

January 2026



HEATHWOOD highlights

815 Hopkins Road . Williamsville, NY 14221 . 716-688-0111



January Highlights

1/2	Monthly Birthday Lunch
1/2	Sentimental Journey
1/6	Resident Council
1/9	Double Feature
1/12	Dinner w/ Julane
1/13	Volunteer Luncheon
1/14	Welcome New Resident
1/16	Judd Sunshine
1/19	Men's Luncheon
1/23	Kathy Beck
1/26	Tom Bender
1/28	Tea Party



Administrator's
Accents

Raymond Geiser, Administrator

As the pages of the calendar turn and we welcome the crisp, fresh air of January, we step into a new year full of possibility. On behalf of the entire staff, I wish all our residents, families, and friends a very happy, healthy, and prosperous 2026!

The start of a new year often inspires us to reflect on the past and look forward with anticipation. At Heathwood, we see this as a wonderful opportunity for renewal—a time not just for setting grand resolutions, but for embracing small, meaningful intentions that can enrich our daily lives.

Perhaps this month you

might resolve to try a new activity on our schedule, revisit a beloved hobby, or simply commit to spending a few more minutes enjoying a cup of tea and conversation with a friend in our common areas. These small steps toward personal growth and connection are what truly make a difference.

We are excited about the programs and events we have planned for the coming months, designed to keep our community engaged, active, and thriving. From our upcoming winter craft activity to our weekly exercise classes, there is something for everyone to enjoy and explore.

Thank you for being such a cherished part of the Heathwood family. Let's make this new year a time of joy, connection, and well-being for everyone in our community.



Winter Wonderland Holiday Party



Soup Cook-Off

Cold winter days and warm soup are a perfect combination, and we're gearing up for a delicious soup cook-off this month. Join us for this "soup-er" event!

Chili Tasting

Friday, January 9th

Chicken Noodle Soup Tasting

Friday, January 23rd

Time: 3:15pm

Location: Wellness Room 1



Volunteer Luncheon w/ The Residents

Tuesday, January 13th

Time: 11:30am

Location: Wellness Room 1

Space is limited

Sign up with Tabitha

Apple Crumble

This apple crumble is easy to make and oh-so-tasty!

Ingredients:

- 1 can (20 ounces) apple pie filling
- 1 box yellow cake mix
- 1/2 cup chopped pecans, optional
- 1 1/2 sticks (6 ounces) butter, melted
- Whipped cream or vanilla ice cream, for topping

Directions:

Preheat oven to 375° F.

In a baking dish, spread apple pie filling across the bottom. Mix the yellow cake mix with pecans, if using, then cover apple pie filling with the cake mix.

Cover cake mix with melted butter. If butter pools in one spot, pick up the baking dish and gently move it from side to side to spread the butter out evenly.

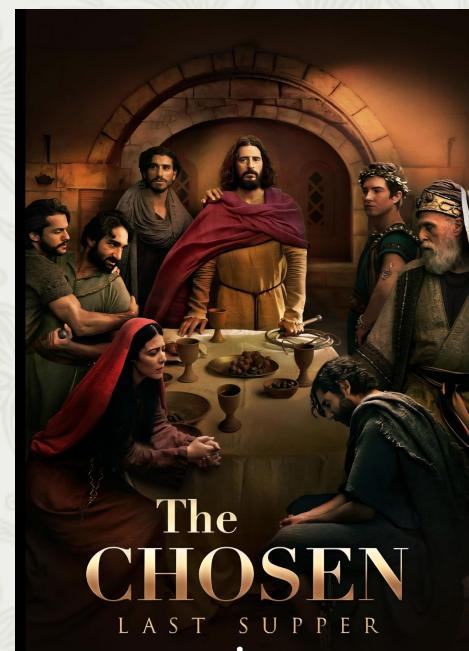
Bake 30 minutes, until crust is brown.

