

*Life. Love. Legacy.™*

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 Stanardsville, VA 22973



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 RENAISSANCE  
 ASSISTED LIVING  
 of GREENE COUNTY

RENAISSANCE ASSISTED LIVING NEWSLETTER | MAY 2026

Bringing you closer to the heart of Renaissance Assisted Living—  
 through stories, updates, and shared moments.

Life. Love. Legacy.™



**Beth Murphy, LPN**  
 Executive Director



**LeeAnne Proffitt**  
 Administrative Assistant

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Matching abcuses: 1 & 8



As we welcome the month of May, I find myself reflecting on the rhythm of the seasons and the gentle ways they invite us to pause, look around, and appreciate what's right in front of us. May is a month of transition. Spring is in full bloom and summer's just around the corner, and it always seems to bring that sense of renewal into the halls of our community as well.

This sense of renewal is echoed in the special occasions we celebrate together this month. May is recognized nationwide as Older Americans Month, a time when we honor the achievements, wisdom, and resilience of our residents. Their stories, experiences, and laughter are the foundation that makes our community a home. Let's take a moment to recognize the unique gifts our residents share, and the way their lives inspire everyone around them, every single day.

We also look forward to Nurse Appreciation Week, May 6-12—a chance to express our heartfelt gratitude to the dedicated nurses whose compassion and steady hands shape our daily lives. Their care, patience, and kindness are the backbone of our community, and we are truly grateful for the difference they make.

All around us, nature reminds us of how life thrives when given a little warmth and attention. I see it in our gardens as new blossoms appear, in the friendships that continue to grow, and in the laughter that fills our common spaces. These everyday moments, shared together, are what make this season so special.

As May comes to a close, we will pause together on Memorial Day to remember and honor those who have served and sacrificed for our country. Their legacy lives on in the community we share and in the opportunities we have to gather in peace and friendship.

As always, we invite you to join us whenever you'd like—whether it's a group activity, a celebration, or a quiet moment of conversation. Each presence adds to the richness of our community.

Thank you for the joy, patience, and kindness you bring every day. Let's make the most of this beautiful season, together.

Kind regards,  
  
 Beth Murphy, LPN  
 Executive Director



## Celebrations & Milestones

TEAM MEMBER BIRTHDAYS  
 • May 10: Dana Newell

RESIDENT ANNIVERSARIES  
 • Luann Oldman – 5 years  
 • Linda Austin – 2 years  
 • Ethel Bump – 1 year

TEAM ANNIVERSARIES  
 • Diane Ferguson – 10 years  
 • Cassie Marrone – 3 years



## CELEBRATING MOTHERS AND HONORING HEROES

As the flowers bloom and the days grow warmer, the month of May brings with it a beautiful reminder of renewal, gratitude, and love. This month holds two especially meaningful occasions—Mother's Day and Memorial Day—both inviting us to pause and reflect on the people who have shaped our lives through love and sacrifice.

In our assisted living community, Mother's Day holds a special place in our hearts. Many of our residents are mothers, grandmothers, and even great-grandmothers whose lives tell stories of strength, sacrifice, and unconditional love. Their wisdom and resilience inspire both staff and fellow residents every day.

Motherhood is one of the most powerful callings, and the Bible speaks often about the value and virtue of mothers. In Proverbs 31:25-28 (NIV), it says:

"She is clothed with strength and dignity; she can laugh at the days to come. Her children arise and call her blessed."

This verse beautifully reflects the enduring strength and honor that mothers carry throughout their lives.

Another touching reminder is found in Isaiah 66:13:

"As a mother comforts her child, so will I comfort you."

This verse highlights the deep compassion and comfort that only a mother's love can provide—a love that reflects God's own care for us.

As we celebrate Mother's Day this month, we encourage everyone to show appreciation—whether through a visit, a phone call, a handwritten note, or simply sharing a smile. Small gestures can mean the world and remind our residents how cherished they

truly are.

Later in the month, we also observe Memorial Day, a time dedicated to honoring the brave men and women who gave their lives in service to our country. Within our community, we are especially mindful of the many veterans who have served with courage and dedication. Their stories, sacrifices, and commitment to protecting our freedoms deserve to be remembered and celebrated.

Memorial Day is not only a day of remembrance but also a moment of gratitude. In John 15:13 (NIV), we are reminded:

"Greater love has no one than this: to lay down one's life for one's friends."

