Heathwood
ASSISTED LIVING & MEMORY CARE
www.heathwoodassistedliving.com

HEATHWOOD
highlights

815 Hopkins Road . Williamsville, NY 14221 . 716-688-0111



October Highlights

10/2	Birthday Luncheon
10/2	Bad Habit
10/4	Bills vs. Patriots
10/6	Resident Council/Menu
10/8	Crafts w/ Forest Stream
10/9	Dollar Store Outing
10/12	Bills vs. Rams
10/14	Welcome New Resident
10/16	Tom Bender
10/17	Carving Pumpkins
10/18	Buffalo Chips A Cappella
10/18	Bills vs. Raiders
10/19	Lunch Outing
10/20	Vaccine Clinic
10/23	Lyle Stang
10/29	Trick-or-Treating
10/30	Halloween Party



Administrator's Accents



Brian Reader, Administrator

Dear Residents, Families, and Friends,

I would like to introduce myself as the Administrator of Heathwood Assisted Living & Memory Care.

My name is **Brian Reader**, and I am a Western New York native, born and raised in the area. I am married and have three children. Outside of work, I am a devoted Bills and Sabres fan and enjoy collecting team memorabilia. I also enjoy spending time outdoors golfing, skiing, and landscaping.

I bring nearly 30 years of healthcare experience spanning hospital, home care, and outpatient settings. Throughout my career, I have found my true passion to be caring for older adults. One of the most rewarding aspects of this profession is getting to know residents, learning about their life experiences, and building meaningful relationships with them and their families.

My goal is to foster a culture of compassion, dignity, and respect throughout our community. You will often find me out in the community rather than behind my office door. I believe in being approachable, accessible, and engaged, and I welcome the opportunity to get to know each of you.

If I can ever be of assistance, please feel free to reach out to me.

Sincerely,

Brian Reader, Administrator
Heathwood Assisted Living & Memory Care













Friends and Family Event: Oktoberfest

















Go Pink in October

October is Breast Cancer Awareness Month, and we have activities and fundraisers planned throughout the month. Check the calendar or stop by the front desk for all the details, and please do what you can to support this important cause. Wear your Pink on Friday, October 2nd.



Mary Kay Booth

Friday, October 2nd
Time: 4:30pm to 6:30pm
Location: Front Lobby
All Chemo packages sold, 100% of the money is donated to Breast Cancer Awareness.



Carving Pumpkins With the Girl Scouts

If you would like to join the Girl Scouts, please let an activity member know!
Saturday, October 17th
Time: 3:15pm
Location: Wellness Room 1









Halloween Festivities

Residents, you are invited to decorate your apartment doors before October 28th. On October 29th, you are invited to sit in your doorway between 6:30pm to 7:15pm to hand out candy to Trick-or-Treaters! Your families should help you decorate
and need to provide the candy for you to hand out. Please feel free to dress up! Everyone is invited for cider and donuts in Wellness Room 1 at 7:15pm.







Heathwood
ASSISTED LIVING & MEMORY CARE

October 2026

W2 Wellness Room, Second Floor
W1 Wellness Room, First Floor
LR Living Room
T Theater
A2 Activity 2
★ Sign Up, Limited Space

