

Adult Therapists (for patients 18+ or parents)

Local therapists can also be found at [PsychologyToday.com](https://www.psychologytoday.com)

Name	Address	Phone	Preferred Contact	Ages	Interventions/ Specialties	Payment Methods
Amanda Rennaker, LCSW amanda@anooter.com	Telehealth only Part-time	970-715-1792		18+	anxiety, depression, life transitions, relationship issues, trauma, DBT intensively trained, IFS-informed, EMDR	United, Aetna, BCBS, Oxford, Optum, Quest, Cigna, Select Health, Caredon, United Healthcare Medicare Advantage
Anja Davis, LCSW Alpine Start Counseling anja@alpinestartcounseling.com	270 E 8th Ave A-206 Durango	970-239-3853	Phone call or email	21+	Attachment Developmental wounding, Depression, Identity Development, Self-esteem, Emotionally Focused Therapy	Self-pay, Optum (United, UMR, Oscar, etc.), Cigna, Aetna, BCBS
Anne Bartlett, LCSW (she/her) anne@opencirclellc.com	813 Main Ave #207	970-799-3522	Email, phone or text	20+	Comprehensive DBT/DBT skills groups, Somatic therapy, EMDR, Mindfulness, Grief, Loss, Trauma, Anxiety, Depression, BPD/emotion dysregulation	Self-pay (sliding scale option), Medicaid
Anne Hosey, LPC Juniper Tree Mental Health anne@junipertreementalhealth.com	2243 Main Avenue	970-422-3107	Email or text	20+	Women in their 20s, 30s, and 40s. Anxiety, depression, trauma, life transitions. Modalities: ACT, parts work, body centered/somatic approaches.	Self-pay, can help clients understand out-of-network insurance benefits
Brookelyn Pitsch DU Social Work Intern (currently taking new clients) Heal Trauma & Family Therapy healfamilytherapy.com hollandbozich@gmail.com	1309 E 3rd Ave Suite 8	(970)759-0363			DBT, Expressive Arts Interventions	Sliding Scale \$35/hr

Colin Ferring, MS LPCC Licensed Professional Counselor Candidate ColinFerring.com Colin@ColinFerring.com	Durango	970-403-5741		15+	Autism Spectrum Disorder (ASD), ADHD, Anxiety and Depression, Identity development and life transitions, LGBTQIA+ affirming therapy, Relationship issues, EMDR	Self-Pay Rate: \$120 Colorado Medicaid, United, UMR, Anthem, Cigna, Blue Cross Blue Shield, TRICARE, TRICARE West
Dr. Doug Miller, PsyD Licensed Psychologist & Leadership Coach Summit Psychology Drdougasmiller@gmail.com www.drdougmilller.com	1099 Main Avenue, Suite #319, Durango, CO 81301	(970) 382-2680	Phone or Email	Testing ages 6 years and older / Neurofeedback ages 6 years and older / Counseling ages 18 years and older	Neuropsychological testing, Cognitive testing, Psychoeducational testing, Psychological evaluations, Neurofeedback training, ACT, CBT, Anxiety, Depression, Phase of life difficulties, Autism, Grief & Loss, ADHD, Parenting, Leadership, Personal and Professional Growth	Self Pay
Durango Family Therapy Renee Dixon, LCSW Brent Dixon, LPC Chelsi Hower, LPC Sierra Williamsen, LPC renee@durangofamilytherapy.com	2243 Main Ave, Suite 20 & telehealth	980-422-7334	Phone or email	Various	Teens, couples, family, adults, EMDR, trauma focused, depression, anxiety, womens specialities, peri/postpartum depression	Aetna Anthem HMO & PPO Cigna, Horizon BCBS Optum & Optum Select United
Emily Buikema Utsawi	EmilyBU@ustawi.info	970-585-6463	Phone or email	18+	Focus in IFS (Internal Family Systems) & Attachment Theory, CBT, DBT	Self Pay

