

## Adult Therapists (for patients 18+ or parents)

Local therapists can also be found at [PsychologyToday.com](https://www.psychologytoday.com)

Name	Address	Phone	Preferred Contact	Ages	Interventions/ Specialties	Payment Methods
<b>Amanda Rennaker, LCSW</b> <a href="mailto:amanda@anooter.com">amanda@anooter.com</a>	Telehealth only  Part-time	970-715-1792		18+	anxiety, depression, life transitions, relationship issues, trauma, DBT intensively trained, IFS-informed, EMDR	United, Aetna, BCBS, Oxford, Optum, Quest, Cigna, Select Health, Carelon, United Healthcare <b>Medicare</b> Advantage
<b>Anja Davis, LCSW</b> Alpine Start Counseling <a href="mailto:anja@alpinestartcounseling.com">anja@alpinestartcounseling.com</a>	270 E 8th Ave A-206 Durango	970-239-3853	Phone call or email	21+	Attachment Developmental wounding, Depression, Identity Development, Self-esteem, Emotionally Focused Therapy	Self-pay, Optum (United, UMR, Oscar, etc.), Cigna, Aetna, BCBS
<b>Anne Bartlett, LCSW (she/her)</b> <a href="mailto:anne@opencirclellc.com">anne@opencirclellc.com</a>	813 Main Ave #207	970-799-3522	Email, phone or text	20+	Comprehensive DBT/DBT skills groups, Somatic therapy, EMDR, Mindfulness, Grief, Loss, Trauma, Anxiety, Depression, BPD/emotion dysregulation	Self-pay (sliding scale option), <b>Medicaid</b>
<b>Anne Hosey, LPC</b> Juniper Tree Mental Health <a href="mailto:anne@junipermentalhealth.com">anne@junipermentalhealth.com</a>	2243 Main Avenue	970-422-3107	Email or text	20+	Women in their 20s, 30s, and 40s. Anxiety, depression, trauma, life transitions. Modalities: ACT, parts work, body centered/somatic approaches.	Self-pay, can help clients understand out-of-network insurance benefits
<b>Brookelyn Pitsch DU Social Work</b> Intern (currently taking new clients) Heal   Trauma & Family Therapy  <a href="http://healfamilytherapy.com">healfamilytherapy.com</a> <a href="mailto:hollandbozich@gmail.com">hollandbozich@gmail.com</a>	1309 E 3rd Ave Suite 8	(970)759-0363			DBT, Expressive Arts Interventions	Sliding Scale \$35/hr

<b>Colin Ferring, MS LPCC</b> Licensed Professional Counselor Candidate <a href="http://ColinFerring.com">ColinFerring.com</a> Colin@ColinFerring.com	Durango	970-403-5741		15+	Autism Spectrum Disorder (ASD), ADHD, Anxiety and Depression, Identity development and life transitions, LGBTQIA+ affirming therapy, Relationship issues, EMDR	Self-Pay Rate: \$120 Colorado Medicaid, United, UMR, Anthem, Cigna, Blue Cross Blue Shield, TRICARE, TRICARE West
<b>Dr. Doug Miller, PsyD</b> Licensed Psychologist & Leadership Coach Summit Psychology  Drdouglasmiller@gmail.com www.drdougmiller.com	1099 Main Avenue, Suite #319, Durango, CO 81301	(970) 382-2680	Phone or Email	Testing ages 6 years and older / Neurofee dback ages 6 years and older / Counseling ages 18 years and older	Neuropsychological testing, Cognitive testing, Psychoeducational testing, Psychological evaluations, Neurofeedback training, ACT, CBT, Anxiety, Depression, Phase of life difficulties, Autism, Grief & Loss, ADHD, Parenting, Leadership, Personal and Professional Growth	Self Pay
<b>Durango Family Therapy</b> Renee Dixon, LCSW Brent Dixon, LPC Chelsi Hower, LPC Sierra Williamsen, LPC  renee@durangofamilytherapy.com	2243 Main Ave, Suite 20 & telehealth	980-422-7334	Phone or email	Various	Teens, couples, family, adults, EMDR, trauma focused, depression, anxiety, womens specialities, peri/postpartum depression	Aetna Anthem HMO & PPO Cigna, Horizon BCBS Optum & Optum Select United
<b>Emily Buikema Utsawi</b>	EmilyBU@ustawi.info	970-585-6463	Phone or email	18+	Focus in IFS (Internal Family Systems) & Attachment Theory, CBT, DBT	<b>Self Pay</b>

