

Life. Love. Legacy.™

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 Stanardsville, VA 22973



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RENAISSANCE
 ASSISTED LIVING
 of GREENE COUNTY

RENAISSANCE ASSISTED LIVING NEWSLETTER | MARCH 2026

Bringing you closer to the heart of Renaissance Assisted Living—
 through stories, updates, and shared moments.

Life. Love. Legacy.™



Beth Murphy, LPN
 Executive Director



LeeAnne Proffitt
 Administrative Assistant

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Blooming Boots: 3&5



As we step into March and welcome the first signs of spring, I find myself reflecting on the power of renewal—not just in nature, but in our lives and community. This season reminds us that no matter the challenges we face, there is always room for growth, fresh beginnings, and brighter days ahead.

In senior living, care goes beyond routines and schedules. It's about creating moments of connection, kindness, and respect that make every day meaningful. Our teams are dedicated to honoring the unique stories and needs of each resident, fostering an environment where everyone is valued and truly at home.

March brings with it the promise of longer days and warmer sunshine, perfect for gathering, sharing smiles, and creating new memories together. We have a full calendar of activities and events designed to engage, inspire, and bring joy. Whether it's a lively group activity, a quiet moment of reflection, or simply time spent with friends and family, there's something for everyone to enjoy.

This month also offers a wonderful opportunity to embrace the spirit of renewal in our own lives. Whether it's trying something new, reconnecting with old friends, or simply savoring the small moments, spring invites us all to grow and refresh in meaningful ways.

I encourage everyone—residents, family members, and friends—to take part in the activities and events planned this season and to enjoy the warm, supportive spirit that makes our community such a special place. Doors and hearts are always open, and this season of renewal brings a wonderful opportunity to connect and grow together.

Thank you for trusting us to be part of your journey. Together, we create communities filled with warmth, care, and the kind of belonging that makes every day brighter.

With warmest regards,

Beth Murphy

Beth Murphy, LPN
Executive Director

Nobody ever finds the pot of gold at the end of the rainbow.

Maybe that's because the best things in life—memories, laughter, and a good cup of coffee—can't be stashed in a pot or counted by coins.



Celebrations & Milestones

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Mar. 7: Emma Lenhoff
- Mar. 26: Sarah Jane Mitchell

TEAM MEMBER BIRTHDAYS

- Mar. 24: Beth Murphy

TEAM ANNIVERSARIES

- Letha Hansen – 6 years
- Joanne Wattier – 2 years
- Sara Jane Mitchell – 1 year

Spring
FORWARD MARCH 8



STAY IN THE Loop!



Get our newsletter, plus announcements and important updates just for residents and families straight to your inbox. Click or scan to sign up!

RENAISSANCEALF.CC/NEWSLETTERS

Just as gardens need seasons, so does life—embrace each phase with grace and trust in growth.



STILL FLOURISHING

BY CHAPLAIN DANNY RHODES

As we step into the month of March, I am reminded that this season represents transition. Winter begins to loosen its grip, and signs of new life quietly emerge. Buds begin to form, light lingers a little longer in the evenings, and we are reminded that God is always at work—even when the season has felt cold or still.

In many ways, your lives testify to that truth.

You have walked through seasons of joy and sorrow, abundance and difficulty, strength and weariness. Yet through every chapter, the faithfulness of God has remained constant. You are living witnesses of His sustaining grace.

Psalm 92:14 says, "They shall still bear fruit in old age; they shall be fresh and flourishing." I believe that with all my heart concerning you. Your prayers are powerful. Your wisdom is needed. Your steady faith anchors our families more than you may realize.

Some of you may feel that your most active years are behind you, but in the Kingdom of God, influence does not retire. Intercession does not diminish with age. Encouragement carries eternal weight. A phone call, a testimony, or a quiet prayer can move heaven and shape generations.

This March, I encourage you to continue leaning into God's presence. Stay in His Word. Stay in prayer. Stay connected to one another.

I also want to thank you. Thank you for the sacrifices you have made, the example you have set, and the spiritual heritage you are passing on. Our community stands stronger today because of your faithfulness.

May this month bring you renewed strength, fresh hope, and a deep awareness that the Lord walks closely beside you. Just as spring promises new life, may you sense the refreshing work of the Spirit in your heart.

With love, gratitude and prayer,
Danny

Danny Rhodes serves as the chaplain of our sister community Renaissance Marquis, located in Rome, Georgia.

What do you get when two leprechauns have a conversation?
A lot of small talk.

What does it mean if you find a four-leaf clover?
It means you have too much time to kill.

Why do people wear shamrocks on St. Patrick's Day?
Because real rocks are too heavy.

Why did the leprechaun refuse to share his gold?
Because he was a little short.

