



www.heathwoodassistedliving.com

HEATHWOOD highlights

100 ElderWood Court . Penfield, NY 14526 . 585-425-9663



May Highlights

- 1st Live Music w/ Tom
- 5th Resident Council Meeting
- 6th Live Music
- 9th Mother's Day Tea Party
- 9th Live Music w/ Paul
- 10th Live Music w/ Paul
- 13th Lunch Outing
- 18th Live Music w/ Samuel DeLeo
- 20th Men's Club Out to Lunch
- 20th Live Music w/ Kim
- 25th Live Music w/Mike
- 26th Scenery Ride



John and Brenda Chapman share a heartwarming love story that began in high school in Bradford, Pennsylvania. After dating in their younger years, life took them in different directions as they each attended college, married, and built full and meaningful lives. Years later, they rekindled their connection and were married 11 years ago, beginning a new chapter together. John owned and operated his own business as a consulting forester for 40

years, and Brenda dedicated 32 years to working at Nazareth College. Together, they have a large, loving family that includes six children, ten grandchildren, and one great-grandchild. They enjoy traveling on bus tours across the country and spending winters visiting their daughter in North Carolina. They also share a love for animals and previously ran a greyhound adoption group. Now residents at Heathwood, John and Brenda are enjoying their time and look forward to becoming even more involved in the community.



Memorial Day

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967.





Enjoy Your Special Day

To all our residents celebrating birthdays this month, we'd like to offer best wishes for the coming year. Enjoy your day!

Joan T. 4th
 Jean B. 5th
 Mike B. 6th
 Tom B. 8th
 Cathy D. 14th
 Ann K. 14th
 John C. 14th
 Mary Ann B. 18th
 Ann P. 30th

Famous Faces Born in May

May 1, 1996: William Nylander
 May 3, 1986: Pom Klementieff
 May 12, 1983: Domhnall Gleeson
 May 16, 1977: Melanie Lynskey
 May 21, 1952: Mr. T
 May 23, 1974: Ken Jennings
 May 26, 1964: Lenny Kravitz



Cynthia Machamer Administrator

May reminds me of the renewal and hope that spring brings to our community. Longer days and warmer weather allow us to spend more time outdoors, patio socials, and visits with family and friends. Our residents have been participating in creative activities, wellness programs, and special celebrations that highlight the joy of the season. (Happy Mother's Day!)

May is also a time to recognize the dedication of our team members, whose compassion and professionalism make Heathwood feel like home. Their commitment ensures that every resident is supported with dignity, respect, and personalized care.

On behalf of our entire staff, thank you for your continued trust. It is an honor to serve our residents and families, and we are grateful to share another vibrant spring together.



Chloe Ackerman

Chloe is a dedicated member of the Heathwood team who brings a bright and caring presence to her role. She started working at Heathwood in 2021 in Dining Department as a part-time employee and became full-time at the beginning of this year. Chloe is 20 years old and graduated from Fairport High School in 2025.

She enjoys spending time with residents and helping create a warm, welcoming environment. Outside of work, Chloe loves art, music, gardening, and hanging out with friends and family. She also has a favorite color—pink—which matches her cheerful personality.

Heathwood is especially meaningful to Chloe, as her mom also works there as an aide, making it a true family connection.

