREATS TMJ PROBLEMS

Ninety percent of TMJ pain is related to the muscles, particularly those used for chewing. Dr. Lynch thoroughly examines your bite and may measure your muscle activity using an advanced technique called "electromyography." This is an electronic diagnostic technique which Dr. Lynch performs using a delicate instrument to precisely record and evaluate muscle activity related to your bite. With this technical information, Dr. Lynch can then successfully address your TMD.

By aligning a patient's bite, Dr. Lynch has eliminated headaches, including migraines and pain in the neck, back and shoulders. He has also reduced clenching and grinding and even relieved snoring to improve sleep.

## 5 REASONS TO GET YOUR BITE CHECKED

Your bite—the way your upper and lower teeth fit together—has a large effect on your health and well-being. Here are five reasons to get your bite checked and make sure it is properly aligned:

1. Prevent teeth from cracking or breaking
2. Protect teeth from premature wear and tear
3. Chew food properly for maximum nutrients
4. Breathe through your nose (a misaligned bite can cause mouth-breathing)
5. Find out if you have TMD so you can relieve the pain

## GET A TMJ/TMD Consultation

If you are concerned you may have a TMJ disorder (TMD), get a consultation with Dr. Lynch.

### This offer includes:

- ✓ In-depth exam
- ✓ X-Rays
- ✓ One-on-one consultation with Dr. Lynch
- ✓ Customized treatment plan

Don't suffer from TMD. Schedule your TMJ consultation today.

**Call (703) 420-1395!**



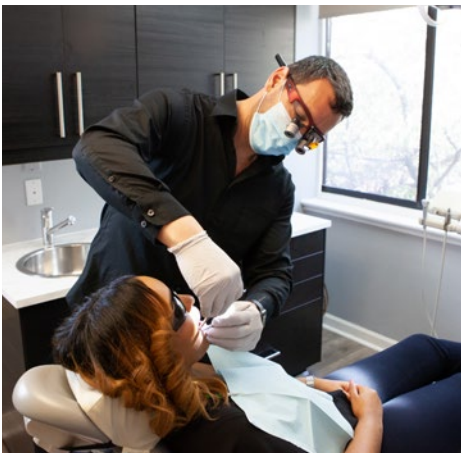




# TEETH IN A DAY

## WITH COMPUTER-GUIDED IMPLANT SURGERY!

### BEAUTIFUL NEW TEETH IN A SINGLE DAY



Dental implants are the ideal solution for replacing missing teeth and computer-guided implant surgery is the ideal procedure for receiving implants. Minimally invasive, this breakthrough procedure enables you to receive new implants with replacement teeth in one day, including any necessary extractions.

### COMPUTER-GUIDED IMPLANT SURGERY: A DENTAL BREAKTHROUGH

Traditional implants are placed freehand by a skilled dentist who visually determines the best location for the implant. With computer-guided implant surgery, a revolutionary imaging system is used instead to identify the ideal implant location based on your jawbone health. The then system produces surgical guides so your implant is precisely placed in its optimum location.

#### WHAT TO EXPECT

**Most Teeth-in-a-Day procedures follow these four steps:**

- 1. Consultation:** To determine if Teeth in a Day are right for you, you'll have a consultation and exam with Dr. Lynch. He'll ask about your oral health goals and concerns. He'll also answer all your questions, address any issues and provide you with a treatment plan that meets your needs. If you're ready to get started right away, you'll immediately move onto the next step or schedule your next appointment instead.
- 2. Planning:** At this appointment, we'll use our high-end imaging system to take scans and photos of your mouth. The scans are finely detailed 3D images far superior to routine x-rays. We then use our computerized system to plan out the precise steps of your implant procedure.
- 3. Beautiful New Smile:** When you arrive for your Teeth in a Day, you will be anesthetized so you feel no pain. If one or more teeth need to be extracted, we will perform the extraction and then place your implants. We then attach temporary crowns and/or a bridge to the implants. You walk out with a beautiful new smile!
- 4. Permanent New Teeth:** Once the implants have fused with your jawbone, you will come back in for your new permanent teeth.

#### SCHEDULE YOUR CONSULTATION TODAY

Find out how you can have new teeth in a day! Schedule your consultation with Dr. Bernard Lynch at (703) 420-1395

#### ADVANTAGES OF COMPUTER-GUIDED IMPLANT SURGERY



Computer-guided implant surgery is the gold standard of implant procedures. Here's why:

- ✓ **Minimally Invasive:** Because the implant location is exactly calculated by our computerized system, the need for cutting gum tissue and using sutures is greatly reduced.
- ✓ **Unparalleled Accuracy:** An implant that is precisely placed in its ideal location means your new teeth will perform exactly as they should with no discomfort.
- ✓ **Optimum Implant Location:** Our computerized surgery system determines the ideal location for your implant based on bone density and health. **This means a better-functioning artificial tooth.**
- ✓ **Most Natural Appearance:** The pinpoint accuracy of your implant guarantees the most natural position and appearance of your new artificial teeth.