Serve with whipped cream or vanilla ice cream, if desired.



Choose a Word of the Year

Instead of making a New Year's resolution, many people pick a word of the year, which serves as motivation for daily activities as well as bigger goals. Brainstorm a list of inspirational words, such as "grow," "balance," or "reflect." After you choose a word, write it on a note and place it where you'll see it every day.



The CHOSEN

LAST SUPPER

The Chosen

The Chosen is a historical drama based on the life of Jesus and those who knew him. Set against the backdrop of Roman oppression in first-century Israel, the series shares an authentic look at Jesus' revolutionary life and teachings.

Chosen will be playing every Tuesday in January at 3pm in the Theater.

January 2026

W2 Wellness Room, Second Floor
W1 Wellness Room, First Floor
T Theater
A2 Activity 2
★ Sign Up, Limited Space

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are subject to change. Please see the Daily Activity sheets for changes. If you have any questions, please feel free to see Tabitha Kennedy (716) 688-0111.				9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Tic-Tac-Toe 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo \$ 7:00 T Movie in the Theater	1 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 11:30 W1 Monthly Birthday Luncheon 2:00 W2 Friday Music w/ Sentimental Journey 3:15 W1 '50s Records w/ Frank 3:15 W1 Manicures	2 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo\$ w/ Yes 3:15 W1 Board Games 7:00 T Movie in the Theater
9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:00 T Movie in the Theater 2:30 W2 Karaoke w/ Nicole 3:30 W1 Coffee Chat	4 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Mary 1:30 W1 Let's Sing w/ Julane 3:15 W1 Quarter Bingo \$	5 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Jean 1:30 W1 Card Games 2:00 W1 Resident Council 3:15 T The Chosen Show	6 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele 2:00 W2 Protestant Service w/ Barbara 3:15 W2 Abiding in His Grace w/ Pastor Jack 3:15 W1 Board Games	7 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Scrabble 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo \$ 7:00 T Movie in the Theater	8 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W2 Friday Music w/ Double Feature 3:15 W1 Chili Cook-off	9 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo \$ 3:15 W1 Left, Right, Center 7:00 T Movie in the Theater
9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:00 T Documentary in the Theater 2:30 W1 Art Therapy 3:15 W1 Refreshments	11 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Mary 1:30 W1 Crafts w/ Jim 3:15 W1 Quarter Bingo \$ 5:00 W1 Dinner w/ Julane★	12 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Jean 11:30 W1 Volunteer Luncheon w/ Residents ★ 1:30 W1 Card Games 2:00 W1 Volleyball Game 3:15 T The Chosen Show	13 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele 2:00 W1 Welcome New Resident Social 3:15 W1 Board Games 3:15 W2 Circle of Friends w/ Pastor Jack	14 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Wheel of Fortune 2:30 W2 Catholic Mass 3:15 W1 Quarter Bingo \$ 7:00 T Movie in the Theater	15 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W2 Friday Music w/ Judd Sunshine 3:15 W1 Happy Hour	16 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo\$ w/ Yes Sunshine 3:15 W1 Art Therapy 7:00 T Movie in the Theater
9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:00 T Movie in the Theater 2:30 W1 Around the Clock 3:15 W1 Smoothies w/ Lily	18 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Mary 11:30 W1 Men's Luncheon 1:30 W1 Travelogue: Alaska 3:15 W1 Quarter Bingo \$	19 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Jean 1:30 W1 Card Games 2:00 W1 Baking Club 3:15 T The Chosen Show	20 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele 2:00 W1 Jeopardy 3:15 W1 Abiding in His Grace w/ Pastor Jack 3:15 W1 Board Games	21 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Dominos 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo \$ 7:00 T Movie in the Theater	22 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W2 Friday Music w/ Kathy Beck 3:15 W1 Chicken Noodle Tasting	23 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo \$ 3:15 W1 Mystery Game 7:00 T Movie in the Theater
9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:00 T Movie in the Theater 2:30 W1 EZ Yahtzee 3:15 W1 Happy Hour	25 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Mary 1:30 W1 Crafts w/ Jim 3:15 W1 Quarter Bingo \$ 6:00 W2 Evening Music w/ Tom Bender	26 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Jean 1:30 W1 Card Games 3:15 T The Chosen Show	27 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele 2:00 W1 Tea Party 3:15 W1 Board Games 3:15 W2 Circle of Friends w/ Pastor Jack	28 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Residents' Choice 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo \$ 7:00 T Movie in the Theater	29 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Spa Day 3:00 W1 '50s Records w/ Frank	30 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo \$ 3:15 W1 Trivia 7:00 T Movie in the Theater

