Benefits
As a participant in this program you will:

- Read, watch, listen to and discuss current scholarship on racism
- Explore personal life experiences and re-examine assumptions
- Reflect on the impact of privilege and choices they make
- Participate in engaging discussion, ultimately with the goal of greater understanding, change, and action
- Learn the study-group structure to continue as a self-organized group at the end of six months at the group's discretion

Participants
This program is open to anyone seeking to explore systemic racism and white privilege in a setting that balances support and challenge. Coaches, consultants, and other change agents, leaders, and professionals will find this orientation essential to working and living effectively in our culture today.

THE HUMILITY PROJECT
(LIVE ONLINE)
Racism and White Privilege: A Facilitated Study Group

Are you seeking a safe place and guidance to honestly explore white privilege? We'll apply a Gestalt perspective to discover social, political and personal insights into this complex, multi-layered, emotionally charged topic.

An opportunity to reflect and to act
This is designed as an opportunity for white people to explore white privilege in a setting that balances support and challenge. To read and understand the latest scholarship on systemic racism and to explore the inner, personal environment as well.

About the Faculty

Carol Brockmon, MSW Gestalt therapist in private practice, offering group, family, couples and individual therapy, consultation and supervision. A licensed clinical social worker, Carol has been a core faculty member of the Cape Cod Training Program since 2004. She is a past president and vice president of the Association for the Advancement of Gestalt Therapy (AAGT), 2000-2003.

Pamela Freeman An African American licensed clinical psychotherapist in practice for over 30 years, Pamela is a graduate of the Gestalt Institute of Philadelphia and the Cape Cod Couples program. She’s among the founders of The Black Women’s Health Project and a graduate of the Community Dharma Leadership program at Spirit Rock Meditation, CA. She’s a founder of Delaware Valley Insight, which provides community sits and brings meditation teachers to Philadelphia for retreats. Pamela co-leads a monthly Philadelphia People of Color meditation group and has a goal to expose more individuals to the benefits of meditation. She has worked as a consultant around race issues for organizations.

Marcy Crary, PhD Marcy is a Professor Emerita at Bentley University. As a graduate of the Three-year Post-Graduate Training Program of Gestalt Institute of Cleveland, Marcy has been a long time appreciative student of Gestalt teachings. Her teaching, writing, and research interests revolve around diversity pedagogy, dynamics in cross-identity work relationships, and transitions in the “third phase” of life.

DATES:
December 15, 2023
January 19, 2024
February 16, 2024
March 15, 2024
April 19, 2024
May 17, 2024

MEETS:
Fridays
12:00pm - 2:00pm
Eastern

FACULTY:
Carol Brockmon
Marcy Crary
Pamela Freeman

PROGRAM FEE:
$600
*GISC MEMBER $550

CE HOURS
12

COACHES
This program may be used for ICF Resource Development hours toward your credential renewal.

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