

SOUTH MUSKOKA

Local Education Group



Annual General Meeting

Tuesday October 14th, 2025

Meeting Agenda

1. Approval of Meeting Agenda
2. Approval of Minutes – October 8, 2024
3. 2024-2025 Activity Update
4. Research Update
5. Financial Update
6. Meet the Students
7. Question and Answer

Approval of Agenda

- Motion requested

Approval of Minutes

- Motion requested

2024-2025 Teaching Activities

66 Total Months Taught

Who Visited?

- Undergraduate Medical Students – 4.5 months
(Family Medicine, Surgery, Emergency)
- Residents 34.5 months (up significantly over last year)
(Family Medicine, Surgery, Emergency, Hospitalist, Internal Medicine)
- 1 First year Rural Resident
- 1 Second Year Rural Resident
- 3 Clerkship Students – 7 months each
- Physician Assistant – 6 months



Continued Education & Professional Development

Grand Rounds

- Will continue in the hybrid model, but in-person attendance is strongly encouraged

ED In-Situ Simulation Program

- Continues with Drs. Jewell and Sawula

Huntsville Medical Education Conference

Friday November 14th from 1:00-5:00 pm

Hidden Valley Resort

Clinician Teacher Certificate first module to be presented.

South Muskoka LEG Members are most welcome!

Community Outreach Program

Fireside Chats with Healthcare Providers 2026

***Looking for Speakers:
May, 2026***



\$1500 stipend for preparation and presentation

Contact Paula Paunic if you are interested!

South Muskoka LEG Social Committee

- **Dinner at Dr. Tsugios': Fall, 2024**
- **“Nine and Dine” at the South Muskoka Curling and Golf Club**
June, 2025; 30 people attended

Your Social Committee:

Kristen Jones, Bharti Mittal, Keith Cross, Jessica Reid

CME Reimbursement

- The SMLEG will make available *up to* \$2000 to all SMLEG members, on an annual basis, to attend an accredited educational event (CFPC, or FCFP); provided that the SMLEG has the funds available to do so; reviewed annually. SMLEG members would automatically qualify for reimbursement upon proof of attendance and CME credit, and submission of invoices *to the LEG Administrator*.

South Muskoka Research Projects

Currently underway...

- **Elective Pediatric Surgery Wait Times in Northern Ontario: Is equitable access the current reality?**
- **Investigating the impact of a dedicated meal-time mobility staff on outcomes of older adults admitted for acute care**

Coming soon...

- **Are Topical Anti-inflammatories an Effective Option for a Rural Population**
- **The use of AI Scribes in the ED**
- **Investigating the impact of a low-power radar sensor for fall prevention and mobility detection in Long Term Care settings**
- **Contact: Lisa.allen@mahc.ca**

Women's Health Hub: Menopause Clinic

Angela Hollingshead, RN, Dr. Correia, Dr. Fennell, Dr. Woods, and Dr. L. MacMillan (Women's Health Special Designate)

- Location: NOSM U building, Huntsville
- one Friday monthly, starting October 31st
- 30-min consults
- Follow up with PCP with consult/recommendations
- Bracebridge physicians can refer

Postpartum Pelvic Floor Physiotherapy Study

WE ARE LOOKING FOR STUDY PARTICIPANTS



Pregnancy and childbirth can significantly impact the pelvic floor muscles, leading to pelvic girdle pain and low back pain, as well as bladder dysfunction.

Pelvic floor physiotherapy (PFPT) can improve pain, reduce bladder leakage and is recommended by health care providers to optimize postpartum recovery. However, PFPT is not routinely covered in provincial healthcare plans and can be costly. Furthermore, it requires in person appointments, which can be challenging, particularly with a new baby.

This study will investigate if a specially designed, digitally supported, PFPT program created by local physiotherapists, can result in reduced pelvic pain and bladder leakage for post-partum women.

01

What is it?

A 10 week pelvic floor physiotherapy program

02

When is it?

Can be started 6-8 weeks postpartum

03

Where is it?

In Huntsville / virtual

FOR MORE INFORMATION

Email: magdalena.sitnik@mahc.ca
OR
Call: 705-905-2995
OR
Scan the QR code to the right



Financial Position

	June 30/2025	June 30/2024	June 30/2023	June 30/2022
Assets				
Current Assets:				
Cash	\$82,323.13	\$200,015.34	\$139,615.41	\$141,750.33
Accounts receivable				
Income from Research	\$14,386.25			
	\$96,709.38	\$200,015.34	\$139,615.41	\$141,750.33
Liabilities and Net Assets				
Current - Accounts Payable				
Accrued liabilities/payments to be made	\$5,325.00	\$10,482.04	\$5,675.00	\$50,839.33
Protected Research funds	\$62,993.10	\$77,442.20	\$43,971.46	\$50,911.00
Deferred Revenue				
Simulation fund protected fund	\$10,000.00	\$15,000.00	\$10,000.00	
Unreserved Operating Equity	\$18,391.28	\$97,091.10	\$85,643.95	\$30,414.33
	\$96,709.38	\$200,015.34	\$139,615.41	\$141,750.33

