



### December Highlights

- 1, Live Music/ AMPS
  - 2, Resident Council Meeting
  - 3, Lunch Outing
  - 8, Live Music w/ Sam D.
  - 9, Food Council Meeting
  - 10, Heathwood Holiday Party
  - 11, Live Music w/ Kim
  - 12, Travelogue w/ Christine
  - 12, Live Music w/ Dixieland Band
  - 12, Catholic Mass
  - 15, Music w/ Retired Teachers Organization
  - 16, Live Music w/ Top Brass
  - 17, Men's Club - Out to Lunch
- 
- 18, Christmas Music w/ Penfield High School
  - 19, Live Music w/ Tom D.
  - 22, Live Music w/ Frank
  - 24, Live Music w/ Mike
  - 26, Glad You're Here Gathering- Happy Hour
  - 29, Dollar Tree Shopping



**Frances Green**

Frances was born and raised in Niagara Falls, Canada. She came to the U.S. after marrying her husband, Roy, in 1966. Frances and her husband met through friends. They have 3 kids and 4 grandchildren whom she is very proud of. She and her husband raised their children on their farm in

Jamestown, N.Y. Frances was a stay-at-home mother and a caregiver to her in-laws. Her favorite memories are taking her kids on family trips. Frances was a part of a Morse Code group and loved to take part in geocaching events. They are like large treasure hunts. Frances loves to meet new people and have a nice conversation, so make sure you say hello!



### Happy Holidays

To all our residents celebrating Hanukkah, Christmas and Kwanzaa this season, we hope you and your loved ones have a wonderful holiday season and a happy New Year!





### Happy Birthday!

Make a wish and blow out the candles! To all our residents celebrating birthdays this month, we offer best wishes.

Sue C. 5th  
Ann A. 8th  
Joanne L. 9th  
Ann S. 11th  
Alta H. 12th  
Sandra R. 16th  
Joe M. 19th  
Thomas I. 23rd  
Carol M. 27th  
Ron P. 30th

### Famous Faces Born in December

Dec. 2, 1983: Aaron Rodgers  
Dec. 4, 1969: Jay-Z  
Dec. 12, 1975: Mayim Bialik  
Dec. 18, 1980: Christina Aguilera  
Dec. 19, 1987: Ronan Farrow  
Dec. 21, 1937: Jane Fonda  
Dec. 28, 1954: Gayle King  
Dec. 31, 1943: Ben Kingsley



Michele Julian, Assistant Resident Care Manager

Michele has worked on and off at Heathwood since 2010. Michele started out as HHA and after graduating from nursing school, became an LPN Supervisor. Michele came back to Heathwood as the Assistant Resident Care Manager in October of 2025. Michele lives in Webster with her 19-year-old son, Morgan, her husband of 20 years, Sam, and her two cats, Cleo and Max. In her spare time, Michele enjoys cooking, crafts, spending time with her family and friends and supporting her son and husband in their hobbies. Michele enjoys traveling to West Virginia every chance she gets to visit her mother, her brother and his family and hopes to relocate there someday.



### RPO November Concert - Marimba Band





## Oktober Fest



We celebrated Oktober Fest with Live Music and Pretzels.
















































































































































































