

# Baby Steps with Christ – Free Guide

## *It's OK If You Don't Trust God Yet*

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### **Episode Summary: Trusting God Takes Time**

One of the biggest pressures many people feel when starting a relationship with God is the expectation that they should immediately trust Him.

But trust doesn't work that way.

You wouldn't fully trust a stranger you just met, and God understands that. Trust grows through relationship, experience, and consistency. The more you get to know Him personally, the more opportunities you'll have to see how He works in your life.

If you don't trust God yet, that's OK.

The goal isn't to force trust. The goal is to build a relationship. Trust is something that develops naturally as that relationship grows.

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### **Key Takeaways**

#### **Trust Cannot Be Forced**

Many people feel pressured to trust God immediately. Real trust doesn't happen because someone tells you it should. Trust grows over time through personal experience.

#### **Believing in God Is Different Than Knowing God**

You can believe God exists without truly knowing Him. The more time you spend getting to know Him personally, the more you'll learn to trust Him.

#### **God Is Not Upset With You**

If you're struggling to trust God, He isn't angry, disappointed, or impatient with you. He understands where you are and why.

#### **Relationship Comes Before Trust**

The foundation is relationship. As you learn more about God's character and how He works in your life, trust begins to grow naturally.

## Your Journey Is Unique

Other people's stories can encourage you, but their experiences are not your experiences. When you develop your own relationship with God, you'll eventually be able to tell your own story.

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## Reflective Questions

1. When you hear the phrase "trust God," what feelings come up for you?
  2. Do you feel pressure to trust God before you're ready?
  3. Do you think it would be easier to trust God if you knew Him better?
  4. Are you ready to take consistent small steps toward building a relationship with God?
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## This Week's Baby Steps

### Baby Step 1: Be Honest

Tell God exactly how you feel about trusting Him.

Don't hold back.

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### Baby Step 2: Let Go of Any Guilt or Pressure You May Feel if You Don't Trust God Yet

If you have been told you "MUST" trust God and were made to feel guilty because you don't, let it go.

God is perfectly OK with you not trusting Him yet. He isn't judging you, and He isn't upset with you.

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### Baby Step 3: Decide Whether You're Ready to Build a Relationship With God

If you aren't spending time with Him, then you won't get to know Him, and if you don't know Him, you can't trust Him.

#### Ask yourself honestly:

- Am I ready to begin putting effort into getting to know God?
- If your answer is no, that's OK. God isn't rushing you.

- If your answer is yes, consider joining Leigh's free community on Skool and starting in the classroom, Kindergarten for Faith.
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## Encouragement

- You do not have to pretend to trust God.
  - You do not have to force feelings you don't have.
  - You do not have to rush your journey.
  - Trust grows naturally when a relationship is given time to develop.
  - Keep showing up.
  - Keep taking small baby steps.
  - Get to know God first.
  - Trust can come later.
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## Join the Community

Leigh invites you to her 100% free online community on Skool, where you can grow in your relationship with God at your own pace without pressure or religious expectations.

Listen to the podcast, access free resources, and connect with others who are taking their own baby steps with God.

## Take the Next Step

- 🖱️ [Join My 100% Free Community!](#)
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