Issue 23, October 2026

Gullane Newsletter



If we can raise enough funds we hope to continue delivering the newsletter free of charge, so however small your donation, it is gladly received.

If you or your organisation would like to sponsor an edition, please let us know.

Thank you to those of you who have kindly donated to the GVA, enabling us to distribute all issues of the 2026 newsletters free of charge.

We would love to hear from you if you could also help with deliveries.

On-line current & past versions are available to all on the 'Newsletters' section of the GVA website

A busy time ahead

This feels very strange to be writing this, our Christmas newsletter, in the middle of September but we have our reasons.

The Gullane Village Association (GVA) has a fundraising event 'The Artisan Fair' coming up the weekend of the 24th & 25th October 11am-4pm, this event raises funds for the charity and the proceeds go towards funding this newsletter so it would be fantastic if you could come along and support us, all the details are inside. We have some fabulous stalls and of course refreshments available included in the small entry fee. It's a great opportunity to kick start your Christmas shopping.

The Recreation Hall is doing so well and is now being fully utilised by many organisations and we are pleased to say that the GVA is currently in discussions with East Lothian Council about taking on a new type of lease for the building. There will be a public meeting about this on the 26th October. These will be drop in sessions for anyone interested to come and find out more, details inside.

As the year draws to an end and the winter is upon us, it's time to get wrapped up warm and enjoy the village, meet up with friends in our fab cafés or restaurants, keep fit or chill at the many classes now available or just simply enjoy nature all around us.

Enjoy reading and have yourselves a peaceful festive season.

Gullane Outreach Post Office

Christmas Posting Dates

Wed 16 Dec	Sat 19th Dec	Wed 23rd Dec
2nd Class	1st Class	Special Delivery

The Village Hall continues to host an outreach Post Office once a week on: **Thursday 10am to 12.30pm.**

Please make good use of these services so that we don't lose them.

The latest dates you should post to ensure your cards & gifts arrive within the UK in time for Christmas. Christmas posting dates are on: **www.postoffice.co.uk/last-posting-dates**

On behalf of the community we would like to send out a big 'thank you' to our local posties who, whatever the weather, get our post and parcels safely delivered to us with a friendly face and greeting. You are amazing!

It's nearly Christmas, and we know you want to make sure that your letter to Santa Claus gets to him.

Make sure you get your letter posted by **Wednesday 9th December** and don't forget your stamp!

Santa / Father Christmas

Santa's Grotto

Reindeerland

XM4 5HQ



The GVA's Artisan Fair

Please come along to support the GVA with our biggest annual community fundraiser! All proceeds go towards further enhancing your Recreation Hall, newsletters and GVA community projects.

Once again we have a wonderful selection of local artisan craft folk and traders exhibiting, details of which are given over the next few pages.

This year we will be serving teas, coffees, non-alcoholic mulled wine & mince pies which is included in the entry fee of £2.

All traders donate wonderful gifts for the Raffle prizes which will be drawn on Sunday.

Anyone wishing to support the GVA by donating a raffle prize please drop in to

Ballantine Goldie Opticians by 23rd October.



Lynn Hanley Artist



Lynn Hanley was born in Newcastle-upon-Tyne, she has painted all her life.

She studied Printed Textile Design and worked as a freelance designer for several years before returning to her first love of painting. After living in Edinburgh for 30 years Lynn now lives in Gullane finding new inspiration in East Lothian.

Lynn's cityscapes and seaside paintings show the influence of her textile background. Her use of gouache as the main medium combines with her love of colour and texture to create a unique style in her paintings. The colourful images are made into Prints, cards and giftware all made in the UK.

'I love creating paintings with quirky details and peopling them with characters to bring the pictures to life.' Her work has been described as 'peppered with tiny people like Lowry cross bred with Beryl Cook. Deliberately naïve and meticulously painted, they have a charm that is uplifting'

www.lynnhanley.com

e-mail: lahanley@sky.com

Lelie Designs

Lelie handmake babies and children's clothing.
We offer good quality clothing and work with customers to find the perfect item and fabric for them.
We use a range of pattern designers and fabric suppliers and even have some designs exclusive to us.
The business evolved due to the difficulty finding fun, comfortable, quality clothing that fits well.

Fast fashion is so environmentally damaging; we strive to be a zero-waste business by using our scraps for making smaller items including reusable wipes, dribble bibs and pants.
We continue to add to our clothing range and always welcome ideas for new products.

Instagram: lelie.designs
leliedesigns@aol.com



Echo Beach Designs

Echo Beach Designs brings colour, fun and East Lothian seaside charm to unique gifts that are made to make people smile

I hand-paint ceramics, each individually designed, plus my much-loved and unique Christmas decorations — perfect for thoughtful gifts, stocking fillers or something special for your own home.

I will also be bringing along my co-ordinating kitchen textiles, and new for this year are my fabulous Puffin and Highland Coo kids hoodies, perfect for those chilly months ahead

Looking for a gift that's different and personal ? come along and discover Echo Beach Designs



Alan Aitken Artist

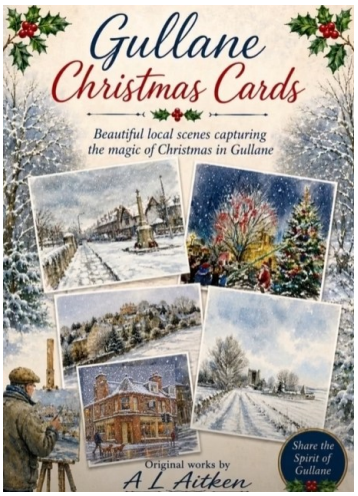
This year's exclusively Gullane Christmas Cards are now available!

24 in total - £3 each - no price increase from last year.

