



HEATHWOOD highlights

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April Highlights

- 4/3 Monthly Birthday Lunch
- 4/3 Bingo w/Cindy Sue
- 4/7 Resident Council
- 4/10 Kathy Beck
- 4/10 Dollar Store Outing
- 4/12 UB Dance Performance
- 4/14 Volunteer Luncheon
- 4/15 Welcome New Resident
- 4/17 Kathy Carr
- 4/17 Lunch Outing
- 4/21 Ride for Roswell Dinner
- 4/22 Tea Party
- 4/24 Mark Swarts



Raymond Geiser, Administrator



Administrator's
Accents

April is a wonderful time of year here at Heathwood. As the snow finally melts and the first signs of spring begin to appear, we are reminded that this season is all about renewal, growth, and enjoying the simple pleasures that warmer weather brings.

The arrival of spring often lifts everyone's spirits. Residents begin to enjoy more time outdoors, whether it's sitting in the sunshine, watching the birds return, or taking a stroll around the grounds. Even small changes—longer days, blooming flowers, and the fresh spring air—can have a powerful impact on mood and well-being.

April also brings opportunities for meaningful activities and gatherings. From spring-themed crafts and music programs to celebrating holidays like Easter and Passover, this month gives us many chances to come together as a community. These moments of connection are what truly make Heathwood feel like home.

Families may also notice that residents often feel more energized this time of year. Seasonal changes can encourage greater activity and social interaction, and our staff works hard to create opportunities that support both physical and emotional wellness.

As always, we are grateful for the trust that residents and their families place in our team. Our goal every day is to enjoy life, stay engaged, and feel valued.





Ride for Roswell Spaghetti Fundraiser Dinner

Tuesday, April 21st

Time: 5:00pm-6:30pm

Location: Wellness Room 1

Cost: \$15 per person
(Residents and Family)

Caesar Salad, Spaghetti and
a Cookie

My name is Tabitha Kennedy. I am the Activity Director here at Heathwood. This will be my Fifth year riding in the Ride for Roswell. I dedicate my ride to the residents here at Heathwood who have fought, who are fighting and who we have lost to cancer. We are the Heathwood Warriors. Please join me, both residents and families, for this special night. Everything we raise goes to the Ride for Roswell. Space is limited, so please let Tabitha know if you would like to attend.



Welcome, New Residents

Welcome to Heathwood!

New Residents, please join the activity staff Wednesday,

April 15th, at 2pm in

Wellness Room 1. We will be giving you a tour of the

building, going over

the calendar, and just getting to know you!

Patricia Harvey

Angeline Tritto

Barbara Collins-Zurovchak

Donald Ford

Delphine Guerra

Timothy Kane

Mary Kirwan

Volunteer Luncheon With the Residents

Tuesday April 14th

Time: 11:30am

Location: Wellness Room 1

Come have lunch and get to

know our Heathwood

Volunteers.



All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death.

Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration.

Creamy Deviled Eggs

Ingredients:

- 12 large hard-cooked eggs, peeled
- 1/4 to 1/3 c. low-fat evaporated milk
- 3 1/2 T. light mayonnaise
- 2 t. Dijon mustard
- Salt
- Paprika

Directions:

Cut eggs in half lengthwise. Remove yolks and place in medium-sized bowl. Mash well with a fork or pastry blender. Add evaporated milk, mayonnaise and mustard. Stir until creamy. Season with salt.

Spoon or pipe into egg-white

Easter is preceded by Lent, a 40-day period of fasting and repentance that begins on Ash Wednesday. The Sunday before Easter is Palm Sunday, the day that Jesus arrived in Jerusalem. The week before Easter is called Holy Week.

During Holy Week, Christians observe Maundy Thursday, when the Last Supper with Jesus and his disciples took place; and Good Friday, the day of the crucifixion. The resurrection is then celebrated on Easter Sunday.

Children often participate in Easter egg hunts and look forward to visits from the Easter Bunny, who is said to deliver candy and eggs during the night.

shells. Sprinkle with paprika.

Variations:

Dill Deviled Eggs: Add 1 1/2 t. chopped fresh dill. Eliminate the paprika.

Curried Deviled Eggs: Eliminate Dijon mustard, use 1/3 c. evaporated milk and add 1 1/4 t. curry powder.

Baking Club

Tuesday April 7th

Time: 2PM

Location: Wellness Room 1

Everyone is welcome!



Laugh Lines: Funny Side Up

Have fun cracking up at these egg-cellent puns!

Q: When's the best time to tell an egg joke?

A: At the crack of dawn!

Q: How does a chicken leave the coop?

A: Through the eggs-it.

Q: Why did the hen lay an egg on an axe?

A: She was trying to hatchet.