<b>Emily Prigmore, LSW</b> <a href="https://www.highdesertpsychotherapy.com/">https://www.highdesertpsychotherapy.com/</a>	801 Florida Rd Unit 12 Durango CO 81301	970-764-7870		13+	Teens and young adults, CBT, DBT, EMDR, Attachment issues, families, sexual violence, domestic violence, life transitions	<b>Medicaid</b> , Self-Pay, Optum (United, UMR), Aetna, Anthem BCBS, Cigna
<b>Felicia Libo, LPC</b> <a href="http://felicialibo.com">http://felicialibo.com</a>  <i>*Limited space for new clients</i>	Telehealth	970-759-2678	Email, Website, Phone	Adults and older adults	Life transitions, ADHD, anxiety, autism, grief/loss, highly sensitive, neurodivergence, relationships, stress, navigating life in general	Medicare (except for Medicare Advantage plans), Medicaid, Anthem BC/BS, United Healthcare, self-pay
<b>Fort Lewis College Counseling Center</b>	260 Noble Hall and Telehealth	970-247-7212		17+	Individual, Group and Couples, Psychiatry	No charge unlimited sessions for FLC students AND dual enrolled high school students
<b>The Grief Center of SW Colorado</b> Judy Austin, LPC-S Julie Madden, MA Jim Kavanaugh, PhD Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPC Mary Frey, LPCC Anne Bartlett, LCSW Precious Holcomb, MSW Maria Santiago, LPCC	<a href="http://www.griefcenterswco.org">www.griefcenterswco.org</a> <a href="mailto:griefcenterswco@gmail.com">griefcenterswco@gmail.com</a>  In person and telehealth	970-764-7142	Call or email	Various ages	Grief and Loss	Each clinician takes different insurances. Some take <b>Medicaid</b>
<b>Haley Wiedenman</b> (She/her/hers) Nature-Based Therapist, LPC <a href="mailto:haley@serenitymountaintherapy.com">haley@serenitymountaintherapy.com</a>	1022 1/2 Main ave Durango	720.383.4886		18+	Grief, Trauma, Domestic violence	<b>medicare, medicaid</b> , BCBS, United, Optum, Cigna, Aenta, and Anthem

<b>High Country Counseling, LLC</b> HighCountryCounseling@gmail.com	Durango, CO 81301	970-779-9072	Text/Email	Child - Adult		<b>Medicaid, BCBS, UHC</b>
<b>KD Bryant, LPC</b> (Durango, kids and adults)						
<b>Holland Bozich LMFT, AT</b> Heal   Trauma & Family Therapy <a href="http://healfamilytherapy.com">healfamilytherapy.com</a>  hollandbozich@gmail.com	1309 E 3rd Ave Suite 8	(970)759-0363			<p><u>Group Therapy for Parents of Teens</u> Thursdays at 12pm MST \$90 per 1.5hr group Available to tele/in person members</p> <p><u>Group Therapy for Women on The BiPolar Spectrum</u> Wednesdays at 8:30am MST \$90 per 1.5hr group Available to tele/in person members</p> <p><u>Group Therapy for Mothers of Young Children</u> Timing to be determined on initial members availability \$90 per 1.5hr group Available to tele/in person members</p>	
<b>Jacqueline Juliana, MA, MAT, LPC</b> jjlp counselor.com	In person and virtual	(970) 946-3709		5-10 yo, parents of those children and midlife and up	Parenting, ADHD, anxiety, depression, and support major life transitions	<b>Medicaid, Self pay</b>