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 3:15 W1 Quarter Bingo $ 6:45 T Movie in the Theater	**Mary Kay Booth 4:30pm-6:30pm In the Living Room** 2 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Julane **11:30 W1 Monthly Birthday Luncheon** **2:00 W2 Friday Music w/ Bad Habit** 3:15 W1 Manicures	3 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W1 Topic Chat w/ Ruthanne **2:00 W1 Quarter Bingo $ w/ YES** 3:15 W1 Trivia 6:45 T Movie in the Theater
4 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 **1:00 LR Bills vs. Patriots Football Game** 1:30 W1 Card Games **3:00 LR Half Time Refreshments**	5 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Ellie 1:30 W1 Crafts w/ Jim 3:00 W1 Quarter Bingo $	6 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 1:30 W1 Card Games **2:00 W2 Resident Council/Menu Chat** 3:15 A2 Book Club w/ Tabitha 3:15 T Documentary in the Theater	7 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele 2:00 W2 Protestant Service w/ Barbara 3:15 W1 Board Games 3:15 W2 Circle of Friends w/ Pastor Jack	8 9:45 W2 Yoga w/ Nicole **10:15 W1 Crafts w/ Forest Stream ★** 10:30 W2 Daily Chronicle 1:30 W1 Web Toss Game 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo $ 6:45 T Movie in the Theater	9 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Julane **2:00 Dollar Store Outing $★** 2:00 W2 Let's Sing w/ Julane 3:15 W1 Fall Refreshments	10 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo $ 3:15 W1 Melanie's Pick 6:45 T Movie in the Theater
11 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:00 W1 Games w/ Nicole 3:15 W1 Refreshments	**Columbus Day** 12 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Ellie 3:00 W1 Quarter Bingo $ **8:15 Bills vs. Rams Football Game**	13 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 1:30 W1 Card Games 2:00 W1 Baking Club: Caramel Apple Cheesecake 3:15 A2 Book Club w/ Tabitha	14 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:45 A2 Rosary w/ Michele **2:00 W1 Welcome New Resident Social** 3:15 W2 Abiding in His Grace w/ Pastor Jack 3:15 W1 Board Games	15 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Anagram Game 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo $ 6:45 T Movie in the Theater	16 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Julane **2:00 W2 Friday Music w/ Tom Bender** 3:15 W1 Manicures	17 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle **2:00 W1 Quarter Bingo$ w/ Yes** **3:15 W1 Carving Pumpkins w/ Girl Scouts** 6:45 T Movie in the Theater
18 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games **2:00 W2 The Buffalo Chips A Cappella** **4:25 Bills vs. Raiders Football Game**	19 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Ellie **11:00 Lunch Outing $★** 1:30 W1 Crafts w/ Jim 3:00 W1 Quarter Bingo $	**Vaccine Clinic 9am To 12pm** 20 1:30 W1 Card Games 2:00 W1 Baking Club: White Chocolate Pumpkin Cookies 3:15 A2 Book Club w/ Tabitha 3:15 T Documentary in the Theater	21 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 1:30 W1 Jeopardy 3:15 W1 Board Games 3:15 W2 Circle of Friends w/ Pastor Jack	22 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Caption This Game 2:30 W2 Catholic Mass 3:15 W1 Quarter Bingo $ 6:45 T Movie in the Theater	23 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Julane **2:00 W2 Friday Music w/ Lyle Stang** 3:15 W1 Fall Refreshments	24 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 2:00 W1 Quarter Bingo $ 3:15 W1 Refreshments 6:45 T Movie in the Theater
25 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle 11:00 W2 OLV Virtual Mass Channel 5 1:30 W1 Card Games 2:30 W1 Volleyball Game w/ Nicole	26 9:45 W2 Better Balance w/ Lily 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Ellie 1:30 W2 Halloween Surprise 3:00 W1 Quarter Bingo $	27 9:45 W2 Fitness Class w/ Melanie 10:00 A2 Wii Bowling 10:30 W2 Daily Chronicle 1:30 W1 Card Games 2:00 W1 Baking Club: Peanut Butter Candy Corn Blondie 3:15 A2 Book Club w/ Tabitha	28 9:45 W2 Walking Club w/ Tabitha 10:30 W2 Daily Chronicle 10:30 W2 Pet Visit w/ Bandit and Bo 1:30 W2 Travelogue: 3:15 W2 Abiding in His Grace w/ Pastor Jack 3:15 W1 Board Games	29 9:45 W2 Yoga w/ Nicole 10:30 W2 Daily Chronicle 1:30 W1 Ghoulishly Funny Riddles 2:30 W2 Catholic Communion/ Rosary 3:15 W1 Quarter Bingo $ **6:30 Trick-or-Treating**	30 9:45 W2 Fitness Class w/ Melanie 10:30 W2 Daily Chronicle w/ Tim 10:45 A2 Rosary w/ Julane **2:00 W1 Halloween Party**	31 9:45 W2 Fitness Class 10:30 W2 Daily Chronicle **2:00 W1 Haunted House Bingo** 3:15 W1 Halloween Treats 6:45 T Movie in the Theater

Calendar of Events

Staff Birthdays and Anniversaries

Happy Birthday

1st
Jenny Kalimu
4th
Samina Gill
9th
Rita Houston
11th
Anisa Umugwanera
Krishani Mariathasan
Keshini Mariathasan
14th
Nicole Arnold
16th
Kayla Schmidt
18th
Jeffrey Ramsell
20th
Kathrin Busdiecker
24th
Gnaneswary Sudanandan

Happy Anniversary

48 years
Nancy Toney
15 years
Samina Gill
David Duffy
10 years
Maria Joven
7 years
Veronica Nowacki
6 years
Kristen Carosi
2 years
Madeline Lucia
1 year
Nicole Arnold
Marla Bolt
Frederick Staples

Vaccine Clinic

Tuesday, October 20th
Time: Starting at 9am to 12pm
Location: Wellness Room 1
Covid booster and Flu Shots
Your responsible party will need to sign a consent form to put you on the list.
NO MORNING ACTIVITIES





Kristen is celebrating 6 years working at Heathwood and Fred is celebrating his first year!
Happy Work Anniversary



Pajama Day
Thanks to all who wore their pjs! You were great sports.





