

Adult Therapists (for patients 18+ or parents)

Local therapists can also be found at [PsychologyToday.com](https://www.psychologytoday.com)

Name	Address	Phone	Preferred Contact	Ages	Interventions/ Specialties	Payment Methods
Abby Kubicek, LCSW, LAC, CST; Durango Relationship Counseling abby@durangorelationshipcounseling.com	270 E. 8th Avenue, Suite N-206, Durango, CO, 81301	970-403-5663	Call or email	18+	Sex Therapy and Relationships (LGBTQIA+, BDSM, Kink, and ENM positive); Work with relationships and individuals	Self pay
Amanda Rennaker, LCSW amanda@anooter.com	Telehealth only Part-time	970-715-1792		18+	anxiety, depression, life transitions, relationship issues, trauma, DBT intensively trained, IFS-informed, EMDR	United, Aetna, BCBS, Oxford, Optum, Quest, Cigna, Select Health, Caredon, United Healthcare Medicare Advantage
Anja Davis, LCSW Alpine Start Counseling anja@alpinestartcounseling.com	270 E 8th Ave A-206 Durango	970-239-3853	Phone call or email	21+	Attachment Developmental wounding, Depression, Identity Development, Self-esteem, Emotionally Focused Therapy	Self-pay, Optum (United, UMR, Oscar, etc.), Cigna, Aetna, BCBS
Anne Bartlett, LCSW (she/her) anne@opencirclellc.com	813 Main Ave #207	970-799-3522	Email, phone or text	20+	Comprehensive DBT/DBT skills groups, Somatic therapy, EMDR, Mindfulness, Grief, Loss, Trauma, Anxiety, Depression, BPD/emotion dysregulation	Self-pay (sliding scale option), Medicaid

Anna Layden, MS www.alpee.net aelayden@gmail.com	Durango, CO 81301	970-769- 3006		5-21	Partners with school psychologists to evaluate students in academic, cognitive, and social/emotional areas and diagnose learning disabilities or mental health issues through an academic lens. Diagnoses often result in the recommendation of an IEP or 504 plan and provide students with accommodations in academic settings	Self-pay and scholarships may be available
Anne Hosey, LPC Juniper Tree Mental Health anne@junipertreementalhealth.com	2243 Main Avenue	970-422- 3107	Email or text	20+	Women in their 20s, 30s, and 40s. Anxiety, depression, trauma, life transitions. Modalities: ACT, parts work, body centered/somatic approaches.	Self-pay, can help clients understand out-of-network insurance benefits
Brian Arens, LPC https://brianarencounseling.org brianarencounseling@gmail.com	Telehealth only	970-559- 0215	phone	18+	Anxiety, depression, bipolar, trauma, addiction, codependency, attachment and relationship issues, grief, ADHD/ASD. Modalities - Somatic, Polyvagal Theory, DBT, CBT, EMDR Mindfulness-Based Therapy	Self-pay
Chari Perce, LMFT Animas Valley Counseling	1911 Main Ave. Durango & Telehealth	970-403- 5860		4+	EMDR, Brainspotting, DBT, TF-CBT, Domestic Violence, Complex Trauma, Anxiety, Depression, PTSD	Medicaid , Medicare, Self-pay, Sliding Scale
Colin Ferring, MS LPCC Licensed Professional Counselor Candidate ColinFerring.com Colin@ColinFerring.com	Durango	970- 403- 5741		15+	Autism Spectrum Disorder (ASD), ADHD, Anxiety and Depression, Identity development and life transitions, LGBTQIA+ affirming therapy, Relationship issues, EMDR	Self-Pay Rate: \$120 Colorado Medicaid, United, UMR, Anthem, Cigna, Blue Cross Blue Shield, TRICARE, TRICARE West

