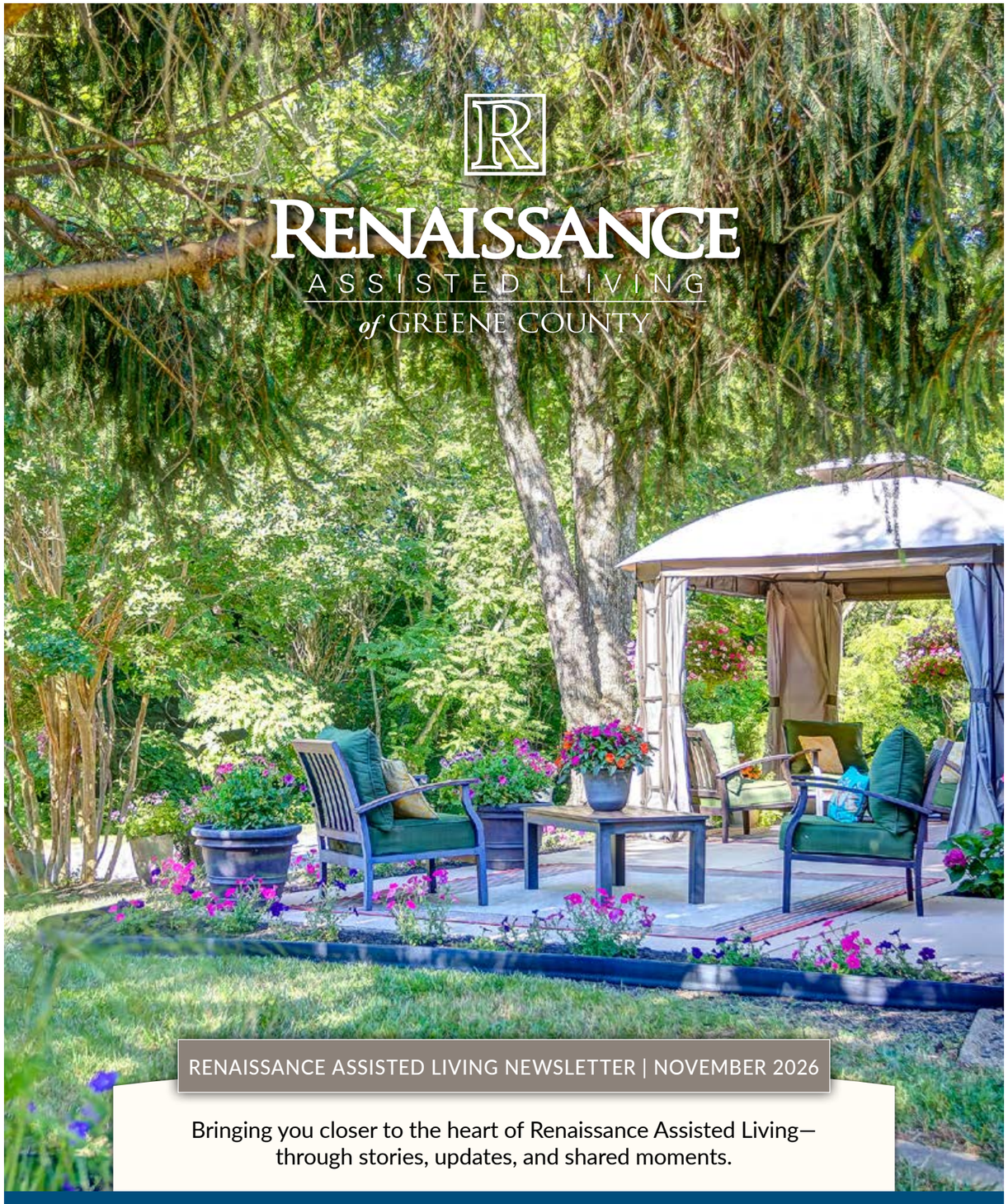
RENAISSANCE
ASSISTED LIVING
of GREENE COUNTY
Life. Love. Legacy.™
(434) 985-4411
118 Williams Mill Dr.
Stanardsville, VA 22973



Beth Murphy, LPN
Executive Director



recipe boxes: 4 & 7



RENAISSANCE ASSISTED LIVING NEWSLETTER | NOVEMBER 2026

Bringing you closer to the heart of Renaissance Assisted Living—
through stories, updates, and shared moments.

Life. Love. Legacy.™

A Message from your Executive Director



November has a way of reminding us what matters: a shared meal, a familiar story, someone taking the time to ask how we're doing. As Thanksgiving approaches, I'm grateful for the residents, families, and team members who get to know one another and look out for one another here.

