

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	LR-Animal Planet TV 1 10:00 Monday Movement, DR 10:45 Art Studio, CA LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Puzzles & Games, CA 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR	LR-Resident Choice TV 2 10:00 Let's Stretch, DR 10:45 Baking Club, K LR-Classical Favorites 2:00 Ring Toss Game, L 3:00 Treats & Stories, CA 4:15 Chair Yoga, L 6:30 Walking Club w/Aides, CY 7:00 Tuesday Night Movie, LR	LR-History Channel 3 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Picture Bingo, CA 3:00 Ice Cream & Travel Log, LR 4:00 Watermelon Game, CA 7:00 Resident Choice Movie w/Aides, LR	LR-Food Network 4 9:30 Movement for the Soul, LR 10:45 Painting with a Twist, CA LR-Soft Music 2:00 Corn Hole Game, CA 3:00 Sweet Treat & Poems, CA 3:30 Sing-A-Long, LR 4:00 Guided Meditation, CY 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR	LR-Hallmark Channel 5 10:00 Exercise with Music, DR 10:45 Name That Tune, CA LR-Jazz Music 2:00 Creative Building, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 Board Games, CA 6:30 Walking w/Aides, CY 7:00 Friday Night Winter Movie, LR	LR-HGTV 6 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Applesauce Cake Day Baking, CA LR-Classical Favorites 2:00 Butterfly Day Craft, CA 3:15 Cake & Butterfly Trivia, CA 7:00 Saturday Night Movie w/Aides, LR	
8:00 Church Service on YouTube, LR 7 10:00 Manicures, CA 10:45 YouTube Travel Tour, LR LR-Country Music 2:00 Fun with Colors, CA 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR	LR-Animal Planet TV 8 10:00 Monday Movement, DR 10:45 Art Studio, CA (Big Bloom Flower Day Craft) LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Courtyard Chat, CY 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR	LR-Resident Choice TV 9 10:00 Let's Stretch, DR 10:45 Baking Club, K LR-Classical Favorites 2:00 Summer JoyRide, E 3:00 Treats & Stories, CA 4:15 Chair Yoga, CY 6:30 Walking Club w/Aides, CY 7:00 Tuesday Night Movie, LR	LR-History Channel 10 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Picture Bingo, CA 3:00 Ice Cream & Travel Log, LR 4:00 Courtyard Walk, CY 7:00 Resident Choice Movie w/Aides, LR	LR-Food Network 11 9:30 Movement for the Soul, LR 10:45 Courtyard Trivia, CY LR-Soft Music 2:00 Corn Hole Game, CA 3:00 Sweet Treat & Riddles, CA 3:30 Sing-A-Long, LR 4:00 Guided Meditation, CY 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR	LR-Hallmark Channel 12 10:00 Exercise with Music, DR 10:45 Jingo Game, CA LR-Jazz Music 2:00 Pop Up Golf, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 Board Games, CA 6:30 Walking w/Aides, CY 7:00 Friday Night Winter Movie, LR	LR-HGTV 13 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Dragon Fly Day Craft, CA LR-Classical Favorites 2:00 Music Bingo, CA 3:15 Courtyard Walk, CY 7:00 Saturday Night Movie w/Aides, LR	
8:00 Church Service on YouTube, LR 14 10:00 Manicures, CA 10:45 YouTube Travel Tour, LR LR-Country Music 2:00 Flag Day Coloring, CA 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR  Flag Day (U.S.)	