Personality Profiles


Susan Macluskie

Susan Macluskie was born in Glasgow, Scotland eighty-four years ago. Her birthday is February 21, 1942. Her parents were Janet and Alfred Cowan. She is the fourth child of five with Jenny heading the line-up. Margaret, Robert, and younger brother James round out the pack. Sue's father was a cobbler, and her mother was a housewife. Sue finished all her schooling in Scotland and after graduating, took on a position as seamstress. She sewed men's clothing for a local factory.

When Sue was eighteen, her older sister Margaret, now living in America, offered to sponsor her stay here. A new beginning, a new adventure appealed to her. Having lost both parents when she was younger gave her no reason to look back. She lived with her sister for several years and was gainfully employed in a bindery.

Sue met her husband, Arthur, while he was on military leave. She casually knew his mother who lived around the corner from her. The two were introduced and dated a few times enjoying the amusements at Crystal Beach. He went back on active duty, and they didn't see each other until New Year's Eve. A local bowling alley was having a big party, and it was there they reconciled briefly. It wasn't until he was finally out of the Army that things got serious. They were engaged for six months and soon married. The honeymoon plan was to go to Niagara Falls, but car problems thwarted the best made plans. They stayed in a local hotel waiting for repair work and then were off to Toronto. When they came back from Toronto, Sue continued to work at the bindery and her husband took on a position with Niagara Mohawk as a lineman and truck driver. They lived in Buffalo's west side.

Sue worked until she started a family. Daughter Linda is an administrative assistant in Williamsville and lives in Amherst. Son Andrew was a teacher and is currently a union rep living in Maryland. There are four grandchildren and three great-grandchildren.

In her younger years, Sue loved to sew. She also loved to read and was an avid reader of mysteries. Sue also loved to walk and clocked ten to twelve thousand steps a day. She chuckled at this seating when she looked at her pedometer that read 267 steps. She was never really a traveler, only having gone to Maryland to visit her son. She left Scotland with no regrets without the slightest interest in going back to the bonnie bay.

Happy Birthday Residents

1st
Alan Baumgardner
3rd
Gail Schmeichel
5th
Lois Benedict
9th
Anne Gunderman
13th
May Coppola
14th
Jean Rykert
15th
Helen Guszkowski
26th
Shirley Ott
Jackie Vernon

Welcome New Residents

Helen Clark
Judy Eppolito
Mary Hodge
Bill Stevens


Welcome Judy!





October Bills Schedule

Sunday, October 4th
Bills vs. Patriots
Time: 1:00pm
Monday, October 12th
Bills vs. Rams
Time: 8:15pm
Sunday, October 18th
Bills vs. Raiders
Time: 4:25pm







1. Candy
2. Cat
3. Costume
4. Dark
5. Dry Leaves
6. Football
7. Ghost
8. Goblin
9. Halloween
10. Harvest
11. Moon
12. Scary
13. Spider
14. Treat
15. Trick
16. Witch

D	A	E	A	T	P	V	C	K	H	G	S	H	K	Z
R	M	E	D	T	O	V	D	A	N	X	C	R	A	H
Y	L	M	X	K	F	D	L	Z	N	T	A	E	R	T
L	Q	V	T	J	O	L	A	Z	I	D	R	C	T	L
E	M	U	T	S	O	C	L	W	D	I	Y	I	N	M
A	K	W	S	W	T	I	L	I	R	G	O	T	C	B
V	E	K	E	Z	B	S	E	G	C	Q	Y	A	L	K
E	V	E	V	O	A	M	O	O	N	K	T	C	T	G
S	N	R	R	T	L	B	W	H	U	B	N	D	D	C
P	I	H	A	B	L	O	T	Z	G	F	I	O	G	Z
I	T	A	H	I	N	B	B	H	P	N	S	S	K	Y
D	K	J	N	W	E	U	U	Z	W	D	U	O	C	W
E	W	D	M	T	W	F	M	H	S	X	M	H	U	I
R	A	V	I	I	K	D	W	Z	J	X	O	K	L	K

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