<p><b>Jane Dally, MA, LPC, RN</b>  <a href="mailto:heronrisingtherapies@gmail.com">heronrisingtherapies@gmail.com</a></p>	<p>P. O. Box  3602  Durango, CO  81302</p>	<p>928-899-2  655</p>	<p>Email,  phone -  text or  call</p>	<p>18+</p>	<p>Teletherapy - mood disorders (e.g., anxiety, depression, bipolar), trauma, attachment and relationship issues, grief, ADHD/ASD.  Modalities - EMDR, Polyvagal Theory, somatic therapy, DBT, CBT, Mindfulness-Based Therapy, Internal Family Systems, Wellness Counseling, Solution-Focused Therapy.</p>	<p>Numerous insurance companies via SonderMind (<a href="https://www.sondermind.com">https://www.sondermind.com</a>), <a href="https://www.sondermind.com/providers/jw09a3yy/jane-dally">https://www.sondermind.com/providers/jw09a3yy/jane-dally</a>;  Self-pay.</p>
<p><b>Jennifer Diethrich, LPC</b>  Misty Mountain Therapy  <a href="mailto:mistymountaintherapy@gmail.com">mistymountaintherapy@gmail.com</a>  &amp; Rio my therapy dog</p>		<p>970-946-70  02</p>	<p>Phone,  text or  Email</p>	<p>10+</p>	<p>EMDR, CBT, Animal and <b>Equine Assisted Psychotherapy</b>, trauma, PTSD, relationships, school issues, anxiety, depression, life transitions</p>	<p>Self-Pay, <b>Medicaid</b>, CHP+</p>
<p><b>Jessica Iudiciani</b>  Whole Child Educational Evaluations LLC  School Psychologist, M.S. School Psychology, 6th Year Certificate, NCSP</p>				<p>0-21</p>	<p>Psycho-educational evaluations as well as autism evaluation team. I'm licensed to evaluate ages birth to 21 years old.</p>	<p>Self pay and sliding scale</p>
<p><b>Jessica Reed, LCSW</b>  <a href="http://www.mountainmentalhealthclinic.com">www.mountainmentalhealthclinic.com</a></p>	<p>Bayfield  1328 Co Rd 501  Ignacio  405 Browning Ave.</p>	<p>970-903-335  4</p>	<p>Phone or  email</p>	<p>6+</p>	<p>Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling</p>	<p><b>Medicaid</b>, Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale</p>
<p><b>Joel Berdie (he/él), LCSW</b>  <b>Sol Salud</b>  email: <a href="mailto:joel@solsalud.org">joel@solsalud.org</a></p>	<p>In-home,  Community-based,  Telehealth,  2243 Main Ave,  #19</p>	<p>970-444-511  7 (call/text)</p>	<p>phone/em  ail</p>	<p>16+</p>	<p>Post Traumatic Growth Somatic Therapy certified; Immigration, Cross-cultural issues, Substance Use/Addiction, Domestic violence, Homelessness, PTSD/Trauma processing including sexual abuse, human trafficking, childhood abuse; Somatic Experiencing, Counseling to undocumented/uninsured individuals; Anxiety; Bipolar; Depression</p>	<p><b>Medicaid (RMHP, CCHA, CO Access), Medicare</b>, United Healthcare Carelon, BCBS, Kaiser, Victims Compensation (6th Judicial District), Self Pay, Sliding Scale</p>