### IMPLANT DENTURES IN A SINGLE DAY

Thanks to traditional dentures, people who are missing all of their upper and/or lower teeth have the opportunity to use dentures for eating, speaking and preserving their facial appearance.

However, traditional dentures also come with their own set of problems; there's the messy adhesive, embarrassing slippage and, sooner or later, a poor fit.

Even if you are not yet wearing dentures but expect to be, you've probably heard of some of these problems from denture wearers.

With the dental breakthrough of computer-guided implant surgery, you don't have to put up with traditional dentures. Instead, you can get new permanently attached implant dentures in a just a single day at one of Dr. Bernard W. Lynch's offices.

#### DENTURES IN A DAY— AN INNOVATION

Dentures in a Day is made possible through the use of our breakthrough computer-guided implant surgery system. With sophisticated 3D imaging and computer-generated surgical guides, we are able to perform any

necessary extractions, place your implants and provide you with new dentures all in a single day!

#### WHO SHOULD GET DENTURES IN A DAY?

If you need all of your teeth extracted, getting Dentures in a Day will provide you with an immediate and complete set of beautiful artificial teeth. You will not suffer the embarrassment and inconvenience of being without all of your teeth.

#### ARE DENTURES IN A DAY RIGHT FOR YOU?

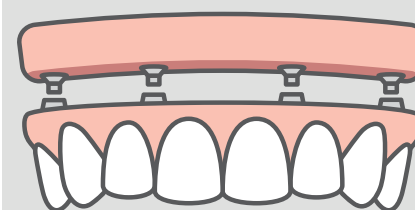
Dr. Lynch will provide you with a consultation to determine if you are a candidate for Dentures in a Day. If not, don't worry, Dr. Lynch also provides with conventional dentures as well as removable implant dentures.

#### CALL TODAY TO SCHEDULE YOUR CONSULTATION

Find out if Dentures in a Day are the best choice for you. Call our office today to schedule a consultation with Dr. Lynch at (703) 420-1395.

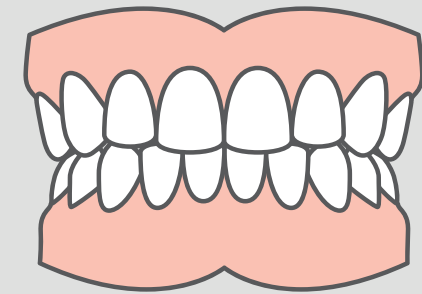
### DENTURE COMPARISON CHART

#### DENTURES IN A DAY



- ✓ No time without teeth
- ✓ Single impression to make dentures
- ✓ Protects gums while healing
- ✓ Stimulates tissue growth

#### TRADITIONAL DENTURES



- ✗ Up to 12 weeks with no teeth
- ✗ Two impressions, five appointments
- ✗ Unprotected inflamed gum tissue
- ✗ Does not stimulate tissue growth



# TRANSFORM YOUR SMILE AND YOUR LIFE WITH A SMILE DESIGN

Bernard W. Lynch, DMD, FAGD, LVIF is an artist when it comes to cosmetic dentistry. Not only does he create beautiful, attractive smiles, he designs smiles that naturally integrate with a person's physical characteristics.

Dr. Lynch is clinically trained in Digital Smile Design; a new technology that actually enables patients to visualize and effectively "test-drive" their individually tailored cosmetic dental mock-up before finalizing the completed result.

## DIGITAL SMILE DESIGN PROCESS

### STEP 1 – COMPREHENSIVE EVALUATION

The first step in smile design is a comprehensive evaluation. Dr. Lynch will conduct a physical examination to inspect the patient's teeth, gums, jaw joints and muscles, looking for signs of decay, stress, or instability. Any problems should be corrected prior to having Digital Smile Design because those same problems are likely to recur if they are simply masked with dental work. Additionally, he studies a patient's facial appearance, including the symmetry of features, size of the lips and mouth, and



skin tone and texture to make sure that the cosmetic changes will look natural. Digital photos and video are taken of the teeth and entire mouth from multiple angles. As well, Dr. Lynch takes diagnostic scans and x-rays of the teeth to aid in the next step, treatment planning.

### STEP 2 – TREATMENT PLANNING

Dr. Lynch will create a 2-D design, which is mocked up from using all the information gathered in Step 1. From there, the design is calibrated to the patient in order to build a 3-D model, which demonstrates and test how the changes will function.