Emily Prigmore, LSW https://www.highdesertpsychotherapy.com/	801 Florida Rd Unit 12 Durango CO 81301	970-764-78 70		13+	Teens and young adults, CBT, DBT, EMDR, Attachment issues, families, sexual violence, domestic violence, life transitions	Medicaid , Self-Pay, Optum (United, UMR), Aetna, Anthem BCBS, Cigna
Felicia Libo, LPC http://felicialibo.com <i>*Limited space for new clients</i>	Telehealth	970-759- 2678	Email, Website, Phone	Adults and older adults	Life transitions, ADHD, anxiety, autism, grief/loss, highly sensitive, neurodivergence, relationships, stress, navigating life in general	Medicare (except for Medicare Advantage plans), Medicaid, Anthem BC/BS, United Healthcare, self-pay
Fort Lewis College Counseling Center	260 Noble Hall and Telehealth	970-247-72 12		17+	Individual, Group and Couples, Psychiatry	No charge unlimited sessions for FLC students AND dual enrolled high school students
The Grief Center of SW Colorado Judy Austin, LPC-S Julie Madden, MA Jim Kavanaugh, PhD Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPC Mary Frey, LPCC Anne Bartlett, LCSW Precious Holcomb, MSW Maria Santiago, LPCC	www.griefcenterswco.org griefcenterswco@gmail.com In person and telehealth	970-764-71 42	Call or email	Various ages	Grief and Loss	Each clinician takes different insurances. Some take Medicaid
Haley Wiedenman (She/her/hers) Nature-Based Therapist, LPC haley@serenitymountaintherapy.com	1022 1/2 Main ave Durango	720.383.48 86		18+	Grief, Trauma, Domestic violence	medicare, medicaid , BCBS, United, Optum, Cigna, Aenta, and Anthem

High Country Counseling, LLC HighCountryCounseling@gmail.com KD Bryant, LPC (Durango, kids and adults)	Durango, CO 81301	970-779-90 72	Text/Email	Child - Adult		Medicaid, BCBS, UHC
Holland Bozich LMFT, AT Heal Trauma & Family Therapy healfamilytherapy.com hollandbozich@gmail.com	1309 E 3rd Ave Suite 8	(970)759-0 363			<u>Group Therapy for Parents of Teens</u> Thursdays at 12pm MST \$90 per 1.5hr group Available to tele/in person members <u>Group Therapy for Women on The BiPolar Spectrum</u> Wednesdays at 8:30am MST \$90 per 1.5hr group Available to tele/in person members <u>Group Therapy for Mothers of Young Children</u> Timing to be determined on initial members availability \$90 per 1.5hr group Available to tele/in person members	
Jacqueline Juliana, MA, MAT, LPC jjlpcounselor.com	In person and virtual	(970) 946-3709		5-10 yo, parents of those children and midlife and up	Parenting, ADHD, anxiety, depression, and support major life transitions	Medicaid, Self pay

