

COMIRB #: 23-2155

PI: Bruno Anthony, PhD; Brian Pitts, MD; Christina Studts PhD

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## Cover Letter

Dear Patient and Family,

We know that learning that a loved one is struggling with suicidal thoughts and talking about suicidal thoughts is often very scary and overwhelming. We thank you for your bravery in discussing this topic with your/your child's primary care provider.

As many as one-fourth of youths will think about suicide every year. Fortunately, most of these young people will never get to the point of attempting to die by suicide. Learning about someone's suicidal thoughts, taking them seriously, and getting them help all have crucial roles in helping your child and others experiencing suicidal thoughts stay safe. This is why your care provider is teaming up with Partners for Children's Mental Health to help young people dealing with thoughts of suicide.

Partners for Children's Mental Health is a training and research organization aimed at improving mental health for youth across Colorado. We would be extremely privileged to learn about your/your child's experiences after today's medical visit. Learning about your experiences would go a long way to helping keep other young persons in Colorado safe. We'd like to invite you to be a part of this effort by participating in a questionnaire-based project that asks how your thoughts, symptoms, and ability to access care changes or doesn't change over the next 6 months.

If you are interested in learning more, there is more information on the other side of this flyer and the QR code will connect you to a survey where you can provide your contact information to our project team. A member of our project team will then try to contact you. Please consider joining our project.

We know you must be feeling a lot of different emotions. Please work with your primary care provider to get the help and support that you/your child need.

Sincerely,

Brian Pitts, MD

Partners for Children's Mental Health

University of Colorado School of Medicine

# Youth Suicide Prevention Study

COMIRB #23-2155, Study PI: Bruno Anthony, PhD, Brian Pitts, MD, Christina Studts, PhD

## Purpose

Your primary care provider is partnering with Children's Hospital Colorado on a research study.

This study plans to learn more about good ways to help primary doctors identify and treat kids and young adults at risk for suicide.

## Eligibility

You may be eligible to participate in this study if you/your child has reported having suicidal thoughts on a suicide screening measure.

## Participation

Participation involves two sets of questionnaires about you/your child's mental health, suicidal thoughts and behaviors, and health services that they have received.

## Compensation

Compensation up to \$96 is provided for participation.

## Interested in Learning More?

Use the QR code below to provide your contact information to our study team.



For any additional questions feel free to contact our research study team at [PSPstudy@cuanschutz.edu](mailto:PSPstudy@cuanschutz.edu)