### STEP 3 – PREPARATION AND PROTOTYPE

Once the planning is complete, both Dr. Lynch and the patient review the photos and videos taken in Step 1. Once they have agreed on the treatment course, the patient's teeth and mouth will begin to be prepped for the restoration and a provisional (a temporary mock up) is created which will begin to duplicate the anticipated results. Molds are taken after the teeth have been prepared, then Dr. Lynch applies a prototype— which is a tooth-colored plastic version of the final restoration. Testing the prototypes in the mouth gives Dr. Lynch and the patient an opportunity to observe how the final restoration will function and feel. In this way, the patient can "test drive" the new restorations, before they are actually completed. Up to this point, adjustments and changes can be made to the prototype to ensure that the final dental restoration will be a "perfect" fit.

### STEP 4 – SMILE MAKEOVER

Dr. Lynch establishes a plan to complete Step 3. The final restoration, whether it is a dental crown, porcelain veneer or dental bridge, will be created at a state-of-the-art dental laboratory to Dr. Lynch exact specifications

Because of this thorough digital smile design process, the final restoration is not guesswork, but a precise, predictable result — one that not only feels comfortable but also looks natural, and functions optimally.

### HOW LONG DOES IT TAKE?

The length of time to complete all four steps of the digital smile design varies from patient to patient, depending on their needs and personal goals. The process can be as quick as a few weeks for someone with minor changes and functional concerns to months for someone who needs intensive treatment.

With Digital Smile Design, Dr. Bernard Lynch seeks to present to the public a new face of dentistry, more human, emotional and artistic. Every person should have a healthy smile that is also natural looking, and beautiful.

## SPECIAL DISCOUNT ON SMILE DESIGN\*

Love your smile with a Smile Design by Dr. Lynch. This offer includes:

- ✓ A one-on-one consultation with Dr. Lynch
- ✓ X-rays
- ✓ **Special discount on customized treatment plan\***

\* Restrictions Apply. Call our office for details.



**CALL (703) 420-1395  
and mention this ad.**

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limited-time  
**SPECIAL  
OFFER!**

*"Always thorough, conscientious, professional, patient, and informative." —B. M.*



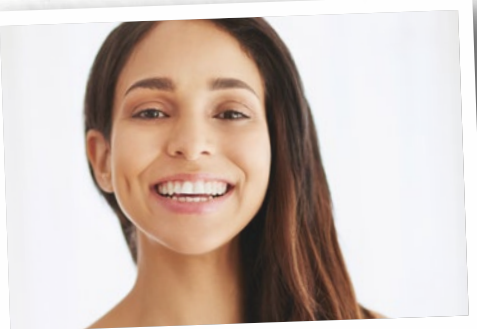
*"Dr. Lynch is professional yet personable. My son and I have had to have full and partial restorations. The design he came up with for our similar facial structures seem completely natural not to mention beautiful. We're looking forward to the final results as we move through this process.*

*The staff is friendly and they have been very helpful if anything comes up that needs attention." —M. W.*

*"Dr. Lynch is the best doctor I've ever been to. He did a smile design for me and WOW he is impressive. I'm more than happy with the results. His whole staff is professional. Thank you Dr. Lynch and team" —A. D.*



*"How do I find the words to express my gratefulness to Dr. Lynch, as my situation was very complex from the endless number of chemo treatments that nearly destroyed all of my teeth. Through a combination of repair and cosmetic skills, Dr Lynch was able to save the teeth I had remaining, and now I have a full set of teeth which are my own! This has changed the quality of my life for the better. His compassion and dedication to the care of his patients is evident from the time you walk in the door. The entire staff go out of their way to put you at ease and make you comfortable while at your appointments. I am very grateful for Dr. Lynch's care and expertise with my situation." —S. G.*




*"When I first met Dr. Lynch at Dental Care Burke, I had serious dental issues--- periodontal disease, ill-fitting crowns, several teeth in dire need of root canals, and still others requiring veneers. Throughout these procedures, Dr. Lynch has been attentive, caring, and engaging, but more importantly, he has always been totally focused on the task at hand. I have high regard for Dr. Lynch for whom I believe dentistry is a passion and for whom the end result, the final product, cannot be less than perfect. What more can a patient ask for?" —M. M.*





## YOUR CHOICE OF VENEERS

Dr. Lynch can offer porcelain veneers or Lumineers, a thinner shell covering the teeth to be treated.



There are advantages unique to each method. Some patients prefer the slightly more natural appearance of the porcelain veneer, but this method will require that a small amount of enamel be removed from the front and tip of the tooth. Numbing will probably be required for this preparation. Lumineers, though, are thinner so only require that the tooth be slightly etched to prepare it for a bond with the veneer. In this case, numbing is not needed.

After a consultation on the enhancement you desire for your smile, Dr. Lynch will advise you on the option that will give you the best result.

For patients who seek cosmetic improvements to their smiles, veneers have so much to offer! In just two weeks for most patients, people who have long been unhappy with severe discoloration, poor spacing or other imperfections can have brand-new, shiny smiles they love to show off.