Jane Dally, MA, LPC, RN heronrisingtherapies@gmail.com	P. O. Box 3602 Durango, CO 81302	928-899-2 655	Email, phone - text or call	18+	Teletherapy - mood disorders (e.g., anxiety, depression, bipolar), trauma, attachment and relationship issues, grief, ADHD/ASD. Modalities - EMDR, Polyvagal Theory, somatic therapy, DBT, CBT, Mindfulness-Based Therapy, Internal Family Systems, Wellness Counseling, Solution-Focused Therapy.	Numerous insurance companies via SonderMind (https://www.sondermind.com), https://www.sondermind.com/providers/jw09a3yy/jane-dally ; Self-pay.
Jennifer Diethrich, LPC Misty Mountain Therapy mistymountaintherapy@gmail.com & Rio my therapy dog		970-946-70 02	Phone, text or Email	10+	EMDR, CBT, Animal and Equine Assisted Psychotherapy , trauma, PTSD, relationships, school issues, anxiety, depression, life transitions	Self-Pay, Medicaid , CHP+
Jessica Iudiciani Whole Child Educational Evaluations LLC School Psychologist, M.S. School Psychology, 6th Year Certificate, NCSP				0-21	Psycho-educational evaluations as well as autism evaluation team. I'm licensed to evaluate ages birth to 21 years old.	Self pay and sliding scale
Jessica Reed, LCSW www.mountainmentalhealthclinic.com	Bayfield 1328 Co Rd 501 Ignacio 405 Browning Ave.	970-903-335 4	Phone or email	6+	Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling	Medicaid , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale
Joel Berdie (he/él), LCSW Sol Salud email: joel@solsalud.org	In-home, Community-based, Telehealth, 2243 Main Ave, #19	970-444-511 7 (call/text)	phone/em ail	16+	Post Traumatic Growth Somatic Therapy certified; Immigration, Cross-cultural issues, Substance Use/Addiction, Domestic violence, Homelessness, PTSD/Trauma processing including sexual abuse, human trafficking, childhood abuse; Somatic Experiencing, Counseling to undocumented/uninsured individuals; Anxiety; Bipolar; Depression	Medicaid (RMHP, CCHA, CO Access), Medicare , United Healthcare Carelton, BCBS, Kaiser, Victims Compensation (6th Judicial District), Self Pay, Sliding Scale

	Durango, CO 81301					
John Floyd, LCSW www.silenttreespsychotherapy.com john@silenttreespsychotherapy.com	1309 E. 3rd Ave. Suite 39 Durango, CO 81301 Also meeting virtually	970-335-8 090	Phone, Text, Email	18+	Anxiety, Depression, Trauma, Life Transitions, Grief & Loss EMDR, CBT, DBT, MI, ACT, IFS	Most insurances, self-pay
Julie Hutson, LPC julie@therapydurango.com www.TherapyDurango.com	2646 County Road 228 Durango	970-880-46 76	Email or Phone	All Ages	Grief, Trauma, Wilderness Trauma, Complex Trauma, Life transitions, Self-esteem, Neurobiological approach, EMDR, EMDR Intensives, Mindfulness, IFS, Attachment theory.	Self-pay or several local EAP's. Discounts for Veterans and Emergency personnel.
Julie Viscnich, LCSW, LAC www.JulieVisnich.com	48 CR 250, #8 Durango CO 81301	970-404-18 91	Phone	21+	Hypnosis, Cognitive Behavioral, Emotional Freedom Technique, Matrix Reimprinting Anxiety, depression, relationship, life transition, communication	Triad EAP, Tri-County Health Network, Cash, Check, Credit, Venmo at time of service
Kendall Harvey, LPC, PMH-C krescounseling.com	Tele-health Durango, CO	303-817-6 122	Email and/or phone	18+	Women's mental health across the lifespan, Reproductive mental health, Perinatal/prenatal trauma/loss, Life adjustment, Anxiety, Depression. Somatic (body-based) approach, brainspotting, positive psychology, nervous system regulation, holistic & integrative health.	Self-pay. Out of network reimbursement possible.
Kiira Moore, LPC, IMH-E kiiramooreslpc@gmail.com		970-414-08 03		0-60	Perinatal issues, postpartum, attachment, trauma, LGBTQ+, EMDR, parent/child work, depression/anxiety, self-esteem	Self-pay

