

Memory Care Activities Locations:
LR- Living Room
CA- Common Area
CY- Courtyard
E- Excursion
K- Kitchen
DR- Dining Room
L- Library

January 2026

All Activities are 30-45 minutes long and are subject to change. If you have any questions, please see Lacey Robbins (Memory Care Program Coordinator).

LR-Food Network 9:30 Movement for the Soul, LR 10:45 New Year's Day Painting, CA LR-Holiday Music 2:00 Puzzles & Games, CA CA-Treats & New Year's Poems 3:30 Winter Music Sing-A-Long, LR CA-Walking Club LR-Thursday Night Movie				1	LR-Hallmark Channel 10:00 Exercise with Music, DR 10:45 Penny for Your Thoughts, CA LR-Jazz Music 2:00 Virtual Tours, LR 3:30 Weekend Kick-off w/HHAs, LR 4:00 Friday YouTube Concert, LR (Elvis) LR-Friday Night Winter Movie				2	LR-HGTV CA-Current Events 10:45 Saturday Stretch, DR 11:00 Getting to Know You Chatting, CA LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Meditation, CA LR-Saturday Night Movie				3
New Year's Day														
8:00 Church Service on YouTube, LR 10:00 Sunday Baking, K LR-Country Music 3:00 YouTube Concert, LR (Winter Concert) 4:00 Table Talk w/Friends, CA LR-Classic TV: M.A.S.H LR-Resident Choice Movie				4	LR-Animal Planet TV 10:00 Monday Movement, DR 10:45 Art Studio, CA (Penguin) LR-Soft Rock Music LR-Movie Matinee & Popcorn CA- Creative Building 4:15 Monday Manicure, CA 5:45 Parachute Game, LR 6:30 Guided Meditation, LR LR-Resident Choice Movie				5	LR-Resident Choice TV 10:00 Let's Stretch, DR K- Baking Club (Cookies) LR-Classical Favorites 2:00 Pictionary Game, CA CA-Treats & Reminiscing 4:15 Chair Yoga, CA 5:45 Finish the Saying, CA 6:30 Chatting & Juice, CA LR-Tuesday Night Movie				6
LR-History Channel 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Istanbul) CA- Corn Hole Game LR-Resident Choice Movie				7	LR-Food Network 9:30 Movement for the Soul, LR 10:45 Fruit Salad Making, CA LR-Holiday Music 2:00 Movement & Yoga w/Leah, CA CA-Fruit Salad & Jokes 3:30 Winter Music Sing-A-Long, LR CA-Walking Club LR-Thursday Night Movie				8	LR-Hallmark Channel 10:00 Exercise with Music, DR 10:45 Card Making, CA LR-Jazz Music 2:00 Virtual Tours, LR 3:30 Weekend Kick-off w/HHAs, LR 4:00 Friday YouTube Concert, LR (Resident Choice) LR-Friday Night Winter Movie				9
LR-HGTV CA-Current Events 10:45 Saturday Stretch, DR 11:00 Saturday Baking, CA LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Trivia Game, CA LR-Saturday Night Movie				10	8:00 Church Service on YouTube, LR 10:00 Color by Number, CA LR-Country Music 3:00 YouTube Concert, LR (Judy Garland) 4:00 Table Talk w/Friends, CA LR-Classic TV: Andy Griffith Show LR-Resident Choice Movie				11	LR-Animal Planet TV 10:00 Monday Movement, DR 10:45 Art Studio, CA (Snowflakes) LR-Soft Rock Music LR-Winter Movie Matinee & Popcorn CA- Hangman Game 4:15 Monday Manicure, CA 5:45 Couch Kickball, LR 6:30 Guided Meditation, LR LR-Resident Choice Movie				12
LR-Resident Choice TV 10:00 Let's Stretch, DR K- Baking Club (Chocolate Pie) LR-Classical Favorites 2:00 Wheel of Fortune Toss Game, CA CA-Treats & Reminiscing 4:15 Chair Yoga, CA 5:45 Name That Tune, CA 6:30 Chatting & Juice, CA LR-Tuesday Night Movie				13	LR-History Channel 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Denmark) CA- This or That Game LR-Resident Choice Movie				14	LR-Food Network 9:30 Movement for the Soul, LR 10:45 Jewelry Making, CA LR-Holiday Music 2:00 The Color Game, CA CA-Treats & Poems 3:30 Winter Music Sing-A-Long, LR CA-Walking Club LR-Thursday Night Movie				15