### WHEN WE RECOMMEND VENEERS

Veneers are thin, ceramic shells that cover the front and the tip of one or more of your teeth. Here are some of the imperfections veneers can improve:

1. Deeply discolored teeth that won't respond to whitening can be brightened with veneers. This includes patients with tetracycline staining.
2. Chipped teeth can quickly be returned to their proper shapes.
3. When there are unattractive gaps between the teeth, veneers can fill these spaces.
4. Teeth that are different lengths or irregularly shaped can be evened out with veneers.

5. Moderately crooked teeth can be straightened with the placement of veneers, a task taking just two weeks, in most cases, instead of several months.

### LOOK BETTER, FEEL BETTER

"Veneers offer my patients a fast solution they really love," says Dr. Lynch. "What really makes this solution work is the care I take to provide an aesthetic result that enhances their overall appearance. It's that extra touch that gives my patients so much self-confidence when they smile."

### GET A SNEAK PEEK

During the planning process, Dr. Lynch can show each patient what their finished smile will look like so adjustments can be made before any work is done by the lab. Coloring and evenness of shape, length and spacing can all be adjusted at this stage so the patient and Dr. Lynch are in complete agreement on the desired result. The decades Dr. Lynch has spent helping patients achieve the smiles of their dreams result in a highly satisfactory experience for each patient.

**Call for  
limited-time  
SPECIAL  
OFFER!**


Have beautifully white, even teeth with veneers and get a special discount applied when you sign up for your full treatment plan. This special offer includes:

- ✓ Special discount on veneers\*
- ✓ X-rays
- ✓ One-on-one consultation with Dr. Lynch

**MAKE AN  
APPOINTMENT TODAY!**

**CALL  
(703) 420-1395**

\*When signing up for a full treatment plan. Restrictions apply. Call our office for details.





*"Dr. Lynch and his staff are excellent. They explain every procedure in detail, which makes me feel at ease. I highly recommend Dr. Lynch if you are searching for a great dentist." —J. W.*

*"Have been using Dr. Lynch for many years ... a plan for dental needs was established and over the years completed. Dr. Lynch has given me the best care I could want, and a smile that has brought many compliments from friends. He's also a very nice person who's interested in you. I highly recommend him and his staff!" —M. R.*





*"My wife and I travel over two hours from Union Bridge, Maryland to Alexandria, Virginia to have our dental needs met by Dr. Bernard Lynch and staff. That alone is a good indicator of our faith in them. Dr. Lynch, Clarissa, Josh, and Tiffany, always provide a sense of confidence and work extra hard to ease any anxiety you might experience. He and his assistant are top-notch in their fields of general dentistry and cosmetic dentistry. He also has the most modern equipment available, is friendly, courteous, knowledgeable, and exudes a feeling of confidence that will prompt you to become a permanent patient. If you are seeking the best, look no further than the professional dental offices of Dr. Bernard Lynch. You will thank me for it time and time again." —N. P.*



# FULL-MOUTH REHABILITATION: RESTORING THE BEAUTY AND FUNCTION OF YOUR TEETH



Patients needing full-mouth rehabilitation are those that have suffered significant damage over the years to the point that proper functionality is lost and teeth may be lost as well. Full-mouth rehabilitation differs from a smile makeover in that the goal is not purely cosmetic, it is also concerned with saving and repairing the existing teeth and restoring missing teeth. It also involves giving the patient a healthy bite.

## WHEN WE RECOMMEND FULL-MOUTH REHABILITATION

Full-mouth rehabilitation is recommended for patients with the following oral issues:

1. Severely worn teeth from years of nighttime grinding
2. Badly decayed or infected teeth
3. Broken crowns or bridges
4. Fractured teeth
5. Old, deteriorating dental work
6. Gum disease
7. Missing teeth

8. Misaligned bite or upper and lower teeth not meeting
9. Pain and sensitivity from gum recession or decay

## THE BENEFITS

Whether a patient has suffered an injury or was born with an oral situation or simply has avoided dental work, Dr. Lynch and his staff have only one concern: how to restore their smile to one that enables the patient to enjoy food, be able to talk clearly and smile widely whenever and wherever they want. With all the technology available to Dr. Lynch, it's no problem to rehabilitate virtually any smile to one that is attractive and fully functional.

