



The In-Flight Beauty Routine That Literally Saves Your Face

Touchdown! The seatbelt sign dings off. **Vacation mode: activated.** You're ready for sunshine, cocktails, and soaking in every moment.

But then your skin chimes in with its own itinerary.

That dreamy, radiant “post-flight glow”? Yeah...it missed the flight. Instead, you're greeted by some seriously moody skin—dry here, oily there, a little cranky, and totally judging your packing choices.

If your face could talk, it wouldn't be whispering sweet nothings—it'd be side-eyeing you in the bathroom mirror, muttering, *“Really? Ten outfits for two days, but no plan for me?”*

We've been there. And that's exactly why we created a solution for **stressed out travel skin**.

How Flying Wreaks Havoc on Your Skin

At 30,000 feet, your skin is under assault:

- **Dry cabin air** – humidity levels drop below 20%, dehydrating your skin faster than you can say “window seat.”

- **Pressure and altitude changes** – can leave your skin feeling tight and puffy.
- **Airflow and temperature fluctuations** – often create uneven dryness and sensitivity.
- **Travel stress** – rushing to the airport, navigating terminals, or lack of sleep can trigger breakouts or dullness.

The experts at the Cleveland Clinic say: *"It's not just your imagination — flying in an airplane can zap your energy, dry your skin and make various body parts feel different or weird."*

Check, check, and check.



The Problem with “DIY” Travel Skincare

Many travelers try to make their usual products work while traveling:

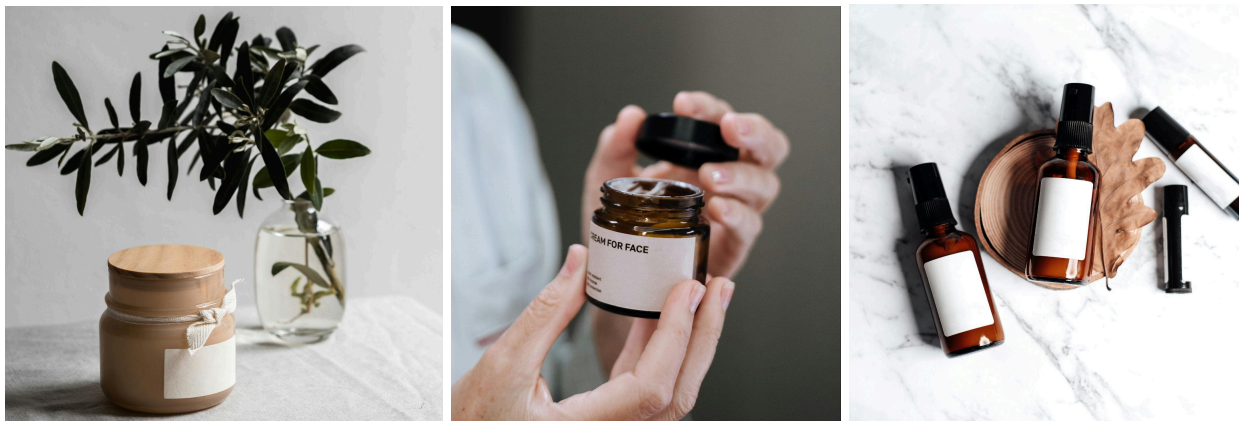
- Decanting full-size cleansers, moisturizers, and sprays into tiny containers
- Carrying mismatched wipes or creams that don't play well together
- Spending more time worrying about packing and organizing than actually enjoying the trip

The result? Leaks, messes, and sulky skin. Even if you try your best, your skin might survive, but it won't thrive.

That's where we come in.

Meet the Sundara + Co Travel Kit

We designed the **Sundara + Co Travel Kit** to solve all your in-flight skin struggles. Each product is carefully formulated to work in harmony, creating a **balanced and nourishing travel routine** that keeps your skin calm, hydrated, and radiant—without the mess.



What's inside and how it helps:

✨ **Gentle Cleansing Wipes** – Infused with soothing botanicals, these wipes remove makeup and impurities while protecting your skin's natural barrier. Perfect for when there's no sink in sight, they leave your skin soft and refreshed.

✨ **Refreshing Facial Spray** – A quick spritz instantly restores moisture lost to the dry cabin air. Formulated with replenishing extracts, it calms stressed skin and helps maintain a healthy glow.

✨ **Restorative Moisturizer** – Rich yet lightweight, this cream locks in hydration without feeling greasy. It revives tight, dry skin, smooths texture, and leaves your face feeling comfortable and resilient.

✨ **Eye Cream** – Designed for the delicate under-eye area, this cream reduces puffiness, brightens tired eyes, and helps you look well-rested, even after red-eye flights.