This month, during National Alzheimer's Disease Awareness Month, we're thinking especially of those living with Alzheimer's or another form of dementia, and the families who love them. We call our memory care neighborhood The Harbor because it offers residents a safe, caring place to navigate the challenges that sometimes accompany dementia. Familiar routines, purposeful activities, and time spent with people who know them give residents opportunities to connect and enjoy their days. Our team brings patience and dedication to this work, along with annual certification in Alzheimer's and dementia care.

We also know that families need support of their own. That's why we offer complimentary Alzheimer's Support Services with Dr. Ron Harvard, in addition to the care we provide in our community. Dr. Harvard is a pastor, counselor, and professor with decades of experience. He also cared for his late wife, Linda, through her journey with Alzheimer's disease. He understands the questions and emotions families face, both through his work and through his own life. If it would help to talk with someone who understands, you can schedule a complimentary phone or video appointment with Dr. Harvard through our website.

That same commitment to helping families find their way through difficult questions extends to another group we're honoring this month: veterans and their families. On Veterans Day, we thank those who have served and the people who have stood beside them. For veterans, spouses, and surviving spouses exploring VA Pension with Aid and Attendance, we can also help make the application process easier to navigate. Through our partnership with Elder Resource Benefits Consulting (ERBC), families can get knowledgeable guidance at each step and avoid common delays. The initial eligibility call is always free, and we cover the cost of ERBC's service for those moving into or living in our community. If you'd like to learn more for yourself or someone you love, please reach out. We'd be glad to get you connected.

Whether we're helping a resident find comfort in a familiar routine, honoring a veteran's service, or answering a family's questions, our goal is the same: to be useful to residents and families in the ways that matter to them.

Thanksgiving gives us another chance to spend time together. If you're visiting a loved one this month, we hope you'll share a meal, join us for an activity, or simply sit and catch up. Thank you for trusting us to be part of your lives. We're grateful you're here, and we'd love to see you whenever you can stop by.

With gratitude,

Beth Murphy, LPN
Executive Director

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!

Leaving a review is one of the best ways to help new families find the support, comfort and compassion they deserve. Scan the QR code to share your story.

Celebrations & Milestones

Let's celebrate everyone marking a special moment this month!

TEAM ANNIVERSARIES

- David Tippett–4 yrs.

Thanksgiving FAMILY DINNER

Sunday, November 22nd at 1:00 PM

Let's add a little something special! We'd love for each family to bring a favorite Thanksgiving dish to share–Grandma's stuffing, a beloved casserole, or whatever tastes like the holiday to you! Your usual recipe is plenty--so folks at your table can enjoy a piece of your family's traditions.

Bringing a dish is completely optional. Your presence is what matters most!

RSVP by Nov 8 with number of guests. (434) 985-4411 or bmurphy@theharboralf.cc

SAVE THE DATE!

RENAISSANCE FAMILY Christmas Party!

Sunday, December 20th at 1:00 PM (Tentative)

HONORING OUR HEROES



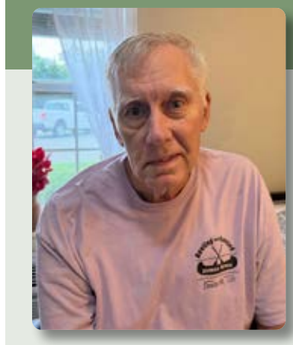
On Veterans Day we honor all who have served, with special thanks to the veterans who live and work among us. Your courage, sacrifice, and steadfast commitment to our Constitution inspire us every day.

Gratitude

I'm thankful for good company, good food, and the freedom to loosen one button.



MICHAEL HEALLESS



Country Songs, Football and a Smile to Share

Michael Healless grew up in Clinton, Iowa, as one of four siblings. He went on to spend 42 years as a UPS driver, putting in countless miles through a long career of hard work. We'd love to hear the stories he gathered along the way.

These days, Michael often has a country song on his mind. He can be heard humming along to his favorite tunes, and even as he faces some new challenges, he still greets people with a smile.

There's plenty to talk about with Michael. He enjoys hiking, spending time with dogs and working on cars. He's also a fan of both college and NFL football. And if you want to bring him a little treat, an ice-cold Pepsi is a sure bet.

Michael's friendly smile and easygoing spirit make him a welcome part of our community. We're glad to keep getting to know him and the experiences that have shaped his life. The next time you see him, say hello. You might find yourself talking about a football game, a car he's worked on or the country song he's been humming.



