



Dear Residents, Families, and Friends,

June always seems to arrive as an invitation—a gentle nudge to step outside, savor the longer days, and find joy in simple things. Gardens burst with color, porches grow livelier, and there’s a quiet sense that something new might be waiting just around the corner.

Here’s a bit of trivia that surprised me recently: June is the only month in the year without a single federal holiday. It’s funny, isn’t it? For a month so often filled with weddings, reunions, and Father’s Day celebrations, June manages to feel festive all on its own. Maybe that’s the gift of this time of year—a little extra space to make our own traditions, whether that means a leisurely walk, sharing a favorite story, or just taking time for an extra-long conversation with someone you care about.

This month, I find myself reflecting on a quiet lesson once shared by my Dad: “You don’t have to have all the answers. Just be willing to listen, and show up when it matters.” That simple wisdom has stayed with me, a reminder that the most meaningful impact often comes from small moments—patience, presence, encouragement—rather than grand gestures.

As Father’s Day approaches, it’s a chance to honor not just fathers, but all those who have offered guidance, support, and love along the way. Whether you’re remembering someone, celebrating a mentor or friend, or simply feeling grateful for the caring people in your life, I hope the day brings comfort and connection in whatever form feels right to you.

Across our community, June means more time for laughter, fresh air, and the feeling of truly belonging. Thank you for making this place so welcoming and warm. Here’s to a month of discovery, connection, and all the comforts of home.

With warmest wishes,

Beth Murphy

Beth Murphy, LPN
Executive Director

RIDDLE ME THIS!

I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?



MY FATHER DIDN'T TELL ME HOW TO LIVE; HE LIVED, AND LET ME WATCH HIM DO IT.

HAPPY FATHER'S DAY!

Celebrations & Milestones

RESIDENT BIRTHDAYS
• June 4: Donald Heberling

Everyday MOMENTS



NATIONAL NURSING ASSISTANTS WEEK



JUNE 11-17

Your dedication and compassion make all the difference each day. Your hard work, gentle hands and heart for service bring comfort, dignity and joy to our residents.

We see you. We appreciate you.



LEE ANNE PROFFITT
Administrative Assistant

BLESSINGS

As we welcome the beautiful month of June, we are reminded of the many blessings that come with the changing seasons. Warmer weather, blooming flowers, sunshine-filled days, and time spent with friends and family make this a wonderful time of year here in our community. June is a month filled with reflection, gratitude, and celebration.

This month, we also recognize and honor Juneteenth, celebrated on June 19. Juneteenth commemorates the day in 1865 when the last enslaved African Americans in Texas learned of their freedom – more than two years after the Emancipation Proclamation was issued. It stands as a powerful reminder of hope, perseverance, freedom, and unity. As we celebrate Juneteenth, we reflect on the importance of treating one another with dignity, compassion, and love.

The Bible reminds us in Galatians 5:13 that, “You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.” This verse encourages us to use our blessings and freedoms to uplift and care for those around us – something our residents and team demonstrate each and every day.

June is also a wonderful opportunity to spend time outdoors, enjoy meaningful conversations, and appreciate life’s simple joys. Whether it’s taking a stroll outside, enjoying a favorite activity, or sharing laughter with friends, these moments are often the ones that mean the most.

As always, thank you to our residents, families, and team members for making our community such a special place. Your kindness, strength, and encouragement continue to brighten each day. We look forward to making many more wonderful memories together this summer!

“This is the day the Lord has made; let us rejoice and be glad in it.” – Psalm 118:24



THREE WISHES

A man was walking along the beach one day when he stumbled across a bottle, half-buried in the sand. Curious, he picked it up and pulled out the cork. Out popped a genie.

“I’ll grant you three wishes, and three wishes only,” the genie declared.

The man thought for a moment. “For my first wish, I’d like one million dollars transferred to a Swiss bank account.”

POOF! Instantly, he held a receipt in his hand.

