

# **Baby Steps with Christ**

Episode Free Guide

## **The Relationship with God I Didn't Know I Could Have**

By Leigh Trupin

## Introduction

In this episode of Baby Steps with Christ, Leigh Trupin clarifies an important message: building a relationship with God does not require church attendance, religious routines, or performance—but that does not mean the church is wrong or unnecessary.

Leigh explains that her personal journey with God developed outside traditional church structure, through raw experiences and direct dependence on God. However, this podcast is not anti-church, nor is it meant to discourage anyone from attending. Instead, it emphasizes that relationship with God comes first.

Church, Bible reading, and tithing can support faith, but they are not the foundation—your personal connection with God is.

This free guide is designed to help you live out the heart of this message throughout the week. Each day includes a simple focus, a practical action step, and a reflection to help you strengthen your personal relationship with God—without pressure or performance.

Move through it at your own pace. The goal isn't perfection—it's progress, one honest step at a time.

## 7-Day Relationship Guide

### Day 1 – Opening the Door

**Focus:** A relationship with God begins in your heart, wherever you are.

**Action Step:** Find a quiet place and simply say: 'God, I want to know You.' Speak honestly, like you would to a close friend.

**Reflection:** What did it feel like to reach out to God without structure or expectation?

### Day 2 – Wherever You Are Is the Right Place

**Focus:** God is present in ordinary moments of life.

**Action Step:** Pause once or twice today and acknowledge Him: 'God, I know You are here with me.'

**Reflection:** Did inviting God into everyday moments change how your day felt?

### Day 3 – Let Go of the Pressure to Perform

**Focus:** Faith is not about perfection but honesty.

**Action Step:** Talk to God about any pressure you've felt in your faith.

**Reflection:** How might your relationship with God change if performance disappeared?

### Day 4 – Ask God to Lead

**Focus:** Others can guide you, but God knows your path.

**Action Step:** Pray: 'God, show me what You want to teach me.'

**Reflection:** Whose voice have you relied on most in your faith journey?

### Day 5 – Celebrate Your Unique Journey

**Focus:** Your relationship with God will look different from others.

**Action Step:** Thank God for the ways He has personally met you.

**Reflection:** Where do you see God's fingerprints in your story?

### Day 6 – Build with God First

**Focus:** Relationship with God is the foundation.

**Action Step:** Ask God: 'What is the next step in our relationship?'

**Reflection:** Did any small nudge or thought stand out today?

### Day 7 – Your Journey Is Personal

**Focus:** God works uniquely in each life.

**Action Step:** Reflect on how God has shown up uniquely for you.

**Reflection:** Looking back over the week, what shifted in your view of faith?

### **Closing Encouragement**

You've taken the first steps toward something real—a relationship with God that doesn't depend on a church, a routine, or anyone else's opinion.

Keep going. God will continue meeting you right where you are.

Keep listening. Keep inviting Him in.

One baby step at a time.