	Durango, CO 81301					
<b>John Floyd, LCSW</b> <a href="http://www.silentreespyschotherapy.com">www.silentreespyschotherapy.com</a> john@silentreespyschotherapy.com	1309 E. 3rd Ave. Suite 39 Durango, CO 81301 Also meeting virtually	970-335-8090	Phone, Text, Email	18+	Anxiety, Depression, Trauma, Life Transitions, Grief & Loss  EMDR, CBT, DBT, MI, ACT, IFS	Most insurances, self-pay
<b>Julie Hutson, LPC</b> <a href="mailto:julie@therapydurango.com">julie@therapydurango.com</a> <a href="http://www.TherapyDurango.com">www.TherapyDurango.com</a>	2646 County Road 228 Durango	970-880-4676	Email or Phone	All Ages	Grief, Trauma, Wilderness Trauma, Complex Trauma, Life transitions, Self-esteem, Neurobiological approach, EMDR, EMDR Intensives, Mindfulness, IFS, Attachment theory.	Self-pay or several local EAP's. Discounts for Veterans and Emergency personnel.
<b>Julie Viscnich, LCSW, LAC</b> <a href="http://www.JulieViscnich.com">www.JulieViscnich.com</a>	48 CR 250, #8 Durango CO 81301	970-404-1891	Phone	21+	Hypnosis, Cognitive Behavioral, Emotional Freedom Technique, Matrix Reimprinting Anxiety, depression, relationship, life transition, communication	Triad EAP, Tri-County Health Network, Cash, Check, Credit, Venmo at time of service
<b>Kendall Harvey, LPC, PMH-C</b> <a href="http://krescounseling.com">krescounseling.com</a>	Tele-health Durango, CO	303-817-6122	Email and/or phone	18+	Women's mental health across the lifespan, Reproductive mental health, Perinatal/prenatal trauma/loss, Life adjustment, Anxiety, Depression. Somatic (body-based) approach, brainspotting, positive psychology, nervous system regulation, holistic & integrative health.	Self-pay. Out of network reimbursement possible.
<b>Kiira Moore, LPC, IMH-E</b> kiiramoorelpc@gmail.com		970-414-0803		0-60	Perinatal issues, postpartum, attachment, trauma, LGBTQ+, EMDR, parent/child work, depression/anxiety, self-esteem	Self-pay

<b>La Plata Family Therapy</b> <a href="http://www.laplatafamily.com">www.laplatafamily.com</a> <a href="mailto:admin@laplatafamily.com">admin@laplatafamily.com</a>	135 Burnett Dr, Unit 4 Durango	970-769-0131		Various	Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD,CBT, DBT, Trauma, Abuse, Divorce,Coparenting, Grief, Sexual abuse, Couples Counseling, Personal growth, Play Therapy, Parent Coaching, Filial Therapy, Relationships,ADHD, Eating Disorders, SBBT	<b>Medicaid, Medicare, Tricare, United, Cigna, Aetna, Anthem, BlueCross Blue Shield, Rocky Mountain Health Plans, Elevate Health Plans, Presbyterian</b> We can see clients across Colorado and New Mexico.
<b>LifeWays Institute</b> <b>Luke Flynn</b> <a href="https://lifewayscommunity.com/">https://lifewayscommunity.com/</a> <a href="mailto:Lukeflynn@lifewayscommunity.com">Lukeflynn@lifewayscommunity.com</a>	In person or virtual 1022 1/2 Main Ave Durango, CO 81301	207-569-8661	Email, call	12+	1:1 therapy sessions and/or outdoor wilderness programs: depression, anxiety, failure to launch, emotional dysregulation, trauma, disruptive family dynamics, grief and loss, and BPD	Self Pay <b>Medicaid</b> will begin October 2025
<b>Lindsey Coates, LPC</b> <a href="http://lindseycoates.com">lindseycoates.com</a> <a href="mailto:counseling@lindseycoates.com">counseling@lindseycoates.com</a>	270 E College Drive, Durango	970.235.0648	Email or call/text	20+	Post-traumatic Growth Somatic Therapy, Mindfulness-based psychotherapy, ACT, Depression, Anxiety, Parenting support, Perinatal Support	Aetna, Anthem Blue Cross Blue Shield, Optum/United Healthcare, Self pay
<b>Lisa Donelan, NLC</b>	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946-7933	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
<b>Lisa Firle, LPC, MA</b> <a href="mailto:lisafirletherapy@gmail.com">lisafirletherapy@gmail.com</a> <a href="http://Lisafirle.com">Lisafirle.com</a>	2877 Main St Ste b Telehealth	432-638-1468		18+	EMDR, anxiety, trauma, IFS	Self-pay

