



January Highlights

- 1/2 Monthly Birthday Lunch
- 1/2 Sentimental Journey
- 1/6 Resident Council
- 1/9 Double Feature
- 1/12 Dinner w/ Julane
- 1/13 Volunteer Luncheon
- 1/14 Welcome New Resident
- 1/16 Judd Sunshine
- 1/19 Men's Luncheon
- 1/23 Kathy Beck
- 1/26 Tom Bender
- 1/28 Tea Party



Raymond Geiser, Administrator



Administrator's
Accents

As the pages of the calendar turn and we welcome the crisp, fresh air of January, we step into a new year full of possibility. On behalf of the entire staff, I wish all our residents, families, and friends a very happy, healthy, and prosperous 2026!

The start of a new year often inspires us to reflect on the past and look forward with anticipation. At Heathwood, we see this as a wonderful opportunity for renewal—a time not just for setting grand resolutions, but for embracing small, meaningful intentions that can enrich our daily lives.

Perhaps this month you

might resolve to try a new activity on our schedule, revisit a beloved hobby, or simply commit to spending a few more minutes enjoying a cup of tea and conversation with a friend in our common areas. These small steps toward personal growth and connection are what truly make a difference.

We are excited about the programs and events we have planned for the coming months, designed to keep our community engaged, active, and thriving. From our upcoming winter craft activity to our weekly exercise classes, there is something for everyone to enjoy and explore.

Thank you for being such a cherished part of the Heathwood family. Let's make this new year a time of joy, connection, and well-being for everyone in our community.





Winter Wonderland Holiday Party



Soup Cook-Off

Cold winter days and warm soup are a perfect combination, and we're gearing up for a delicious soup cook-off this month. Join us for this "soup-er" event!

Chili Tasting

Friday, January 9th

Chicken Noodle Soup Tasting

Friday, January 23rd

Time: 3:15pm

Location: Wellness Room 1



Volunteer Luncheon w/ The Residents

Tuesday, January 13th

Time: 11:30am

Location: Wellness Room 1

Space is limited

Sign up with Tabitha

Apple Crumble

This apple crumble is easy to make and oh-so-tasty!

Ingredients:

- 1 can (20 ounces) apple pie filling
- 1 box yellow cake mix
- 1/2 cup chopped pecans, optional
- 1 1/2 sticks (6 ounces) butter, melted
- Whipped cream or vanilla ice cream, for topping

Directions:

Preheat oven to 375° F.

In a baking dish, spread apple pie filling across the bottom. Mix the yellow cake mix with pecans, if using, then cover apple pie filling with the cake mix.

Cover cake mix with melted butter. If butter pools in one spot, pick up the baking dish and gently move it from side to side to spread the butter out evenly.

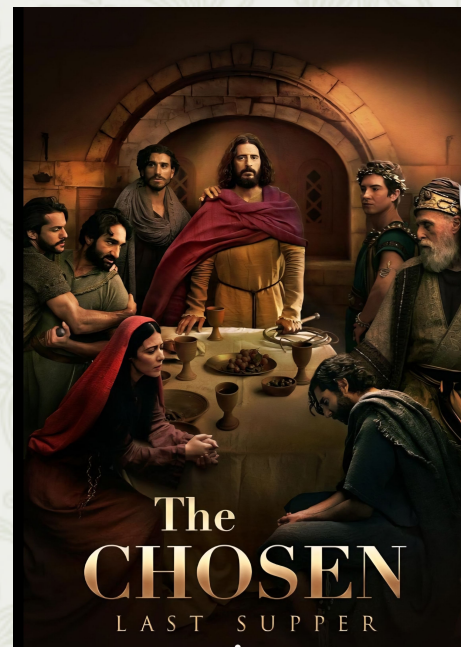
Bake 30 minutes, until crust is brown.

Serve with whipped cream or vanilla ice cream, if desired.



Choose a Word of the Year

Instead of making a New Year's resolution, many people pick a word of the year, which serves as motivation for daily activities as well as bigger goals. Brainstorm a list of inspirational words, such as "grow," "balance," or "reflect." After you choose a word, write it on a note and place it where you'll see it every day.



The Chosen

The Chosen is a historical drama based on the life of Jesus and those who knew him. Set against the backdrop of Roman oppression in first-century Israel, the series shares an authentic look at Jesus' revolutionary life and teachings.

Chosen will be playing every Tuesday in January at 3pm in the Theater.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Calendar of Events

Staff Birthdays and Anniversaries

Happy Birthday

1st

Nilufa Begum
Eka Dukesbury

7th

Tatina Fleming

15th

Jillian Goehle

16th

Juliet Walters

18th

Lynne Nichter

23rd

Luanna Echevarria Conde

25th

Madeline Lucia

Lily Lesniowski

27th

Timothy Shaw

30th

Precious Moore

Max Duffy

Birgitta A Ekman

Happy Anniversary

44 years

Donna Vanhorn

33 years

Lynn Fox

21 years

Li Rui

11 years

Marie Kamens

7 years

Latoya Anderson

5 years

Luke Broderick

4 years

Nicole Savage

3 years

Jillian Goehle

Max Duffy

Carol Pinomarques



Residents' Decorated Doors



Welcome, New Resident

Welcome to Heathwood!
New Residents, please join the
activity staff Wednesday,
January 14th, at 2pm in
Wellness Room 1. We will be
giving you a tour of the
building, going over
the calendar, and just getting to
know you!

Hugh Darragh
Carl Henningson
Graham MacDonald



Bianca Liscavage



Personality
Profiles

Bianca Rosa Pucci Donato Liscavage was born on August 5, 1934, in a small village in Italy.

Her parents were Maria and

Antonio Pucci. Bianca is number seven among eight siblings.

There were four boys and four girls. She is now the only survivor. She was schooled in Italy until the ninth grade. When she was nineteen years old, she travelled to Montreal where she had extensive family. It was in Montreal that the love story began.

Charlie Donato was a U.S. citizen. He travelled to Montreal with a cousin related to Bianca. Charlie and Bianca met casually and eventually got more serious. Charlie arranged for all the paperwork for Bianca's visa. They wed in Buffalo with the biggest splash. She and Charlie were such an item that the wedding news and story was published in the newspaper. They honeymooned in Florida, then Charlie went back to managing the Buffalo Club.

Bianca never held an outside job. She was too busy raising five daughters. Charlie died in his late 40s, leaving Bianca a struggling widow. Lacking a driver's license didn't make things much easier. Besides her scarcity of a formal education, Bianca spoke three languages:

English, French, and Italian. She allowed her girls to grow up and twenty years after the death of Charlie, she married schoolteacher Bill Liscavage.

Bianca has five daughters, fourteen grandchildren and fourteen great-grandchildren. This big family resides in the Buffalo area. As a young woman Bianca knitted, crocheted, and did seamstress work altering wedding dresses. She belonged to many clubs including the Club Italiano. She was also very active at St. Gregory the Great church with the Ladies of Charity and the senior citizens' group. She also loved bowling at Transit Lanes. Now she lives quietly with us at Heathwood bearing the nickname of "Lucille Ball" with her flaming red hair.



Resident Recognition

Happy Birthday

2nd

Ellen Pedersen

3rd

Al Harrington

12th

Judith Genewick

17th

Elaine Masman

20th

Sylvia Fucile

Tina Milone

21st

George Schmidt

27th

Graham MacDonald

28th

Maureen Dolata

29th

Douglas Webster

Lois Will



Happy Birthday, Sylvia!



Staff's Decorated Doors

