



Your Authentic Personality Test

Put a check by the words that best describe you. They should NOT be words that explain what you **can** do, but what you most **naturally** do. I know, it's hard, but try to be honest. Tally each column including strengths and weaknesses in your total. The highest number is your major Authentic Personality type. The second highest number is your minor Authentic Personality type. Most of us have both a major and a minor. Watch out for major/minor blends that include Connector with Improver or Doer with Stabilizer. These often indicate a personality mask. If all four of your totals are fairly even, you might be a Stabilizer. For more information, read *What's Your Mom Type: Discovering God's Design for You*.

Stabilizer

STRENGTHS

- ☐ diplomatic
- ☐ kind
- ☐ loyal
- ☐ patient
- ☐ peaceful
- ☐ flexible
- ☐ quiet
- ☐ gentle
- ☐ comfortable
- ☐ friendly
- ☐ steady & stable
- ☐ supportive
- ☐ humble

WEAKNESSES

- ☐ easily overwhelmed
- ☐ conflict avoider
- ☐ resists change
- ☐ enabling
- ☐ indecisive
- ☐ indifferent
- ☐ lazy

____ total

Connector

STRENGTHS

- ☐ optimistic
- ☐ popular
- ☐ outgoing
- ☐ social
- ☐ adventurous
- ☐ encouraging
- ☐ inspiring
- ☐ fun
- ☐ funny
- ☐ talker
- ☐ lots of friends
- ☐ influential
- ☐ energetic

WEAKNESSES

- ☐ lacks follow-through
- ☐ fears rejection
- ☐ people pleaser
- ☐ interrupter
- ☐ shallow
- ☐ forgetful
- ☐ late

____ total

Improver

STRENGTHS

- ☐ accurate
- ☐ creative
- ☐ orderly
- ☐ private
- ☐ planner
- ☐ sensitive
- ☐ precise
- ☐ respected
- ☐ detailed
- ☐ knowledgeable
- ☐ values learning
- ☐ careful & cautious
- ☐ appreciates quality

WEAKNESSES

- ☐ fears making a mistake
- ☐ defensive to criticism
- ☐ perfectionistic/critical
- ☐ analysis paralysis
- ☐ negative
- ☐ unforgiving
- ☐ rigid

____ total

Doer

STRENGTHS

- ☐ decisive
- ☐ organized
- ☐ multi-tasking
- ☐ brave
- ☐ confident
- ☐ in charge
- ☐ direct
- ☐ responsible
- ☐ powerful
- ☐ mover & shaker
- ☐ action-oriented
- ☐ problem-solver
- ☐ goal driven

WEAKNESSES

- ☐ control freak
- ☐ impatient
- ☐ bossy
- ☐ rude
- ☐ self-sufficient
- ☐ can't relax
- ☐ argumentative

____ total