PACIFIC COAST NEWS

SEPTEMBER 2026

UPCOMING EVENTS

WEDNESDAY, SEPTEMBER 9

PCG Carnival Showcase Registration & Admission Tickets OPEN

MON, SEP 12 - SAT, SEP 17

National Gymnastics Week!

WEDNESDAY, OCTOBER 7

Last Day to Order a Carnival Leotard or Compression Tank

MONDAY, OCTOBER 12

PCG Closed: Indigenous Peoples' Day

SUNDAY, OCTOBER 25

PCG Carnival Showcase Rehearsal

SATURDAY, OCTOBER 31

PCG Closed: Halloween

WEDNESDAY, NOVEMBER 11

PCG Closed: Veteran's Day

SUNDAY, NOVEMBER 15

3rd Annual PCG Carnival & Showcase
11AM - 3PM

NATIONAL GYMNASTICS WEEK

SEPTEMBER 14 - SEPTEMBER 19

This is a time where all USAG clubs celebrate our mutual love and dedication to gymnastics as a sport! As a gym, we'll be celebrating all week long with theme days, in-class games, and a different skill focus each day. We are pulling for our National Gymnastics Week Raffle on Saturday. Get your tickets at the front desk all week!

MORE INFO >

3rd Annual PACIFIC COAST CARNIVAL

SUNDAY, NOVEMBER 15
11 AM - 3 PM

RECREATIONAL SHOWCASE INSIDE PCG CARNIVAL OUTSIDE!

WHAT WILL BE AT THE CARNIVAL?

ADMISSION TICKETS

- GAMES & PRIZES
- BOUNCE HOUSE
- FACE PAINTING
- UNLIMITED PHOTO BOOTH
- CARNIVAL CONCESSIONS & FOOD
- SHOWCASE PERFORMANCES ALL DAY!

FALL RECREATIONAL SHOWCASE

TO PARTICIPATE IN THE FALL PERFORMANCE, REGISTER ONLINE BY OCTOBER 25TH

PERFORMANCE TIMES

10 AM	SEA OTTERS, STINGRAYS, SHARKS, GIRLS INVITES
11 AM	GIRLS LEVEL 1 (6-8Y), BOYS LEVELS 1-2, TUMBLING
12 PM	GIRLS LEVEL 1 (6-8Y), GIRLS LEVEL 1 (8-11Y), TEEN GYM
1 PM	GIRLS LEVEL 2, GIRLS LEVEL 3, & GIRLS LEVEL 4
2 PM	BEG. AERIAL, INT. AERIAL,& AERIAL ARTS TEAM

REGISTRATION IS $20 PER CHILD AND INCLUDES PARTICIPATION IN THE EVENT, DRESS REHEARSAL, CARNIVAL ADMISSION, & A CUSTOM SHOWCASE MEDAL!

SHOWCASE REGISTRATION

SATURDAY 9/19 WE ARE PULLING FOR:

- $20 GIFT CARD TO PCG SNACKBAR
- LEOTARD
- PCG TANK TOP
- 1 FREE 30 MIN PRIVATE LESSON
- $150 TUITION CREDIT
- 1 FREE OPEN GYM

DECK YOURSELF OUT GYMNASTICS THEME ATTIRE

MAKE SURE TO TAG @PACIFICCOASTGYMNASTICS & #USAGNGD2026

MON (9/14)	TUE (9/15)	WED (9/16)	THU (9/17)	FRI (9/18)	SAT (9/19)
COLOR EXPLOSION!	TIE-DYE	WILD ANIMALS	MIX & MATCH	PCG PRIDE	RED, WHITE, & BLUE

NEW CLASS OFFERINGS AT PACIFIC COAST

STARTING OCTOBER 1ST

OPEN GYM
NOW ON MONDAYS!

Come for a 90-minute session of group practice, with the gymnasts getting to take the lead on what they'd like to work on!

Mondays & Fridays
with Coach Tommy

6:00 - 7:30 PM

Open to any actively enrolled students on a drop-in basis. $30 for one class!

ADVANCED TUMBLING

A tumbling class building on skills from intermediate tumbling and Level 3 to gain consistency in handsprings and connected tumbling passes.

Tuesdays
with Coach Tommy

6:00 - 7:25 PM

Open to kids enrolled in cheer or dance acrobatics at an equivalent level upon evaluation and approval.

EMAIL US

TEEN GYM

Tuesdays
with Coach Jaime

7:00 - 8:25 PM

LEVEL 3

Saturdays
with Coach Abbie

11:30 - 1:25 PM

EMAIL US

UPCOMING : PCG PLAY

Exploratory, free-play style gym time for littles 6 months - 4 years old. Keep an eye out for more information on availability & registration soon!

UNDER CONSTRUCTION

Interested in classes you don't see on our schedule? Talk to us at the front desk! We add classes all year round based on interest, gym space, & staffing!

Contact Us

(760) 489-4496
pcgfrontdesk@gmail.com
pacificcoastgymnastics.com

PACIFIC COAST Gymnastics

Office Hours

Mon - Fri 3:30PM - 7:30PM
Saturday 9:00AM - 12:30PM
Sunday Closed