St. Patrick's Day



St. Patrick's Day History

St. Patrick's Day, celebrated each March 17, marks the date the patron saint and national apostle of Ireland died, after 40 years of missionary work, in 461 A.D.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>3</p> <p>10:30 T Catholic Communion</p> <p>10:30 LR Presbyterian Church Services on YouTube (LR)</p> <p>11:00 A1 Craft Time</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Dime Bingo w/ Lacey</p> <p>7:00 T Night at the Movies</p>	<p>4</p> <p>10:00 A2 Monday Movement w/ Tom</p> <p>10:45 A1 Pokeno Game</p> <p>2:00 T Movie Matinee</p> <p>3:30 T Story Time w/ Dian</p> <p>7:00 LR Bible Hour w/ Vern B.</p> <p>7:00 T Night at the Movies</p>	<p>5</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Cinco de Mayo Craft</p> <p>2:00 T Movie Matinee</p> <p>2:00 A1 Resident Council Meeting</p> <p>3:30 A1 Manicures</p> <p>7:00 T Night at the Movies</p>	<p>6</p> <p>10:00 A2 Exercise</p> <p>10:45 A1 Painting w/ Tom</p> <p>1:30 A2 Bible Hour w/ Marjory</p> <p>2:00 T Movie Matinee</p> <p>2:30 DR Live Music</p> <p>3:00 T Catholic Communion</p> <p>3:30 T Rosary Prayer w/ Friends</p> <p>4:15 C Uno Game w/ Friends</p>	<p>7</p> <p>10:00 A2 Fitness Exercise w/ Tom</p> <p>10:45 A1 Jewelry Making</p> <p>2:00 T Movie Matinee</p> <p>2:00 A2 Stability Class</p> <p>3:00 A1 Quarter Bingo</p> <p>4:15 C Chimes Playing</p> <p>7:00 T Night at the Movies</p>	<p>8</p> <p>10:00 A2 Friday Fitness</p> <p>10:45 A1 Craft Corner</p> <p>2:00 T Movie Matinee</p> <p>2:00 T Movie Matinee</p> <p>2:30 LR Live Music</p> <p>3:00 C Social Hour w/ Friends</p> <p>4:45 C Gathering with Friends</p> <p>7:00 T Night at the Movies</p>	<p>9</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Wii Game- Bowling</p> <p>1:30 C Euchre Game w/ Friends</p> <p>1:30 DR Mother's Day Tea Party w/ Live Music</p> <p>2:00 T Movie Matinee</p> <p>4:00 C Walking Club w/ Leah</p>
<p>10</p> <p>10:30 T Catholic Communion</p> <p>10:30 LR Presbyterian Church Services on YouTube (LR)</p> <p>11:00 A1 Fuse Beads w/ Lacey</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Dime Bingo w/ Lacey</p> <p>7:00 T Night at the Movies</p>	<p>11</p> <p>10:00 A2 Monday Movement w/ Tom</p> <p>10:45 A1 Pokeno Game</p> <p>2:00 T Movie Matinee</p> <p>3:30 T Story Time w/ Dian</p> <p>7:00 LR Bible Hour w/ Vern B.</p> <p>7:00 T Night at the Movies</p>	<p>12</p> <p>10:00 A2 Movement with Denise</p> <p>10:45 A1 Pictionary Game</p> <p>2:00 A1 Coloring Therapy</p> <p>2:00 T Movie Matinee</p> <p>3:30 A1 Nifty Nails- Manicures</p> <p>7:00 T Night at the Movies</p>	<p>13</p> <p>10:00 A2 Exercise</p> <p>10:45 A1 Painting w/ Tom</p> <p>11:30 E Lunch Outing</p> <p>1:30 A1 Baking w/ Paul</p> <p>2:00 T Movie Matinee</p> <p>3:00 T Catholic Communion</p> <p>3:30 T Rosary Prayer w/ Friends</p> <p>4:15 A1 Wii Game- Bowling</p>	<p>14</p> <p>10:00 A2 Fitness Exercise w/ Tom</p> <p>10:45 A1 Jumbo Crossword Puzzle</p> <p>2:00 A2 Better Balance</p> <p>2:00 T Movie Matinee</p> <p>3:00 A1 Quarter Bingo</p> <p>4:15 C Chimes Playing</p> <p>7:00 T Night at the Movies</p>	<p>15</p> <p>10:00 A2 Friday Fitness</p> <p>10:45 A1 Art and Craft</p> <p>2:00 C Knitting Group</p> <p>2:00 T Movie Matinee</p> <p>3:00 C Social Hour</p> <p>4:15 C Games with Friends in Café</p> <p>7:00 T Night at the Movies</p>	<p>16</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Writing Therapy</p> <p>1:30 C Euchre Game w/ Friends</p> <p>2:00 T Movie Matinee</p> <p>2:30 LR Trivia Time</p> <p>4:15 C Walking Club w/ Leah</p>
