



# ANINDILYAKWA HEALING CENTRE ALAWUDAWARRA ENIKADUWA



## PROGRAM UPDATE



The Anindilyakwa Healing Centre is steadily growing, with four residents currently engaged in the program. We're pleased to see that referrals and assessments are now flowing in, and we anticipate that beds will begin filling up soon.

There has been significant progress in recent weeks, with residents showing increased engagement in their daily routines. A big focus this month has been around responsibilities and accountability sessions during our weekly men's behavior change sessions. Many have begun to take initiative and leadership in completing their assigned tasks — a strong sign of personal growth, responsibility, and healing.

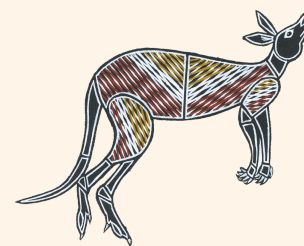
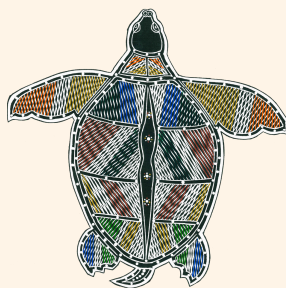
These small but important milestones are a testament to the resilience of our residents and the supportive environment fostered by the AHC team and community.

A new phase system has now been implemented which will continue to be developed as we progress through the development of AHC focusing on 4 phases over the 6 month period - Building connection, Strengthening connection, Maintaining connection & Community connection.

DASA are beginning consultation for a model of care in conjunction with Dr Amanda Davies from 360 edge. Over the coming months staff will be interviewed as well as other key members of the community to help develop a model of care specifically for the Anindilyakwa Healing Centre. 360 edge recently finished developing a model of care for our ATC in Alice Springs which will help inform the work we are doing for the Anindilyakwa people on Groote Eylandt.

### Connection to Mind & Emotions

### Connection to Body

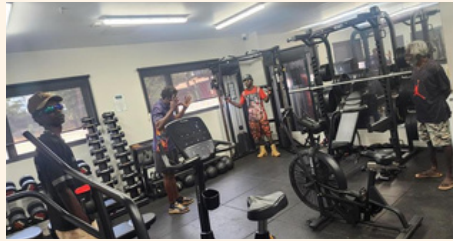


### Connection to Culture

### Connection to Family & Kinship



### Connection to Body Photos



### Connection to Body @ Bush Fit with Atnas & Bert



The men continue to strengthen their connection to their bodies and well-being through a weekly gym program with Bush Fit Mob in Angurugu. Atnas and Bert have also given some education in smoking cessation sessions, followed by a challenging bush walk. These activities are complemented by traditional practices like fishing and gathering bush tucker, as the men spend extended time out on country, deepening their cultural connection and promoting overall health.





## Connection to Mind & Emotions with Percy @ Groote Eylandt Radio & Tua @CJG



During the session, Percy spoke about the history of Groote Eylandt, weaving in personal and cultural stories that connected the past to the present. Percy shared stories of family, and community pride, reminding everyone of the strength that comes from being grounded in who we are.

Percy also opened up a conversation about the future of local media, encouraging young Warnamayla men to step forward, learn the ropes, and get confident using new technologies.

As part of the Community Justice Group's ongoing support for men in the community, Tua recently facilitated a yarning circle focused on emotional wellbeing and safe expression.

The session explored how men often carry stress, anger, and worry about Amada, and how these emotions, when not dealt with, can impact relationships with family and others around them. There was open discussion about the challenges many face, including anger and reliance on smoking, and how these habits can be connected to deeper frustrations.

The yarning circle created a safe and supportive space for men to open up. Everyone had the chance to share how their week had been — what they enjoyed, what made them feel good, and what areas they wanted to improve on. The focus was on listening, supporting each other, and building emotional strength.

These kinds of gatherings play an important role in helping men reconnect with themselves and their community, offering a space for reflection, healing, and personal growth.





## Connection to Community with Ava @ Market Garden & CJG @ compound



The men continue to strengthen their connection to community where they have begun weekly visits to Angurugu and been mowing lawns and keeping community areas tidy, creating safer and cleaner spaces for everyone. They'll also be spending time at the market garden, helping out with the plants and learning about growing food on Country.

It's all about lending a hand, supporting the community, and working together.



## Connection to Family and Kinship

Weekly family visitations into Angurugu and Umbakumba community are a vital part of the program! Many thanks to the Community Justice Group for providing the men and their families with a space to spend time together in community.



## Connection to Culture

This month, the men have been deepening their connection to culture, land, and each other through regular trips out on country. These trips are more than just time outdoors – they're a vital way to strengthen identity, share knowledge, and support wellbeing.

