

QUESTIONS FROM A STORYTELLER

Why People Become Vulnerable to Manipulation and Deception through Fantasy Beliefs



A collection of fantasy allegories and guided reflections to help readers recognize emotional vulnerabilities and unhealthy beliefs that can lead to exploitation.

What makes a manipulator's tactics work on some and not others? Why do the people who take advantage of us always seem to find us so easily? This book is about the stories we trust: the ones we are told, the ones we tell ourselves, and the dangerous beliefs they quietly leave behind. Maybe you have lived out the same painful pattern over and over, exploited, betrayed, dismissed, and still do not know why. Maybe you feel you have never been deceived. Or maybe you are afraid that looking too closely will only reopen wounds you are not sure you can survive again.

The author writes from firsthand experience: two separate encounters with grooming and exploitation, once as a child and again as an adult who assumed she had already learned every lesson she needed. She turned to allegory, building a fantasy world led by two characters, Someone and Aperson, to show readers the power of the stories we carry. Across seven weekly stories, readers uncover their own vulnerability fingerprint, the unique mixture of beliefs and habits that leaves any of us open to being deceived. Come learn how to take back your role as storyteller of your own life, and start writing something kinder and stronger for yourself. After all, stories matter.

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EHREN ELLIOTT

Ehren Elliott is a Midwesterner by birth and temperament, raised in Saint Louis, Missouri. At nineteen, she packed a suitcase to model internationally, spending years living out of it before finding her way home to a quieter life. She has written since childhood, filling notebooks with poetry and stories, and now centers her work on ending cycles of exploitation through the power of learning ourselves. She loves finding patterns hidden inside complex things, and believes life is what you make of it.

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