How old are leprechauns?
Old enough to remember when rainbows were black and white.

Knock, knock. Who's there? Clover. Clover who? Clover here & I'll tell you.



HAPPY ST. PATRICK'S DAY!



SHINE A LIGHT ON OUTSTANDING CARE

At Renaissance, going the extra mile means more than meeting expectations—it's about kindness, care, and making our community shine. Inspired by Matthew 5:41, our Going the Extra Mile Award celebrates team members who give a little more, brighten someone's day, or simply make The Harbor better by being themselves.

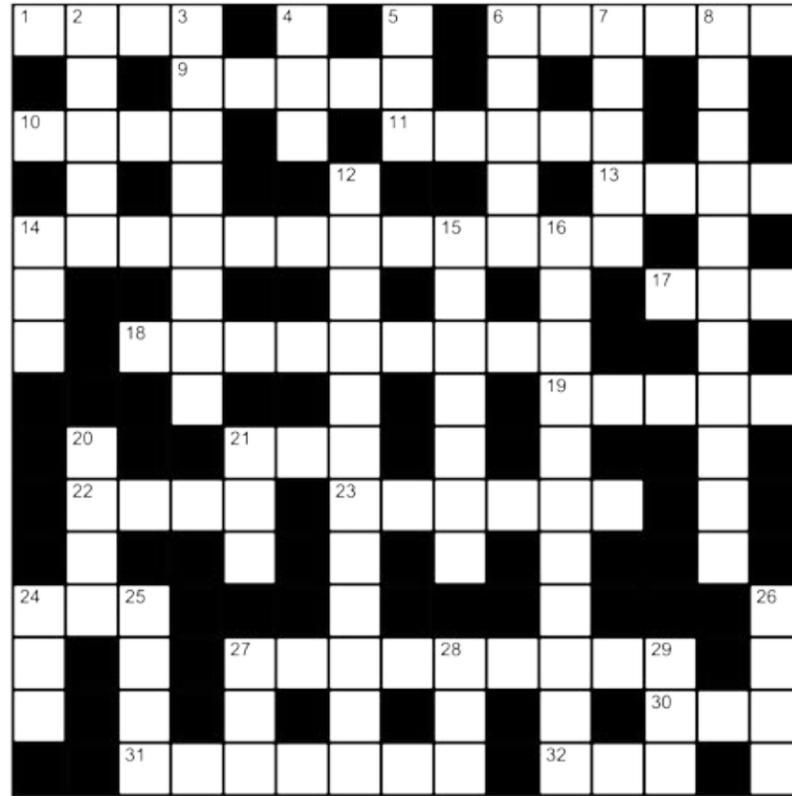
If you've noticed someone who stands out, whether through a small act of kindness or by always offering a helping hand, we'd love to hear about it. **Nomination forms are in the front lobby—just fill one out and drop it in the box.**

Help us honor those who walk that second mile with us every day.



ACROSS

- 1. ____ back: reimbursed
- 6. Salt mineral
- 9. Weather bureau tool
- 10. Walk in a line: single ____
- 11. Fine dinnerware
- 13. TV Guide span
- 14. Company's central office
- 17. Suffix with ideal
- 18. Puts into print
- 19. English exam finale, often
- 21. Best friend forever, abb.
- 22. Skunk's defense
- 23. On the move
- 24. 1950s music genre from Jamaica
- 27. Bringing into being
- 30. Days of ____ Lives
- 31. Study in depth
- 32. Affirmative action?



DOWN

- 2. She falls down a rabbit hole
- 3. Awful; ghastly
- 4. Driver's license and others
- 5. Mythical monster
- 6. Another name for backbone
- 7. Makes a sketch
- 8. Comprehends; grasps
- 12. Adequate
- 14. "Living high on the ____"

- 15. Casual, short-sleeved tops
- 16. Dinner arrangement
- 20. Chopsticks alternative
- 21. Sis's male sibling
- 24. Wild blue yonder
- 25. Operatic solo
- 26. Card between "flop" and "river" in hold 'em
- 27. Cause of sleep disturbance for a princess
- 28. Operate
- 29. Zeus, for one

E K E N I H S N U S H O H A Q
 N Y E D B T B I Y D L S Q L D
 O Z C Y W O E S W Z U N G L S
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Florida

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



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|--------------|-------------|
| ALLIGATOR | MOONSTONE |
| BOATING | ORANGE |
| CONCH | ORLANDO |
| DISNEY | PANTHER |
| EVERGLADES | SABAL PALM |
| FISHING | SUNSHINE |
| KEY LIME PIE | SWAMPS |
| MANATEE | TALLAHASSEE |
| MIAMI | TOURISM |

CARE CORNER WITH JAMISON



YOUR HEART: THE COWORKER YOU CAN'T REPLACE

Your heart is a remarkably loyal coworker. It shows up early, works late, never takes vacation, and somehow keeps pumping even when you feed it gas-station snacks and mild stress seasoned with caffeine. Frankly, it deserves better.