## Happy Halloween



HALLOWEEN



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00  Monday Movement w/ Tom 10:45  Pokeno Game 1:30  Live Music w/ AMPS 3:30  Story Time w / Dian 7:00  Night at the Movies	2 10:00  Fitness Exercise w/ Tom 10:45  Christmas Tree Decorating 1:30  Bible Hour w/ Ashton 2:00  Resident Council Meeting 3:30  Nifty Nails- Manicures	3 10:00  Exercise 10:45  Painting w/ Tom 11:30  Lunch Outing 2:00  Virtual Tours and Ice Cream 3:00  Catholic Communion 3:30  Rosary Prayer w/ Friends	4 10:00  Exercise for Arthritis 10:45  Christmas Tree Decorating 2:00  Better Balance w/ Lacey 3:00  Christmas Quarter Bingo 4:15  Chimes Playing	5 10:00  Friday Fitness 10:45  Craft Corner w/ Edina 2:00  Knitting Group w/ Edina 3:00  Hot Toddy and Trivia 4:00  Christmas Tree Decorating	6 10:00  Fitness Exercise w/ Marcia 10:30  Girl Scouts Caroling 1:30  Euchre Game w/ Friends 2:00  Movie Matinee 2:30  Christmas Tree Decorating 4:15  Card game
7 10:30  Catholic Communion 10:30  Presbyterian Church Services on YouTube (LR) 11:00  Water Painting 2:00  Throwback TV Series 2:30  Dime Bingo w/ Lacey 7:00  Night at the Movies	8 10:00  Monday Movement w/ Tom 10:45  Pokeno Game 2:30  Live Music w/ Samuel Deleo 3:30  Story Time w / Dian 7:00  Night at the Movies	9 10:15  Movement with Denise 10:45  Holiday With Board Games- Finish the Proverbs 1:30  Bible Hour w/ Ashton 1:30  Food Council Meeting 3:30  Nail Painting - Manicures 5:00  Childtime Kids Visiting	10 10:00  Exercise 10:45  Art Studio w/ Tom 3:00  Catholic Communion 3:30  Rosary Prayer w/ Friends 5:00  Heathwood Holiday Party	11 10:00  Exercise for Arthritis 10:45  How Much It Cost - 1980 w/ Lacey 2:00  Live Music w/ Kim 3:00  Christmas Quarter Bingo 4:15  Christmas Music on TV	12 10:00  Friday Fitness 10:45  Travelogue w/ Christine 1:30  Live Music w/ Dixieland Band 2:00  Catholic Mass 3:00  Gathering with Friends 4:15  Dominoes w/ Friends	13 10:00  Fitness Exercise w/ Marcia 11:00  Coffee Chat w/ Friends 1:30  Euchre Game w/ Friends 2:00  Movie Matinee 2:30  Writing Therapy w/ Marcia 4:15  Christmas Word Puzzles
14 10:30  Catholic Communion 10:30  Presbyterian Church Services on YouTube (LR) 11:00  Christmas Ornaments Making 2:00  Throwback TV Series 2:30  Dime Bingo w/ Lacey 7:00  Night at the Movies	15 10:00  Monday Movement w/ Tom 10:30  Music w/ Retired Teachers Organization 2:00  Dollar Tree Shopping 3:30  Story Time w / Dian 5:45  Girl Scouts Caroling	16 10:00  Fitness Exercise w/ Tom 10:45  Christmas Jeopardy 1:30  Bible Hour w/ Ashton 2:30  Live Music w/ Top Brass 3:30  Manicures 6:00  Cub Scouts