<p>17</p> <p>10:30 T Catholic Communion</p> <p>10:30 LR Presbyterian Church Services on YouTube (LR)</p> <p>11:00 A1 Pop Up Golf</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Dime Bingo w/ Lacey</p> <p>7:00 T Night at the Movies</p>	<p>18</p> <p>10:00 A2 Monday Movement w/ Tom</p> <p>10:45 A1 Pokeno Game</p> <p>2:00 T Movie Matinee</p> <p>2:30 DR Live Music w/ Samuel Deleo</p> <p>3:30 T Story Time w/ Dian</p> <p>7:00 LR Bible Hour w/ Vern B.</p> <p>7:00 T Night at the Movies</p>	<p>19</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 White Board- Jeopardy</p> <p>2:00 T Movie Matinee</p> <p>2:30 C Birthday Party</p> <p>3:30 A1 Posh and Pampered - Manicure</p> <p>7:00 T Night at the Movies</p>	<p>20</p> <p>10:00 A2 Exercise</p> <p>10:45 A1 Painting w/ Tom</p> <p>11:30 E Men's Club- Out to Lunch</p> <p>2:00 LR Live Music w/ Kim</p> <p>2:00 T Movie Matinee</p> <p>3:00 T Catholic Communion</p> <p>3:30 T Rosary Prayer w/ Friends</p> <p>4:15 C Yahtzee Game w/ Friends</p>	<p>21</p> <p>10:00 A2 Fitness Exercise w/ Tom</p> <p>10:45 A1 Pictionary Game</p> <p>2:00 T Movie Matinee</p> <p>2:00 A2 Stability Class</p> <p>3:00 A1 Quarter Bingo</p> <p>4:15 C Chimes Playing</p> <p>7:00 T Night at the Movies</p>	<p>22</p> <p>10:00 A2 Friday Fitness</p> <p>10:45 A1 Craft Time</p> <p>2:00 C Knitting Group</p> <p>2:00 T Movie Matinee</p> <p>3:00 LR Social Hour w/ Friends</p> <p>4:15 C Coloring Sheets</p> <p>7:00 T Night at the Movies</p>	<p>23</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Coloring Therapy</p> <p>1:30 C Euchre Game w/ Friends</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Craft w/ Amber</p> <p>4:15 C Walking Club w/ Leah</p>
<p>24</p> <p>10:30 T Catholic Communion</p> <p>10:30 LR Presbyterian Church Services on YouTube (LR)</p> <p>11:00 A1 Word Game w/ Lacey</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Dime Bingo w/ Lacey</p>	<p>25</p> <p>10:00 A2 Monday Movement w/ Tom</p> <p>10:45 A1 Pokeno Game</p> <p>2:00 T Movie Matinee</p> <p>2:30 DR Live Music w/ Mike</p> <p>3:30 T Story Time w/ Dian</p> <p>7:00 LR Bible Hour w/ Vern B.</p> <p>7:00 T Night at the Movies</p>	<p>26</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Baking w/ Lacey</p> <p>1:30 E Scenery Ride</p> <p>2:00 T Movie Matinee</p> <p>3:30 A1 Manicures</p> <p>7:00 T Night at the Movies</p>	<p>27</p> <p>10:00 A2 Exercise</p> <p>10:45 A1 Painting w/ Tom</p> <p>2:00 T Movie Matinee</p> <p>2:00 LR Virtual Tours and Ice Cream</p> <p>2:00 E Wegmans Shopping</p> <p>3:00 T Catholic Communion</p> <p>3:30 T Rosary Prayer w/ Friends</p> <p>4:15 C Card Games w/ Friends</p>	<p>28</p> <p>10:00 A2 Fitness Exercise w/ Tom</p> <p>10:45 A1 Card Making</p> <p>2:00 A2 Better Balance</p> <p>2:00 T Movie Matinee</p> <p>3:00 A1 Quarter Bingo</p> <p>4:15 C Chimes Playing</p> <p>7:00 T Night at the Movies</p>	<p>29</p> <p>10:00 A2 Friday Fitness</p> <p>10:45 A1 Art and Craft</p> <p>2:00 C Crocheting Group</p> <p>2:00 A1 Lost and Found Laundry</p> <p>2:00 T Movie Matinee</p> <p>3:00 LR Glad You're Here Gathering - Happy Hour</p> <p>4:15 C Card Game w/ Friends</p> <p>7:00 T Night at the Movies</p>	<p>30</p> <p>10:00 A2 Fitness Exercise</p> <p>10:45 A1 Jewelry Making</p> <p>1:30 C Euchre Game w/ Friends</p> <p>2:00 T Movie Matinee</p> <p>2:30 A1 Baking Club w/ Leah</p> <p>4:15 C Walking Club w/ Leah</p>
<p>31</p> <p>10:30 T Catholic Communion</p> <p>10:30 LR Presbyterian Church Services on YouTube (LR)</p> <p>11:00 A1 Baking w/ Lacey</p> <p>2:00 T Movie Matinee</p>	<p>31</p> <p>10:00 A2 Monday Movement w/ Tom</p> <p>10:45 A1 Pokeno Game</p> <p>2:00 T Movie Matinee</p> <p>2:30 DR Live Music w/ Mike</p> <p>3:30 T Story Time w/ Dian</p> <p>7:00 LR Bible Hour w/ Vern B.</p> <p>7:00 T Night at the Movies</p>					