<b>Liv Mackenzie, LPC</b> <a href="http://www.counselordurango.com">www.counselordurango.com</a> livmackenzie1@gmail.com	1309 E 3rd Ave #107	970-259-4497	Phone	18+	Anxiety, Depression, Trauma, Grief, Life Adjustment, Postpartum, Adoption, EMDR, CBT, Insight, Mindfulness, Holistic, Foster Parent Counseling	EAP, Self-pay, Venmo, Credit Card, Cash, Check
<b>Mancos Valley Center for Trauma and Attachment</b> <a href="http://www.mv-cta.com">www.mv-cta.com</a> Cole Awdish, LPC cole@mv-cta.com Kelsey Kolz, LPCC Sarah Coburn, MSW, LSW Sean Cannon- Counselor Intern Elizabeth Black, Unlicensed Social Work Intern - elizabeth@mv-cta.com	1911 Main Ave Suite 110 Durango, CO 81301  104 S Main St Mancos, CO 81328	970-403-5488	<a href="https://www.therapyportal.com/p/mvcta/">https://www.therapyportal.com/p/mvcta/</a>  Schedule free consult through website or phone	8+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Yoga - Based, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Addiction, Ego state Parts Work, LGBT, veterans, womans issues	<b>CO and NM Medicaid</b> , CHP+ Medicare, Anthem, Aetna, Cigna/Evernorth, UHC, UMR, RMHP, CHP+, Sliding-fee, Triwest (VA), Carlon Behavioral, Optum
<b>Marianne Crom, LPC, NCC</b> <a href="http://www.animasfamilytherapy.com">www.animasfamilytherapy.com</a> Animas Family Therapy LLC	2243 Main Ave #5 Durango	970-749-1927	email or text crommar@gmail.com	25+	EMDR, IFS, Neuropsychotherapy, Mindfulness, Addiction Discovery and Recovery, Couples Counseling	Self-pay, Sliding scale, EAP
<b>Mark Dickmann, LCSW, LLC</b> <a href="http://www.wintersuncounseling.com">www.wintersuncounseling.com</a> markdickmanncounseling@gmail.com	2855 Main Avenue, Suite #107A Durango	970-769-1569	Phone or email	18+	Individuals and Couples, Depression, Anxiety, Grief, Relationship issues, Life transition, Trauma, EMDR	Self-pay, EAPs
<b>Mary Katherine, Ph.D, LAC, MAC</b> Katherine Therapy Associates	1911 Main Ave. Room 206 Durango, Co.	970-769-6907		12+	Motivational therapy, DBT, CBT, Trauma, Anxiety, Depression, PTSD, Addiction (substance use, gambling, etc.), Accudetox (acupuncture for mental health)	RMHP Medicare, <b>Medicaid</b> , CHP+, Triad EAP, Self-pay, Sliding scale, Other insurances possible as well.
<b>Mind Body Connections Counseling</b>  <b>Russ Patten, LPC</b> <a href="http://www.russpatten.com">www.russpatten.com</a> 385-743-0251	202 W North Street, Cortez		Phone or email	18+	Anxiety, Depression, Trauma, Life Transitions Veterans, Couples DBT, CBT, EMDR, IFS Parts Work, Motivational Interviewing,	<b>Medicaid, Medicare</b> , BCBS/Anthem, Behavioral Health Systems,

