

Life. Love. Legacy.™

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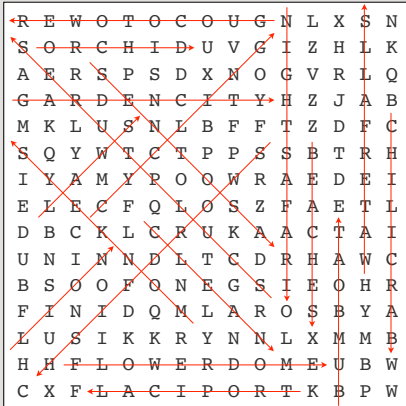
Beth Murphy, LPN

Executive Director



LeeAnne Proffitt

Administrative Assistant



RENAISSANCE ASSISTED LIVING NEWSLETTER | FEBRUARY 2026

Bringing you closer to the heart of Renaissance Assisted Living—

through stories, updates, and shared moments.

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After a long day, I found myself in the checkout line of a busy grocery store. Around me, the rhythmic beeps of scanners punctuated the shuffle of carts, while nearby, friends exchanged the familiar, half-hearted promise to “grab lunch soon”—a well-meaning refrain rarely fulfilled. In the next lane, an elderly gentleman was telling who I can only assume was his very young grandchild that when they got home, he’d “buy that wart off of her.” I was utterly flummoxed, positively befuddled, and completely nonplussed—what on earth was this tomfoolery unfolding in the sacred ten-items-or-less express lane? I couldn’t wait to reach my car and dive online—curious whether Pa-paw’s claim had merit or if his imagination had simply taken flight.

The digital know-it-all, Google, told me the tradition: rub a copper penny over the wart, then bury it somewhere secret—some low-tech magic hoping the wart vanishes, carried away by the earth. It’s a charming blend of faith, hope, and folk wisdom, a reminder of a time when healing was as much about intention and human connection as it was about medicine. And at the heart of it is intention, the deeply held belief that true healing begins in the heart and mind, nurtured by small acts of care and kindness.

Copper isn’t just a shiny metal; it has natural antimicrobial properties, known for centuries to aid in healing. But beyond the science, this story—and others like it—holds something far more precious: the power of storytelling and tradition. They are the threads that tie us to those who came before, the lessons and love passed down through generations.

In our fast-paced world, these stories risk fading away, lost in the shuffle of modern life. Yet they hold a quiet power—not just in what they teach us about healing or health, but in how they remind us to pause, listen, and share. To tell our own stories, to pass along the wisdom tucked into everyday moments, and to treasure the customs that shape who we are.

In our community, that spirit flourishes every day. Healing isn’t always about grand cures; it’s found in the smiles shared, the hands held, and the quiet presence beside someone who needs it most. Like the copper penny, these small acts carry a weight far greater than their size, weaving a fabric of care, connection, and hope.

As we move forward into this year, let’s take time to share our stories—those old family traditions, those little-known remedies, those moments of kindness and resilience that define us. Because when we tell these tales, we keep the past alive, strengthen our bonds, and build a future rooted in love, respect, and community.

May this year bring stories shared, memories made, and healing found in the simple power of connection.

Warmly,
Beth Murphy
Executive Director

IF YOU LOVE WHAT WE DO,
PLEASE LEAVE A REVIEW!

YOUR FEEDBACK HELPS OTHERS!

Celebrations
& Milestones

Welcome to our newest residents!
• Emma Lenhoff

Let’s celebrate everyone marking
a special moment this month!

- RESIDENT BIRTHDAYS
- Feb. 22: Alberta Grubb
- TEAM MEMBER BIRTHDAYS
- Feb. 13: George Segal

- TEAM ANNIVERSARIES
- Beth Murphy – 19 years



happy valentine's day



At Renaissance, we’re proud to recognize team members who show exceptional dedication, compassion, and service. The Going the Extra Mile Award honors those who truly make a difference in our community.

Residents, families, and visitors are invited to submit nominations. If you know a team member who goes above and beyond, please complete a nomination form (available in the front lobby) and place it in the nomination box.

Thank you for helping us celebrate the outstanding individuals who make Renaissance such a special place.



Will You Be My Valentine? Chaplain Jim Hergenroether

As a young child, I remember receiving a heart-shaped Valentine’s card from a cute girl in my 2nd grade class. I was instantly smitten and feeling quite special until I looked around and noticed everyone else in the class got the same card too. I guess I wasn’t so special after all, but I still remember the feeling that came over me when I received that card.

On Valentine’s Day, the heart symbol represents feelings of love, affection, and romance. It has long been thought that the physical heart is the source for our feelings and emotions. Beginning in the Victorian era, greeting cards with heart-shaped themes became popular during the annual St Valentine’s Day celebration on February 14th. I doubt I am the only boy to ever get his heart broken by a Valentine card.

I wonder how this 5th century tradition to honor Saint Valentine, who was martyred in the 3rd century for secretly performing Christian marriages, has transitioned into this modern era Valentine’s Day celebration. Heart shaped cards, candies, chocolates, balloons, flowers... all symbolizing love from the giver to the receiver. The world today needs more love, and Valentine’s Day

is a fun and innocent way to show it!

