

## **Baby Steps with Christ – Episode Guide**

### **Why I Still Believe in Deliverance (Even When the Church Failed Me)**

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#### **Episode Summary**

This episode shares the story of a man whose life was deeply marked by alcoholism, broken relationships, and pain—but who experienced a radical turning point through an encounter in a deliverance ministry setting.

From that moment forward, his life changed completely: he became sober, grew in faith, served others, and eventually restored relationships that had once been broken—especially with his daughter.

At the heart of the story is a message of hope: no past is too broken for God to redeem, and no life is too far gone to be transformed.

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#### **Key Themes**

##### **1. Transformation is possible – no matter what your past looks like**

Change does not depend on timing, age, or past mistakes.

##### **2. Redemption restores relationships**

Healing with God often leads to healing with others.

##### **3. Grace rewrites identity**

A person is not defined by their past.

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#### **Reflection Questions**

- Is there any area where I feel stuck in my past?
  - Do I believe God can truly transform my situation?
  - Is there someone I need to forgive, or someone I need to seek forgiveness from?
  - What would a new direction look like for me right now?
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## **Baby Steps**

### **Step 1: Be honest with God**

Speak honestly and openly with God.

Example:

“God, this is where I am right now. I need help.”

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### **Step 2: Release one burden**

Choose one thing you have been carrying such as regret, shame, anger, or fear, and ask God to help you surrender it to Him.

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### **Step 3: Replace identity labels**

Ask God to help you to stop identifying with your past and to see yourself as He sees you: redeemed.

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## **Prayer**

God,

I bring You my past, my pain, and the parts of my life I do not know how to fix.

Help me take one small step toward healing today.

Teach me to forgive, to grow, and to understand Your process.

Remind me that my past doesn't define me, and that my story is still being written.

In Jesus' name

Amen