This powerful verse reflects the ultimate sacrifice made by so many service members and serves as a meaningful way to honor their legacy.

As a community, we take pride in recognizing and celebrating our veterans—not just on Memorial Day, but throughout the year. Whether through shared stories, small ceremonies, or moments of reflection, we are grateful for their service and the freedoms we enjoy because of them.

Beyond these important observances, May is also a wonderful opportunity to enjoy the beauty of the season. From spending time outdoors to participating in community activities, we look forward to creating joyful moments together. This month, let us embrace gratitude, connection, and kindness in all we do.

To all the incredible mothers and honored veterans in our community: thank you for your love, your strength, your sacrifice, and your legacy. You are truly a blessing.

LeeAnne Proffitt  
 Administrative Assistant

IF YOU LOVE WHAT WE DO,  
 PLEASE LEAVE A REVIEW!

WE APPRECIATE YOUR FEEDBACK



## MEMORIAL DAY



REMEMBER & HONOR

May 25

Everything always  
 turns out ok in the end.

So if it's not ok,  
 it's not the end!

## ALZHEIMER'S SUPPORT SERVICES

Take advantage of this complimentary support service, thoughtfully designed to complement the care we provide. Schedule your one-on-one phone or video session with Dr. Ron Harvard today.

LEGACYSL.NET/ALZHEIMERS-SUPPORT

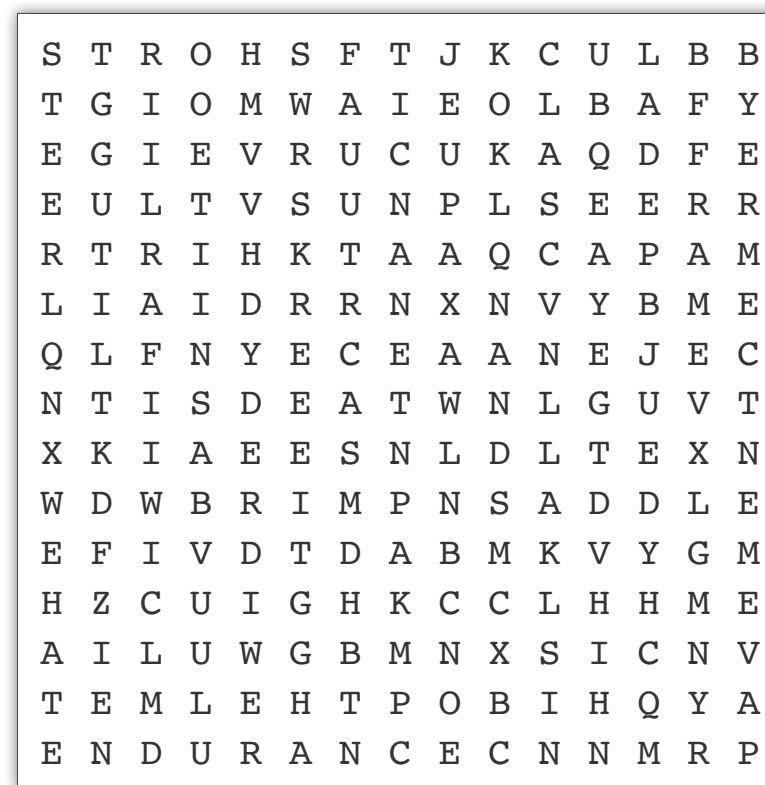
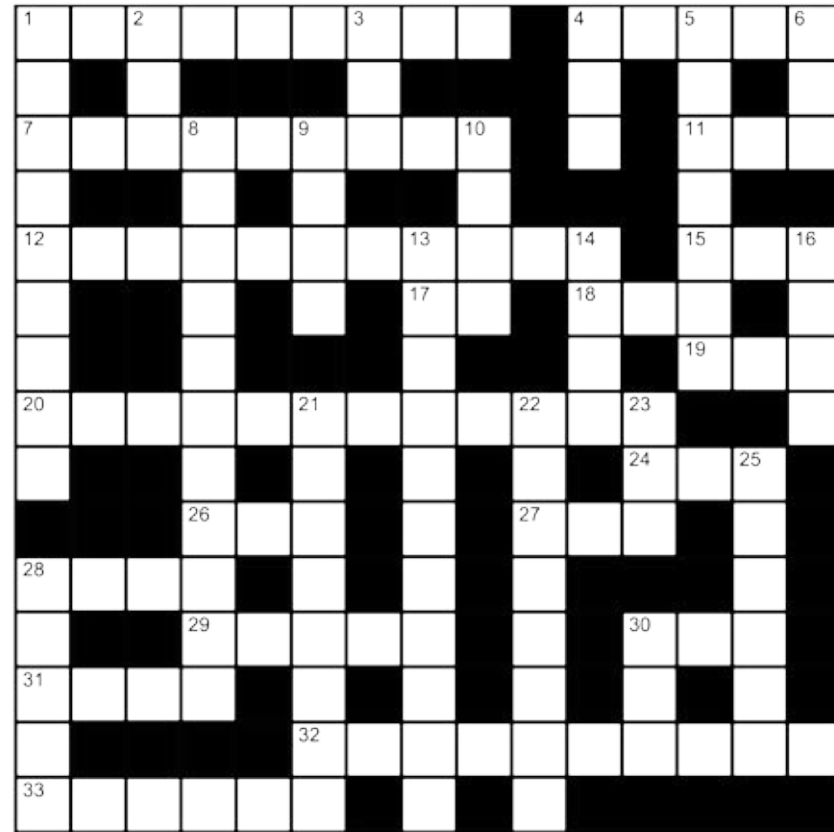
**ACROSS**