<p>Licensed in CO and UT</p> <p><b>Renee Podunovich, LPC</b> Licensed in CO and UT 385-232-3671</p>				<p>Solutions Focused, Eco-Therapy</p> <hr/> <p>Women's Issues, Trauma, Grief/Loss, Anxiety, Mood Disorders, Life Transitions, Positive Psychology, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, IFS Parts Work, Performance Enhancement for Professionals and Athletes</p>	<p>Chip+ Plan, MultiPlan, Optum, RMHP, Tricare, Triwest, UBH, UMR, Select Health, Quest</p>	
<p><b>Mindful Therapy Group</b> <a href="https://mindfultherapygroup.com/">https://mindfultherapygroup.com/</a></p>	<p>Virtual Options</p>		<p>website</p>	<p>Various ages per provider</p>	<p>Various providers with various specialities</p>	<p><b>Medicaid</b>, most major insurances</p>
<p><b>Paragon Behavioral Health Connections</b> <a href="https://www.paragonbhc.org/">https://www.paragonbhc.org/</a> Haley Chatwin, MSW, SWC Mashi Salomon, Care Manager</p>	<p>In family home, Community, Telehealth</p>	<p>303-243-0270</p>		<p>All Ages</p>	<p>Supports youth and families in their home or community to increase skills for healthy communication and improve regulatory skills of each individual family member. Reduce symptoms associated with emotional/mental health concerns, substance use, and trauma responses. Increase access to basic needs such as benefits, food, employment, safe housing, and quality childcare</p>	<p><b>Medicaid</b>, RMHP, CHP+, Self-pay</p>
<p><b>Randle Brooks, M.A., LPC</b> randlebrooks counseling@gmail.com</p>	<p>2855 Main Avenue Unit A105</p>	<p>970-648-4128</p>	<p>Call, Text, Email</p>	<p>12+</p>	<p>teens and college students-depression, anxiety, body image, self esteem</p>	<p><b>Medicaid</b>, Aetna, Meritain, RMHP, iMatter Co, private pay rate \$120, sliding scale offered as well.</p>
<p><b>Randy Stueve, LPC</b> randy@riversagecounseling.com</p>	<p>100 Jenkins Ranch Road</p>	<p>970-403-5573</p>	<p>Phone or email</p>	<p>14+</p>	<p>ACT, Hypnotherapy, Neurofeedback, EMDR, Mental Performance Improvement, Life Coaching, Mental Performance Coaching</p>	<p>Self-pay, Sliding scale, EAPs</p>

					Anxiety, Depression, Stress Management, Anger, Trauma, Life Transitions, Addiction, Bipolar, OCD, Grief/Loss	
<b>Riversage Family Counseling</b>		970-422-3830		All ages	General phone for inquiries	
<b>Rowan Blaisdell, LCSW</b> <a href="http://www.durangopsychotherapy.com">www.durangopsychotherapy.com</a> <a href="mailto:rowan@durangopsychotherapy.com">rowan@durangopsychotherapy.com</a>	318 Main Ave, suite 309, in-person, Remote, Walk and Talk	970-903-3893	Text, email, phone call	18+	Anxiety, Depression, Couples / relationships, Men's Issues, LGBTQ+	Self-pay
<b>Russ Pool, LPC</b> Russ Pool Psychotherapy Russ@RussPool.com	1911 Main Ave, Suite 257	970-375-7777	Text, phone, email	Adults and older adults	Individuals and Couples, Relationships, Trauma, IFS Parts Work, EMDR, Somatic Therapy, Transpersonal Psychotherapy	Self pay
<b>Sean Hein, LCSW</b> Peak to Peak Counseling Services	2243 Main Ave #4B	970-946-8074	Phone or text	13-19+	Specialize in early borderline/ODD traits, trauma, as well as anxiety and depression	<b>Medicaid, CHP+, United, Self-pay</b>
<b>Shayla Walker, LCSW</b> Ustawi	1800 East Third Ave Ste 110 Durango	970.903.7979	Phone	13-25	EMDR, anxiety, depression, PTSD	Most insurances, Self Pay
<b>Silas Wright, NCC, LPC</b> <a href="mailto:silas@rhizomecounseling.com">silas@rhizomecounseling.com</a>	2257 Main Avenue Durango, CO	720-441-4552		18+	Trauma, Pain management, Chronic Illness, Severe and Persistent Mental Illness, LGBTQ+, Young Adults, Artists, Veterans, Men's Issues	Aetna/Meritain, Optum, CIGNA, Anthem BCBS of Colorado as well as BCBS from other states, UMR/United Healthcare, Self-pay