Caroling	17 10:00  Exercise 10:45  Christmas Painting w/ Tom 11:30  Men’s Club- Out to Lunch 2:00  Virtual Tours and Ice Cream 3:00  Catholic Communion 3:30  Rosary Prayer w/ Friends 5:45  Christmas Light Ride	18 9:10  Christmas Music w/ Penfield High School 10:00  Fitness Exercise w/ Tom 10:30  Bells and Chimes Concert 2:00  Better Balance 3:00  Christmas Quarter Bingo 4:15  Games in Café	19 10:00  Friday Fitness 10:45  Craft Corner 2:30  Live Music w/ Tom D. 3:00  Social Hour w/ Friends 4:15  Wii Game- Bowling	20 10:00  Fitness Exercise w/ Marcia 11:00  Coffee Chat 1:30  Euchre Game w/ Friends 2:00  Movie Matinee 2:30  Jewelry Making 4:15  Yahtzee Game w/ Friends
21 10:30  Catholic Communion 10:30  Presbyterian Church Services on YouTube (LR) 11:00  Christmas Cards making 2:00  Throwback TV Series 2:30  Dime Bingo w/ Lacey 7:00  Night at the Movies	22 10:00  Monday Movement w/ Tom 10:45  Pokeno Game 2:30  Holiday Tunes w/ Frank 3:30  Story Time w / Dian 7:00  Night at the Movies	23 10:00  Fitness Exercise w/ Tom 10:45  Christmas Cookies Making 1:30  Bible Hour w/ Ashton 2:00  Christmas Trivia and Cookies 3:30  Nail Polishing	24 10:00  Exercise 10:45  Fun with Colors 2:30  Christmas Music w/ Mike 4:00  Card game w/ Friends 7:00  Night at the Movies	25 Christmas 10:45  Gingerbread House Making 12:00  Christmas Dinner 2:00  Wii Game- Bowling 3:00  Christmas Quarter Bingo 4:15  Card game w/ Friends	26 Kwanzaa Begins 10:00  Friday Fitness 10:45  New Year’s Day Craft 2:00  Crocheting Group 2:00  Lost and Found Laundry 3:00  Glad You’re Here Gathering - Happy Hour 4:00  Card game w/ Friends	27 10:00  Fitness Exercise w/ Marcia 11:00  Coffee Chat w/ Friends 1:30  Euchre Game w/ Friends 2:00  Movie Matinee 2:30  I Survived Christmas Tea Party 4:15  Uno Game w/ Friends
28 10:30  Catholic Communion 10:30  Presbyterian Church Services on YouTube (LR) 11:00  Word Scrabble 2:00  Throwback TV Series 2:30  Dime Bingo w/ Lacey 7:00  Night at the Movies	29 10:00  Monday Movement w/ Tom 10:34  Pokeno Game 2:00  Dollar Tree Shopping 3:30  Story Time w / Dian 4:15  YouTube Concert / TV	30 10:00  Fitness Exercise w/ Tom 10:45  Theme Day - Chocolate Pretzel Making 1:30  Bible Hour w/ Ashton 2:00  Hot Cocoa Bar and Pretzels Theme Day 3:30  Manicures w/ Lacey	31 New Year’s Eve 10:00  Exercise 12:00  New Year’s Eve Lunch - Celebration 2:00  Virtual Tours and Ice Cream 3:00  Catholic Communion 3:30  Rosary Prayer w/ Friends		All activities are subject to change. Please see Daily Activity sheet for changes. If you have any questions, please feel free to contact Edina Hamzic (585)425-9663.	