Staff Birthdays and Anniversaries

Happy Birthday

1st

Nilufa Begum
Eka Dukesbury

7th

Tatina Fleming

15th

Jillian Goehle

16th

Juliet Walters

18th

Lynne Nichter

23rd

Luanna Echevarria Conde

25th

Madeline Lucia
Lily Lesniowski

27th

Timothy Shaw

30th

Precious Moore

Max Duffy

Birgitta A Ekman

Happy Anniversary

44 years

Donna Vanhorn

33 years

Lynn Fox

21 years

Li Rui

11 years

Marie Kamens

7 years

Latoya Anderson

5 years

Luke Broderick

4 years

Nicole Savage

3 years

Jillian Goehle

Max Duffy

Carol Pinomarques



Residents' Decorated Doors



Welcome, New Resident

Welcome to Heathwood!

New Residents, please join the activity staff Wednesday, January 14th, at 2pm in Wellness Room 1. We will be giving you a tour of the building, going over the calendar, and just getting to know you!

Hugh Darragh

Carl Henningson

Graham MacDonald



Bianca Liscavage



Personality
Profiles

Bianca Rosa Pucci Donato Liscavage was born on August 5, 1934, in a small village in Italy. Her parents were Maria and Antonio Pucci. Bianca is number seven among eight siblings. There were four boys and four girls. She is now the only survivor. She was schooled in Italy until the ninth grade. When she was nineteen years old, she travelled to Montreal where she had extensive family. It was in Montreal that the love story began.

Charlie Donato was a U.S. citizen. He travelled to Montreal with a cousin related to Bianca. Charlie and Bianca met casually and eventually got more serious. Charlie arranged for all the paperwork for Bianca's visa. They wed in Buffalo with the biggest splash. She and Charlie were such an item that the wedding news and story was published in the newspaper. They honeymooned in Florida, then Charlie went back to managing the Buffalo Club.

Bianca never held an outside job. She was too busy raising five daughters. Charlie died in his late 40s, leaving Bianca a struggling widow. Lacking a driver's license didn't make things much easier. Besides her scarcity of a formal education, Bianca spoke three languages:

English, French, and Italian. She allowed her girls to grow up and twenty years after the death of Charlie, she married schoolteacher Bill Liscavage.

Bianca has five daughters, fourteen grandchildren and fourteen great-grandchildren. This big family resides in the Buffalo area. As a young woman Bianca knitted, crocheted, and did seamstress work altering wedding dresses. She belonged to many clubs including the Club Italiano. She was also very active at St. Gregory the Great church with the Ladies of Charity and the senior citizens' group. She also loved bowling at Transit Lanes. Now she lives quietly with us at Heathwood bearing the nickname of "Lucille Ball" with her flaming red hair.



Resident Recognition

Happy Birthday

2nd	Ellen Pedersen
3rd	Al Harrington
12th	Judith Genewick
17th	Elaine Masman
20th	Sylvia Fucile
21st	Tina Milone
27th	George Schmidt
28th	Graham MacDonald
29th	Maureen Dolata
	Douglas Webster
	Lois Will



Happy Birthday, Sylvia!

Staff's Decorated Doors