Darren Mckinnis, LCSW Higher Ground Counseling hg counseling@yahoo.com	Telehealth	970-676-1029		18+	Marriage, Relationships, Gottman	Aetna, Cigna, Self-pay, EAPs
Durango Family Therapy Renee Dixon, LCSW Brent Dixon, LPC Chelsi Hower, LPC Sierra Williamsen, LPC renee@durangofamilytherapy.com	2243 Main Ave, Suite 20 & telehealth	980-422-7334	Phone or email	Various	Teens, couples, family, adults, EMDR, trauma focused, depression, anxiety, womens specialities, peri/postpartum depression	Several EAPs, out of network benefits, and sliding scales
Emily Prigmore, LSW https://www.highdesertpsychotherapy.com/	801 Florida Rd Unit 12 Durango CO 81301	970-764-7870		13+	Teens and young adults, CBT, DBT, EMDR, Attachment issues, families, sexual violence, domestic violence, life transitions	Medicaid , Self-Pay, Optum (United, UMR), Aetna, Anthem BCBS, Cigna
Felicia Libo, LPC http://felicialibo.com <i>*Limited space for new clients</i>	Telehealth throughout Colorado	970-759-2678	Email, Website, Phone	Adults and older adults	Life transitions, health, ADHD, neurodivergence, highly sensitive, solo dwelling, relationships, anxiety, depression, grief & loss. Integrative, creative and collaborative approach, 25 yrs experience in Durango area and CO communities.	Medicare (except for Medicare Advantage plans), Medicaid, Anthem BC/BS, United Healthcare, self-pay
Fort Lewis College Counseling Center	260 Noble Hall and Telehealth	970-247-7212		17+	Individual, Group and Couples, Psychiatry	No charge unlimited sessions for FLC students AND dual enrolled high school students
The Grief Center of SW Colorado Judy Austin, LPC-S Julie Madden, MA Jim Kavanaugh, PhD Melinda Jameson, LPC Caleb Speas, LPC Julie Hutson, LPC	www.griefcenterswco.org griefcenterswco@gmail.com	970-764-7142	Call or email	Various ages	Grief and Loss	Each clinician takes different insurances. Some take Medicaid

Mary Frey, LPCC Anne Bartlett, LCSW Precious Holcomb, MSW Maria Santiago, LPCC	In person and telehealth					
Haley Wiedenman (She/her/hers) Nature-Based Therapist, LPC haley@serenitymountaintherapy.com	1022 1/2 Main ave Durango	720.383.48 86		18+	Grief, Trauma, Domestic violence	medicare, medicaid, BCBS, United, Optum, Cigna, Aenta, and Anthem
High Country Counseling, LLC HighCountryCounseling@gmail.com KD Bryant, LPC (Durango, kids and adults) Jamie DeNier, LCSW (Telehealth only, kids and adults) Kim Domingo, LPCC (Pagosa, kids and adults)	Durango, CO 81301	970-779- 9072	Text/Email	Child - Adult		Bridget: TriWest, CHP+, Rocky Mountain Health Plans, United Healthcare, Anthem, Humana, Medicaid, Medicare KD: Medicaid , BCBS, UHC Jamie: Medicaid , UHC Kim: Medicaid
Jacqueline Juliana, MA, MAT, LPC		(970) 946- 3709		18+	Parenting, ADHD, anxiety, depression, and support major life transitions	Self pay

Jane Dally, MA, LPC, RN heronrisingtherapies@gmail.com	P. O. Box 3602 Durango, CO 81302	928-899- 2655	Email, phone - text or call	18+	Teletherapy - mood disorders (e.g., anxiety, depression, bipolar), trauma, attachment and relationship issues, grief, ADHD/ASD. Modalities - EMDR, Polyvagal Theory, somatic therapy, DBT, CBT, Mindfulness-Based Therapy, Internal Family Systems, Wellness Counseling, Solution-Focused Therapy.	Numerous insurance companies via SonderMind (https://www.sondermind.com), https://www.sondermind.com/providers/jw09a3yy/jane-dally ; Self-pay.
Jenny Rogers, MS, ABP jenny@durangoadventuretherapy.com www.durangoadventuretherapy.com	213 Oxford Place, Durango 81303	970-769- 2563		11+	Adventure Based Therapy, Therapaddle (SUP), Talki'n and Tubi'n, Art Therapy	I MATTER, Medicaid, United Health, and Rocky Mountain Health
Jessica Reed, LCSW www.mountainmentalhealthclinic.com	Bayfield 1328 Co Rd 501 Ignacio 405 Browning Ave.	970-903- 3354	Phone or email	6+	Family/Marriage, Addictions, Anxiety/Depression, CBT, DBT, Mindfulness, Trauma, EMDR, Christian Counseling	Medicaid , Medicare, CHP+, Most Insurances, EAP's, Self Pay-Sliding Scale
Jessica Mady, LCSW Lissome Coaching & Counseling, LLC www.LissomeCounseling.com jessica@lissomecounseling.com	2223 Main Ave., Suite 106, Durango, CO 81301	970-698- 2378	Call or email	Ages: 20+	Aging/gerontology, caregivers, grief/loss, death/dying, life transitions, chronic conditions/illness, dementia, relationship issues, divorce/separation, codependency, women's issues, work/career challenges, anxiety, depression. Strength-based, humanistic, integrative/eclectic, solutions focused, CBT, CBT-I, DBT, ACT, somatic and mindfulness based approaches.	Self-pay, Medicare, most Medicare Advantage plans, Medicaid, Aetna, Anthem (Carelton) Blue Cross/Blue Shield, Cigna (Evernorth), Rocky Mountain Health plans, United Health Care (Optum)

