Scope of Practice Disclosure & Medical Disclaimer

This document serves as a legally protective disclosure and medical disclaimer for **Debra Kreuter / Divine Design Health, LLC**. It explicitly differentiates the services of a **Functional Health Coach** from those of a licensed healthcare provider acting in a traditional clinical capacity. In California, specific regulations apply to unlicensed healing arts services and nutritional advice under **California Business & Professions Code Section 2053.6 (SB-577)** and **Section 2068**.

1. California Statutory Disclosure (SB-577 / Bus. & Prof. Code § 2053.6)

- **Provider Status & Services:** Debra Kreuter is a Registered Nurse licensed in California (RN #360255) with functional coaching certifications (Certified Functional Medicine Practitioner, Certified Integrative Bone Health Practitioner). However, the coaching services provided through Divine Design Health, LLC are alternative, complementary, and **not licensed by the State of California**.
- **Methods:** Services focus on holistic education, lifestyle modification, stress management, and systemic wellness rather than treating disease pathology.

2. Statutory Nutritional Advice Notice (Bus. & Prof. Code § 2068)

State law permits giving nutritional advice regarding food, diet, and supplements, but **does not authorize practicing medicine**, diagnosing, or treating any condition, nor claiming a product can cure a disease unless licensed to do so.

3. Medical Disclaimer & Scope Boundaries

- Services are strictly **educational and informational**. Debra Kreuter is not acting as a clinical nurse or medical provider under this business entity.
- No medical diagnosis, prescription adjustments, or clinical treatments are provided.
- Engagement does not establish a clinical nurse-patient relationship or a doctor-patient relationship.

4. Functional Lab Testing and Evaluation

- **Educational Purpose Only:** Any functional laboratory testing ordered, recommended, or reviewed (including but not limited to stool, saliva, urine, or blood spot tests) is used solely to evaluate lifestyle, nutritional, and systemic imbalances.
- **Not Diagnostic:** These tests are functional in nature, are not diagnostic medical tools, and will not be used to diagnose, treat, or cure any medical disease or condition.
- **No Replacement for Clinical Labs:** Functional lab evaluations do not replace standard diagnostic testing ordered by your primary care physician or specialist.
- **Client Responsibility:** You are advised to share all functional lab results with your primary care provider or a qualified physician for clinical oversight.

5. Nutritional Supplements and Recommendations

- **Education and Support:** Recommendations regarding dietary supplements, vitamins, minerals, botanicals, or herbs are intended solely for nutritional, physiological, and educational support.
- **Not Prescriptions:** Supplement suggestions are not medical prescriptions and do not treat or cure any physical or mental disease.
- **Physician Clearance Required:** You must consult your primary physician or a qualified healthcare professional before starting any new supplement, especially if you take prescription medications, are pregnant, or are nursing.
- **Discontinuation:** If you experience any adverse reactions or side effects from a recommended supplement, you must discontinue use immediately and seek medical attention.

6. Client Responsibility & Waiver

- Clients must maintain a primary care physician, never delay medical advice, and not alter prescription medications without consulting their prescribing doctor.
- Clients assume full responsibility for their health choices, releasing the coach from liability.