Easy, Breezy Springtime Crafts

Spring has arrived, so get in the swing of things and celebrate the new season with these fun and simple crafts.

Festive florals. Whether fresh or faux, nothing says spring like flowers. Dress up a plain vase or a clean, empty jar to display them in. Add stripes or other geometric designs with patterned tape, or glue on a piece of colored tissue paper or a swatch of fabric.

Rainy day welcome. Fill a pair of brightly colored rain boots with artificial flowers or greenery, then set the display by the door to welcome in spring.

Yarn-wrapped eggs. Eggs are popular as a symbol of the season. Wrap strands of yarn or embroidery floss around wooden, plastic or foam eggs, then display them in a bowl or tray. Or, lay a grapevine wreath flat on a table or shelf and place the eggs in the middle to resemble a bird's nest.

Spring garland. Use watercolors to paint several sheets of blank paper, letting the colors swirl together to create a marbled pattern. Once the paper dries, cut raindrop, egg or flower shapes out of the paper, then punch a hole in each shape and loop them all on a string. Hang the garland above a doorway or across a shelf.

SPRING CRAFT SALE



BUBBLE ART



LIVE MUSIC W/ AMPS



Welcome, New Residents

We would like to welcome these new residents to our Heathwood family.



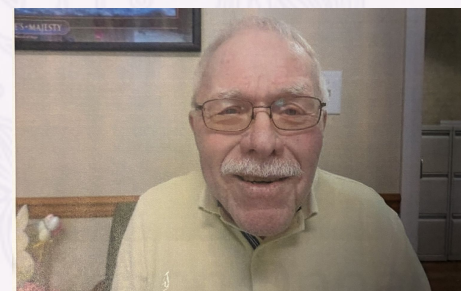
Christine P.



Donald F.



Cathy D.



James O.



Jeanne B.



Linda W.



Dusty W.



Craft Time



Word Search

- Barbeque
- Birthday
- Camping
- Child
- Color
- Family
- Flowers
- Food
- Grandmother
- May
- Memorial
- Mother
- Picnic
- Proud
- Roses
- Sunshine

R	E	H	T	O	M	D	N	A	R	G	I	U	D	B
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T	C	O	C	S	I	R	Y	Q	E	A	N	W	F	V
M	L	S	O	V	O	L	A	B	F	C	R	O	D	J
F	O	D	U	M	Q	W	D	B	I	P	O	E	P	C
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Z	H	M	O	V	S	M	T	R	A	H	I	J	O	N
I	N	H	S	W	A	H	R	L	S	T	Q	E	U	R
B	R	E	H	T	O	M	I	G	Y	C	M	A	D	D
D	R	B	I	X	J	S	B	N	T	D	K	E	X	A
V	B	V	N	J	U	Y	Z	G	E	T	Y	V	P	A