John Floyd, LCSW www.silenttreespsychotherapy.com john@silenttreespsychotherapy.com	1309 E. 3rd Ave. Suite 39 Durango, CO 81301 Also meeting virtually	970-335-8090	Phone, Text, Email	18+	Anxiety, Depression, Trauma, Life Transitions, Grief & Loss EMDR, CBT, DBT, MI, ACT, IFS	Most insurances, self-pay
Julie Hutson, LPC julie@therapydurango.com www.TherapyDurango.com	2646 County Road 228 Durango	970-880-4676	Email or Phone	All Ages	Grief, Trauma, Wilderness Trauma, Complex Trauma, Life transitions, Self-esteem, Neurobiological approach, EMDR, EMDR Intensives, Mindfulness, IFS, Attachment theory.	Self-pay or several local EAP's. Discounts for Veterans and Emergency personnel.
Julie Kostuch, MA, LPC	128 W 14 th St, Suite 201B Durango	970-799-0807	Phone	3+	Children, Adolescents and Young Adults; Play therapy, Anxiety, EMDR, EFT, Mindfulness, Polyvagal, Art Therapy	CHP+, Medicaid , RMHP, BCBS/Anthem, most private insurance through Sondermind, Self-pay (iMatter offers 6 free sessions for youth up to age 17)
Julie Viscnich, LCSW, LAC www.JulieVisnich.com	48 CR 250, #8 Durango CO 81301	970-404-1891	Phone	21+	Hypnosis, Cognitive Behavioral, Emotional Freedom Technique, Matrix Reimprinting Anxiety, depression, relationship, life transition, communication	Triad EAP, Cash, Check, Credit, Venmo at time of service
Karine McCulloch, LCSW Liminal Therapy Collective https://www.liminaltherapycollective.com https://www.psychologytoday.com/us/therapists/karine-mcculloch-durango-co/799592	In person, nature-based sessions (in parks or on trails, walking or sitting), virtual telehealth sessions	650-906-3968	Phone or psychology today link	18+	Big life transitions (identity, relationships, moving, career, family etc). DBT, at risk for suicide, borderline personality disorder.	Cigna (Evernorth), Anthem, BCBS, Etna, Optum, United, Tri Care and Triwest

Kasey Hall, MA, LPCC durangowalkandtalktherapy.com kaseyjo.hall@naropa.edu	Durango Telehealth options	909-522- 2945		18+	Walk and Talk Therapy and/or Telehealth. Mindfulness, Somatic. Anxiety, Depression, Relationship issues, Self-worth and Personal Growth. Specializes in working with highly sensitive persons	Self-pay, Sliding scale, can provide invoice for insurance reimbursement
Kelsey Kolz, LPCC kelseympalmer20@gmail.com Mancos Valley Center for Trauma and Attachment	2243 Main Ave Durango, CO 81301 Durango and Telehealth only	970-516- 5070	email/text	14+	Interventions: CBT, DBT, Attachment based, multicultural, person-centered, Solution focused. Specialties: PTSD, trauma, sexual trauma, anxiety, depression, ADHD. EMDR	Aetna, Anthem, BCBS, Carelton Behavioral Health, Cigna, GEHA, Medicaid , Meritian Health, Optum, Rocky Mountain Health Plans, UMR, UHC, sliding scale
Kendall Harvey, LPC, PMH-C krescounseling.com	Tele-health Durango, CO	303-817- 6122	Email and/or phone	18+	Women's mental health across the lifespan, Reproductive mental health, Perinatal/prenatal trauma/loss, Life adjustment, Anxiety, Depression. Somatic (body-based) approach, brainspotting, positive psychology, nervous system regulation, holistic & integrative health.	Self-pay. Out of network reimbursement possible.
Kiira Moore, LPC, IMH-E kiiramooreslpc@gmail.com	270 E 8th Ave, Suite 206, Durango	970-414- 0803			Perinatal issues, postpartum, attachment, trauma, LGBTQ+, EMDR, parent/child work, depression/anxiety, self-esteem	Self-pay