<p><b>Southern Ute Health Center - Behavioral Health Division</b> – Variety of therapists available for all age groups Website: <a href="https://BehavioralHealth-SouthernUteIndianTribe.southernute-nsn.gov">Behavioral Health – Southern Ute Indian Tribe (southernute-nsn.gov)</a>  <a href="https://www.southernute-nsn.gov/tribal-health/behavioral-health">https://www.southernute-nsn.gov/tribal-health/behavioral-health</a></p>	<p>Physical Address: 4101 County Road 222, Durango, CO 81303</p> <p>Mailing: PO Box 737, #97 – Ignacio, CO 81137</p>	<p>970-563-5700</p>		<p>All ages</p>	<p>Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD</p>	<p>Most insurance accepted, <b>Medicaid</b>, Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center.</p>
<p><b>Stephanie Pace, LCSW</b> <a href="http://www.Pace-Wellness.com">www.Pace-Wellness.com</a> <a href="mailto:Stephanie@Pace-Wellness.com">Stephanie@Pace-Wellness.com</a></p>	<p>48 CR 250, Ste 8 Durango</p>	<p>970-888-7134</p>		<p>13+</p>	<p>Depression, Anxiety, self mastery, Life transitions, Mindfulness and energetic practitioner, using strengths-based, body-centered somatic practices, EFT, Biofeedback, and spiritual psychology</p>	<p><b>Aetna, Anthem BCBS, Cigna, Optum/United, TriWest, United +</b></p>
<p><b>Stephanie Smith, LCSW, LAC</b> A Wild Hope Counseling <a href="http://www.awildhope.com">www.awildhope.com</a> <a href="mailto:stephanie@awildhope.com">stephanie@awildhope.com</a></p>	<p>1911 Main Avenue Suite 248 Durango, Telehealth</p>	<p>970-426-5354</p>	<p>Phone or Email or Text</p>	<p>11+</p>	<p>Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use</p>	<p>Self-pay, Sliding Scale, insurance through Sondermind</p>
<p>The Therapy Collective at Studio B <a href="https://studiorb.life/">https://studiorb.life/</a> <a href="mailto:bu@studiorb.life">bu@studiorb.life</a></p>	<p>1970 East 3rd Ave. Ste. #101 Durango 81301</p>	<p>970-422-1761</p>	<p>Phone/e mail</p>	<p>All ages</p>	<p>Individuals, Groups, Integrated Health</p>	<p>BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b>, RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund</p>
<p>Ali Snowden, LPCC Intern Studio B <a href="https://studiorb.life/">https://studiorb.life/</a> <a href="mailto:bu@studiorb.life">bu@studiorb.life</a></p>	<p>1970 East 3rd Ave. Ste. #101 Durango 81301</p>	<p>970-422-1761</p>	<p>Phone/ema il</p>	<p>All ages</p>	<p>Young adults, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, PTSD, Mind/bodyhealth, Mood Disorders, Adjustment Issues, ADHD, Play therapy.</p>	<p>BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b>, RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund</p>