La Plata Family Therapy www.laplatafamily.com admin@laplatafamily.com	135 Burnett Dr, Unit 4 Durango	970-769-01 31		Various	Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD,CBT, DBT, Trauma, Abuse, Divorce,Coparenting, Grief, Sexual abuse, Couples Counseling, Personal growth, Play Therapy, Parent Coaching, Filial Therapy, Relationships,ADHD, Eating Disorders, SBBT	Medicaid, Medicare, Tricare, United, Cigna, Aetna, Anthem, BlueCross Blue Shield, Rocky Mountain Health Plans, Elevate Health Plans, Presbyterian We can see clients across Colorado and New Mexico.
LifeWays Institute Luke Flynn https://lifewayscommunity.com/ Lukeflynn@lifewayscommunity.com	In person or virtual 1022 1/2 Main Ave Durango, CO 81301	207-569-86 61	Email, call	12+	1:1 therapy sessions and/or outdoor wilderness programs: depression, anxiety, failure to launch, emotional dysregulation, trauma, disruptive family dynamics, grief and loss, and BPD	Self Pay Medicaid will begin October 2025
Lindsey Coates, LPC lindseycoates.com counseling@lindseycoates.com	270 E College Drive, Durango	970.235.06 48	Email or call/text	20+	Post-traumatic Growth Somatic Therapy, Mindfulness-based psychotherapy, ACT, Depression, Anxiety, Parenting support, Perinatal Support	Aetna, Anthem Blue Cross Blue Shield, Optum/United Healthcare, Self pay
Lisa Donelan, NLC	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946-79 33	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
Lisa Firle, LPC, MA lisafirletherapy@gmail.com Lisafirle.com	2877 Main St Ste b Telehealth	432-638-14 68		18+	EMDR, anxiety, trauma, IFS	Self-pay

Liv Mackenzie, LPC www.counselordurango.com livmackenzie1@gmail.com	1309 E 3rd Ave #107	970-259-4497	Phone	18+	Anxiety, Depression, Trauma, Grief, Life Adjustment, Postpartum, Adoption, EMDR, CBT, Insight, Mindfulness, Holistic, Foster Parent Counseling	EAP, Self-pay, Venmo, Credit Card, Cash, Check
Mancos Valley Center for Trauma and Attachment www.mv-cta.com Cole Awdish, LPC cole@mv-cta.com Kelsey Kolz, LPCC Sarah Coburn, MSW, LSW Sean Cannon- Counselor Intern Elizabeth Black, Unlicensed Social Work Intern - elizabeth@mv-cta.com	1911 Main Ave Suite 110 Durango, CO 81301 104 S Main St Mancos, CO 81328	970-403-5488	https://www.therapyportal.com/p/mvcta/ Schedule free consult through website or phone	8+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Yoga - Based, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Addiction, Ego state Parts Work, LGBT, veterans, womans issues	CO and NM Medicaid , CHP+ Medicare, Anthem, Aetna, Cigna/Evernorth, UHC, UMR, RMHP, CHP+, Sliding-fee, Triwest (VA), Carlon Behavioral , Optum
Marianne Crom, LPC, NCC www.animasfamilytherapy.com Animas Family Therapy LLC	2243 Main Ave #5 Durango	970-749-1927	email or text crommar@gmail.com	25+	EMDR, IFS, Neuropsychotherapy, Mindfulness, Addiction Discovery and Recovery, Couples Counseling	Self-pay, Sliding scale, EAP
Mark Dickmann, LCSW, LLC www.wintersuncounseling.com markdickmanncounseling@gmail.com	2855 Main Avenue, Suite #107A Durango	970-769-1569	Phone or email	18+	Individuals and Couples, Depression, Anxiety, Grief, Relationship issues, Life transition, Trauma, EMDR	Self-pay, EAPs
Mary Katherine, Ph.D, LAC, MAC Katherine Therapy Associates	1911 Main Ave. Room 206 Durango, Co.	970-769-6907		12+	Motivational therapy, DBT, CBT, Trauma, Anxiety, Depression, PTSD, Addiction (substance use, gambling, etc.), Accudetox (acupuncture for mental health)	RMHP Medicare, Medicaid , CHP+, Triad EAP, Self-pay, Sliding scale, Other insurances possible as well.
Mind Body Connections Counseling Russ Patten, LPC www.russpatten.com 385-743-0251	202 W North Street, Cortez		Phone or email	18+	Anxiety, Depression, Trauma, Life Transitions Veterans, Couples DBT, CBT, EMDR, IFS Parts Work, Motivational Interviewing,	Medicaid, Medicare , BCBS/Anthem, Behavioral Health Systems,