Lara Ristow LCSW lara@lararistowlcsw.net	2855 Main Ave., A-104 Durango, CO 81301 Telehealth avail	970-946-2669	Phone	Young Adult	Certified Synergetic Play Therapist, trained in EMDR, EMDR sand tray specialist through the AGATE institute. Anxiety, depression, trauma including PTSD, grief/loss, divorce and family stress, transitions, school challenges/stress, friendship issues, self esteem, parent coaching and family therapy.	Aetna, Anthem BC/BS, other BC/BS plans, Cigna, Friday, Colorado Medicaid , Optum, Triwest, Unitedhealthcare, CHP+, and self pay. I am also a provider for imatter Colorado which provides 6 free therapy sessions to Colorado youth.
La Plata Family Therapy www.laplatafamily.com admin@laplatafamily.com Hillary Wolfe (adults) Jen Burley, LSW (all ages) Sonya Brophy, LCSW (adults) Christopher Dooley (graduate intern) (16+) Zofia Lemise, LPCC (14+) Willow Ruth, LPCC (adults) Sarah Tesher LPCC (all ages kids) Peyton Burnside (graduate intern) (15+) Dr. April Phillips, board certified PNP and FNP, kids and adults	135 Burnett Dr, Unit 4 Durango	970-769-0131		Various	Anxiety, Depression, Addiction, Life transitions, EMDR, PTSD, CBT, DBT, Trauma, Abuse, Divorce, Coparenting, Grief, Sexual abuse, Couples Counseling, Personal growth, Play Therapy, Parent Coaching, Filial Therapy, Relationships, ADHD, Eating Disorders, SBBT	Medicaid, Medicare , Tricare, United, Cigna, Aetna, Anthem, BlueCross Blue Shield, Rocky Mountain Health Plans, Elevate Health Plans, Presbyterian We can see clients across Colorado and New Mexico.
LifeWays Institute Luke Flynn https://lifewayscommunity.com/ Lukeflynn@lifewayscommunity.com	In person or virtual 1022 1/2 Main Ave Durango, CO 81301	207-569-8661	Email, call	12+	1:1 therapy sessions and/or outdoor wilderness programs: depression, anxiety, failure to launch, emotional dysregulation, trauma, disruptive family dynamics, grief and loss, and BPD	Self Pay Medicaid will begin October 2025