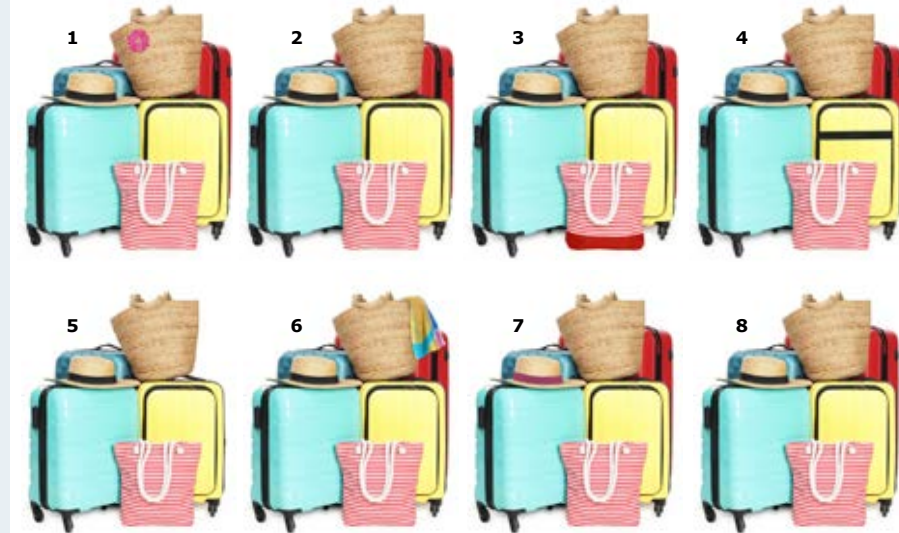
“For my second wish, I want a red Ferrari.”

POOF! A gleaming car appeared right in front of him.

“And for my final wish,” the man said with a grin, “I wish to be irresistible to women.”

POOF! He turned into a box of chocolates.

FIND THE TWO SETS OF MATCHING LUGGAGE



ALZHEIMER'S SUPPORT SERVICES



Take advantage of this complimentary support service, thoughtfully designed to complement the care we provide. Schedule your one-on-one phone or video session with Dr. Ron Harvard today.

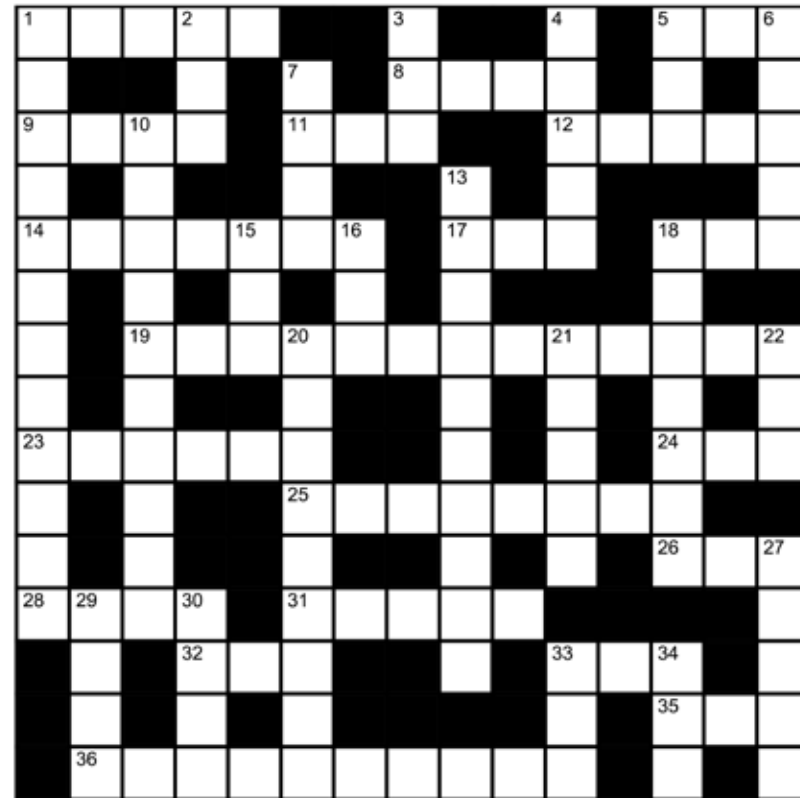
LEGACYSL.NET/ALZHEIMERS-SUPPORT

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!



ACROSS

- 1. The entire ____ of judges gave the skater 10s
- 5. Greek alphabet's 23rd letter, ψ; rhymes with *sigh*
- 8. Feline-inspired athletic shoe brand
- 9. Double-reeded instrument; clarinet's cousin?
- 11. Hawaiian dish; rhymes with soy
- 12. Ulysses S. ____; president on the \$50 bill
- 14. An area of fruit trees
- 17. Helpful tool when rowing a boat
- 18. "Long ago and ___ away..."
- 19. At a right angle; not horizontal
- 23. _____ pancakes; latkes
- 24. "It's a dog-___-dog world"
- 25. Feeling gratitude
- 26. ___ high: about that tall
- 28. Pros and ___ of an issue
- 31. A bee's defense
- 32. Before shot and after hot
- 33. "___ Now or Never" by Elvis Presley
- 35. ___ up with; tolerate
- 36. Not planned; unintentional



