

Why You Don't Have to Fear That God Is Angry With You

A Baby Steps with Christ Guide

Do You Think God Is Angry With You?

Relationship Changes Your View of God

Many people believe God is constantly angry with them.

They wonder if every mistake, bad habit, or poor decision has disappointed Him or pushed Him further away. Questions like, "Is God upset with me if...?" or "Will God send me to hell if...?" often come from seeing God through religion and fear instead of through relationship.

When you don't know someone personally, it's easy to make assumptions about who they are. The same is true with God.

The more you get to know Him personally, the more your perception of Him begins to change.

What This Means

None of us are perfect.

We all make mistakes. We all have behaviors we'd like to change. But making mistakes doesn't mean God is angry with you.

One of the biggest misconceptions people have is believing that God is constantly looking for reasons to be angry or disappointed. While God certainly wants us to grow and make better choices, growth happens through relationship, not fear.

As you spend time with God, you'll begin to recognize that He is patient. Instead of constantly condemning you, He works with you over time, helping you become the person He created you to be.

The closer your relationship with Him becomes, the more you'll naturally want to change—not because you're afraid of Him, but because you want your life to reflect the relationship you're building with Him.

Key Takeaways

- Fear can distort your perception of God's character.
- God desires a relationship with you even though you're imperfect.

- Growth often comes gradually as your relationship with God deepens.
 - Correction is meant to help you grow, not punish you.
 - The best way to understand God's character is by getting to know Him personally.
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Reflective Questions

1. When I make a mistake, what do I usually assume God thinks about me?
 2. Have my beliefs about God been shaped more by religion and fear or by my own relationship with Him?
 3. Do I avoid talking to God after I mess up? Why?
 4. How might spending more time with God change the way I see His character?
 5. What is one area of my life where I can begin inviting God to help me grow instead of hiding it from Him?
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Encouragement

If you've spent years believing that God is constantly upset with you, don't expect that perception to change overnight.

Relationships take time.

As you continue talking with God and getting to know Him personally, you'll begin discovering His character for yourself instead of relying on assumptions or what others have told you.

Don't let fear keep you from approaching Him.

The relationship you're looking for begins with simply spending time together.

Baby Steps for This Week

Baby Step 1

The next time you make a mistake, don't assume God is angry with you. Talk to Him honestly about what happened and ask Him for correction.

Baby Step 2

Spend time each day simply getting to know God. Ask Him to reveal His character to you and to help you understand that He isn't angry when you make mistakes.

Baby Step 3

Pay attention to any assumptions you make about God this week. Ask yourself whether those beliefs come from your own relationship with Him or from what you've been taught

by others.

Baby Step 4

At the end of the week, ask yourself:

"Has spending time with God changed the way I think about Him?"

If your answer is yes, celebrate that growth. If not, don't become discouraged. Relationships aren't built in a week. Keep taking small steps, and allow your understanding of God's character to grow over time.

Final Thought

Fear can keep you wondering whether God is angry with you.

Relationship allows you to discover who He really is.

Instead of letting fear shape your perception of God, give yourself the opportunity to know Him personally. As your relationship grows, you'll begin to understand His character for yourself instead of through assumptions or religious pressure. Keep taking those baby steps with Christ.

Join the Community:

Leigh invites you to her 100% free online community on Skool where you can grow in your relationship with God at your own pace without pressure or religious expectations. Listen to the podcast and access all free resources in one place!

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