Lindsey Coates, LPC lindseycoates.com counseling@lindseycoates.com	270 E College Drive, Durango	970.235.0648	Email or call/text	20+	Post-traumatic Growth Somatic Therapy, Mindfulness-based psychotherapy, ACT, Depression, Anxiety, Parenting support, Perinatal Support	Self pay
Lisa Donelan, NLC	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946-7933	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
Liv Mackenzie, LPC www.counselordurango.com livmackenzie1@gmail.com	1309 E 3rd Ave #107	970-259-4497	Phone	18+	Anxiety, Depression, Trauma, Grief, Life Adjustment, Postpartum, Adoption, EMDR, CBT, Insight, Mindfulness, Holistic, Foster Parent Counseling	EAP, Self-pay, Venmo, Credit Card, Cash, Check
Mancos Valley Center for Trauma and Attachment www.mv-cta.com Cole Awdish, LPC cole@mv-cta.com Kelsey Kolz, LPCC Sarah Coburn, MSW, LSW Sean Cannon- Counselor Intern Elizabeth Black, Unlicensed Social Work Intern - elizabeth@mv-cta.com	1911 Main Ave Suite 110 Durango, CO 81301 104 S Main St Mancos, CO 81328	970-403-5488	https://www.therapyportal.com/p/mvcta/ Schedule free consult through website or phone	8+	EMDR including EMDR intensives, DBT, Mindfulness-based CBT, Yoga - Based, Complex trauma (childhood abuse, relational trauma, etc.), Dissociation, Addiction, Ego state Parts Work, LGBT, veterans, womans issues	CO and NM Medicaid , CHP+ Medicare, Anthem, Aetna, Cigna/Evernorth, UHC, UMR, RMHP, CHP+, Sliding-fee, Triwest (VA), Carlon Behavioral, Optum
Marianne Crom, LPC, NCC www.animasfamilytherapy.com Animas Family Therapy LLC	2243 Main Ave #5 Durango	970-749-1927	email or text crommar@gmail.com	25+	EMDR, IFS, Neuropsychotherapy, Mindfulness, Addiction Discovery and Recovery, Couples Counseling	Self-pay, Sliding scale, EAP

Mark Dickmann, LCSW, LLC www.wintersuncounseling.com markdickmanncounseling@gmail.com	2855 Main Avenue, Suite #107A Durango	970-769-1569	Phone or email	18+	Individuals and Couples, Depression, Anxiety, Grief, Relationship issues, Life transition, Trauma, EMDR	Self-pay, EAPs
Melinda Jameson, LPC mjameson919@gmail.com	128 W. 14 th St. #205 Durango, CO	970-247-1444	Phone	4+	Grief for parents	Medicaid, BCBS/Anthem, RMHP, CHP+, United/UMR
Mind Body Connections Counseling Russ Patten, LPC www.russpatten.com 385-743-0251 Licensed in CO and UT Renee Podunovich, LPC Licensed in CO and UT 385-232-3671	202 W North Street, Cortez		Phone or email	18+	Anxiety, Depression, Trauma, Life Transitions Veterans, Couples DBT, CBT, EMDR, IFS Parts Work, Motivational Interviewing, Solutions Focused, Eco-Therapy Women's Issues, Trauma, Grief/Loss, Anxiety, Mood Disorders, Life Transitions, Positive Psychology, Mindful Self-Compassion Therapy, Somatic therapies, EMDR, IFS Parts Work, Performance Enhancement for Professionals and Athletes	Medicaid, Medicare, BCBS/Anthem, Behavioral Health Systems, Chip+ Plan, MultiPlan, Optum, RMHP, Tricare, Triwest, UBH, UMR, Select Health, Quest
Nicola Dehlinger, ND Pura Vida Natural Healthcare puravidahealthcare.com		970.426.1684 (o) - 970.759.1293 (c)			Internal Family Systems	Self pay

Paragon Behavioral Health Connections https://www.paragonbhc.org/ Haley Chatwin, MSW, SWC Mashi Salomon, Care Manager	In family home, Community, Telehealth	303-243-0270		All Ages	Supports youth and families in their home or community to increase skills for healthy communication and improve regulatory skills of each individual family member. Reduce symptoms associated with emotional/mental health concerns, substance use, and trauma responses. Increase access to basic needs such as benefits, food, employment, safe housing, and quality childcare	Medicaid , RMHP, CHP+, Self-pay
Phoenix Rising, MSW, LSW (Ze/Zir/Zirs or She/Her/Hers) www.therapy-for-rebels.com phoenix@therapy-for-rebels.com 	48 CR 250, Suite 8 or telehealth	720-312-3278	Email	10+	Late-diagnosed ADHD and/or Autistic, Gifted/Talented, Highly Sensitive People, LGBTQ+, BIPOC, Neurodivergent-identifying, Somatic therapy, Nervous system regulation, coping skill building, Lifestyle changes (ex: diet, exercise and sleep), Musician, Artists, Suicidal ideation, Individuals self-harming, Trauma Informed Yoga	Self-pay, IMatter (6 free sessions), Second Wind Fund (12-20 free sessions)
Randle Brooks, M.A., LPCC, NCC randlebrookscounseling@gmail.com	2855 Main Avenue Unit A105	970-648-4128	Call, Text, Email	12+	teens and college students- depression, anxiety, body image, self esteem	Medicaid , Aetna, Cigna, Meritain, RMHP, iMatter Co, private pay rate \$120, sliding scale offered as well.
Riversage Family Counseling		970-422-3830		All ages	General phone for inquiries	
Rowan Blaisdell, LCSW www.durangopsychotherapy.com rowan@durangopsychotherapy.com	318 Main Ave, suite 309, in-person, Remote, Walk and Talk	970-903-3893	Text, email, phone call	18+	Anxiety, Depression, Couples / relationships, Men's Issues, LGBTQ+	Self-pay