DOWN

- 1. Extremely keen kind of memory
- 2. *The Three Faces of ____*, starring Joanne Woodward
- 3. Prefix for dermis or pen
- 4. Racetrack bet
- 5. Parent Teacher Association, abbrev.
- 6. Lay to rest; entomb
- 7. Practice with a boxer
- 10. Job; profession
- 13. Ostracizing; punishing
- 15. "Love Is in the ____"
- 16. Preceded by past or over
- 18. Untruthfully
- 20. Complained; raised an objection
- 21. Embroidery or pottery for example
- 22. Mickey's larger cousin?
- 27. Severe; critical
- 29. Killer whale
- 30. Blueprint or plan
- 33. Not well
- 34. Hot tub or wellness retreat

K H J Q U Y N J S O T D M I J Y N R O C
 B E A K G C B O V Z R G Y S B R Q S R M
 Z B N U V H X T M O L F V D J E N Z E I
 K U W S F L T E P D K Y G D D N P J P B
 L L T K W R B R P M N P Q G P A B X P R
 T Z P R Y C A J G P Q X K R O O Y L A M
 R J Q U U Y O R R N U W G I X R E R L R
 R U T P N O A N F A D C P L S G R S S P
 A Y B Z P M U U E M A A Z L K M P N E L
 E B O Y T W T C Q H O I S M C J I O E K
 P G F U A H I A O L R P T A A L M R N X
 J P P B R V E S W E A U E S N L D E K L
 N O A Y D P R R W Q D K K T S R O T W Q
 S D K A N E E E M Y C C C E H E L O O H
 T U R E K N Y X T O E I O R S H V A T R
 U E N A S F U D Y O S P P N L T H S W L
 H S E D F T T P N I M T P J U A F M H N
 M N J B A G E G I A O E A G Q F E V O W
 S Y L M U Y S R H P H R R T E Y C C A X
 N J R Y C H U C K L E D Q U V T V F T S

DAD-ISMS

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|-------------|-------------|------------|
| ADVICE | JOKESTER | ROAD TRIP |
| CORNY | KNEESLAPPER | SNACKS |
| CHUCKLE | LAWN | SNEAKERS |
| FATHER | PICKUP | SNORE |
| GRILLMASTER | POCKETS | SUNDAY NAP |
| GROANER | PUNNY | THERMOSTAT |
| HANDY | REMOTE | TOOL BELT |



LINDA AUSTIN: A LIFE OF CARING AND KINDNESS

There's a certain warmth that radiates from Linda Austin—a gentle presence that makes you feel instantly at ease. Born on Christmas Eve, 1949, in Washington, D.C., Linda's life has been a steady thread of caring for others, sharing kindness, and making meaningful memories—whether with family, friends, students, or the pets she cherishes.

Linda grew up close to her sister, Dianne Quinn, and that early bond shaped a lifelong devotion to family. Today, Dianne lives in Culpeper, but their connection remains strong. Linda's heart only grew as she became a mother herself—her two sons, Tim and Michael Ridley, have been a source of pride and happiness through every chapter of her life.

Linda's gift for nurturing others shone brightest in her career as an educator. She earned her bachelor's in education from both James Madison University and the University of Virginia, then poured more than 40 years into teaching kindergarten through third grade with Fairfax County Public Schools. From

1971 until her retirement in 2012, she touched the lives of countless children and families. Her patience, gentle encouragement, and unwavering care made a lasting difference for so many, and her stories from those years are still a joy to hear.

Animals have always had a special place in Linda's heart. Her dogs, Levi and Lilly, and her cat, Maddie, have been loyal companions, sharing in her everyday joys and quiet moments alike. Linda also finds peace outdoors, especially on long walks or at the beach—her favorite place. There, with the sound of the waves and the warmth of the sun, Linda feels truly at home.

Those who know Linda describe her as warm, thoughtful, and easy to talk to. She brightens every room with her caring smile and gentle spirit. Whether reminiscing about her teaching days, sharing stories about her family and pets, or enjoying a stroll in the fresh air, Linda brings kindness and grace wherever she goes.

We're truly grateful to have Linda as part of our community and are delighted to celebrate her this month.

KATHY'S CORNER
DINING SERVICES DIRECTOR



PEANUT BUTTER CHOCOLATE PIE

INGREDIENTS:

- 1 cup peanut butter
- 1½ (14 oz) cans sweetened condensed milk
- ½ cup semi-sweet chocolate chips
- 1 (11 oz) box vanilla wafers, crushed




DIRECTIONS:

1. In a large bowl, mix together the first three ingredients until well combined.
2. Line a pie pan* with parchment paper and spread the crushed vanilla wafers evenly in the bottom.
3. Pour the peanut butter mixture over the wafers, spreading evenly.
4. Refrigerate for 1 hour. Slice and enjoy!

*Recipe can be doubled and made on a baking sheet.