- 1. Melted
- 4. Fancy tie
- 7. Traders or dealers
- 11. Hog haven
- 12. Transmit information
- 15. Frigid
- 17. Either \_\_\_
- 18. Long \_\_\_ and far away
- 19. Fishing aid
- 20. Building or creating
- 24. Finale
- 26. Prefix meaning "three"
- 27. Dog doc
- 28. It's hailed by city dwellers
- 29. Proposal
- 30. Freshly painted
- 31. Maize
- 32. English major's subject
- 33. Film follow-up

**DOWN**

- 1. Government by the people
- 2. Used before name and charge
- 3. Vehicle with sliding doors
- 4. Stomach muscles, for short
- 5. Shock absorber?
- 6. Attempt
- 8. Musical arrangement
- 9. Teen affliction
- 10. Brand, in a way

- 13. Focus intently
- 14. Work for pay
- 16. Abominable Snowman
- 21. Wet-weather indicator
- 22. H. G. Wells' Martians are some
- 23. Figure out
- 25. Physician
- 28. The sounds of time passing?
- 30. Humorist's specialty



**PEDAL POWERED**

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



**STEADY AS SUNRISE: THE QUIET STRENGTH OF RODGER SHIFFLETT**

Long before the day's first light, a young boy named Rodger Shifflett would wake to the gentle sounds of farm life on the outskirts of Charlottesville. That's where he learned what mattered most—not from lectures or grand gestures, but from the rhythm of honest work and the steady hands of his parents, who believed that family came first and a promise meant something.

Rodger's childhood was a patchwork of early mornings, chores done side by side with his brothers, Danny and Dale, and laughter carried on the breeze with his sisters, Angela and Diane. On that farm, he saw how patience and kindness could turn hard days into good ones, and how a quiet word could be as strong as any shout.

He took those lessons with him when he walked the halls of William Monroe High School, becoming a familiar face in a community that still remembers him. When duty called, Rodger served in the National Guard, standing up for his country with the same calm, unwavering sense of responsibility he'd learned at home.

For more than 30 years, Rodger brought that same reliability to his work at Sperry, quietly

ensuring every detail was just right. He didn't seek the spotlight, but those who worked alongside him knew they could count on him—every day, without fail.

Although Rodger doesn't have children of his own, his life has always been rich with connection. The bonds he's shared with siblings and friends, and the relationships he's built over a lifetime, have filled his days with meaning. He's a man who understands that sometimes, love is quiet and steadfast.