## THE PROCEDURES

During his years in practice, Dr. Lynch has added one service after another that can be used to fully rehabilitate just about any smile including:

- ✓ Dental implants
- ✓ Dentures including implant-supported dentures
- ✓ Replacement of crowns or bridges

- ✓ Inlays or onlays to replace deteriorated metal fillings
- ✓ Veneers or crowns to enhance and strengthen teeth
- ✓ Diagnosis and correction of temporomandibular joint (TMJ) problems
- ✓ Treatment of pockets or infections in the gums
- ✓ Night guards to prevent further damage to teeth or dental work
- ✓ Treatment of abscesses
- ✓ Orthodontic treatment

## LATEST DENTAL TECHNOLOGY

Dr. Lynch knows that advancing dental technology is always offering new treatments and equipment that improve the outcomes of rehabilitation cases, which is why he keeps his training and the training of his staff fully up to date. He also makes sure that his equipment is always state-of-the-art. As Dr. Lynch and his rehabilitation patients work together, not only oral health but full functionality and attractiveness can be restored in each case.

# SPECIAL DISCOUNT on Full-Mouth Rehabilitation

Restore beauty and functionality to your teeth with a full-mouth rehabilitation. This offer includes:

- ✓ X-rays
- ✓ Personal consultation with Dr. Lynch
- ✓ Custom treatment plan

## (703) 420-1395!



Restrictions apply. Call our office for details.



## MY TEETH ARE ACTUALLY PRETTIER THAN BEFORE

*"I love Dr. Lynch AND his staff! (Josh is the best - always helpful - follows through - even texts on his day off!) I started treatment for various issues - fillings, crown replacement, etc. When my two front teeth continually needed repairs for chips that were filled (due to the nature of the chip location - and from previous dentists), Dr. Lynch explained that I needed crowns. I will admit, I was TERRIFIED, but they turned out beautifully. My teeth are actually prettier than before, and no one even noticed that I had crowns. I would trust Dr. Lynch's suggestion on anything that I needed. He's the best dentist that I've ever encountered, bar none!"—L.T.*



## THEY'RE THE BEST

*"Dr. Lynch and his staff are the consummate professionals. I have always been impressed with Dr. Lynch's dental skills and his staff's office abilities. They demonstrate a great deal of flexibility and understanding when unexpected issues arise and one has to reschedule an appointment or procedure. All together, Dental Care Burke provides outstanding dental care in a friendly, professional environment. "They're the best!" - R. F.*



## EXTREMELY PROFESSIONAL

*"Have been going to Dr. Lynch at Dental Care Burke for the past 15+ years and have always felt confident that my dental needs couldn't be in better care. He and his staff are truly professionals. Highly recommend his business!" - C. E.*



## DEFINITELY IMPRESSED

*"My teeth were a mess when I first visited Dr. Lynch. I had total dental fear, and had avoided going to the dentist for a long time. It was a hard struggle for me.*

*Just got a "You have come a long way" nod from Dr. Lynch. I have. My teeth feel good and look good, Thanks so much. His staff is fantastic. Tiffany is a wonder." - S. B.*



# DENTAL IMPLANTS: THE IDEAL SOLUTION FOR MISSING TEETH



If you're missing one or more teeth, dental implants offer a beautiful, durable and practical solution. "Dental implants look, feel and act more like your natural teeth than any other method of tooth replacement," says Dr. Lynch.

## HOW IMPLANTS WORK

To replace a missing tooth with an implant, a slender titanium post is first placed in the bone of the jaw. This post will act as the root for the replacement tooth. As this area heals, the bone bonds tightly to the post and it becomes a strong and stable support structure. When the implant has healed well, an attachment is fastened to the top of the implant and your clean, white porcelain replacement tooth—called a crown—is secured to the attachment.

"An individual with an implant will be able to eat and talk normally, perhaps for the first time in years," adds Dr. Lynch. "Because implants look and feel like natural teeth, they are very popular with my patients."

## PATIENT COMFORT IS VITAL

Some patients might be concerned about their comfort during this procedure, but Dr. Lynch and his staff know how to keep each patient comfortable throughout their treatment. "Patient comfort is very important to us," says Dr. Lynch. "We want people to receive the benefits of excellent dental care so we work closely with each patient to find

out their concerns so we can reassure them every step of the way." That caring attitude starts with ensuring that patients understand the steps of their treatment as well as keeping them informed of each new step before it happens.

## PRECISION IMPLANT PLACEMENT

A key element in the long-term success of an implant is exact placement in healthy bone. When the implant is placed, a sophisticated, computerized imaging system guides its exact location in healthy bone to ensure its success. If you have lost bone mass, Dr. Lynch can first build up the bone with a bone graft before proceeding with an implant. There are many steps to providing a strong, healthy implant, but with Dr. Lynch' extensive training and experience, you are in very good hands.

## THE BENEFITS OF DENTAL IMPLANTS

- ✓ Enjoy artificial teeth which look, feel and function just like your natural teeth.
- ✓ Have a tooth replacement that lasts the rest of your life when cared for properly.
- ✓ Avoid the slipping experienced with dentures or the need to use adhesives.
- ✓ Eat your favorite foods whether they are crunchy, chewy, sticky or crisp.
- ✓ Care for them just like your natural teeth.