LOOKING GOOD!

My face in the mirror
isn't wrinkled or drawn.

My house isn't dirty.
The cobwebs are gone.

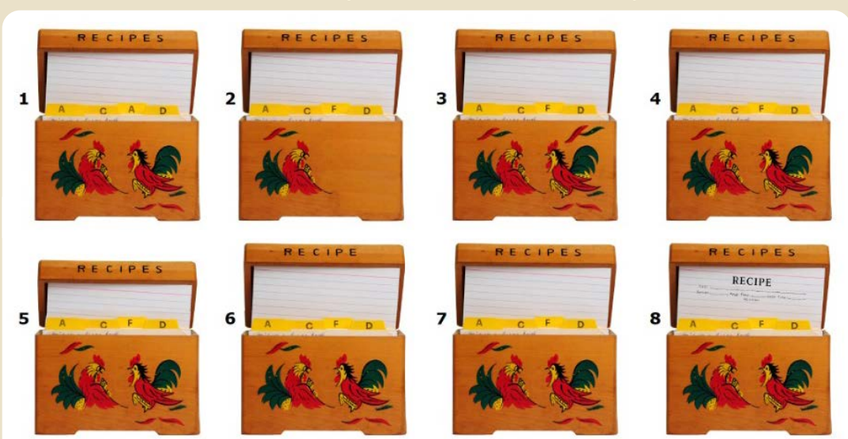
My garden looks lovely
and so does my lawn.

I think I might never
put my glasses back on!

JUST FOR FUN GUARANTEED to make you blow air out your nose.

Matching Recipe Boxes

Find the two recipe boxes that are exactly alike.

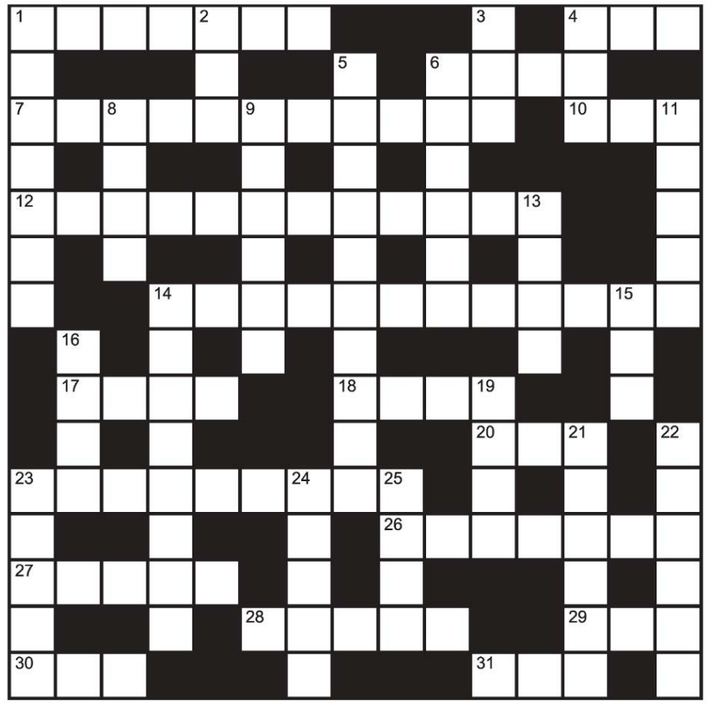


ACROSS

1. Makes satisfied
4. Mind the ___ (subway station warning)
6. Destroy
7. Instructive; providing knowledge
10. Got together
12. Skilled; proficient
14. Effectively
17. Pile
18. Acquires
20. Corn serving
23. Obtained for a price
26. Put forward for consideration
27. Soccer scores
28. Baggy
29. Laugh Out Loud, abbrev.
30. Tree juice
31. Foot the bill

DOWN

1. Set up
2. Caribbean or Red, for example
3. Entirely
4. Place to work out
5. Conspicuous
6. Pageant attire
8. University of Northern Colorado, abbrev.
9. Themes or subjects
11. Delicious
13. Medicinal substance
14. Barely
15. Fall behind
16. From beginning to end, informally
19. "To thine own ___ be true"
21. Nearly never
22. Cowboy's seat
23. Sheets of a book
24. Tavern perch
25. Pixels