Limited numbers so once they're gone, theyre gone !

All printed on 300gsm Silk Finish card. A6 & Square sizes.





Blether & Oak

Blether & oak is based in East Lothian (on our kitchen tables!)

Our artwork is based on wild life, pets and anything else that sparks a glint of inspiration.

We love to create artwork that is original and brings happiness!



Anam Cara naturals



It all began when we moved from Auld Reekie, Edinburgh, to take up residence alongside the cows and sheep and the green rolling hills of rural Southern Scotland.

There, Kath was inspired to harness nature's goodness and set about making her own soap.

Her creativity flowed and she started experimenting with blends of aromas that complement that give a pleasing, soothing, and refreshing experience, whilst connecting us with nature.

Now all our products have grown to be all-natural, vegan, home-made, ecological, of food grade, good for the environment, and sourced locally where possible.

www.anamcara.shop

contact@anamcara.shop

Love: body, mind, and soul.

Kath and John

NotMagnolia Studio



NotMagnolia Studio offers a range of unique handmade jewellery in a beautiful array of colours.

My jewellery is made using polymer clay and resin, which is lightweight and comfortable to wear all day, with titanium options available for sensitive ears.

Everything is made by hand, carefully and thoughtfully including many of the metal components.

Perfect for treating yourself or choosing a unique handmade gift for someone special.



Heartfelt Crafting



I'm Isla and my company is called Heartfelt Crafting.

I have always been interested in crafting and this turned into a real passion when I spent time living in Germany. After a visit to a Christmas market I was hooked and ever since I have been making handmade Christmas decorations, my main passion is needle felting and I use this technique to produce a variety of gifts and decorations.

islamcanany@hotmail.co.uk



Eve Sladdin

Eve is a an artist and printmaker based in Aberlady. Eve's Linocut prints, pen-and-ink drawings, and greetings cards take inspiration from East Lothian's beautiful coastline and the surrounding area.

She will have a selection of her original linocut prints, her range of greetings cards and tea towels based on her original designs and a selection of her line drawings available to buy.

A market highlight will be Eve's brand new Christmas card design which will be available alongside her other festive cards and tea towels.





Gullane Bay Soap Company

Gullane Bay Soap Company is a small, independent business based in the heart of Gullane, creating beautiful handmade cold process soaps in small batches. Inspired by the natural beauty of our coastline, each bar is crafted using natural ingredients, pure essential oils, nourishing clays and locally foraged botanicals.

With sustainability at its heart, Gullane Bay Soap Company offers a plastic-free alternative to everyday liquid hand and body washes, helping to reduce single-use plastic while bringing a little piece of the Scottish coast into your home.

Come along to the Gullane Artisan Fair to discover our collection of soaps and handmade accessories.

GULLANE BAY
SOAP CO.
HANDCRAFTED COASTAL SOAP



Westmills Ceramics

My name is Annie and I live in East Lothian. I have been involved in creating hand built and thrown ceramics for several years now.

I take my inspiration from the beautiful beaches, landscapes and wild life to be found here.

Some pieces are practical and others decorative but each is unique and demonstrates my love of colour





Ian Henderson

Ian Henderson makes functional pottery. He studied Ceramics at Edinburgh College of Art and has been working in clay for over 25 years. Ian's work is thrown on the potter's wheel and decorated by hand, making each piece an individual and unique item.

He produces short production runs of mugs, jugs, bowls, etc. The pots are fired in a gas kiln to 1300 degrees centigrade, creating a robust item suitable for dishwasher, oven and microwave. He has a studio at his home outside South Queensferry and stocks shops in Scotland alongside attending many craft fairs each year.



Gullane Bowling Club



Gullane Bowling Club – Celebrating 125 Years!

As Gullane Bowling Club celebrates its 125th anniversary, it has been a year of looking back with pride while building firmly for the future.

Our fundraising campaign for a new Bowling and Community clubhouse has been a major focus, with the successful Bowls Fun Day & Music Evening, our Grand Prize Draw and fantastic Race Night all raising valuable funds.

We are incredibly grateful to everyone who has supported these events and helped make them such a success.

It has been a year of progress on the green with competitive play across the East Lothian Bowling Association Leagues and Competitions.

We welcomed Coldstream and Larbert Bowling Clubs in return friendlies and enjoyed a day away to play Kelso. Our Annual Bowling Tour visited Cullen and Moray Clubs.

The club is aiming for Bowlsmark Bronze accreditation this year, appointing a Safeguarding Officer, and committee members completing Child Protection in Sport training. Our Coaching initiative is introducing new people to the sport and encouraging more members of our community to discover the enjoyment of lawn bowls. This will launch fully in 2027.

Community spirit has remained at the heart of the club, with events such as the Gullane Games Bowling Evening, and our Breast Cancer Now Afternoon Tea bringing members and friends together to raise invaluable funds for research and support.

Heading into autumn, focus moves away from the green and heads indoors with cribbage/games nights, afternoon bingo, crochet club, quiz nights etc. The clubhouse is also available to hire for small groups or meetings.

We would like to take this opportunity to thank everyone for their continued support and here's to another 125 years of bowling in our village.



Village Noticeboard



The GVA is delighted to announce that Alan Aitken has kindly offered his artistic skills to create a map of Gullane on the rear of the noticeboard. This will include local attractions & services and will hopefully be used both by the community and visitors alike.

If your poster is for an upcoming local event or local information of interest, you can display your poster for all to see.

Ballantine Goldie Opticians kindly act as a drop off point for all posters. Pop your poster through their letterbox.

Twice a week new posters will be displayed & those out of date removed.

Only appropriate local information will be considered for display.