## SAVE ON DENTAL IMPLANTS!

- ✓ One-on-one consultation with Dr. Bernard W. Lynch
- ✓ X-rays
- ✓ Customized treatment plan

Schedule your appointment today and mention this ad to save on dental implants. Call (703) 420-1395.



Restrictions apply. Call our office for details.

Call for limited-time SPECIAL OFFER!

# DENTURES THAT FEEL AS GOOD AS THEY LOOK



If you're missing several or all of your teeth, dentures are an alternate option to dental implants.

## NATURAL LOOK AND FEEL

The process starts with Dr. Lynch taking an impression of your gum and mouth shape and then designing the denture that will fit comfortably and maintain your jaws in a healthy position. You will be consulted throughout the design process to achieve a pleasing result so the

coloring and shape of the teeth conform to your own coloring and facial shape.

## NO MORE MESSY DENTAL ADHESIVE

When the completed denture is received, it's time to try it out and ensure that it fits. There should be no need for thick layers of adhesive if the denture is properly made.

Dentures are available for replacement of a few or several teeth (partial denture) or for all the teeth in the upper or lower jaw (complete denture).

## ENJOY THE FREEDOM OF SNAP-ON OVERDENTURES

While dentures restore a person's smile, many patients are looking for a more secure solution. They want to eliminate the unwanted motion of a denture and the need for a sticky adhesive to keep it in place. For these patients, snap-on overdentures are recommended. These are dentures that can be attached to a special kind of dental implant that's been placed in the bone of the jaw. The supporting implants provide stability for the denture, keeping it from moving around, even while talking or chewing.

## EAT YOUR FAVORITE FOODS

Overdenture wearers report that they can eat more types of food and chew more easily when their dentures are anchored on implants. The support of the implants also means that overdentures are less likely to irritate gums or create sore spots.

At the end of the day, the wearer can simply detach the overdenture from the attachments on the top of the implants and clean it normally.

## MUCH MORE COMFORTABLE THAN TRADITIONAL DENTURES

When a patient is wearing a denture on the upper arch, securing it on stable implants means that the entire palate does not need to be covered for the fit to be secure. This is a relief for those patients who find a conventional denture bulky, making it hard to speak clearly.

## YOU'RE IN GOOD HANDS

With more than 500 hours of education to perfect his skills providing dental implants and years of experience, Dr. Lynch focuses on the comfort of the patient and the pleasing, aesthetic appearance of the overdenture.



## GET A DENTURE CONSULTATION

Personal consultation with Dr. Lynch, x-rays, and a customized treatment plan

Call today to schedule your consultation at (703) 420-1395.

Restrictions apply. Call our office for details.

Call for limited-time SPECIAL OFFER!



# WE'RE READY TO HELP IN A DENTAL EMERGENCY



Dental emergencies can happen to anyone. When tooth loss, injury or pain strikes, it's important to get immediate care to limit the amount of damage suffered and alleviate discomfort. When you suffer a dental emergency, Dr. Lynch's staff, will work hard to fit you in as soon as possible. In many cases, your emergency appointment can occur the same day you call.

When in pain, it helps so much to have the warm, supportive attitude of staff like those in the office of Dr. Lynch.

The calm, caring manner of Dr. Lynch as he relieves your discomfort and performs immediate treatment is all it takes to be assured of a fast recovery.

Once you are comfortable, Dr. Lynch and his staff will make sure you know exactly what follow-up treatment you need to fully address any injury or problem with your teeth or mouth. The goal of everyone at the office of Dr. Lynch, is your continued health and comfort!



## TOOTHACHE?

**Come in for an Emergency Exam with X-Rays and Consultation**

If you are suffering from tooth pain, come in for an emergency exam with Dr. Lynch. He'll find the cause of the problem and help you feel better fast. Necessary x-rays are included.

**CALL FOR AN EMERGENCY APPOINTMENT NOW!**

**(703) 420-1395**

Restrictions apply. Call our office for details.

## WHEN AN EMERGENCY STRIKES

For any dental emergency, call the office of Dr. Bernard W. Lynch immediately for an appointment. The following are some tips on how to handle the emergency until you see Dr. Lynch:



**Toothache:** Make sure you clean out any food fragments that might be lodged near the tooth. Place a cold pack against the face near the tooth that hurts.

**Knocked-out tooth:** Only hold a knocked-out tooth by its top—the crown—not by the root. Rinse it with water if dirty. If possible, replace it in the socket immediately, making sure it is facing the right direction. If it's not possible, store the tooth inside your cheek (not recommended for children) or a glass of milk or water to keep it moist. If possible, rush to Dr. Lynch' office to have the tooth restored to its proper place. Fast action is vital to save the tooth.

**Broken tooth:** Save the tooth fragments. Stop bleeding by applying pressure with gauze or a soft cloth. Place a cold pack on the outside of the face.