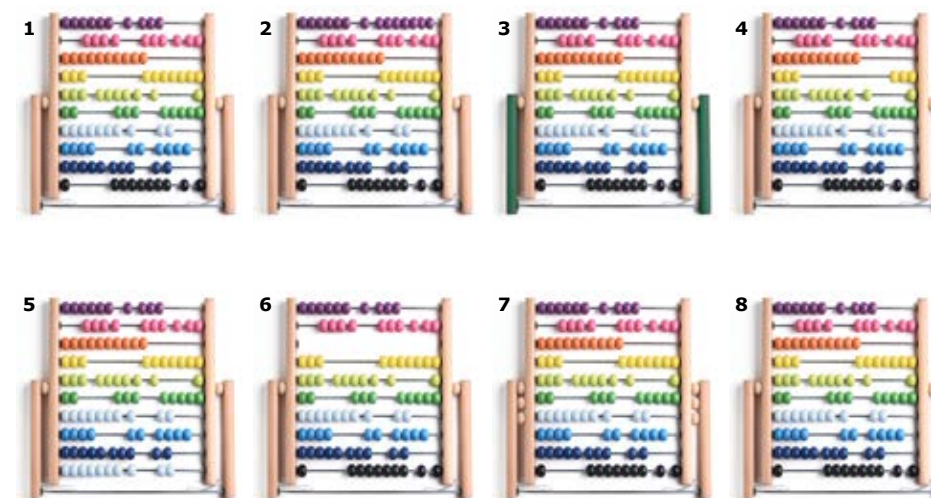
These days, you'll find Rodger savoring life's simple gifts. There's a particular peace in the way he rolls outdoors in his chair, letting the sun warm his face and the breeze rustle through the trees. He cheers for his favorite teams and never passes up a chance for a bowl of ice cream or a slice of apple pie—proof that joy is often found in small pleasures.

Rodger may not be the loudest voice in the room, but his presence is felt. There's a comfort in his steadiness, a depth in his kindness, and a humility that draws people in. In a world that sometimes celebrates flash over substance, Rodger reminds us that the truest strength is often the quietest.

We're grateful to share in his story—a life marked by loyalty, resilience, and the kind of goodness that endures long after the day is done.

**MATCHING ABACUSES**

Find the two abacuses that are exactly alike



*Happy Mother's Day!*

*She held our hands in childhood days,  
Her steady light, her gentle phrase.  
With patient care and words so kind,  
Her love was constant, evermind.*

*In time, her care grew wide and deep,  
She offered strength for us to keep  
She gave with love in all she'd do,  
Her kindness steady, warm, and true.*

*And now she moves a bit more slow,  
Her wisdom deep, her hair turned snow.  
And though some watch from up above,  
They all still fill our lives with love.*

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2026



## Renaissance Assisted Living

<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!  May Day	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games
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<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 9:00-10:00 Coffee, snacks, and "Tea Time!" 12:00 Lunch 2:00-3:00 Mindful Dice 3:00 – 4:00 Roll and Tell	<b>Renaissance Alternative Activity</b> 9:00-9:30 Chair Exercises 1:30-3:00 Activities with the Honor Society  Cinco de Mayo	<b>Renaissance Alternative Activity</b> 9:00-10:00 Nature Ribbons 11:30-12:00 Reverand Dan	<b>Renaissance Alternative Activity</b> 9:00-10:00 Ball with Questions 1:30-3:00 Activities with the Honor Society	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games
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<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!  Mother's Day National Skilled Nursing Care Week	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Bowling 3:00-4:00 Cassie's Baking Club	<b>Renaissance Alternative Activity</b> 9:00-10:00 Q-Tip Painting 1:30-3:00 Activities with the Honor Society	<b>Renaissance Alternative Activity</b> 9:00-10:00 Ball Drop 11:30-12:00 Reverand Dan	<b>Renaissance Alternative Activity</b> 9:00-10:00 Matching Game 1:30-3:00 Activities with the Honor Society	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games  Armed Forces Day
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<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	<b>Renaissance</b> 9:00-10:00 Coffee Social and "Tea Talk" 12:00 Lunch 2:00-3:00 Whack a Mole! (with balloons) 3:00-4:00 Air Hockey  Victoria Day (Canada)	<b>Renaissance Alternative Activity</b> 9:00-10:00 Wrinkle Art 1:30-3:00 Activities with the Honor Society	<b>Renaissance Alternative Activity</b> 9:00-10:00 Sock Sorting 11:30-12:00 Reverand Dan	<b>Renaissance Alternative Activity</b> 9:00-10:00 Chair Exercises 1:30-3:00 Activities with the Honor Society  Shavuot Begins	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	<b>Renaissance</b> 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games
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