Q: Who tells the best egg jokes?

A: Comedi-hens!

Q: Why did the hen fall asleep on the job?

A: She was eggs-hausted.

Q: What's an egg's favorite tree?

A: The mighty yolk.

Q: Do dinosaurs lay eggs?

A: Not anymore—they're egg-stinct!

Q: What sound does a meditating egg make?

A: "Ommmm-elet."

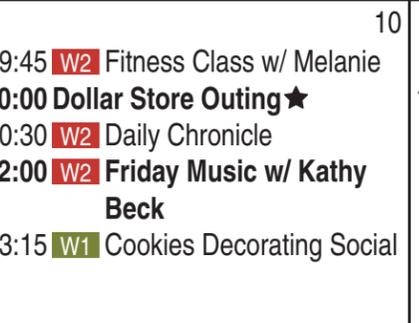
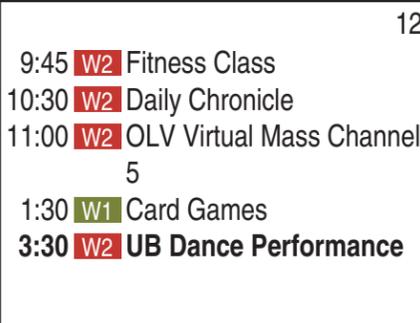
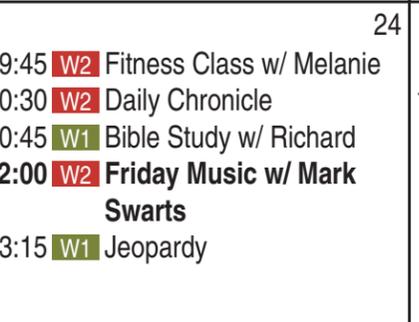
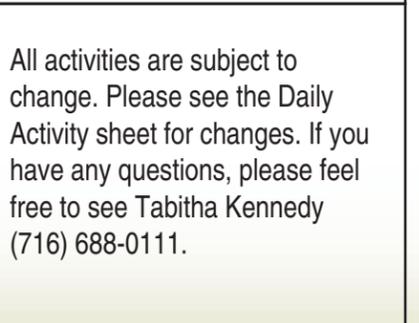
Q: Where can you find the freshest eggs?

A: New York City!

Q: Why don't eggs make good spies?

A: Because they always crack under pressure.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
						
						
						
						

All activities are subject to change. Please see the Daily Activity sheet for changes. If you have any questions, please feel free to see Tabitha Kennedy (716) 688-0111.

Staff Birthdays and Anniversaries

Happy Birthday

6th

Helen Mosley

9th

Melanie Swanson

10th

Donald Brownschidle

Charmaine Arulanantham

12th

Wendy Craft

13th

Nicole L Savage

19th

Rosemarie Guillow

21st

Bettina Olson

27th

Daniel Young

30th

Nathan Kasprowicz

Happy Anniversary

18 years

Jeffrey LaRuffa

3 years

Michael Bargnesi

2 years

Jordan Dyrja-Mason



Happy Birthday Melanie!

Holiday ABCs for April

E is for the Environment

A is for cleaner Air for all

R is for our Responsibility

T is To protect the planet

H is for a Healthier place
to live

D is for Decreasing pollution

A is for taking Action now

Y is for sustainable Years
ahead



The Influence of Earth Day

The modern-day environmental movement kicked off over 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a “national teach-in on the environment” that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people, about 10% of the country’s population at the time, took part in rallies, raising awareness about environmental

Wit & Wisdom

“Arbor Day is not like other holidays. Each of those repose on the past, while Arbor Day proposes for the future.”

—Julius Sterling Morton

“I like trees because they seem more resigned to the way they have to live than other things do.”

—Willa Cather

“In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they’re still beautiful.”

—Alice Walker

“The best time to plant a tree was 20 years ago. The next best time is now.”

issues and appealing to protect the health of the planet.

Earth Day’s success contributed to several landmark changes, including many of the first laws against air and water pollution, as well as the creation of a new government organization to respond to such issues—the Environmental Protection Agency, which began work in December 1970. By 1990, Earth Day became a worldwide observance.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day. For information about events in your community, go to *EarthDay.org*.

Ellie Worley



Personality Profiles

Mary Ellen "Ellie" Worley was born on March 2, 1951, five minutes before her twin sister Mary Anne in Cambridge, Ohio. Her parents

were Arthur and Irene Wingerter. Ellie is the second of eight siblings, six girls and two boys. Her father was "Mr. Parks" to his business associates and mom raised the family. A job transfer to Buffalo as an Erie County planner gave the family an opportunity to settle in Amherst, NY. Ellie attended Christ the King for her elementary education, and she graduated from Bishop Neumann High School. She then attended ECC earning a degree as recreational supervisor. Later on, she went back to school at Jackson City College of Allied Health in Independence, MO, and found work in a pediatrician's office.