Jesse Jones, LPCC Intern Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/email	8+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, ADHD, Big feelings., Spiritual, non monogamy realationships.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Alana Connelly, LPCC Intern Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/e mail	16+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
<b>Becky Beaver, LPCC Intern Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life</b>	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/e mail	14+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
<b>Megan Oberholtzer, PhD Clinical Psychology Candidate Studio B <a href="https://studiob.life/">https://studiob.life/</a> bu@studiob.life</b>	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/e mail	18+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Miranda Day, LPC Studio B <a href="https://studiorb.life/">https://studiorb.life/</a> bu@studiorb.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/email	18+	Chronic illness, trauma, Women's issues, anxiety/depression, relationships, life transitions, grief and loss, personal growth, and spirituality and existential concerns, and clinical consultation.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
<b>Shari Fitzgerald, LPCC</b> <b>Studio B</b> <a href="https://studiorb.life/">https://studiorb.life/</a> bu@studiorb.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/email	18+	Trauma, Sexual Assault, Grief, Relationships, EMDR	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
<b>Stacy Reuille-Dupont, PhD, LAC</b> <b>Studio B</b> <a href="https://studiorb.life/">https://studiorb.life/</a> bu@studiorb.life	<b>1970 East 3rd Ave. Ste. #101 Durango 81301</b>	970-422-1761	Phone/email	18+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health. Certified personal trainer and nutrition coach.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Brooke Lederer, LCSW Studio B <a href="https://studiorb.life/">https://studiorb.life/</a> bu@studiorb.life	<b>1970 East 3rd Ave. Ste. #101 Durango 81301</b>	970-422-1761	Phone/email	18+	<i>Depression, Anxiety, Trauma, Mindfulness, Somatic, Spirituality, Grief, Relationships, EMDR, CBT, Wilderness therapy, Youth, Young Adults, Adults</i>	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, <b>Medicaid</b> , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

## Bayfield Therapists

<b>Lisa Donelan, NLC</b>	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946-79 33	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
<b><u>Aldergrove Counseling</u></b>  <b>Nicole Fuller MA, CAS, DVAP, BHE, DUI Provider</b> <a href="mailto:nicolevan123@msn.com">nicolevan123@msn.com</a> <a href="http://aldergrovegroup.com/our-team">aldergrovegroup.com/our-team</a> <a href="http://psychologytoday.com">psychologytoday.com</a>	231 South Clover Drive Ste; 5 Bayfield CO 81122	970-769-24 35	Phone or Email	15+	Domestic Violence Treatment Provider See website for expertise <a href="https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/">https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/</a>	Self-pay, Sliding scale

## Pagosa Springs

<b>Authentic Solutions Consulting</b> <b>Kelly Pipkins-Burt, M.Ed, LPC</b> <a href="mailto:kellyburlpc@gmail.com">kellyburlpc@gmail.com</a>	2800 Cornerstone Drive, Pagosa Springs CO	970-398-0 964	phone	All ages	Multiple specialties offered through agency	Self-pay, <b>Medicaid</b> and most major insurances
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<b>Ustawi</b> <b>Shayla Walker, LPC</b>	1800 East Third Ave Ste 110 Durango	970.903.797 9  Emily: 970-585-646 3	Phone	13-25	EMDR, anxiety, depression, PTSD	Most insurances, Self Pay
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## **\*\*Qualification Acronyms\*\***

Fully licensed providers who have completed all supervised clinical hours: LPC (Licensed Professional Counselor), LCSW (Licensed Clinical Social Worker), LMFT (Licensed Marriage and Family Therapist), PhD (Licensed psychologist)

Providers who are required to practice under clinical supervision and hold a provisional license: LSW (Licensed Social Worker), SWC (Clinical Social Work Candidate), LPCC (Licensed Professional Counselor Candidate)

Additional acronyms: RPT (Registered Play Therapist), MSW (Master of Social Work), LAC (Licensed Addiction Counselor)