Gullane Day Centre

We have been enjoying the nice weather recently and taking the opportunity to go on outings.

Our service users enjoyed the views of the past exhibition in the Hope Rooms (it was great to reminisce) and a lunch at Caulder's Merry Hatton (the food and service was superb).

Our service users thoroughly enjoyed both of these outings. We are very grateful for all the donations received throughout the year which contribute towards outings like these.

We said farewell to Libby who has worked very hard for over 15 years at the day centre. Enjoy your retirement. Thanks to Agnes for the fantastic cake.

We have also celebrated our Chairman Ken's 80th birthday. He was very happy with his cake and bubbly!

Our plans are now underway for Halloween, Remembrance Day and Christmas.





GULLANE DAY CENTRE

Would you like to attend the Day Centre?

Contact **Manager Margaret Mack on 01620 843084** or pop in for an application form for yourself or a relative/friend Gullane Day Centre, Hamilton Road, Gullane

East Lothian Foodbank

East Lothian Foodbank provides a crisis food and essentials service. It continues to see a consistently high level of need throughout the year from people in our community who have been left without enough money to live on. We need your donations. Please give generously.

Please make donations of nonperishable food items, household cleaning products, pet food and toiletries. Monetary donations are also welcome via our website.

www.eastlothian.foodbank.org.uk

Volunteers from Gullane will uplift your food donations from Gullane Parish Church vestibule, Gullane Library and Gullane COOP during opening hours. There is also a collection point at North Berwick Tesco. All donations are taken to the warehouse in Tranent where they are sorted and made into 3 day emergency food parcels. Parcels are delivered by volunteers throughout East Lothian.

East Lothian Foodbank's Vision for the future is a community FREE FROM POVERTY where everyone has HOPE FOR THE FUTURE.

Their mission is to provide emergency food and daily essentials for those without enough money to live on; to work with the community partners in providing effective advice and support for those living with financial hardship; and to influence policy towards the eradication of poverty in East Lothian.

East Lothian Foodbank
Together with Trussell

MONEY ADVICE SERVICE

We're here to help. Our friendly advisers will take time to understand your situation and offer personalised advice tailored to you.

We might be able to give you information on how to claim extra benefits, challenge benefit decisions and let you know about other grants and support you can apply for.



Room to Breath - downsizing, home organisation, decluttering





Room to Breathe is a new local business founded by Debbie Spens and Vivien Crummey, offering thoughtful, practical support to help you create greater space and clarity in your home. Whether you are downsizing your home, organising a room or outdoor space, or supporting a loved one through a major life change, we provide a personal service focused on discretion and confidentiality.

"I had new wardrobes installed and used this as an opportunity to reorganise my clothes and shoes. Debbie and Vivien helped me hugely from start to finish. They took everything out of my old wardrobes, then hung and categorised it, meaning I could see it all in one place, and together we worked through what to keep, what to sell and what to donate. The icing on the cake was having them take away anything I wasn't keeping, and either selling it for me or donating it to my preferred charity. I couldn't recommend them highly enough." Barbara Biggart

With the festive season approaching, why not contact us to see how we can help make your home clutter free for Christmas!

Email us at:
getroomtobreathe@gmail.com



Preparing Your Home for the Colder Months



Painting by Alan Aitken

As Autumn arrives and the evenings begin to draw in, now is a good time to give our homes a little extra attention before winter sets in.

There are a few simple checks that can help prevent bigger problems later.

Clear gutters and drains, check your roof and external pipes, make sure windows and doors are weather-tight, arrange chimney sweeping and have your heating system serviced if it is due.

It is also worth checking smoke and carbon monoxide alarms and looking out for any signs of damp or condensation.

For anyone leaving their home empty for an extended period, there is another important consideration: insurance. Home insurance policies can contain specific conditions when a property is unoccupied, which may include requirements around inspections, heating or water arrangements. Always check your individual policy and speak to your insurer before leaving your property vacant.

Taking a little time to prepare your home before winter can provide peace of mind and help avoid problems caused by cold, wet and stormy weather. A small issue spotted early can often be much easier to deal with.

In association with Saltire Letting Solutions, providing bespoke home management and property care here in Gullane.

www.saltirelettingsolutions.co.uk

Emma van der Vijver

Saltire Letting Solutions

07703007827

Saltire
LETTING SOLUTIONS

Don’t get caught out this winter

We are already seeing in the press advice to stock up on food supplies & water due to the effects of El Niño weather conditions globally.
It is a good time to remind you not to get caught out this year should we experience extreme weather conditions or food shortages over the next few months.

It’s worth being prepared, not only for yourselves, but if you are **visiting an elderly relative or neighbour why not help assemble an emergency kit for them too—get the children involved as well!**

A basic emergency kit could include:

* Water - 2l of water per person per day
* Food that won't spoil, such as canned food, energy bars and dried foods & UHT milk. Infant formula, baby food and supplies
* First aid kit along with prescription medications, medical equipment
* Candles and matches or lighter (place in sturdy containers)
* Wind-up or battery-powered torch (and extra batteries)
* Mobile phone charger & power bank
* Wind-up or battery-powered radio (and extra batteries)
* Sleeping bag or warm blanket for each household member
* Hand sanitizer, toilet paper and garbage bags
* Pet food and supplies
* Extra heating source or fuel for fire.