Russ Pool, LPC Russ Pool Psychotherapy Russ@RussPool.com	1911 Main Ave, Suite 257	970-375-7777	Text, phone, email	Adults and older adults	Individuals and Couples, Relationships, Trauma, IFS Parts Work, EMDR, Somatic Therapy, Transpersonal Psychotherapy	Self pay
Samantha Reed, LPCC samantha@riversagecounseling.com	100 Jenkins Ranch Road	970-422-3830		15+	Depression, anxiety, life changes, family issues, parenting,	Self-pay, Medicaid, BCBS, United, United
Sandralynn Johnson LPC, LLC Jsandralynn@gmail.com	Online/telehealth/hippa/platform	970-880-2599	Call, text, or email	16 to Seniors	Anxiety, depression, relationships, PTSD, ADHD, trauma	EAP provider with "Profile EAP"; Anthem, United, Cigna, Aetna, Medicare Advantage/plus and many others. Self-pay and credit cards
Silas Wright, NCC, LPC silas@rhizomecounseling.com	2257 Main Avenue Durango, CO	720-441-4552		18+	Trauma, Pain management, Chronic Illness, Severe and Persistent Mental Illness, LGBTQ+, Young Adults, Artists, Veterans, Men's Issues	Aetna/Meritain, Optum, CIGNA, Anthem BCBS of Colorado as well as BCBS from other states, UMR/United Healthcare, Self-pay
Skye Dowell, LPCC, ATR-P skye@riversagecounseling.com	100 Jenkins Ranch Road	970-422-3830		6+	Depression, anxiety, identity issues, trauma, EMDR, Art Therapy, child and family issues	Self-pay, Medicaid , BCBS, United, Aetna

