

# PACIFIC COAST GYMNASTICS

Schedule Effective March 1, 2024

You can view current availability as well as enroll in classes directly through your iClassPro Account. Visit our website at [www.pacificcoastgymnastics.com](http://www.pacificcoastgymnastics.com) and select our New and Existing Customer Portal to enroll today!

CoEd Preschool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sea Horses &amp; Me</b> 18 mos-3 yrs		10:00-10:45am		9:00-9:45am 10:00-10:45am 5:00-5:45pm		10:00-10:45am 11:00-11:45am
<b>Sea Otters</b> 3-4 yrs	10:00-10:45am 4:00-4:45pm	11:00-11:45am	4:00-4:45pm	9:00-9:45am 4:00-4:45pm 5:00-5:45pm	4:00-4:45pm	9:00-9:45am 10:00-10:45am

Boys Recreational	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Stingrays</b> 4-5yrs		4:00-5:00pm	5:15-6:15pm			10:00-11:00am 11:00-12:00pm
<b>Boys Level 1</b> 6-10 yrs	4:00-5:00pm	5:00-6:00pm	4:00-5:00pm			12:00-1:00pm
<b>Boys Level 2*</b>	5:15-6:40pm					

Girls Recreational	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sharks</b> 4-5 yrs	11:00-11:55am 4:00-4:50pm 5:00-5:50pm	4:00-4:50pm 5:00-5:50pm	4:00-4:50pm 5:00-5:50pm	11:00-11:50am 4:00-4:50pm 5:00-5:50pm	5:00-5:50pm	9:00-9:50am 10:00-10:50am 11:00-11:50am
<b>Level 1</b> 6-8 yrs	4:00-4:55pm 4:30-5:25pm 5:00-5:55pm 5:30-6:25pm 6:00-6:55pm	4:00-4:55pm	4:00-4:55pm	4:00-4:55pm 5:00-5:55pm 6:00-6:55pm	4:00-4:55pm 5:30-6:25pm	9:00-9:55am 10:00-10:55am 11:00-11:55am
<b>Level 1</b> 8-11 yrs	4:00-4:55pm	5:00-5:55pm 6:00-6:55pm	5:00-5:55pm			9:00-9:55am
<b>Level 2*</b>	5:00-6:25pm 6:30-7:55pm	4:00-5:25pm 6:00-7:25pm	4:00-5:25pm 6:00-7:25pm	6:00-7:25pm		10:00-11:25am
<b>Level 3*</b>	5:00-6:55pm	4:00-5:55pm	5:15-7:10pm	6:00-7:55pm		
<b>Level 4*</b>			6:00-8:00pm	4:00-6:00pm		
<b>Beginner Teen Gymnastics</b> 12-17 yrs					4:00-5:25PM	
<b>Intermediate Teen Gymnastics</b> 12-17 yrs		6:00-7:25pm				

CoEd Recreational	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Novice Aerial Silks</b> 7-14y			5:00-5:55pm 6:00-6:55pm		5:00-5:55pm 6:00-6:55pm	12:00-12:55pm
<b>Intermediate Aerial Silks*</b> 7-14y						12:00-12:55pm
<b>Beginner Tumbling</b> 6-8y			6:00-6:55pm			
<b>Intermediate Tumbling*</b>				7:00-7:55pm		
<b>Open Gym Ages 6-12 (Current Students Only)</b>					6:00-7:30pm	

\* Enrollment by invite only

## Pacific Coast Gymnastics FAQs

### How do I get started?

Once you create a parent account through our New & Existing Customer Portal in iClassPro and add your child as a student, you should be able to view all classes available to them based on their age. Visit our website at [pacificcoastgymnastics.com](http://pacificcoastgymnastics.com) and click on the big yellow button that says SCHEDULE A CLASS to create your Parent Account.

### My child is new to gymnastics. Which class would they be in?

For children 5 and under, their class is determined by age and they will join an age-appropriate class in our ages 18 mo - 5y PreK program. At age 6, girls will start with Level 1 Women's Gymnastics classes and boys will start with Boys 6+ Men's Gymnastics classes. All students start at Level 1 and upon completion of their Level 1 Skill Chart will move to the next level.

### What should my child wear to class? Do they have to be in leotards?

Gymnasts may wear tucked in T-shirts and shorts OR Leotards for Girls. Hair should be pulled neatly and securely away from the face so that it stays up for the entire workout. Gymnasts should not wear bows or other large hair ornaments, hooded sweatshirts, dangling jewelry (earrings or necklaces), or any other item that may cause discomfort during activity. We suggest leggings or joggers with a long-sleeved shirt in the winter and athletic shorts and fitted tank tops in the summer.

### How do I know when my child is ready to move to the next level?

For all preschool-style classes (18mo - 4y), your coach will let you know as soon as they believe they are ready for the next step! For all leveled classes, we require the successful completion of their skill chart for their current level. Once they have mastered all skills across all events at their level, their coach will discuss with you looking at transitioning to the next level.

### Tuition

Tuition is billed based on a general schedule of four classes per month. We do not charge increased tuition if there are five available classes in any given month, given your day of practice, and we do not prorate tuition if there are at least three classes available. Tuition is charged via autopay on the first for the upcoming month's classes.

Class Type	# Classes Per Week	Monthly Tuition
<b>45 Minute Classes</b> Sea Horses (Buddy & Me) and Sea Otters	1 Class 2 Classes	\$130 \$230
<b>50 Minute Classes</b> Sharks	1 Class 2 Classes	\$145 \$240
<b>55 Minute Classes</b> Girls Level 1, Tumbling	1 Class 2 Classes	\$150 \$250
<b>55 Minute Classes</b> Aerial Silks	1 Class 2 Classes	\$160 \$245
<b>1 Hour Classes</b> Stingrays, Boys Level 1	1 Class 2 Classes	\$155 \$270
<b>1 Hour 25 Minute Classes</b> Girls Level 2, Teen Gymnastics, Boys Level 2	1 Class 2 Classes	\$200 \$335
<b>1 Hour 55 Minute Classes</b> Level 3	1 Class 2 Classes	\$230 \$340
<b>2 Hour Classes</b> Level 4	1 Class 2 Classes	\$235 \$345
<b>Open Gym Ages 6-12 (Current Students Only)</b>	1 Session	\$30 per Student

### Private Lessons

Athletes may schedule private lessons in addition to regular classes. Rates are \$60 for a 30-minute lesson or \$100 for a one-hour lesson charged through your iClassPro account.

Private lessons must be scheduled outside of regular class times. On weekdays, this means before 4:00 PM or after 7:00 PM. On Saturdays, lessons may be scheduled before 9:00 AM or after 12:00 PM.

**\*Non-members are not eligible for private lessons\***

Our **Annual Registration Fee** is \$65, paid upon enrollment and again yearly in the month of enrollment.  
Please enroll via iClassPro to schedule a Complimentary Trial Class.

#### Office Hours

Mon/Thu 12PM - 2PM, 3:30PM - 7:30PM  
Tue/Wed/Fri 3:30PM - 7:30PM  
Sat 9AM - 12:30PM  
Sun CLOSED

#### Contact Us

(760) 489-4496  
pcgfrontdesk@gmail.com  
992 Rancheros Drive San Marcos, CA 92069