Local Defibrillator available with 24hr access

✂ Cut out & keep

Gullane Village Hall
Available now 24/7

Gullane Sports Development Trust
Available now 24/7

Links Clubhouse
Available now 24/7

Visitors Clubhouse
Not available now 24/7

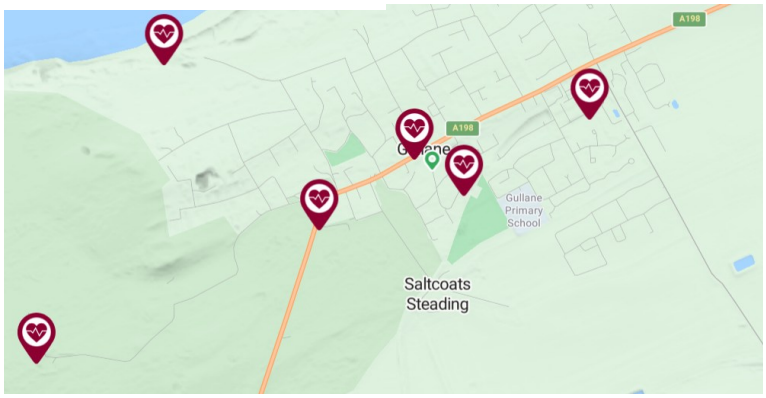
College Way, Gullane
Available now 24/7

Gullane beach
Available now 24/7
0.5 miles

Green Keepers Sheds
Available now 24/7
0.9 miles

Archerfield Walled Garden
Available now 24/7
1.2 miles

Muirfield Riding Therapy
Available now 24/7
1.3 miles



Local defibs available 24/7 according to **www.defibfinder.uk**

Coming soon ….

Planning is in progress to install a new defibrillator outside **Ballantine Goldie Optometrists, on Saltcoats Road**, just off the Main Street

This is being funded by Tracy Goldie of Ballantine Goldie with planning by local architect, Julian Frostwick of Architecture JF.

A great team effort to provide a vital piece of equipment to the centre of the village.

What's on in the Village Hall?



Gullane Village Hall: the ideal venue for all kinds of events

Whatever kind of event you're planning, Gullane Village Hall could be the perfect venue.

Already this year, the hall has played host to coffee mornings, quiz nights, ceilidhs, bridge drives, a music workshop, concerts, a race night, a flower workshop, meetings, and many birthday parties and family celebrations. In addition, all kinds of clubs and classes take place every week.

To find out more about the facilities and availability, visit

gullanevillagehall.org.uk
or email
gullanevillagehallbookings@gmail.com

The Gullane Community Ceilidh Band



The band meets every Friday morning from 10.30am. to 12.30pm in Gullane Village Hall. We are a mixed instrument group of amateur musicians whose repertoire is wide ranging in the folk tradition.

We play Scottish dance music for "ceilidhs", most recently at the family ceilidh during Gullane Games Week.

However, we are more than a ceilidh band. We contribute to the local community by performing sets of music, along with the occasional song, at a variety of venues throughout the year e.g. the R.N.L.I. fundraiser in North Berwick, Dirleton Fun Day on the Green and Gullane Day Care Centre. We are also visited regularly by residents of the Muirfield Residential Care Home - often an enthusiastic and appreciative audience.

Come along any Friday morning and sample the music we play and have a coffee and chat in a friendly and relaxed atmosphere. We look forward to welcoming you…….and you may even like to join us!

If you would like to contact us you can do so via
Gullanecommunityceilidhband@gmail.com

Gullane Community Table Tennis Club



A note for your diaries - Sunday the 27th December - our traditional family festive open afternoon in the Village Hall - 2.30pm to 4.00pm. Free to all - bats and balls provided. Accompanied children welcome.

We are a friendly village club that welcomes new members, whether you are a beginner, a rusty bat, regular player or hoping to play competitively in one of our three league teams. Our men and women members range from 10 years to over 80 years.

Our main club session is held most **Wednesday evenings in the Village Hall between 6.30pm to 9.00pm.** If you fancy a go - just come along on a Wednesday.

Our email is:
gullanetabletennis@gmail.com

For more information about the club please check our website for details:
www.gullanetabletennisclub.wordpress.com

We are an associate club of both Table Tennis Scotland and Table Tennis East Lothian.

Gullane's Apple Festival

Gullane's Apple Festival was held this year on Sunday 4th October.

Everyone enjoyed the opportunity to press apples, producing wonderful tasting juice.

There was tea and coffee served inside the village hall as well as an amazing array of apple related baking. It was a chance to swap recipes and catch up with friends and neighbours.

Thanks to everyone who helped with running this event and to the folk who visited the apple festival and supported us in raising funds for our village hall.

We look forward to seeing you at the next one!





The Village Hall urgently needs new trustees - interested?

Currently there are six trustees; one of us is stepping down in December and others are planning to do so. We urgently need three more trustees. Without these we may need to close the hall.

Chances are you'll have been to an event in Gullane Village Hall and know what a great venue it is for all kinds of clubs, classes and local events. What you may not know is that the hall isn't owned and managed by the local council, but instead belongs to the people of Gullane and the surrounding areas

for the benefit of everyone. A registered charity, the hall is entirely self-financing, generating income through a wide range of fundraising activities.

The development and day-to-day running of the hall are led by a committee of Trustees, with bookings managed by a bookings secretary.

The trustees meet once a month with an agenda which focuses on ensuring the hall is welcoming, well-run, sustainable and meets the needs of local people of all ages and backgrounds.

They also get involved in managing our ongoing programme of projects to develop the hall. We are looking for people with energy, creativity and expertise in any of these areas: the community or third sector, business, finance, fundraising, admin, bookings, communications, sustainability.

Are you worried about the time commitment?

It's generally around one day spread over the month, sometimes two depending on the actions we are taking forward.