Throughout the month, the group has visited some special spots across the island, including Jagged Head, Salt Creek, Second Creek, Marble Point, and Mud Cod Bay. Each place holds its own stories, memories, and significance.

There's been plenty of success with the catch too – with stingray, crab, fish, and mussels all on the menu. But more importantly, these trips have been about reconnecting with culture, practising traditional ways, and spending quality time together as men.

Being out on country brings a sense of peace, pride, and purpose. Whether it's through fishing, gathering, or just sitting and yarning, these experiences continue to support strong spirit, strong culture, and strong community.





## NAAFLS Visit: Understanding Domestic Violence Orders and Managing Anger

Recently, the AHC community welcomed a visit from the North Australian Aboriginal Family Legal Service (NAAFLS), who delivered an important session focused on domestic and family violence awareness.

The session helped participants at AHC better understand Domestic Violence Orders (DVOs), including what each type means. The team explained:

- Full non-contact orders – where no communication or contact is allowed,
- Non-intoxication orders – requiring the person not to be under the influence of alcohol or drugs, and
- No harm orders – prohibiting any threats, intimidation, or violence.

It was also explained that police have the power to issue these orders without the victim's consent, especially in situations where immediate protection is needed.

In addition to the legal information, the session opened up a discussion on how people reach the point of anger, and the importance of recognising and managing emotions before they lead to harm. It was a valuable opportunity for participants to reflect, ask questions, and learn in a safe and respectful space. Education like this plays a key role in keeping families safe and informed, while supporting the community to make positive choices.





## Looking Ahead: Positive Progress and Growing Engagement

We're proud to share that some of our residents have now progressed into Phase 3, who have the ability to apply for leave on the weekends. Case manager will be having in depth conversations about relapse prevention and triggers at home to ensure they are feeling safe and confident about weekend leave. This marks an important step in their reintegration back into community, where they can start rebuilding connections, practicing new skills in real-world settings, and continuing their healing journey with greater independence and support.

At the same time, we're seeing momentum grow across the program — as mentioned above referrals and assessments are now flowing in, and beds will soon begin to fill. It's great to see the wider community engaging with the service, recognising the value of culturally strong, community-led support.

The path forward looks bright, and we're excited to continue walking it together — with culture, connection, and care at the centre of everything we do.

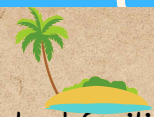


For referrals, please speak with a staff member in person or you can contact us on [grooteintake@dasa.org.au](mailto:grooteintake@dasa.org.au)

■ **Stay Connected: Follow Us on Facebook** - Want to stay updated with our latest news and activities? Follow us on Facebook at **DASA - Anindilyakwa Healing Centre**. We'll be sharing regular updates, highlights, and community stories.



# Anindilyakwa Healing Centre



The ATC program on Groote Eylandt is in development and will become a 32-bed facility that offers a tailored residential program of 6 months for Aboriginal men who have experienced or are at risk of experiencing interactions with the justice system.

Therapeutic programs will target risk factors that contribute to interactions with the justice system. This program will be developed and led with a cultural lens, in partnership with the Anindilyakwa Land Council & the Aboriginal Justice Unit (Northern Territory Government). The project will provide access to employment and training opportunities as well as tailored rehabilitation services, to ensure men do not have any further negative contact with the criminal justice system.



## Eligibility Criteria

Aboriginal or TSI

Male

18 years or older

Must be a resident of the Northern Territory

Must have cultural connection to Groote Eylandt, as confirmed by representatives of the Community Justice Group.

Involvement or risk of involvement with the Justice system

You can also send through referrals to our website: [www.dasa.org.au](http://www.dasa.org.au)



## The Team



Service Manager

Sailosi "Losi"  
Tupou



Support Worker

Ian Harris



Support Worker

Lusii Tanevesi

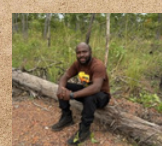


Case Manager  
William Kavata



Support Worker

Charles Matete



Support Worker

Reuben L Kwana

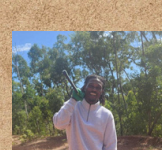


Case Manager  
Matthew Bretag



Support Worker

Aaron Nipoe



Support Worker

Clinton Garley



Case Manager  
Darren O'Keefe



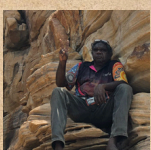
Support Worker

James Bott



Support Worker

Jake Kiso

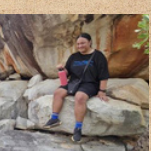


Support Worker  
Neil Mamarika



Support Worker

Douglas Warren



Support Worker  
Christine Latu

Support Worker  
Issac O'Keefe