Heart health often sounds serious—and it is—but that doesn't mean it has to be humorless. Think of your heart as an overachieving intern: it thrives on movement, appreciates nutritious fuel, and becomes deeply concerned when your idea of exercise is reaching for the remote.

A short walk? Your heart cheers.
 A vegetable? Standing ovation.
 Eight hours of sleep? It writes a thank-you card.

On the flip side, too much stress makes your heart feel like it's stuck in rush-hour traffic—lots of pressure, no progress, and unpleasant honking. Taking time to relax, laugh, and breathe deeply helps it stay calm and collected, like a yoga instructor who pays their bills on time.

So treat your heart kindly. Move a little more. Eat a little better. Laugh as often as possible. Because one day, when you're dancing at a wedding, chasing a grandchild, or simply climbing stairs without negotiating first, your heart will quietly say, "See? I told you I had this."

Written by: Jamison Toepel, LPN
 Resident Services Director
 Renaissance Senior Living of Hilldale
 Madison, Wisc.



TRAFFIC STOP

A driver was pulled over by a police officer for speeding. As the officer was writing the ticket, he noticed several machetes in the car. "What are those for?" he asked suspiciously. "I'm a juggler," the man replied. "I use those in my act." "Well, show me," the officer demanded, still a little unsure. So he got out the machetes and started juggling them, first three, then more, finally seven at one time, overhand, underhand, behind the back, putting on a dazzling show and amazing the officer. Just then another car passed by. The driver did a double take, and said, "That's it, Maude. I've got to give up the drink! Just look at the sobriety test they're giving now!"

Ever noticed that almost every family has that one recipe nobody can make quite like Grandma did?

Maybe the missing ingredient was never in the cupboard at all.



MAY YOUR TROUBLES BE LESS AND YOUR BLESSINGS BE MORE.



MATCH THE BLOOMING BOOTS



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! 1	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 9:00-10:00 Coffee, snacks, and "Teatime" 12:00 Lunch 2:00-3:00 Mindful Dice 3:00 – 4:00 Roll and Tell <small>Purim Begins</small> 2	Renaissance Alternative Activity 9:00-9:30 Chair Exercises 1:30-3:00 Activities with the Honor Society 3	Renaissance Alternative Activity 9:00-10:00 Ball Drop 11:00-11:45 Reverand Dan 4	Renaissance Alternative Activity 9:00-10:00 Chair Exercises 1:30-3:00 Activities with the Honor Society 5	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO! 6	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games 7
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! <small>Daylight Saving Time Begins</small> 8	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 1:00-2:00 Adult Coloring 2:00-3:00 Dominos 9	Renaissance Alternative Activity 9:00-10:00 Wrinkle Art 1:30-3:00 Activities with the Honor Society 10	Renaissance Alternative Activity 9:00-10:00 Sock Sorting 11:00-11:45 Reverand Dan 11	Renaissance Alternative Activity 9:00-10:00 Ball with Questions 1:30-3:00 Activities with the Honor Society 12	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO! 13	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games 14
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! 15	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 Arts and Crafts/ Social Club with snacks 16	Renaissance Alternative Activity 9:00-10:00 Decade Trivia 1:30-3:00 Residents Choice <small>St. Patrick's Day</small> 17	Renaissance Alternative Activity 9:00-10:00 Nature Ribbons 11:00-11:45 Reverand Dan 18	Renaissance Alternative Activity 9:00-10:00 Card Puzzles 1:30-3:00 Activities with the Honor Society 19	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO! <small>Spring Begins</small> 20	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games 21
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! 22	Renaissance 9:00-10:00 Coffee Social and Tea Talk" 12:00 Lunch 2:00-3:00 Whack a Mole! with balloons) 3:00-4:00 Air Hockey 23	Renaissance Alternative Activity 9:00-10:00 Q-Tip Painting 1:30-3:00 Activities with the Honor 24	Renaissance Alternative Activity 9:00-10:00 Watercolor Foil 11:00-11:45 Reverand Dan 25	Renaissance Alternative Activity 9:00-10:00 Matching Game 1:30-3:00 Activities with the Honor Society 26	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO! 27	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games 28
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God- Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! <small>Palm Sunday</small> 29	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Bowling 3:00-4:00 Cassie's Baking Club 30	Renaissance Alternative Activity 9:00-10:00 Ball Drop 1:30-3:00 Activities with the Honor Society 31	<h1>March 2026</h1> <p>Renaissance Assisted Living</p>			