

Baby Steps with Christ

Free Guide – How I Found a God Who Isn't Boring: From Rules to Relationship

In this episode, we talked about the difference between religion and relationship.

Church attendance, Bible reading, and Christian books are not the same thing as developing a personal relationship with God. They can support your growth — but they are not substitutes for Him.

Your relationship is not with the Bible.

Your relationship is not with church.

Your relationship is with God.

This episode challenged you to stop trying to “do Christianity” and instead begin walking with God personally in your everyday life.

Not through performance.

Not through pressure.

But through direct connection.

Your Baby Steps for the Week

(Developing Relationship Without Church or Bible)

This week is about learning to connect with God directly — without leaning on church services, sermons, or Scripture reading.

Just you and Him.

Baby Step 1: Start Your Day With Direct Conversation

Before you check your phone.

Before you start your routine.

Say:

“Good morning, God. I want to walk with You today.”

That's it.

No structure.

No ritual.

Just acknowledgment.

You're building awareness of Him.

Baby Step 2: Include Him in One Ordinary Activity Daily

Pick something normal:

- Driving
- Cooking
- Working
- Exercising
- Cleaning
- Listening to music
- Watching a show

Before you start, say:

“God, I’m including You in this.”

Then go about it naturally.

You are practicing shared life — not religious activity.

Baby Step 3: Ask for His Input in Real Time

At least once a day, pause and ask:

“What do You think about this?”

It could be:

- A decision
- A conversation
- A reaction
- A purchase

- A mood shift

You're training yourself to consult Him, not just perform for Him.

Baby Step 4: Practice Immediate Dependence

When something stresses you, frustrates you, or tempts you — don't default to distraction.

Instead say:

“God, I need You right now.”

Relationship grows in dependence, not independence.

Baby Step 5: Stay Open to Correction Without Fear

If something you're doing feels off, don't panic.

Just ask:

“Is this something You're adjusting in me?”

If you sense peace, keep going.

If you sense conviction, respond gently.

The Goal This Week

Not more knowledge.

Not more activity.

Not more performance.

The goal is awareness.

God in your normal life.

God in your personality.

God in your preferences.

God in your real moments.

That's relationship.

Keep taking those baby steps.