**Lost filling:** If the area is sensitive, cover it with over-the-counter dental cement available at most drug stores.

**Lost crown:** Apply clove oil to the tooth if it is sensitive. If possible, reposition the crown using only toothpaste or over-the-counter dental cement, never any other kind of glue.

**Loosened tooth:** Apply cold packs to the outside of the face. Call the office to ask about over-the-counter pain relievers you might use.

**Keep this article handy for your next dental emergency.**

## DENTAL SERVICES AT THE OFFICES OF DR. LYNCH QUALITY DENTISTRY IN A CARING ENVIRONMENT



### NEW PATIENT EXAMINATIONS

A new patient exam includes digital x-rays, a thorough exam for any problems with teeth or gums, an oral cancer screening, a report on what is found and the recommended treatment plan.

### TEETH CLEANING AND DIGITAL X-RAYS

Preventative treatments like these on a regular schedule are vital to preserve a patient's teeth for life.

### COSMETIC DENTISTRY, SMILE DESIGN

For patients who want to transform their smile, Dr. Lynch will create a custom plan to give them the smile they've been dreaming of.

### FULL-MOUTH REHABILITATION

Using the full range of his knowledge and experience, Dr. Lynch can restore the beauty and functionality of virtually any patient's teeth.

### DENTAL IMPLANTS

The best replacement for missing teeth, dental implants consist of a natural-looking white crown securely fixed to a titanium post (implant) placed in the jaw.

### INVISALIGN TEETH STRAIGHTENING

Clear acrylic aligners ease teeth into their proper position for a beautifully even smile.

### veneers

Veneers rapidly replace a worn or dull smile with a bright one, with the placement of thin shells over the visible surface of the teeth.

### CROWNS AND BRIDGES

Crowns protect damaged teeth, extending their life while bridges replace a tooth that's been lost.

### DENTURES

Both partial dentures or complete dentures can be carefully fit to the shape of one's bone and gums or they can be anchored to dental implants for better security.

### FILLINGS

Most patients prefer clean, tooth-colored fillings that won't darken over time.

### ROOT CANAL THERAPY

This treatment can save a tooth that's been damaged by deep decay.

### SEALANTS AND FLUORIDE TREATMENT

These treatments help prevent decay in young patients or patients especially prone to cavities.

### INLAYS AND ONLAYS

These porcelain restorations are lab-created and used to repair areas of large decay or replace old metal fillings.

### PERIODONTAL TREATMENT

Prompt treatment of inflamed or infected gums is vital to keep your teeth strong.

### DENTAL BONDING

Bonding provides a fast way to repair chips and cosmetic problems.

### TEETH WHITENING

The Zoom!® whitening system brightens teeth several shades in just an hour or so.

### PEDIATRIC DENTISTRY

Dr. Lynch is happy to help children start their lifetime of healthy teeth by introducing them to gentle dental care.

### SEDATION DENTISTRY

Sedation allows our patients to relax, and have the care they need much more easily.

**Call for limited-time SPECIAL OFFER!**

## DENTAL CONSULTATION

We invite you in to see Dr. Bernard W. Lynch for a consultation:

- ✓ Have your questions answered on any dental procedure
- ✓ Get an evaluation of the appearance and functionality of your teeth
- ✓ Receive a customized treatment plan

**SCHEDULE YOUR CONSULTATION TODAY.**

**CALL (703) 420-1395!**

Restrictions apply. Call our office for details.



# STATE-OF-THE-ART DENTAL TECHNOLOGY AT THE OFFICE OF DR. LYNCH

Because Dr. Lynch is dedicated to a high standard of dental care, he ensures that the latest advances in dental technology are always available to his patients. The following list details some of the technologically advanced equipment he uses to provide you the best dental science has to offer.



## DIGITAL X-RAYS

Digital x-rays are a significant advancement over the film x-ray systems of the past.



Patients receive a lower dose of radiation and digital x-rays can be accessed easily and stored forever. Images are available almost

immediately and are clearer than previous systems could provide. Enlarging and enhancing each image for diagnostic purposes is now immediate.

## INTRAORAL CAMERA

With a small, handheld intraoral camera taking images of the inside of your mouth, you can finally see what Dr. Lynch sees. You'll be able to inspect any areas that need treatment and gain a greater understanding of your need for care. Images can also be stored for future reference

## INTRAORAL SCANNER

Dr. Lynch uses a state-of-the-art intraoral scanner to take impressions of your teeth



for creating crowns, bridges, veneers and dentures—rather than having you bite down on messy, gooey impression material. With this sophisticated scanning system, your new crown, bridge, veneers or dentures will perfectly match your other teeth in size, shape and color for superior comfort, appearance and function.