Operations – Source of Funds

	2024-2025	2023-2024	2022-2023	2021-2022
Revenue				
Carry Forward Remaining funds	\$200,015.34	\$139,615.41	\$141,760.33	\$41,045.85
Clerkship teaching funds	\$43,247.61	\$43,665.87	\$57,663.48	\$58,262.50
Elective teaching funds (includes PA)	\$100,981.89	\$76,785.00	\$138,572.55	\$93,750.03
General			\$7,155.94	
NOAMA Innovation funds	\$69,000.00	\$67,000.00	\$72,000.00	\$63,652.00
NOAMA Base	\$8,000.00	\$22,750.00	\$18,000.00	\$15,913.00
NOAMA enhanceemnt premium/NFRE top up	\$11,295.00	\$9,588.00	\$15,497.61	\$20,785.69
Income from Research	\$4,000.00	\$5,309.31	\$40,033.17	\$0.00
Research Grants	\$58,917.00	\$107,895.00		
Flow through	\$9,200.00	\$6,195.64		
Misc	\$1,209.69			
Research Coordinator	\$0.00	\$27,058.44		
Total Revenue	\$305,851.19	\$366,247.26	\$348,922.75	\$347,811.07

Operations – Use of Funds

Expenses	2024-2025	2023-2024	2022-2023	2021-2022
Clerkship				
Clerkship clinical teaching	\$57,675.00	\$70,899.99	\$54,075.00	\$41,700.00
Academic teaching	\$3,997.50	\$500.00	\$839.00	\$1,141.93
Elective Teaching				
Elective Teaching	\$73,875.50	\$54,526.00	\$91,775.00	\$64,575.00
Administration	\$18,306.00	\$17,967.00	\$17,515.00	\$13,560.00
Physician LEG Lead	\$16,950.00	\$17,289.00	\$16,950.00	\$16,950.00
Innovation				
Faculty development/CME	\$17,444.15	\$4,107.73	\$2,125.00	\$2,675.00
Wellness	\$4,880.69	\$3,606.32		
Community Outreach	\$12,384.26	\$11,034.00	\$2,584.80	
Web site	\$508.50	\$508.50	\$508.50	\$2,734.50
Academic Coordinator	\$24,500.00	\$14,000.00	\$47,783.22	\$16,630.91
Education Lead	\$5,000.00			
Research				
Research pay	\$31,984.88	\$56,084.70	\$38,098.66	\$31,481.94
Research Lead	\$5,000.00	\$5,000.00	\$5,000.00	\$5,000.00
Research expenses	\$0.00	\$6,166.97		
Research Projects	\$96,172.90	\$26,824.52		
Office and General				
SAC training	\$15,515.00			
Financial Lead	\$5,325.00			
Staff bonus	\$4,000.00			
Office Supplies and general	\$416.91	\$667.05	\$1,542.86	\$1,485.36
Accounting expenses and Insurance	\$1,702.42	\$1,648.82	\$1,238.76	\$1,179.36
Meeting Expenses	\$10,200.00	\$8,821.08	\$9,611.38	\$6,400.00
Flow through	\$17,704.69	\$6,195.65		
TOTAL Expenses	\$423,543.40	\$305,847.33	\$371,019.99	\$206,050.75

2024-2025 Budget

- Expect similar NOSM payments and NOAMA funding
- Excess funds should be used for: Leadership, mentorship, Innovation, Research and Physician recruitment. Anyone with ideas for meaningful projects please talk to your executive

Faculty Rankings at NOSM

- NOSM Clinical faculty members have one of the following ranks:
 - Clinical Lecturer
 - Assistant Professor
 - Associate Professor
 - Professor

Faculty Rankings at NOSM

- To encourage NOSM Clinical faculty members to apply for promotion, NOAMA offers an annual stipend to all Associate Professors and Full Professors.
- Please contact your LEG executive or LEG administrator to find out more information and how we can help.

Meet This Year's Clerkship Students



Hannah Hyde



Hannah Gray



Ryan Coyne

Our Rural Resident



**Dr. Sarah
Zucconi
PGY1**

Learner Reminders

A schedule for each learner is built into When to Work (W2W)



Dr. Hotson is the Lead for the clerks

Dr. Mason is the Lead for the residents

If you have **ANY** professional or clinical concerns with a student, please notify Jennifer Lorenz or Dr. Ken Hotson/Dr. Mike Mason so they can follow up on the issue.

Also please notify Jennifer Lorenz via email or text if a student does not show up for a scheduled shift.

Question & Answer Period