Come and talk to us about it - get in touch by email to: **gullanecommunityassociation@gmail.com**

Gentle Adult Ballet class - Wednesdays 1.30 – 2.30pm

What a wonderful start we've had to our Gentle Adult Ballet classes at Gullane Village Hall. I've loved introducing these classes and welcoming a fantastic mix of participants. These range from complete beginners who are trying ballet for the first time, to those who have fond memories of dancing through their childhood, and

others who have dabbled with classes as an adult. Options are offered throughout the class to adapt the movement to suit your own needs and level, and it would be lovely to welcome more people to this friendly group.

Inspired by my 'Silver Swans' training with the Royal Academy of Dance, and over

20 years of teaching ballet to all ages, the main aim of these classes is to enjoy moving to beautiful music, with the added benefits of developing posture, balance, coordination and strength. As we head into the winter months this is a great way to be active, physically and mentally, and to share the company of others in a relaxed, welcoming environment. Please get in touch with any questions, and I hope to see you in a class soon!

f.skene@outlook.com or 07939215729



Glorious Gullane Bloomers

We welcome new recruits, and donations are always gratefully received as we continue to keep Gullane Glorious!

Glorious Gullane Bloomers
Business: 83-18-47
A/C: 10892867

Lorna Raeburn,
Glorious Gullane Bloomers Team
e3lor@me.com
07740987116







Growing Pride in Our Village

What a remarkable year it has been for the Glorious Gullane Bloomers. Through the dedication of our volunteers, the generosity of local businesses and residents, and the enthusiasm of the wider community, Gullane has been transformed with vibrant planting, welcoming new features and a renewed sense of village pride. From colourful tubs and hanging baskets to our flourishing wildflower habitat, our shared efforts are helping Gullane look more beautiful than ever.

New Additions Around Gullane

This year, new benches, tubs and hanging baskets have brightened Gullane. We would like to extend a huge thank you to the individuals, NB Area Partnership, Gullane Games, Gullane Food and Drink Festival and local businesses whose generosity and support made these additions possible.

Beautiful Scotland Judging

One of the summer's highlights was welcoming the Beautiful Scotland competition RHS judges on 7 August. They enjoyed a tour of the village, seeing first-hand the care and creativity that make Gullane such a special place.

The tour included the Golf Club, Gullane House, the Hill Road allotments, the Bents, Goose Green, the Children's Golf Course, the Blue Stane area, Main Street and other parts of the village. We also visited the Millennium Woods and Greywalls, where the judging concluded with a beautiful afternoon tea.

Now comes the exciting wait! The Beautiful Scotland Awards ceremony takes place on 10 November, when we will discover whether Gullane has achieved a Bronze, Silver or Gold award.

Whatever the result, we are immensely proud of our volunteers and deeply grateful for the wonderful support we receive from across the village.

Wildflower Habitat

We were delighted to receive so many compliments about the wildflower habitat beside the traffic lights at the east end of the village. This area has been transformed through kind support from The NB Area Partnership and ELC Amenity Team .

The response has been wonderfully encouraging, and we are now developing plans for a more permanent design in this popular area, building on the success of this year's planting.

Looking Ahead to Spring

There is plenty more to look forward to. As part of our continuing joint venture with the North Berwick Rotary Club, we will be planting an impressive 24,000 crocus bulbs.

It will be a sizeable undertaking, but the reward should be a spectacular splash of colour for everyone to enjoy when spring arrives.

In October, we will also remove the summer bedding plants and annuals from the tubs and planters, replacing them with winter bedding and bulbs ready for the spring display.

Making a Difference

The Bloomers were delighted to receive an invitation from the Provost recognising people and groups across East Lothian who are Making a Difference.

It was lovely to see the contribution of the Bloomers and our volunteers to village life acknowledged in this way.

Get Involved

Of course, none of this would be possible without our volunteers and the support of the wider community.

Whether you can spare a little time to help with planting and maintenance, would like to become more involved, or simply wish to support our work with a donation, we would be delighted to hear from you.

Glorious Gullane Bloomers
Business: 83-18-47
A/C: 10892867



Gullane Community Children's Hub

We have had a great term so far at The Hub. The children across our services have enjoyed celebrating the harvest and digging up our potato crop.

A huge thank you to the Gullane Food & Drink Festival and Gullane Games for their generous donations, which the children have really enjoyed spending! We have bought a cake mixer, air fryer, extra large toaster, children's knives to name a few. Lots of baking/cooking fun to come later this term.

Currently there is excitement building about Halloween (we've grown our own Hub pumpkin!) and Bonfire Night and we will then be thinking about Christmas preparations.

We currently have a few spaces in our Playgroup, for 2-5 year olds.

We also have a very small number of spaces at our After School Club on a Monday and Tuesday and Breakfast Club on a Monday, Wednesday and Thursday.

If you are interested, please fill out an application form (on our website under the parent zone tab) or contact Sally on **manager@gullanecchub.org**

Gullane Community Children's Hub



The Coastal Communities Museum Trust needs you ...

The Coastal Communities Museum Trust is looking for a new representative from Gullane & Area Community Council to join its Board.

The Museum located in North Berwick, represents the wider Coastal Ward, preserving and celebrating the history and heritage of its coastal communities.

The Trust is a Scottish Charitable Incorporated Organisation (SCIO), with its Board structured to ensure that communities across the Coastal Ward have a voice. Following the retirement of the current representative, there is now an opportunity for someone from Gullane & Area Community Council to take on this important role.

If you have an interest in local history and heritage and would like to contribute to the work of the museum, this could be an opportunity to get involved, meet others who share your interests, and help ensure that the story of our coastal communities continues to be valued and shared.

Interested in finding out more?

For further information about the Trustee role, please contact:

hello@coastalmuseum.org

COASTAL COMMUNITIES MUSEUM





Who remembers finding a bike under the Christmas tree?



There's something pretty special about your first bike – and we think it's still one of the best presents you can give.