## STERILIZATION AND HYGIENE

At the office of Dr. Lynch, the recommendations of the Centers for Disease Control and the American Dental Association are strictly followed to protect the health of every patient. Continuing education of all staff ensures that the most up-to-date recommendations are implemented.

## BIOPAK JAW DIAGNOSTIC SYSTEM



The BioPak is a unique diagnostic device which records a range of different information

regarding the function, movement, and measurements of the jaw, teeth, and associated muscles connected with them.

The different information gathered by this ground-breaking diagnostic device is used to help treat temporomandibular joint dysfunction (or TMD), various sleep disorders, as well as pain associated with chewing, jaw movement, and various other craniofacial (related to the face, head and jaw) pain. The device's utility stems across the various aspects of dentistry, but it's use is especially realized in that it allows Dr. Lynch to detect TMJ issues with extreme accuracy so as to resolve the underlying cause and make it possible to help patients get a comfortable bite with reduced clenching and grinding.

This kind of biometric technology helps give the doctor clear, objective information to better make decisions pertaining to your treatment and oral health.

## DIAGNOSTIC 3-D IMAGING

Our new CareStream Dental imaging system is the latest innovation in dental radiology. This



award-winning diagnostic system employs a combination of imaging technologies to produce 3-D images with unprecedented detail and accuracy.

## FOTONA LASER

The Fotona laser is a cutting-edge,



dual-wavelength laser system that delivers fast, gentle, and highly effective treatment across a range of dental procedures. Using both Er:YAG and Nd:YAG laser technology, it allows for precise work on both hard and soft tissues — with minimal discomfort and faster healing.

From tightening skin and treating snoring to removing cavities without a drill, Fotona offers patients a quieter, less invasive experience. For providers, it means greater control, reduced bleeding, and exceptional results — all with one powerful device.



## EVERYTHING IS FIRST RATE

*"The practice provides the most modern, state of the art equipment. Also, Dr. Lynch avails himself of significant yearly training updates/conferences to ensure that he is providing his patients with the latest techniques and procedures that the dental profession has to offer. Staff are all very professional and welcoming. Everything is first rate!" - C. N.*



## GREAT ADVICE AND TREATMENT

*"I really appreciate the team at Dental Care Burke! Dr. Lynch always explains things clearly and offers great advice and treatment. Josh at the front desk is great with setting up treatment plans and appointment scheduling. Tiffany is terrific with my dental cleanings every six months. I highly recommend everyone at Dental Care Burke!" - A. R.*



## A GREAT EXPERIENCE

*"So far I have had a great experience at Dental Care Burke. The front desk staff were very kind to answer all my questions and greet me. Dr. Lynch was very kind and led me to believe in hope for my dental health. Really had a great experience with Dr. Lynch and his team. Very friendly and efficient. I would highly recommend Dental Care Burke to everyone looking for dental services." - M. T.*



## COMFORTABLE AND SUPPORTED

*"I never thought I would write a review for my dentist! Dr. Lynch is amazing, and Mike (Advanced Dental Assistant) was a great help. Josh (Patient Care Coordinator) made the entire process flawless. I felt comfortable and supported during my procedures and was guided throughout the scheduling process and follow-up. 10/10!!" - F. W.*



VISIT US AT ANY OF DR. LYNCH'S  
3 CONVENIENT LOCATIONS:



**TYSONS CORNER**  
DENTAL CARE

8363-B Greensboro Drive  
McLean, VA 22102  
[TysonsCornerDentalCare.com](http://TysonsCornerDentalCare.com)



**DENTALCARE**  
BURKE

9239 Old Keene Mill Road  
Burke, VA 22015  
[DentalCareBurke.com](http://DentalCareBurke.com)



**ALEXANDRIA**  
ART OF DENTISTRY

624 N. Washington Street  
Alexandria, VA 22314  
[OldTownDentist.com](http://OldTownDentist.com)

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Local  
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# MISSING OR BROKEN TEETH?

GET DENTAL IMPLANTS FOR  
NATURAL-LOOKING, LONG-  
LASTING REPLACEMENT TEETH

Missing teeth do more than harm your appearance, they cause other oral problems and the need for extensive dental work. Improve your appearance and your health with dental implants from Dr. Bernard W. Lynch, who has over 500 hours of implant training.



*"Dr. Lynch and the entire Team are incredible. From the moment you schedule, to the greeting you get when you walk in, to the impeccable service and skill of Dr. Lynch — the entire practice is top notch and can handle all dental services from a great cleaning to complicated crowns." — A.A.*

# SAVE

ON YOUR  
FIRST TIME  
TREATMENT PLAN

CALL TODAY & GET A SPECIAL LIMITED-  
TIME SAVINGS ON YOUR TREATMENT PLAN.

**CALL (703) 420-1395**

*\*Restrictions apply. Call office for full details.*

Call for  
limited-time  
**SPECIAL  
OFFER!**



Dr. Bernard W. Lynch