## Craft and Bake Sale



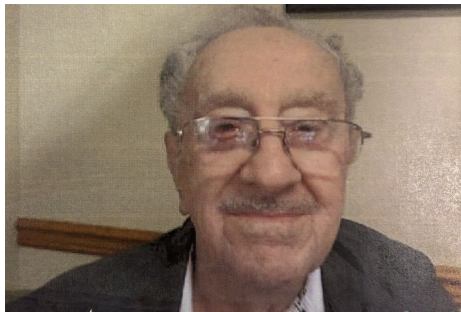
## Veterans Day



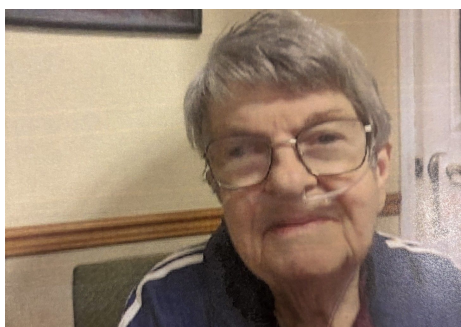


## Welcome New Residents

We would like to welcome these new residents to our Heathwood Family.



**Bernard D.**



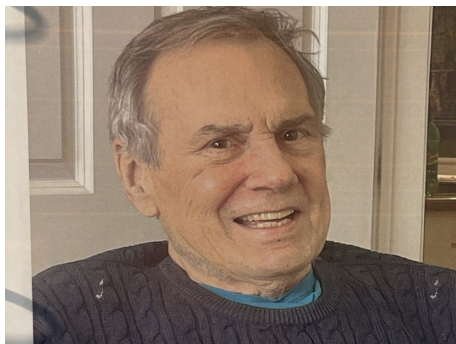
**Sandra D.**



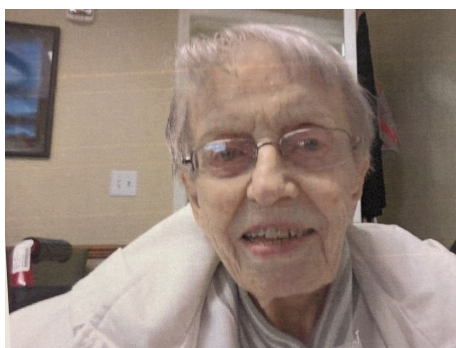
**Joan M.**



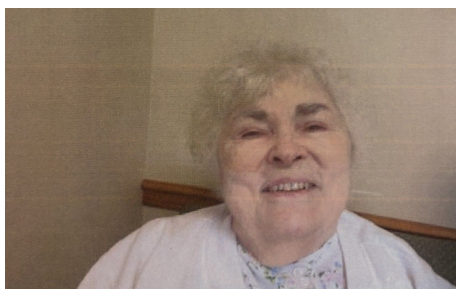
**Deborah K.**



**David S.**



**Joan T.**



**Patricia S.**



**Daryl R.**



**Jean S.**

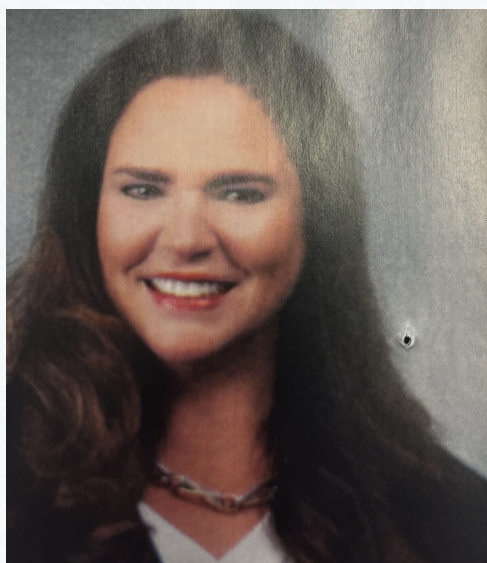


**Nancy S.**



**Janet T.**





**Carla Suero, President**

As you read this, we are excitedly planning our holiday party for residents at both

locations. In Williamsville, the date is December 15th. In Penfield, the date is December 10th. Each resident is encouraged to invite one or two friends or family members to join them. It is always a festive affair which everyone looks forward to.

On Christmas Day, we will serve a traditional midday meal. If you are planning on taking your family member out of the facility during the holiday season, please let Reception know at least 48 hours ahead so we can send their medications with them.

Don't forget: Williamsville is collecting new socks for Friends

of Night People and Penfield is collecting new toys for Toys for Tots.

We wish you all Happy Holidays and look forward to celebrating the joys of the season with your loved one.



# December

Word Search

Bell	Holiday
Candle	Holly
Card	Lights
Christmas	Ornament
Eggnog	Ribbon
Fruitcake	Scrooge
Gift	Tradition
Greeting	Wreath

C	X	T	F	I	G	D	L	R	K	N	A	A	M	M
G	H	U	R	I	B	B	O	N	D	H	C	P	A	W
R	N	R	U	A	O	N	X	W	R	E	A	T	H	X
Y	R	I	I	X	D	V	M	Y	A	G	N	U	L	E
W	K	V	T	S	Z	I	S	H	C	G	D	P	T	I
R	J	F	C	E	T	K	T	T	Q	N	L	S	A	C
O	G	W	A	P	E	M	O	I	H	O	E	L	R	Y
I	D	U	K	K	E	R	A	S	O	G	L	M	E	H
K	S	N	E	Q	N	A	G	S	O	N	I	Y	O	B
K	Q	E	Y	A	D	I	L	O	H	S	E	L	A	E
Q	P	F	M	O	E	N	R	F	M	U	L	O	G	N
L	P	E	X	I	C	C	S	T	N	Y	S	O	T	Z
M	N	N	B	X	S	S	R	I	D	E	T	K	Q	U
T	R	U	G	X	Y	R	O	I	O	O	N	G	V	S