North Berwick Bikes is now open at Archerfield Walled Garden, with kids' bikes, mountain bikes, road and gravel bikes, plus quality e-bikes from trusted brands.

We stock Orbea, SCOTT, Cannondale, Bergamont and Moustache, alongside MET helmets, cycling accessories and Kids Ride Shotgun products for younger riders.

Every new bike comes with expert bike fitting and one year's free servicing, so we'll make sure it fits properly and keeps running beautifully all year.

Our workshop is open for servicing and repairs too, including Bosch and Shimano e-bikes. Head mechanic Tom has over 25 years' experience in the cycle industry, from running bike shops to testing and writing about bikes for leading cycling magazines.

Pop in for a browse and a chat.

North Berwick Bikes – Archerfield Walled Garden
Monday–Friday: 10am–4pm | Saturday: 10am–1pm
Sunday: By appointment
northberwickbikes.co.uk

Excellent Bikes. Expert Servicing.

Gullane Tennis Club

We offer several club sessions :

- **Monday social tennis 18.30-20.30pm**
- **Tuesday Early Bird session 07.30/8am start**
- **Thursday social tennis 09.30-11am**
- **Sunday casual social tennis 09-10.30am**

We also have an outdoor table tennis table, bats & balls and a pickleball set for members' use on a booked tennis court.



It has been a busy few months with lots of great tennis culminating in some exciting finals in the GTC club championships - well done to all the finalists!

Special mention is needed of the huge achievement of GTC President, Sarah Lang, and friends in running a tennis event and raising £2600 for Brain Power - brain tumour research is such a worthy cause - very well done indeed.

If you would like to get playing tennis again, or even try it for the first time, the tennis club always welcomes new members and our club coach Roddy Barbour has various coaching programmes to suit all - so please do get in touch

The coaching blocks are well into the Autumn term and are run by Roddy and his team at Vantage Tennis Coaching. Check out the term-time and school holiday sessions for Juniors, plus Superdrills, Beginners and Improvers Coaching sessions for adults throughout the year on their website : **www.clubspark.lta.org.uk/vantagetenniscoaching**

Annual Membership:

Adults £65, Family £135, Juniors & Youngster (3-18) £20, Concessions (over 65s) £35 & Students £30.

Non-members are welcome to try tennis with low court booking fees - £6/hr for singles & £12/hr for doubles - a supply of rackets & balls are available for guests to use.

We look forward to welcoming you soon and you can find us on Hamilton Road, Gullane EH31 2HP. For more information please check out our Facebook page or email us at: **membership@gullanetennisclub.com**

DATES FOR THE DIARY:

7 Oct Annual Burley Tournament 7pm

18 Oct Vets (60+) Mixed Doubles Trophy

12-16 Oct - Kids Tennis Camp (P1-P7)

3 Dec - Tennis + Xmas Mince Pie Tasting @ 9:30am

Please check Facebook and website for timings and more details

Gullane Parish Church

You will always be warmly welcomed at Aberlady and Gullane Parish Church.

Services take place at our churches in both villages. Details are on the notice-boards at both churches and on our website.

Remembrance Sunday is on 8th November. There will be a service at 09.45 in Gullane Church, followed by a short service at the War Memorial at 11.00. There will also be a service in Aberlady.

Our popular **Children's Christmas Craft Afternoon will take place in Aberlady Kirk Stables on Sunday 29th November from 3pm-5pm**. All children are welcome (and must be accompanied by an adult). There will be an hour of crafting, the Story of Christmas, and then sandwiches, fruit and cakes.

The annual **Carols on the Green will take place at 4pm on Sunday 20th December on the Smiddy Green,** followed by refreshments in Gullane Church Centre.

Aberlady and Gullane Parish Church supports and collects for the East Lothian Foodbank.

And, last but not least, we have a new full time Minister! Reverend Bob Fowlie will be joining us from late November. Please come and say hello to Bob and welcome him to our village!

Website
www.aberladygullaneparishchurch.co.uk

Email
agpcsecretary@outlook.com

Children's activities email: agpcchildren@gmail.com

Aberlady & Gullane Parish Church



St Adrian's Church

As mentioned in our last article, St Adrian's Church will celebrate it's 100th birthday as a worshipping community in the current church on 27th January 2027. As part of our celebration, we will have a Festival Eucharist presided at by the Bishop of Edinburgh, that evening and all are welcome to come. We are also making a display and opening up the church that week and we would love to receive any photos local people may have of their weddings, baptisms or special family occasions at the church to put in that display. Photos can be sent to the Rector (see below) or you can bring them along on a Sunday.

It's been really good through the autumn to see our new extension taking shape and we will have new toilets including a disabled one and better kitchen facilities for church and community events.

Anyone who wants to, is every welcome to join us at our regular 9.30am service. We are really looking forward to our Christmas Eve Crib and Christingle service at 5pm when we will invite children to dress up and invite all present to join in in acting out the Christmas Story and we sing carols, bless the crib and give out christingles.



The Rector, Simon Metzner, can be contacted on 01620 892154 or simonmetzner@sky.com

Coro Con Spirito

Coro Con Spirito, the Aberlady and Gullane community choir, is a friendly and relaxed group who sing together on Tuesdays at 7.30pm in St Adrian's Church, Gullane. We are always keen to welcome new members – particularly some additional male voices! Although an ability to read music is helpful, it's not essential as audio tracks are provided for home practice.

The choir has spent the first half of the term learning a variety of new pieces – from classical to pop – in readiness for our May concert. In a change from recent years, however, we are excited to be staging a carol concert rather than the usual November performance and will be turning our attention to Christmas music over the coming weeks.