✨ **Day Cream with SPF 45** – Our weightless and non-greasy formula provides broad-spectrum protection, so your skin's ready for sun, city, or poolside adventures.

Each product is designed to **work together seamlessly**, so you don't have to worry about layering issues or conflicting formulas. Compact, travel-ready, and thoughtfully crafted, this kit finally makes **in-flight skincare easy and effective**.

And the best news? Your skin stays happy and hydrated—even in the air.



How to Use Your Travel Kit

Simple, effective steps that keeps your complexion content at every altitude:

1. Start fresh

Remove all makeup and prep your skin with cleansing wipes. Think of it as resetting your skin before the flight begins.

2. Nourish

Spritz your face with the facial spray and layer moisturizer as needed. If you notice tight patches or puffiness, a quick refresh helps maintain comfort.

3. Revive your eyes

Apply eye cream to keep delicate under-eye skin calm, bright, and depuffed.

4. Refresh before landing

Cleansing and reapplying moisturizer just before you touch down keeps skin feeling

fresh. Your face will thank you when you step off the plane, ready for sightseeing or sun-kissed photos.

5. Don't forget SPF

Before landing—or anytime you're headed into sunlight—apply the day cream with SPF 45 to protect your skin from UV damage while keeping it hydrated and radiant.

Quick Tip: Skip heavy foundation on travel days—it means happier pores that can soak up all the goodness.

Why It Works: The Botanicals Inside

Every product in the Sandara + Co Travel Kit is powered by skin-loving botanicals and revitalizing extracts chosen to restore balance while you're on the go:

🌿 **Aloe Vera** – Calms stressed skin, easing redness and irritation from recycled air and long travel days.

🌸 **Chamomile** – Comforting and healing, this gentle extract helps keep skin relaxed and refreshed mid-flight.

💧 **Hyaluronic Acid** – A hydration powerhouse that draws in and holds water, keeping skin plump and supple at any altitude.

🌱 **Green Tea Extract** – Rich in antioxidants to fight free radicals and support your skin's natural balance.

🥒 **Cucumber Extract** – Instantly cooling, it reduces puffiness (especially under the eyes) and revives tired-looking skin.

🌹 **Rosehip Oil** – Lightweight and nourishing, it replenishes moisture, supports skin elasticity, and leaves skin soft without feeling greasy.

This combination of ingredients works together harmoniously to calm, nourish, and protect—keeping your complexion radiant every step of the way.

From Travel-Sized to Full-Sized

Love the travel kit? You'll adore our **full-sized products** for at-home use:

Contact: www.bradellcreativeagency.com / Kim@bradellcreativeagency.com

- **Keep your routine consistent** whether traveling or at home.
- **Enjoy long-lasting hydration** and care beyond your flight.
- **Maintain the same glow** you love mid-air.

Special promotion: Snag 10% off your first full-sized set with code **FLYGLOW**. Your skin—and your future selfies—will thank you.



Bonus Tips for In-Flight Skin Health

Here are a few extra things we've learned over thousands of flights:

- **Drink water frequently**—cabin air and high altitudes can leave you feeling parched, so keep your skin (and body) happy.
- **Keep hands off your face**—touching spreads germs and can increase oil production, further irritating sensitive skin.
- **Go easy on alcohol and excess caffeine**—both can leave your skin feeling tight and tired, so sip wisely.

- **Use lightweight layers of moisturizer**—this encourages quick absorption and keeps your skin comfortable all flight long.

Little tweaks like these can make a big difference—especially when teamed up with the Sundara + Co Travel Kit. A touch of mid-flight care = touchdown-ready skin (and share-worthy smiles).

Your Travel-Happy Skin Starts Here

Travel doesn't have to mean tired, dehydrated skin. With the Sundara + Co Travel Kit (and full-sized products for home), your complexion stays calm, refreshed, and ready to glow—no matter how long the flight or how far your adventures take you.

Whether it's a quick business trip, a red-eye to a tropical escape, or a weekend getaway, our kit makes **in-flight skincare simple and effective**, so you can focus on enjoying your journey.

Ready to experience effortless in-flight skincare? Your carry-on just got a major upgrade.

"At Sundara + Co, we believe that travel shouldn't come at the cost of your skin—your glow should radiate, wherever your journey takes you."

[Shop the Sundara + Co Travel Kit] ([link](#))



Engage With Us

Contact: www.bradellcreativeagency.com / Kim@bradellcreativeagency.com

We'd love to hear from you:

- What's your favorite travel-friendly skincare hack?
 - Do you have a go-to in-flight product you swear by?
 - Share your #InFlightGlow selfies on social media—we love seeing our products in action!
-

Coordinated social content:

[Click to view](#) examples of posts created to support the Sundara + Co Travel Kit blog, demonstrating how integrated content can extend reach and drive engagement.