

# SACO RIVER TUBING CHECKLIST

## Everything You Need for the Perfect Float



### SECTION 1: THE ESSENTIALS



- Tube rental confirmation
- Life jacket (provided or personal)
- Water shoes or sandals with straps
- Sunscreen (reef-safe, SPF 30+)
- Hat and sunglasses with strap
- Reusable water bottle
- Dry bag for valuables



### SECTION 2: CLOTHING & COMFORT



- Swimsuit or quick-dry clothes
- Towel
- Change of dry clothes
- Light jacket for evening



### SECTION 3: FOOD & DRINKS



- Snacks in waterproof containers
- Lunch (no glass containers)
- Cooler with ice
- Trash bags (Leave No Trace!)



### SECTION 4: SAFETY & FIRST AID



- First aid kit
- Whistle
- Waterproof phone case
- Emergency contact info



### SECTION 5: FOR FAMILIES



- Extra snacks for kids
- Toys and floaties
- Baby sunscreen
- Extra towels



### SECTION 6: FOR GROUPS



- Waterproof speaker
- Group identification (matching shirts/flags)
- Large cooler
- Camera or GoPro

## ✗ LEAVE AT HOME

- ✗ Glass bottles
- ✗ Valuables
- ✗ Flip-flops
- ✗ Cotton clothing