LR-Animal Planet TV 15 10:00 Monday Movement, DR 10:45 Art Studio, CA LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Photography Day Trivia, CA 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR	LR-Resident Choice TV 16 10:00 Let's Stretch, DR 10:45 Baking Club, K (Fudge Day Baking) LR-Classical Favorites 2:00 Sea Turtle Coloring, CA 3:00 Treats & Sea Turtle Day Stories, CA 4:15 Chair Yoga, CY 6:30 Walking Club w/Aides, CY 7:00 Tuesday Night Movie, LR	LR-History Channel 17 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Picture Bingo, CA 3:00 Ice Cream & Travel Log, LR 4:00 Bullseye Game, CA 7:00 Resident Choice Movie w/Aides, LR	LR-Food Network 18 9:30 Movement for the Soul, LR 10:45 Glue Suncatchers, CA LR-Soft Music 2:00 Corn Hole Game, CA 3:00 Sweet Treat & Jokes, CA 3:30 Sing-A-Long, LR 4:00 Guided Meditation, CY 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR	LR-Hallmark Channel 19 10:00 Exercise with Music, DR 10:45 Freestyle Art, CA LR-Jazz Music 2:00 Live Music w/Ethel, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 Board Games, CA 6:30 Walking w/Aides, CY 7:00 Friday Night Winter Movie, LR  Juneteenth	LR-HGTV 20 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Pictionary Game, CA LR-Classical Favorites 2:00 Wheel of Fortune Game, CA 3:15 Reminiscing in the Courtyard, CY 7:00 Saturday Night Movie w/Aides, LR	
8:00 Church Service on YouTube, LR 21 10:00 Manicures, CA 10:45 YouTube Travel Tour, LR LR-Country Music 2:00 Summer Coloring, CA 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR  Summer Begins Father's Day	LR-Animal Planet TV 22 10:00 Monday Movement, DR 10:45 Art Studio, CA LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Hangman Game, CA 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR	LR-Resident Choice TV 23 10:00 Let's Stretch, DR 10:45 Baking Club, K LR-Classical Favorites 2:00 Shuffleboard Game, CA 3:00 Treats & Stories, CA 4:15 Chair Yoga, CY 6:30 Walking Club w/Aides, CY 7:00 Tuesday Night Movie, LR	LR-History Channel 24 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Picture Bingo, CA 3:00 Ice Cream & Travel Log, LR 4:00 Cup Toss Game, CA 7:00 Resident Choice Movie w/Aides, LR	LR-Food Network 25 9:30 Movement for the Soul, LR 10:45 Water Painting, CA LR-Soft Music 2:00 Corn Hole Game, CA 3:00 Sweet Treat & Stories, CA 3:30 Sing-A-Long, LR 4:00 Guided Meditation, CY 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR	LR-Hallmark Channel 26 10:00 Exercise with Music, DR 10:45 Summer Jingo Game, CA LR-Jazz Music 2:00 Cornhole Game, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 Board Games, CA 6:30 Walking w/Aides, CY 7:00 Friday Night Winter Movie, LR	LR-HGTV 27 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Jewelry Making, CA LR-Classical Favorites 2:00 Couch Kickball, LR 3:15 I Remember: Beauty Salon, CA 7:00 Saturday Night Movie w/Aides, LR	
8:00 Church Service on YouTube, LR 28 10:00 Manicures, CA 10:45 YouTube Travel Tour, LR LR-Country Music 2:00 Board Game Fun, CA 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR	LR-Animal Planet TV 29 10:00 Monday Movement, DR 10:45 Art Studio, CA LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Magic Painting, CA 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR	LR-Resident Choice TV 30 10:00 Let's Stretch, DR 10:45 Baking Club, K (Birthday Cake) LR-Classical Favorites 2:00 June Birthday Party, CA 3:00 Birthday Stories, CA 4:15 Chair Yoga, CY 6:30 Walking Club w/Aides, CY 7:00 Tuesday Night Movie, LR	Memory Care Activities Locations: LR- Living Room CA- Common Area CY- Courtyard E- Excursion K- Kitchen DR- Dining Room L- Library			 <h1>June 2026</h1>	
All Activities are 30-45 minutes long and are subject to change. If you have any questions, please see Lacey Robbins (Memory Care Program Coordinator).							

## Heathwood Memory Care