<p>Licensed in CO and UT</p> <p>Renee Podunovich, LPC Licensed in CO and UT 385-232-3671</p>					<p>Solutions Focused, Eco-Therapy</p> <hr/> <p>Women's Issues, Trauma, Grief/Loss, Anxiety, Mood Disorders, Life Transitions, Positive Psychology, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, IFS Parts Work, Performance Enhancement for Professionals and Athletes</p>	<p>Chip+ Plan, MultiPlan, Optum, RMHP, Tricare, Triwest, UBH, UMR, Select Health, Quest</p>
<p>Mindful Therapy Group https://mindfultherapygroup.com/</p>	Virtual Options		website	Various ages per provider	Various providers with various specialties	Medicaid , most major insurances
<p>Paragon Behavioral Health Connections https://www.paragonbhc.org/ Haley Chatwin, MSW, SWC Mashi Salomon, Care Manager</p>	In family home, Community, Telehealth	303-243-0270		All Ages	Supports youth and families in their home or community to increase skills for healthy communication and improve regulatory skills of each individual family member. Reduce symptoms associated with emotional/mental health concerns, substance use, and trauma responses. Increase access to basic needs such as benefits, food, employment, safe housing, and quality childcare	Medicaid , RMHP, CHP+, Self-pay
<p>Randle Brooks, M.A., LPC randlebrookscounseling@gmail.com</p>	2855 Main Avenue Unit A105	970-648-4128	Call, Text, Email	12+	teens and college students- depression, anxiety, body image, self esteem	Medicaid , Aetna, Meritain, RMHP, iMatter Co, private pay rate \$120, sliding scale offered as well.
<p>Randy Stueve, LPC randy@riversagcounseling.com</p>	100 Jenkins Ranch Road	970-403-5573	Phone or email	14+	ACT, Hypnotherapy, Neurofeedback, EMDR, Mental Performance Improvement, Life Coaching, Mental Performance Coaching	Self-pay, Sliding scale, EAPs

					Anxiety, Depression, Stress Management, Anger, Trauma, Life Transitions, Addiction, Bipolar, OCD, Grief/Loss	
Riversage Family Counseling		970-422-3830		All ages	General phone for inquiries	
Rowan Blaisdell, LCSW www.durangopsychotherapy.com rowan@durangopsychotherapy.com	318 Main Ave, suite 309, in-person, Remote, Walk and Talk	970-903-3893	Text, email, phone call	18+	Anxiety, Depression, Couples / relationships, Men's Issues, LGBTQ+	Self-pay
Russ Pool, LPC Russ Pool Psychotherapy Russ@RussPool.com	1911 Main Ave, Suite 257	970-375-7777	Text, phone, email	Adults and older adults	Individuals and Couples, Relationships, Trauma, IFS Parts Work, EMDR, Somatic Therapy, Transpersonal Psychotherapy	Self pay
Sean Hein, LCSW Peak to Peak Counseling Services	2243 Main Ave #4B	970-946-8074	Phone or text	13-19+	Specialize in early borderline/ODD traits, trauma, as well as anxiety and depression	Medicaid, CHP+, United, Self-pay
Shayla Walker, LCSW Ustawi	1800 East Third Ave Ste 110 Durango	970.903.7979	Phone	13-25	EMDR, anxiety, depression, PTSD	Most insurances, Self Pay
Silas Wright, NCC, LPC silas@rhizomecounseling.com	2257 Main Avenue Durango, CO	720-441-4552		18+	Trauma, Pain management, Chronic Illness, Severe and Persistent Mental Illness, LGBTQ+, Young Adults, Artists, Veterans, Men's Issues	Aetna/Meritain, Optum, CIGNA, Anthem BCBS of Colorado as well as BCBS from other states, UMR/United Healthcare, Self-pay

