

Pacific Coast Newsletter



NOVEMBER 2025

Upcoming Events & Closures

Wed Nov 26 – Sun Nov 30

PCG Closed: Thanksgiving Break

Sunday, December 7

Aerial Arts Showcase @ TERI Campus of Life

Sun Dec 21 – Sun Jan 4

PCG Closed: Winter Break

Winter Aerial Arts Showcase

Come watch the recreational and performance team aerialists from PCG perform at TERI Campus of Life on Sunday, December 7 at 4 PM. Spectator tickets are \$10 each and available now! Our performers will be collaborating with the aerialists from Momentum Acrobatics to create an upbeat and exciting winter show!



PCG APPAREL FLASH SALE

Come do your holiday shopping in PCG's ProShop! Through November 25, we have discounted select leotards from \$42 to only \$15 each!

Click for Tickets



AVAILABLE NOW!

Sharks

Girls Ages 5-6y

Mondays
5:00 – 5:50PM
Coach Abbie

 SIGN UP

Buddy & Me

CoEd Ages 18mo-3y

Tuesdays
10:00 – 10:45AM
Coach Amelia

 SIGN UP

Sharks

Girls Ages 5-6y

Starting 1/8/2026
Thursdays
11:00 – 11:50AM
Coach Jaime

 SIGN UP

Superstars

Boys Ages 5-6y

Fridays
6:00 – 7:00PM
Coach Cheyenne

 SIGN UP

Athlete of the Month

Recreational

Girls Team

Boys Team

STARTUCKS

Kennedy Bovich

☒ Always comes in with a smile!
☒ Works hard on her skills and is helpful with her peer gymnasts.

STARTUCKS

Emerson Melim

☒ Doing so well in her first few months on team!
☒ Brave when trying something new.

STARTUCKS

Levi Ambroso

☒ First full circle on Mushroom!
☒ Shows strong determination.

Contact Us

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pacificcoastgymnastics.com



Office Hours

Mon – Fri 3:30PM – 7:30PM
Saturday 9:00AM – 12:30PM
Sunday Closed