

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2026

			<p>LR-History Channel 1 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Tuscany) 4:00 Domino Game, CA 7:00 Resident Choice Movie w/Aides, LR</p>	<p>LR-Food Network 2 9:30 Movement for the Soul, LR 10:45 Easter Craft, CA LR-Soft Music 2:00 Pop-up Golf, CA 3:00 Sweet Treat & Poems, CA 3:30 Spring Sing-A-Long, LR 4:00 Guided Meditation, L 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR</p>	<p>LR-Hallmark Channel 3 10:00 Exercise with Music, DR 10:45 Coloring Easter Eggs, CA LR-Jazz Music 2:00 Parachute Game, LR 3:30 Weekend Kick-off w/HHAs, LR 4:15 Easter Color by Number, CA 6:30 Walking w/Aides, CA 7:00 Friday Night Winter Movie, LR</p>	<p>LR-HGTV 4 CA-Current Events 11:00 Saturday Stretch, DR LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Trivia Time, LR 7:00 Saturday Night Movie w/Aides, LR</p>
<p>8:00 Church Service on YouTube, LR 5 10:00 Manicures, CA LR-Country Music 3:00 Easter Coloring, CA 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR</p> <p>Easter Sunday</p>	<p>LR-Animal Planet TV 6 10:00 Monday Movement, DR 10:45 Art Studio, CA (April Showers Craft) LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Creative Building, CA 6:30 Balloon Volleyball w/Aides, LR 7:00 Resident Choice Movie, LR</p>	<p>LR-Resident Choice TV 7 10:00 Let's Stretch, DR 10:45 Baking Club, K (Resident Choice) LR-Classical Favorites 2:00 Cornhole Game, CA 3:00 Treats & Pet Stories, CA 4:15 Chair Yoga, L 6:30 Walking Club w/Aides, CA 7:00 Tuesday Night Movie, LR</p>	<p>LR-History Channel 8 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (French Riviera) 4:00 Board Game, CA 7:00 Resident Choice Movie w/Aides, LR</p>	<p>LR-Food Network 9 9:30 Movement for the Soul, LR 10:45 April Painting, CA LR-Soft Music 2:00 Bullseye Game, CA 3:00 Sweet Treat & Stories, CA 3:30 Spring Sing-A-Long, LR 4:00 Relaxing the Mind, L 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR</p>	<p>LR-Hallmark Channel 10 10:00 Exercise with Music, DR 10:45 The Alphabet Game, CA LR-Jazz Music 2:00 Ball Drumming, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 This or That Game, LR 6:30 Walking w/Aides, CA 7:00 Friday Night Winter Movie, LR</p>	<p>LR-HGTV 11 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Snack Bingo, CA LR-Classical Favorites 2:00 Octoband Game, CA 3:15 Word Game, CA 7:00 Saturday Night Movie w/Aides, LR</p>
<p>8:00 Church Service on YouTube, LR 12 10:00 Sunday Exercise, DR 10:45 Manicures, CA LR-Country Music 2:00 Coloring by Number w/Friends, CA 3:15 YouTube Concert, LR 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR</p>	<p>LR-Animal Planet TV 13 10:00 Monday Movement, DR 10:45 Art Studio, CA (Q-Tip Flowers) LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 April Trivia, CA 6:30 Ball & Basket Game w/Aides, LR 7:00 Resident Choice Movie, LR</p>	<p>LR-Resident Choice TV 14 10:00 Let's Stretch, DR 10:45 Baking Club, K (Rice Crispe Treats) LR-Classical Favorites 2:00 Parachute Game, CA 3:00 Treats & Reminiscing, CA 4:15 Chair Yoga, L 6:30 Walking Club w/Aides, CA 7:00 Tuesday Night Movie, LR</p>	<p>LR-History Channel 15 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Germany) 4:00 UNO Game, CA 7:00 Resident Choice Movie w/Aides, LR</p>	<p>LR-Food Network 16 9:30 Movement for the Soul, LR 10:45 Pictionary Game, CA LR-Soft Music 2:00 Grid Game, CA 3:00 Sweet Treat & Trivia, CA 3:30 Spring Sing-A-Long, LR 4:00 Deep Breathing & Meditation, L 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR</p>	<p>LR-Hallmark Channel 17 10:00 Exercise with Music, DR 10:45 Craft Group, CA LR-Jazz Music 2:00 Wheel of Fortune Toss, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 I Remember: Diner, LR 6:30 Walking w/Aides, CA 7:00 Friday Night Winter Movie, LR</p>	<p>LR-HGTV 18 CA-Current Events 10:00 Saturday Stretch, DR 10:45 Puzzles & Games, CA LR-Classical Favorites 2:00 Pop-Up Golf, CA 3:15 Domino Game, CA 7:00 Saturday Night Movie w/Aides, LR</p>
