

“So affirming. This book is a personal blessing for every mom.”

Linda Dillow, author of *Calm My Anxious Heart*

In a world of social media comparisons, urgent to-do lists, and the endless pressure to be someone you're not, it's nearly impossible for a mom to know her true self. You can feel torn between what society says you should be and who you really are. You can feel lost in the constant busyness of motherhood and wonder if you will ever be found.

In *What's Your Mom Type* Dale Wilsher unlocks the mystery of your best self.

1. Are you the **Connector Mom** who inspires, energizes and entertains?
2. Are you the **Doer Mom** who directs, drives, and gets stuff done?
3. Are you the **Improver Mom** who prepares, plans, and perfects?
4. Are you the **Stabilizer Mom** who comforts, calms, and listens?

Why is your mom type important?

When you know your mom type, you will know the best you have to offer your family. Dale will show you how your weaknesses can draw you closer God and how your personality, when infused by Him, can lead to a more confident, beautiful, and authentic version of you.



DALE WILSHER is a professional life coach, national keynote speaker, and DISC personality trainer with a passion for empowering authenticity in women. Dale and her four daughters make their home in Colorado. Learn more about Dale at www.YourAuthenticPersonality.com.

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What's Your Mom Type?

DALE WILSHER



WHAT'S YOUR *Mom* Type?

DISCOVERING
GOD'S DESIGN
FOR YOU

DALE WILSHER