Kathy Dailey is Dining Services Director at sister community, Legacy Village at Plantation Manor, Thomasville, Georgia.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Renaissance 1 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Bowling 3:00-4:00 Cassie's Baking Club	Renaissance Alternative Activity 2 9:00-10:00 Q-Tip Painting 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Club 10:00 Visit from Springhill Church 11:00 Nutrition Jeopardy! 12:00 Lunch 12:30 Word Search/Crosswords	Renaissance Alternative Activity 3 9:00-9:30 Chair Exercises 11:30-12:00 Reverand Dan Jaba 9:15 Opening/Brain Teasers 9:30 Exercise & Gardening 10:00 Death over Donuts 12:00 Lunch 12:30 Ring Toss/Cornhole	Renaissance Alternative Activity 4 9:00-10:00 Card Games 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise with Minna 10:00 Charlottesville Ballet MFP Session 11:00 Word Wednesday 12:00 Lunch 12:30 Adult Coloring	Renaissance 5 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 6 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games	
Renaissance 7 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	Renaissance 8 8:00-9:00 Rise and Shine with inspirational music and devotionals 9:00-10:00 Coffee, snacks, and Teatime! 12:00 Lunch 2:00-3:00 Mindful Dice 3:00 – 4:00 Roll and Tell	Renaissance Alternative Activity 9 9:00-10:00 Ball Drop 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Club 10:00 Sing-along with Donna 11:00 Visit from Piper Ivy Preschool 12:00 Lunch 12:30 Word Search/Crosswords	Renaissance Alternative Activity 10 9:00-9:30 Chair Exercises 11:30-12:00 Reverand Dan Jaba 9:15 Opening/Brain Teasers 9:30 Exercise 10:00 JABA Picnic & Fun 12:00 Lunch 12:30 Adult Coloring	Renaissance Alternative Activity 11 9:00-10:00 Dominos 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise with Minna 10:00 Charlottesville Ballet MFP Session 11:00 TRIAD 12:00 Lunch 12:30 Ring Toss/Cornhole	Renaissance 12 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 13 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games	
Renaissance 14 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! <small>Flag Day (U.S.)</small>	Renaissance 15 9:00-10:00 Coffee Social and "Tea Talk" 12:00 Lunch 2:00-3:00 Whack a Mole! (with balloons) 3:00-4:00 Air Hockey	Renaissance Alternative Activity 16 9:00-10:00 Sock Sorting 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Club 10:00 4 Hitts and A Miss 11:00 Can you spell Misspell? 12:00 Lunch 12:30 Word Search/Crosswords	Renaissance Alternative Activity 17 9:00-9:30 Chair Exercises 11:30-12:00 Reverand Dan Jaba 9:15 Opening/Brain Teasers 9:30 Exercise & Gardening 10:00 Bible Study with Dan 11:00 Mod Podge Day 12:00 Lunch 12:30 Ring Toss/Cornhole	Renaissance Alternative Activity 18 9:00-10:00 Ball with Questions 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/Brain Teasers 9:30 Exercise with Minna 10:00 Charlottesville Ballet MFP Session 11:00 Word Wednesday 12:00 Lunch 12:30 Adult Coloring	Renaissance 19 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO! <small>Juneteenth</small>	Renaissance 20 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games	
Renaissance 21 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! <small>Father's Day Summer Begins</small>	Renaissance 22 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 Arts and Crafts/Social Club with snacks	Renaissance Alternative Activity 23 9:00-10:00 Wrinkle Art 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/ Brain teasers 9:30 Exercise/ Walking Club 10:00 Visit with Emerson Electric 11:00 Cranium Crunches 12:00 Lunch	Renaissance Alternative Activity 24 9:00-9:30 Chair Exercises 11:30-12:00 Reverand Dan Jaba 9:15 Opening/ Brain teasers 9:30 Exercise with Minna 10:00 Site Council Meeting 10:30 Word Wednesday 12:00 Lunch 12:30 Word Search and Crosswords	Renaissance Alternative Activity 25 9:00-10:00 Arts & Crafts 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/ Brain teasers 9:30 Exercise 10:00 Food Crafting with Silke 11:00 Choose 2 12:00 Lunch 12:30 Ring Toss/ Corn Hole	Renaissance 26 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 27 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games	
Renaissance 28 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	Renaissance 29 8:00-9:00 Coffee Social and "Tea Talk" 12:00 Lunch 3:00-4:00 Decade Trivia	Renaissance Alternative Activity 30 9:00-10:00 Wrinkle Art 1:30-3:00 Activities with the Honor Society Jaba 9:15 Opening/ Brain teasers 9:30 Exercise 10:00 BINGO 12:00 Lunch 12:30 Ring Toss/ Corn Hole/ Word Search					

June 2026

Renaissance Activity Calendar