North Carolina

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

F	G	R	E	E	N	S	B	O	R	O	U	H	N	K
K	I	D	F	K	T	O	B	A	C	C	O	V	H	E
R	S	R	B	S	K	N	A	B	R	E	T	U	O	T
I	P	E	S	R	Z	H	K	P	B	Z	T	C	T	A
S	E	N	N	T	Z	E	U	C	E	B	R	A	B	T
P	P	S	O	A	I	Y	K	G	T	C	R	R	B	S
Y	J	A	P	F	C	N	D	F	H	I	J	D	H	L
K	G	H	R	X	U	I	F	A	H	H	N	I	F	E
R	Y	N	M	A	R	R	R	L	O	T	I	N	L	E
E	Z	F	I	E	L	L	N	R	I	A	H	A	O	H
M	P	V	U	H	O	E	N	I	U	G	A	L	G	R
E	F	L	L	T	S	E	I	A	T	H	H	G	I	A
G	B	V	T	G	T	I	B	G	H	U	L	T	N	T
Z	A	E	F	S	R	S	F	X	H	T	R	B	I	P
M	N	E	F	O	R	T	B	R	A	G	G	E	M	I

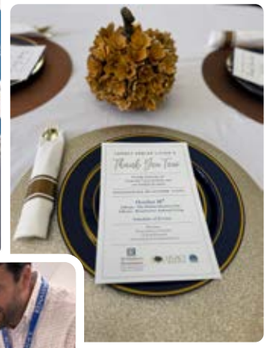


A VISIT TO SAY THANK YOU FROM LEGACY SENIOR LIVING

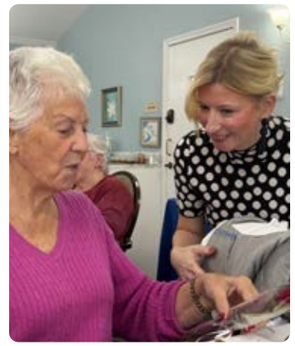
As Legacy Senior Living celebrates 20 years of service, members of our Support Center leadership team visited Renaissance. They spent time with residents and team members, thanking our residents for choosing us and recognizing our team members for their service, presenting each with a small token of appreciation.

We're grateful to everyone who has been part of the Legacy family and helped make the past 20 years possible. These photos capture a few moments from our visit.