Southern Ute Health Center - Behavioral Health Division – Variety of therapists available for all age groups Website: Behavioral Health – Southern Ute Indian Tribe (southernute-nsn.gov) https://www.southernute-nsn.gov/tribal-health/behavioral-health	Physical Address: 4101 County Road 222, Durango, CO 81303 Mailing: PO Box 737, #97 – Ignacio, CO 81137	970-563-5700		All ages	Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD	Most insurance accepted, Medicaid , Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center.
Stephanie Pace, LCSW www.Pace-Wellness.com Stephanie@Pace-Wellness.com	48 CR 250, Ste 8 Durango	970-888-7134		13+	Depression, Anxiety, self mastery, Life transitions, Mindfulness and energetic practitioner, using strengths-based, body-centered somatic practices, EFT, Biofeedback, and spiritual psychology	Aetna, Anthem BCBS, Cigna, Optum/United, TriWest, United +
Stephanie Smith, LCSW, LAC A Wild Hope Counseling www.awildhope.com stephanie@awildhope.com	1911 Main Avenue Suite 248 Durango, Telehealth	970-426-5354	Phone or Email or Text	11+	Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use	Self-pay, Sliding Scale, insurance through Sondermind
The Therapy Collective at Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/e mail	All ages	Individuals, Groups, Integrated Health	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Ali Snowden, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/email	All ages	Young adults, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, PTSD, Mind/bodyhealth, Mood Disorders, Adjustment Issues, ADHD, Play therapy.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Jesse Jones, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/email	8+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transistons, Depression, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, ADHD, Big feelings., Spiritual, non monogamy realationships.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Alana Connelly, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/e mail	16+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transistons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Becky Beaver, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/e mail	14+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transistons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Megan Oberholtzer, PhD Clinical Psychology Candidate Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/e mail	18+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Miranda Day, LPC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/ema il	18+	Chronic illness, trauma, Women's issues, anxiety/depression, relationships, life transitions, grief and loss, personal growth, and spirituality and existential concerns, and clinical consultation.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Shari Fitzgerald, LPCC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/ema il	18+	Trauma, Sexual Assault, Grief, Relationships, EMDR	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Stacy Reuille-Dupont, PhD, LAC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/ema il	18+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health. Certified personal trainer and nutrition coach.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Brooke Lederer, LCSW Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-17 61	Phone/ema il	18+	<i>Depression, Anxiety, Trauma, Mindfulness, Somatic, Spirituality, Grief, Relationships, EMDR, CBT, Wilderness therapy, Youth, Young Adults, Adults</i>	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Bayfield Therapists

Lisa Donelan, NLC	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946-79 33	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
<u>Aldergrove Counseling</u> Nicole Fuller MA, CAS, DVAP, BHE, DUI Provider nicolevan123@msn.com aldergrovegroup.com/our-team psychologytoday.com	231 South Clover Drive Ste; 5 Bayfield CO 81122	970-769-24 35	Phone or Email	15+	Domestic Violence Treatment Provider See website for expertise https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/	Self-pay, Sliding scale

Pagosa Springs

Authentic Solutions Consulting Kelly Pipkins-Burt, M.Ed, LPC kellyburtlpc@gmail.com	2800 Cornerstone Drive, Pagosa Springs CO	970-398-0 964	phone	All ages	Multiple specialties offered through agency	Self-pay, Medicaid and most major insurances
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Ustawi Shayla Walker, LPC	1800 East Third Ave Ste 110 Durango	970.903.797 9 Emily: 970-585-646 3	Phone	13-25	EMDR, anxiety, depression, PTSD	Most insurances, Self Pay
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****Qualification Acronyms****

Fully licensed providers who have completed all supervised clinical hours: LPC (Licensed Professional Counselor), LCSW (Licensed Clinical Social Worker), LMFT (Licensed Marriage and Family Therapist), PhD (Licensed psychologist)

Providers who are required to practice under clinical supervision and hold a provisional license: LSW (Licensed Social Worker), SWC (Clinical Social Work Candidate), LPCC (Licensed Professional Counselor Candidate)

Additional acronyms: RPT (Registered Play Therapist), MSW (Master of Social Work), LAC (Licensed Addiction Counselor)