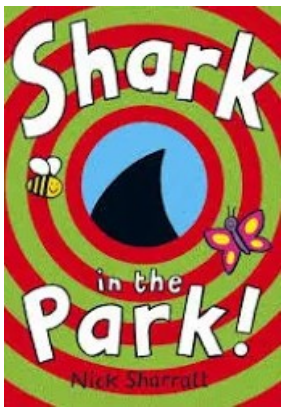
The Christmas concert will take place in St Adrian's on Friday 11th December at 7pm and all are welcome.

CoroConSpirito

For further information please email **orlando.mason@gmail.com** or simply come along and join one of our Tuesday practices.

Gullane Baby and Toddler Group





A big thank you to Katie Reid, who organised a beautiful and fun morning at the Baby and Toddler group on the 25th of September – Katie provided crafts for the children to decorate their own telescopes and used them while reading "Shark in the Park". It was a wonderful morning and one we hope to repeat!

A big thank you to all our wonderful helpers: from setting up the toys and activities, to making snacks, tidying up, and offering a friendly smile, every bit of what you do helps create a safe, fun, and nurturing space where children can play, learn, and grow.

Looking ahead, we have some exciting dates for your diary:

* Halloween themed Craft; Dress-Up on the 30th of October, with costumes, themed games, and a little spooky fun;
* Christmas Craft & Dress-Up on 11th of December, complete with festive treats.

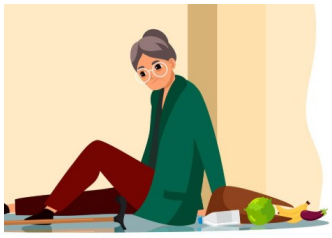
We can't wait to share these moments with you and continue building wonderful memories together!



Health & Wellbeing

Falls Prevention: Small Changes, Big Impact

MORVEN MCLELLAND
FUNCTIONAL INDEPENDENCE: PRACTICAL OCCUPATIONAL THERAPY SUPPORT FOR EVERYDAY LIFE



Falls are one of the leading causes of injury among older adults, but the good news is that most are preventable. Understanding the risk factors and taking practical steps can make a real difference to safety and independence.

Know the risks. Muscle weakness, poor balance, certain medications, vision problems, and hazards in the home all increase the likelihood of a fall. Reviewing these factors regularly, especially after a change in health or medication, is an important first step.

Strengthen and steady. Simple exercises that build leg strength and improve balance, such as sit-to-stand routines or short daily walks, can significantly reduce fall risk over time. Many community groups and occupational therapists and physiotherapists offer tailored programmes for this purpose.

Check the home. Removing loose rugs, improving lighting, fitting grab rails in bathrooms, and keeping walkways clear are all low-cost changes that reduce hazards.

Review medications. Some medicines can cause dizziness or drowsiness. A regular medication review with a GP or pharmacist can identify and address these risks.

Get eyes and feet checked. Annual sight tests and properly fitted, supportive footwear both play a surprisingly large role in maintaining stability.

Falls prevention isn't about one big change, it's about consistent, small actions that add up to lasting confidence and safety.

Kindly contributed by Morven McLelland

www.morvenmclellandot.podia.com/free-falls-checklist

Weekly Classes in the Recreation Hall

Morven McLelland's Chair-Based Balance & Functional Exercise

Every Monday -

Chair-Based Balance & Functional Exercise 4:00pm – 5:00pm

A gentle, seated class designed to build strength, improve balance, and support everyday movement. Perfect for those wanting to stay steady, strong, and independent, no floor work required.

Mat-Based Yin Yoga

6:00pm – 7:00pm

A slow, restorative yoga practice focused on deep stretching, flexibility, and relaxation. Suitable for all levels, just bring a mat and comfortable clothing.

New Booking System : https://morvenmclelland.simplybook.it/v2/#book/service/2

Telephone: 07939511161 or email enquiries@morvenmclelland.com

Location: Gullane Recreation Hall

Come along to one class or both, all welcome!

Chair Yoga with Janet

A gentle yoga class using a chair for support, making it perfect if you have limited mobility, balance concerns or simply feel more comfortable with a little extra stability.

Through seated movements, we work on stretching, improving mobility and building strength, all at a pace that feels comfortable for you.

Relax, let go and have fun while taking time to breathe and unwind. You'll be amazed at what you can achieve in a short time and all you need to bring is yourself.

We finish with tea, biscuits and a blether. All ages, everyone welcome.

Gullane Recreation Hall | Tuesday 2 - 2.45pm | £7 drop in

Find out more:

www.janetbaxter.com

07967 275 962

hello@janetbaxter.com



The goal of yoga is not the pose….

People come to classes for all sorts of reasons and usually the focus is on something tangible e.g. to improve mobility, stretch tight muscles or learn new stretches. These things are all fabulous and do happen in a class, but it's not really what Yoga is truly about. The goal of Yoga is to pause, slow down, reconnect with the self and find calm. We just happen to do all the movement and breathing stuff to help us get there. This is why relaxation and breathing practice comes at the end of the class and why we leave class feeling relaxed and calm, we have spent time slowing down and tuning in. Innercise versus exercise. The reason I do Yoga is to find calm and slow down and I always like myself better and feel more like "me" after my Yoga practice. What does Yoga practice give you and do you come to Yoga with a goal or aim in mind and what is it? Let me know sometime you see me, at class or out and about!

EAST LOTHIAN YOGA SCHOOL
WITH NICOLA BOURKE

Yoga for wellbeing in East Lothian with Nicola Bourke /
Nicola_bourke@hotmail.com

07766174462
www.eastlothianyogaschool.co.uk

Chair Yoga in Gullane Recreation Hall on Wednesdays at 11:15am for 45 minutes.

Hatha Yoga in Gullane Village Hall on Thursdays at 12:30 for 75 minutes.