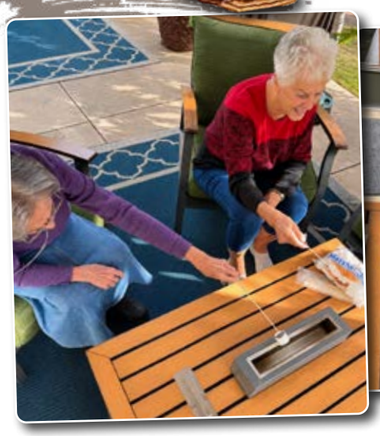






S'MORE FUN AROUND THE FIRE









November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Company Corner 10:00 Today in History / Devotion & Prayer 1:00 Individual Engagement 3:00 Snacks & Hydration Daylight Saving Time Ends	**2** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 3:00 Snacks & Hydration	**3** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 3:00 Snacks & Hydration **JABA** 9:30 Opening/Brain Teasers 9:45 BINGOcize 10:30 Autumn Friend Fun Feud 11:30 Visit with ASC 12:00 Lunch 12:30 Word Search & Crosswords	**4** 9:00 Morning Company Corner 10:00 Today in History 11:30 Pastor Dan's Worship 1:00 Individual Engagement 3:00 Snacks & Hydration **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise with Minna 10:30 Blue Ridge School Visit 11:30 Site Council Meeting 12:00 Lunch 12:30 Adult Coloring	**5** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Manicures & Massages 3:00 Snacks & Hydration Cornhole – Time to be determined 5:30 Classic TV Shows **JABA**: 9:30 Opening/Brain Teasers 9:45 BINGOcize 10:30 Bingocize Wrap-up Party! 11:30 It's Monopoly Day! Cards/Board Games! 12:00 Lunch 12:30 Word Search & Crosswords	**6** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 1:30 Fill in the Category 2:00 Dominoes 3:00 Snacks & Hydration 3:45 Frisbee Toss 5:30 Evening Melodies	**7** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 2:00 UNO 3:00 Snacks & Hydration 3:45 Cup Pong
8 9:00 Morning Company Corner 10:00 Today in History / Devotion & Prayer 1:00 Individual Engagement 3:00 Snacks & Hydration Diwali (Hindi)	**9** 9:00 Morning Company Corner 10:00 Today in History 10:30 Chair Exercises 1:00 Individual Engagement 3:00 Snacks & Hydration	**10** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 2:00 Ball Bounce Volleyball 3:00 Snacks & Hydration 3:45 Hoop Shooting **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise/Walking Club 10:00 Visit with Springhill Baptist Church 11:00 Nutrition Jeopardy 12:00 Lunch 12:30 Adult Coloring	**11** 9:00 Morning Company Corner 10:00 Today in History 11:30 Pastor Dan's Worship 1:00 Individual Engagement 2:30 Tabletop Games 3:00 Snacks & Hydration **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise with Minna 10:30 Veterans Day Observed 11:00 Cooking Up Thankful Fun! 12:00 Lunch 12:30 Ring Toss/Cornhole Veterans Day Remembrance Day (Canada)	**12** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Manicures & Massages 1:00 Bowling & Dominoes 3:00 Snacks & Hydration **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise/Walking Club 10:00 Thankful for You—Thanksgiving Card Crafting 11:30 What in the World Do You Mean? 12:00 Lunch 12:30 Adult Coloring	**13** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 2:00 Bingo 3:00 Snacks & Hydration	**14** 9:00 Morning Company Corner 10:00 Today in History 12:00 Ring Toss 1:00 Individual Engagement 3:00 Snacks & Hydration 5:30 Travel Video Night
15 9:00 Morning Company Corner 10:00 Today in History / Devotion & Prayer 10:30 Daily Devotion & Prayers 1:00 Individual Engagement 3:00 Snacks & Hydration 3:45 Cornhole	**16** 9:00 Morning Company Corner 10:00 Today in History 10:30 Chair Exercises 1:00 Individual Engagement 3:00 Snacks & Hydration 5:30 Evening Melodies	**17** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Dominoes 3:00 Snacks & Hydration **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise/Walking Club 10:00 Travelogue 11:00 Turn the Page Tuesday 12:00 Lunch 12:30 Word Search & Crossword	**18** 9:00 Morning Company Corner 10:00 Today in History 11:30 Pastor Dan's Worship 1:00 Individual Engagement / Riddle Rally 3:00 Snacks & Hydration 3:45 Frisbee Toss 5:30 Activity to Be Determined **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise with Minna 10:30 UVA Medical Students Presentation 11:30 Word Wednesday 12:00 Lunch 12:30 Adult Coloring	**19** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Manicures & Massages 2:00 Name That Song/Balloon Toss 3:00 Snacks & Hydration-Balloon Toss **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise/Walking Club 10:00 with Tech Center Students 12:00 Lunch 12:30 Word Search & Crosswords	**20** 9:00 Morning Company Corner 10:00 Today in History 11:00 Word Scrabble 1:00 Individual Engagement 2:00 UNO 3:00 Snacks & Hydration / Bowling	**21** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Tabletop Games 3:00 Snacks & Hydration
22 9:00 Morning Company Corner 10:00 Today in History / Devotion & Prayer **1:00 PM THANKSGIVING FAMILY LUNCH** 2:00 Fact or Fiction 3:00 Snacks & Hydration 4:00 Cup Bingo	**23** 9:00 Morning Company Corner 10:00 Today in History 10:30 Chair Exercises 1:00 Individual Engagement 3:00 Snacks & Hydration	**24** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement 2:00 Resident Council 3:00 Snacks & Hydration 3:45 Ring Toss **JABA** 9:30 Opening/Brain Teasers 9:45 Exercise/Walking Club 10:00 4 Hitts and a Miss 12:00 Lunch 12:30 Adult Coloring	**25** 9:00 Morning Company Corner 10:00 Today in History 11:30 Pastor Dan's Worship 1:00 Individual Engagement 2:00 Thanksgiving Bingo 3:00 Snacks & Hydration JABA Closed	**26** 9:00 Morning Company Corner 10:00 Today in History 12:00 Thanksgiving Day Parade 1:00 Individual Engagement / Manicures & Massages 3:00 Snacks & Hydration / The History of Thanksgiving JABA Closed Thanksgiving Day (U.S)	**27** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Around the World Trivia 2:00 Hoop Shooting 3:00 Snacks & Hydration	**28** 9:00 Morning Company Corner 10:00 Today in History 1:00 Individual Engagement / Dominoes 3:00 Snacks & Hydration / Bowling
29 9:00 Morning Company Corner 10:00 Today in History / Devotion & Prayer 1:00 Individual Engagement / Balloon Volleyball 2:00 Bowling 3:00 Snacks & Hydration 4:00 Jeopardy	**30** 9:00 Morning Company Corner 10:00 Today in History 10:30 Chair Exercises 1:00 Individual Engagement 3:00 Snacks & Hydration					