Ellie met her first husband on the couch at a scout meeting. She dated James Dailey for four years, two years in high school and two years in college. They did homework together, went to movies, and double dated with her twin sister. They were engaged for two years and married a week after graduating from college. They honeymooned in America's first national park, Niagara Falls. They were married for twelve years and share a son James

Dailey, Jr. They moved to Virginia Beach, VA and Washington, DC. Another job transfer brought them to Missouri where she took nurses training. She worked in retail for a while and took a position for an insurance company as a processor. Ellie met her second husband, Dennis Worley at a Parents Without Partners event. He was a police officer with the Kansas City, KS police department and Ellie was a medical assistant in Missouri.

Ellie has one son, James. He is a technology teacher in the Buffalo schools and lives in Amherst. Ellie is a grandmother of three, two girls and one boy, all are on the dean's list in school. The interests of Ellie are many and varied. She immensely enjoys jigsaw puzzles while listening to classical music. Here she meticulously separates border pieces and bags similar colors to make puzzling easier. She is a super organizer documenting our movie collection alphabetically and creating a spreadsheet to choose movies at a glance. She organized the entire jigsaw puzzle selection by piece count. She loves to keep busy and volunteers often with any of our bigger activity events, pouring tea, helping serve at luncheons, and assisting with craft making. She manages her time well all with keeping a busy mind.

Resident Birthdays

7th
Susan Allen
8th
Karen Pollack
11th
Patrick O'Neill
19th
Richard Sala
21st
Janet Gantz
Steven Nowark
22nd
Roger Haskins
26th
Rita Lyons
Katherine Sutcliffe
29th
Mary Fortunato
30th
Patricia Harvey

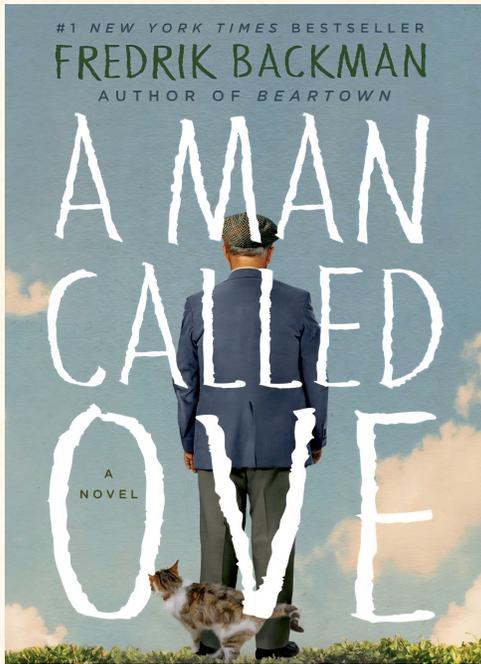


Happy Birthday Kathy!



Happy Birthday Mary!

Book Club Pick This Month



Book Summary

A Man Called Ove is Fredrik Backman's debut novel about a grumpy, widowed man whose solitary life is upended by new neighbors, leading to unexpected friendships and a heartwarming story about loss, love, and community.

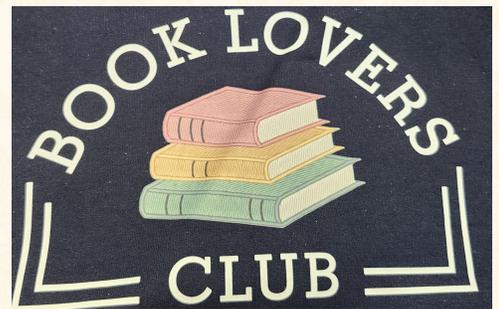
Book Lovers Club

Book Club meets every Tuesday
this month.

Time: 3:15pm

Location: A2

If you are interested in reading this book with us please let Tabitha know and she will get you a copy!



April

Word Search



- | | |
|-------------|----------|
| April Fools | Poetry |
| Arbor Day | Rainbow |
| Butterfly | Recycle |
| Clouds | Reduce |
| Daffodil | Reuse |
| Earth Day | Showers |
| Meadow | Tulips |
| Mist | Umbrella |

S L O O F L I R P A K E B L C
M H V B U T T E R F L Y D R L
E E O F T U P B V C T A E L O
H K W W L O O C Y S F D W O U
G J B I E R J C I F U H O M D
A F P T D R E M O C P T B P S
P S R A Z R S D E Q P R N L E
K Y Y J O Y I S O A E A I G J
D H J V S L U M C L D E A Q W
V K O J V E E D L O C O R P A
W R C E R C J A O S O X W Z E