























Heartland Foot & Ankle Conference 2025 – Tentative Agenda

 Des Moines, Iowa

WEDNESDAY, OCTOBER 8 – 9.47 CME

-  6:30 a.m. – Registration Opens 
 -  7:00 – 8:00 a.m. – Residency Presentations
 -  8:00 – 9:30 a.m. – Non-Arthritic Ankle + Case Discussion
 -  9:40 – 10:20 a.m. – Topic: DERM
 -  10:20 – 11:00 a.m. – Topic: WOUND
 -  11:10 – 11:50 a.m. – Topic: NERVES
 -  12:00 – 2:00 p.m. – TBD
 -  2:00 – 4:00 p.m. – Trauma + Case Discussion
 -  4:45 – 6:45 p.m. – Fireside Chat (Sponsored by PICA)
 -  7:00 – 8:15 p.m. – Women in Podiatry Reception (Sponsored by Vilex)
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THURSDAY, OCTOBER 9 – 7.64 CME

-  6:30 a.m. – Registration Opens 
 -  7:00 – 8:00 a.m. – Residency Presentations
 -  8:00 – 9:30 a.m. – Cavus + Case Discussion
 -  10:00 – 11:30 a.m. – Bunions + Case Discussion
 -  11:30 a.m. – 1:00 p.m. – Lunch & Annual Meetings
 -  1:00 – 2:20 p.m. – Surgical Coding + Case Discussion
 -  2:25 – 3:10 p.m. – TBD
 -  3:10 – 3:30 p.m. – PT Protocols
 -  3:30 – 4:45 p.m. – The Terrible Tendon & Plantar Plate + Roundtable
 -  4:45 – 5:30 p.m. – Exhibitor Reception / Social / Poster Contest
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FRIDAY, OCTOBER 10 – 4.98 CME

-  7:30 a.m. – Registration Opens 
-  8:00 – 8:20 a.m. – Trimalleolar Ankle Fractures
-  8:20 – 8:40 a.m. – The Lateral Ankle
-  8:40 – 9:00 a.m. – OCL of the Talus
-  9:20 – 9:40 a.m. – 5th Metatarsal Fractures
-  9:40 – 10:00 a.m. – Navicular Stress Fractures
-  10:00 – 10:20 a.m. – Syndesmosis Injuries
-  10:45 a.m. – 12:15 p.m. – MIS/Funky Forefoot + Case Discussion
-  12:15 – 1:00 p.m. – Lunch
-  1:00 – 2:30 p.m. – Complication Disasters + Case Discussion
-  2:30 p.m. – Adjourn