Southern Ute Health Center - Behavioral Health Division – Variety of therapists available for all age groups Website: Behavioral Health – Southern Ute Indian Tribe (southernute-nsn.gov) https://www.southernute-nsn.gov/tribal-health/behavioral-health	Physical Address: 4101 County Road 222, Durango, CO 81303 Mailing: PO Box 737, #97 – Ignacio, CO 81137	970-563-5700		All ages	Intervention / Specialties: Serving Native Americans from any Federally Recognized Tribe; Substance Use Services; Mental Health therapy and Psychiatry services; In-person and Telehealth; Individual, couples and groups; Trauma; MAT / MOUD	Most insurance accepted, Medicaid , Medicare. If no third party insurance, services are free for all Native Americans who enroll as patients of the Southern Ute Health Center.
Stephanie Smith, LCSW, LAC A Wild Hope Counseling www.awildhope.com stephanie@awildhope.com	1911 Main Avenue Suite 248 Durango, Telehealth	970-426-5354	Phone or Email or Text	11+	Anxiety, Depression, Loss and grief, Low self-esteem, Phase of life issues, Family and relationship challenges, and Substance use	Self-pay, Sliding Scale, insurance through Sondermind
The Therapy Collective at Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/e mail	All ages	Individuals, Groups, Integrated Health	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Ali Snowden, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422-1761	Phone/email	All ages	Young adults, Family, Relationships, Trauma, Anxiety, life transistons, Depression, PTSD, Mind/bodyhealth, Mood Disorders, Adjustment Issues, ADHD, Play therapy.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Jesse Jones, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/ema il	8+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, ADHD, Big feelings., Spiritual, non monogamy realationships.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Alana Connelly, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/e mail	16+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Becky Beaver, LPCC Intern Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/e mail	14+	Young adults, Geriatrics, Family, Relationships, Trauma, Anxiety, life transisitons, Depression, Cognitive behavioral Therapy, PTSD, Mind/bodyhealth, Couples , Mood Disorders, Adjustment Issues, Conduct Disorders.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Megan Oberholtzer, PhD Clinical Psychology Candidate Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/e mail	18+	Cognitive behavioral Therapy, anxiety, depression, PTSD, ADHD, Mind/body health, Trauma, Mood Disorders, Life Transition, Adjustment Issues, Conduct Disorders, EMDR.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Miranda Day, LPC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/ema il	18+	Chronic illness, trauma, Women's issues, anxiety/depression, relationships, life transitions, grief and loss, personal growth, and spirituality and existential concerns, and clinical consultation.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Shari Fitzgerald, LPCC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/ema il	18+	Trauma, Sexual Assault, Grief, Relationships, EMDR	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Stacy Reuille-Dupont, PhD, LAC Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/ema il	18+	PTSD & Trauma, Somatic Psychology, ADHD, Addiction, Disordered Eating Behavior, Dealing with Autoimmune Disorders, Depression/Anxiety, Hakomi/EMDR, Life balance, Weight Loss/Gain, Leadership Development, Personal Growth, Nutrition and Movement for Mental Health. Certified personal trainer and nutrition coach.	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund
Brooke Lederer, LCSW Studio B https://studiob.life/ bu@studiob.life	1970 East 3rd Ave. Ste. #101 Durango 81301	970-422- 1761	Phone/ema il	18+	<i>Depression, Anxiety, Trauma, Mindfulness, Somatic, Spirituality, Grief, Relationships, EMDR, CBT, Wilderness therapy, Youth, Young Adults, Adults</i>	BCBS, tricare for life, Aetna, Self Pay, Sliding Scale, UHC, Cigna, Medicare, Medicaid , RMHP, Pinnacol, Coventry, workers comp, Second Wind Fund

Bayfield Therapists

Lisa Donelan, NLC	15 Mill St. #106 Bayfield and 2855 Main Ave Suite #A107 Durango	970-946- 7933	phone	18+	Trauma, Intimate Partner Violence, PTSD, Anxiety, EMDR, PTG Somatic therapy	Self-pay
Lisa Isenberg DNP, PNP, PMHNP silverfoxmentalhealth@gmail.com		970-403- 4425	Phone or email		Medication management	Aetna, Cigna and Evernorth, Optum, United
Aldergrove Counseling Nicole Fuller MA, CAS, DVAP, BHE, DUI Provider nicolevan123@msn.com aldergrovegroup.com/our-team psychologytoday.com Shayla Walker, LCSW Worthy Hearts, LLC and Aldergrove Wellness group	231 South Clover Drive Ste; 5 Bayfield CO 81122 555 Camino Del Rio 2B or 231 S Clover Suite 5 Bayfield	970-769- 2435 303-975- 6142	Phone or Email	15+ 18-30	Domestic Violence Treatment Provider See website for expertise https://www.aldergrovegroup.com/our-team/therapists/nicole-fuller/ Women's issues, Postpartum support, Anxiety, Depression, Trauma, Tele therapy, relationship issues	Self-pay, Sliding scale Self-pay, Sliding scale, Medicaid, most insurances

Pagosa Springs

Authentic Solutions Consulting Kelly Pipkins-Burt, M.Ed, LPC kellyburtlpc@gmail.com	2800 Cornerstone Drive, Pagosa Springs CO	970-398- 0964	phone	All ages	Multiple specialties offered through agency	Self-pay, Medicaid and most major insurances
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****Qualification Acronyms****

Fully licensed providers who have completed all supervised clinical hours: LPC (Licensed Professional Counselor), LCSW (Licensed Clinical Social Worker), LMFT (Licensed Marriage and Family Therapist), PhD (Licensed psychologist)

Providers who are required to practice under clinical supervision and hold a provisional license: LSW (Licensed Social Worker), SWC (Clinical Social Work Candidate), LPCC (Licensed Professional Counselor Candidate)

Additional acronyms: RPT (Registered Play Therapist), MSW (Master of Social Work), LAC (Licensed Addiction Counselor)