<p>8:00 Church Service on YouTube, LR 19 10:00 Sunday Exercise, DR 10:45 Manicures, CA LR-Country Music 2:00 Hangman Game, CA 3:15 Couch Kickball Game, LR 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR</p>	<p>LR-Animal Planet TV 20 10:00 Monday Movement, DR 10:45 Art Studio, CA (Cherry Blossom Craft) LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Penny for Your Thoughts, CA 6:30 Ball Toss w/Aides, LR 7:00 Resident Choice Movie, LR</p>	<p>LR-Resident Choice TV 21 10:00 Let's Stretch, DR 10:45 Baking Club, K (Pudding Pie) LR-Classical Favorites 2:00 Ball Drumming, DR 3:00 Pie & Poems, CA 4:15 Chair Yoga, L 6:30 Walking Club w/Aides, CA 7:00 Tuesday Night Movie, LR</p>	<p>LR-History Channel 22 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Egypt) 4:00 Word Game, CA 7:00 Resident Choice Movie w/Aides, LR</p>	<p>LR-Food Network 23 9:30 Movement for the Soul, LR 10:45 Jewelry Making, CA LR-Soft Music 2:00 Ring Toss Game, CA 3:00 Sweet Treat & Riddles, CA 3:30 Spring Sing-A-Long, LR 4:00 Relaxation for the Soul, L 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR</p>	<p>LR-Hallmark Channel 24 10:00 Exercise with Music, DR 10:45 Arbor Day Craft, CA LR-Jazz Music 2:00 Target Toss, CA 3:30 Weekend Kick-off w/HHAs, LR 4:15 Arbor Day Trivia, LR 6:30 Walking w/Aides, CA 7:00 Friday Night Winter Movie, LR</p> <p>Arbor Day</p>	<p>LR-HGTV 25 CA-Current Events 11:00 Saturday Stretch, DR LR-Classical Favorites 1:30 Showtime Saturday, LR 4:00 Name That Tune, LR 7:00 Saturday Night Movie w/Aides, LR</p>
<p>8:00 Church Service on YouTube, LR 26 10:00 Manicures, CA LR-Country Music 3:00 YouTube Concert, LR 4:30 Classic TV: Resident Choice 6:30 Sunday Night Movie w/Aides, LR</p>	<p>LR-Animal Planet TV 27 10:00 Monday Movement, DR 10:45 Art Studio, CA (Flowerpot Craft) LR-Soft Rock Music, LR 2:00 Movie Matinee & Popcorn, LR 3:30 Phrase Matching Game, CA 6:30 Noodle Ball w/Aides, LR 7:00 Resident Choice Movie, LR</p>	<p>LR-Resident Choice TV 28 10:00 Let's Stretch, DR 10:45 Baking Club, K (Birthday Cake) LR-Classical Favorites 2:00 April Birthday Trivia, CA 3:00 April Birthday Celebration & Cake, CA 4:15 Chair Yoga, L 6:30 Walking Club w/Aides, CA 7:00 Tuesday Night Movie, LR</p>	<p>LR-History Channel 29 10:00 Morning Stretch, DR 10:45 Time at the Spa, CA LR-Resident Choice Music 1:30 Catholic Communion, L 2:00 Bingo Game, CA 3:00 Ice Cream & Travel Log, LR (Spain) 4:00 Matching Game, CA 7:00 Resident Choice Movie w/Aides, LR</p>	<p>LR-Food Network 30 9:30 Movement for the Soul, LR 10:45 Card Making, CA LR-Soft Music 2:00 Watermelon Game, CA 3:00 Sweet Treat & Jokes, Ca 3:30 Spring Sing-A-Long, LR 4:00 Guided Meditation, L 6:30 Coloring w/Aides, CA 7:00 Thursday Night Movie, LR</p>	<p>Memory Care Activities Locations: LR- Living Room CA- Common Area CY- Courtyard E- Excursion K- Kitchen DR- Dining Room L- Library</p> <p>All Activities are 30-45 minutes long and are subject to change. If you have any questions, please see Lacey Robbins (Memory Care Program Coordinator).</p>	



Heathwood Memory Care