LR-Hallmark Channel 10:00 Exercise with Music, DR 10:45 Grid Game, CA LR-Jazz Music 2:00 Live Music w/Ethel, LR 3:30 Weekend Kick-off w/HHAs, LR 4:00 Friday YouTube Concert, LR (The Beach Boys) LR-Friday Night Winter Movie				16	LR-HGTV CA-Current Events 10:45 Saturday Stretch, DR 11:00 Board Games, CA LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 All the Things Game, CA LR-Saturday Night Movie				17	8:00 Church Service on YouTube, LR 9:30 Winter Joyride, CA LR-Country Music 3:00 YouTube Concert, LR (Tony Bennett) 4:00 Table Talk w/Friends, CA LR-Classic TV: Columbo LR-Resident Choice Movie				18
LR-Animal Planet TV 10:00 Monday Movement, DR 10:45 Art Studio, CA (Polar Bear) LR-Soft Rock Music LR- Movie Matinee & Popcorn CA- Trivia Time 4:15 Monday Manicure, CA 5:45 Ring Toss Game, LR 6:30 Guided Meditation, LR LR-Resident Choice Movie				19	LR-Resident Choice TV 10:00 Let's Stretch, DR K- Baking Club (Brownie Cupcakes) LR-Classical Favorites 2:00 Ball Drumming, CA CA-Treats & Reminiscing 4:15 Chair Yoga, CA 5:45 Who am I? Game, CA 6:30 Chatting & Juice, CA LR-Tuesday Night Movie				20	LR-History Channel 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (West England) CA- Bulls-Eye Game LR-Resident Choice Movie				21
LR-Food Network 9:30 Movement for the Soul, LR 10:45 Free Hand Painting, CA LR-Holiday Music 2:00 Movement & Yoga w/Leah, CA CA-Treats & Riddles 3:30 Winter Music Sing-A-Long, LR CA-Walking Club LR-Thursday Night Movie				22	LR-Hallmark Channel 10:00 Exercise with Music, DR 10:45 Pictionary Game, CA LR-Jazz Music 2:00 Virtual Tours, LR 3:30 Weekend Kick-off w/HHAs, LR 4:00 Friday YouTube Concert, LR (The Bee Gees) LR-Friday Night Winter Movie				23	LR-HGTV CA-Current Events 10:45 Saturday Stretch, DR 11:00 Magic Painting, CA LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Word Game Fun, CA LR-Saturday Night Movie				24
8:00 Church Service on YouTube, LR 10:00 Fun with Colors, CA LR-Country Music 3:00 YouTube Concert, LR (Frank Sinatra) 4:00 Table Talk w/Friends, CA LR-Classic TV: Little House on the Prairie LR-Resident Choice Movie				25	LR-Animal Planet TV 10:00 Monday Movement, DR 10:45 Art Studio, CA (Snow Owl) LR-Soft Rock Music LR-Winter Movie Matinee & Popcorn CA- Jewelry Making 4:15 Monday Manicure, CA 5:45 Ball & Basket Game, LR 6:30 Guided Meditation, LR LR-Resident Choice Movie				26	LR-Resident Choice TV 10:00 Let's Stretch, DR K- Baking Club (Birthday Cake) LR-Classical Favorites 2:00 Birthday Word Game, CA CA-Birthday Party & Reminiscing 4:15 Chair Yoga, CA 5:45 Trivia Game, CA 6:30 Chatting & Juice, CA LR-Tuesday Night Movie				27
LR-History Channel 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Normandy) CA- Watermelon Game LR-Resident Choice Movie				28	LR-Food Network 9:30 Movement for the Soul, LR 10:45 Bead Craft, CA LR-Holiday Music 2:00 The Alphabet Game, CA CA-Treats & Poems 3:30 Winter Music Sing-A-Long, LR CA-Walking Club LR-Thursday Night Movie				29	LR-Hallmark Channel 10:00 Exercise with Music, DR 10:45 Wooden Crafts, CA LR-Jazz Music 2:00 Virtual Tours, LR 3:30 Weekend Kick-off w/HHAs, LR 4:00 Friday YouTube Concert, LR (Dean Martin) LR-Friday Night Winter Movie				30
LR-HGTV CA-Current Events 10:45 Saturday Stretch, DR 11:00 Pop-Up Golf, CA LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Animal Fishing, CA LR-Saturday Night Movie				31										