Dates for your Diary





✂ **Cut out & keep**

October 2026

Sat 24th & Sun 25th	11am-4pm - GVA Artisan Fayre – local crafts & stalls - Gullane Recreation Hall
Sun 25th	PTA Harvest Food bank collection 4-7pm
Mon 26th	ELC Place Making Project team meetings- Recreation Hall 2-4pm & 7-9pm

November 2026

Sat 7th	Sewforth Craft group meeting in Gullane Village Hall at 2pm
Sun 8th	9:45am - Remembrance Service, Gullane Parish Church
Sun 9th	11am - Laying of wreathes and minute silence, Gullane War Memorial
Fri 27th	Christmas Food & Drink Festival 4-8pm - Gullane Village Hall & Gullane Bowling Club
Sun 29th	Children's Christmas Craft Afternoon Aberlady Kirk Stables 3-5pm

December 2026

Sat 5th	Sewforth Craft group meetings - Village Hall at 2pm
Fri 11th	Coro Con Spirito choir concert - 7.00pm St Adrian's Church
Sun 20th	4pm 'Carols on the Green' Smiddy Green

January 2027

Mon 19th	Gullane Village Newsletter copy deadline for Spring Newsletter

GVA news updates

ELC plan to undertake further community engagement on the future of a number of community facilities across East Lothian, including the Recreation Hall.

In their own words "These facilities play an important role in supporting local communities and the forthcoming engagement will provide an opportunity to listen to residents, community organisations and existing stakeholders about how they can continue to be sustained and thrive in the future … the purpose of the engagement is to gather views, understand local aspirations and explore what opportunities may exist."

The GVA would appreciate anyone who can make the time to pop in on the day to share your experience of using the Recreation Hall and how you see it's future.

We will be in attendance should you want to chat to us too.

On Monday 26th October the ELC Place Making will be holding two Public Meeting sessions in the Recreation Hall from

2-4pm and 7-9pm .

We hope you can attend.

What's new in the Recreation Hall?

Sporting Memories has started in Gullane. This is a group dedicated to bringing older people together to make a positive difference in their lives by providing them with a welcoming, supportive and structured environment where they can develop confidence to improve their lives. The sessions are **every Tuesday, 10.30-12noon, in the Recreation Hall**. Come along & join us!

A new 6 week block of **Adult Beginners Sewing classes** is well under way with a lovely fun group. So far they have made Harris tweed coasters, cushion covers & tote bags! Then it's on to peg bags, kids shorts & a Japanese rice bag. We are still using the amazing donation of fabrics that we were given from Castle Cottage Interiors which has helped to keep costs down for those attending.

We have also been running a **Kids Crochet Class** with the wonderful Fiona directing everyone with a great deal of patience. Look at the results from one very keen crocheter!





Our **newly installed dimmable lighting** is also proving a great hit with users, particularly the Table Tennis Club as it now enables then to use the hall to coach & hold competitions.



How to support the Gullane Village Association?

The trustees would like to extend our heartfelt thanks to those of you who have donated to the GVA over the last few months.

These wonderful donations have allowed us to continue to distribute the 2026 newsletters free of charge to everyone in the village.

If you would like to support us with this and other forthcoming projects that benefit the village in positive ways, please help us by:

* Making a donation, however small
* Signing up to the East Lothian Lottery as this gives us regular income & you get a chance to win for just £1 per week!
* Donate your time or services - we'd love to hear from you!



Bank Details:

Gullane Village Association

A/c: 21755961

Sort Code: 80-22-60

Send cheques:

Krish Bissoonauth - GVA Secretary, Gullane Recreation Hall, Hamilton Road Gullane, EH31 2HP

Developing, enhancing & connecting the village community

How to get your community organisation included in the next edition?

We plan to issue the New Year Gullane Village Newsletter and will be working to the following deadline for copy:
Monday 18th January 2027 (delivered w/c 9th February)

Articles should be between 100 – 200 words, with photo or logo if possible, and should take the form of a news article. Email us at: **gullanevillageassoc@gmail.com**. If your article is for local business advertising purposes, it will be subject to approval & small charge.

Please see our Facebook page or website for updated information.

Why not become a member of the GVA?



Membership is open to any permanent resident of Gullane & West Fenton over the age of 16. All you need to do is send us an email with your details, post a note or sign up on our website. All details will be held confidentially by the Secretary in accordance with GDPR.

The GVA Trustees

A huge 'thank you' goes out to all current GVA trustees for all their time & effort during 2026 and we are delighted to have welcomed new trustees, Silvia Agostini & Catherine Holme. As both have young families, this provides us with a great connection with the Nursery & Primary School activities and brings down our average age considerably!
We would like to take this opportunity to thank you all for supporting us throughout the year and we wish each and everyone of you a very Merry Christmas and Happy New Year when it comes!

If you would be interested in using the Recreation hall for your group or event, please do not hesitate to email us on:

bookings.recreation.hall@gmail.com

You can check out our bookings calendar for availability & download forms on:

www.gullanevillageassoc.com/hall-booking

Interested in helping the GVA trustees, forming a sub-group or having your group represented, then please get in touch with us below:

You can keep up to date online with GVA news or contact us on:

Website: www.gullanevillageassoc.com
Facebook: www.facebook.com/GullaneVillageAssoc
Twitter: twitter.com/assocgullane
Instagram: www.instagram.com/gullanevillageassoc/
General emails: gullanevillageassoc@gmail.com
Hall Bookings Email: bookings.recreation.hall@gmail.com

RECYCLABLE PAPER

Mail: Krish Bissoonauth, GVA Secretary, Gullane Recreation Hall, Hamilton Rd, Gullane EH31 2HP