2600 years ago, the world was a dark place and hearts had grown cold. God’s people were disobedient and worshipped false gods. Israel had been exiled to Babylon, and yet God spoke through the Prophet Ezekiel that He was going to do a major work on their hearts. The remnant was about to get a heart transplant!

Ezekiel 36:26 NIV “I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.”

The good news is - this promise is available to each of us today. If we follow Jesus and turn from our own idols, He will make us into a new creation (2 Corinthians 5:17), complete with a new, compassionate heart of flesh. A pure heart, better than any Valentine’s Day gift you could ever receive! And there’s one more heart promise Jesus gives to us:

Matthew 5:8 “Blessed are the pure in heart, for they will see God.”

Chaplain Jim Hergenroether
Renaissance Senior Living of Hilldale
Madison, WI

SNIP & SHARE

WORD SCRAMBLE SOLUTIONS

1. Love; 2. Chocolates; 3. Flowers; 4. Roses; 5. Date night; 6. Sweethearts; 7. Candy; 8. Greeting card; 9. Gift; 10. Romance; 11. Saint Valentine; 12. Conversation; 13. Candlelight; 14. Kisses; 15. Dinner out; 16. Sentiment; 17. Hugs; 18. Affection; 19. Cupid; 20. Happiness

DID YOU KNOW?

A hug that lasts eight seconds or more can lower stress, boost your mood, and even support your heart health? The longer the hug, the better the benefits!

ALZHEIMER’S SUPPORT SERVICES

Take advantage of this complimentary support service, thoughtfully designed to complement the care we provide. Schedule your one-on-one phone or video session with Dr. Ron Harvard today.

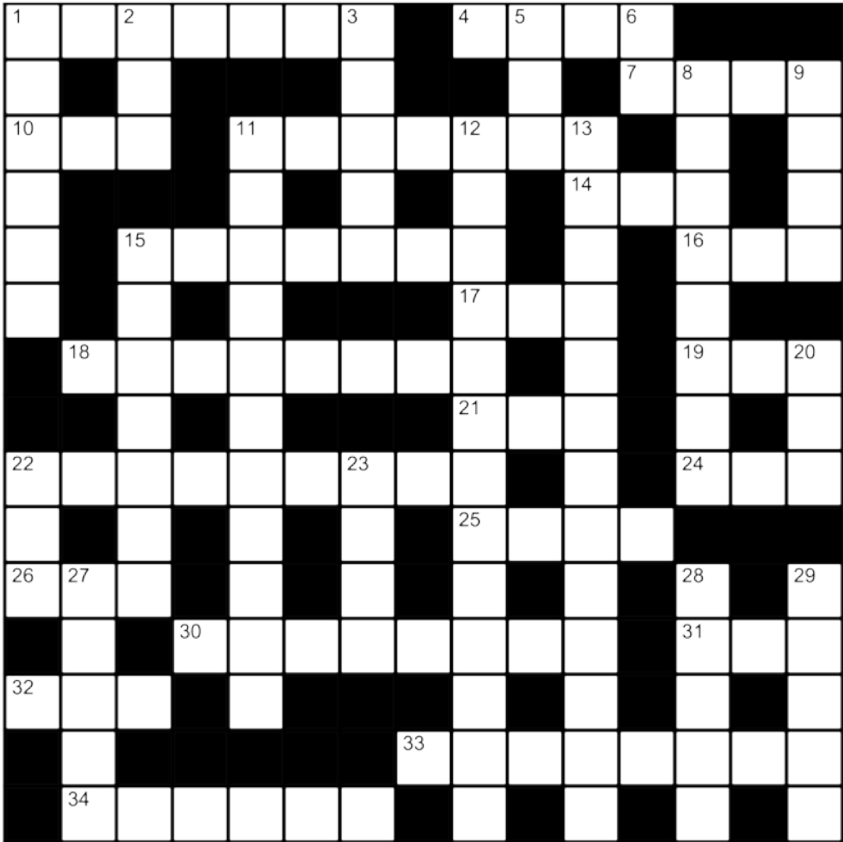
LEGACYSL.NET/ALZHEIMERS-SUPPORT

ACROSS

- 1. Adult
- 4. Event attended by Cinderella
- 7. Goals
- 10. Auction unit
- 11. Aquatic athlete
- 14. Pointy-eared figure of fantasy
- 15. "Jeepers, creepers, where'd you get those ___?"
- 16. Electrical unit
- 17. Garage contents
- 18. To carry on
- 19. It's "the word" (Hint: keeping a secret)
- 21. Captain's journal
- 22. Teacher's superior
- 24. Doris ___ (Hint: "Que Sera, Sera")
- 25. A measure of land
- 26. Man's best friend
- 30. Most remote
- 31. E.T.'s craft
- 32. Caribou kin
- 33. Rushing
- 34. Render harmless

DOWN

- 1. Milky Way, for one
 - 2. Kind of bran
 - 3. 8:00 p.m. is ____-time TV
 - 5. Chowd down
 - 6. Pie a-__-mode
 - 8. Well-versed
- 9. A petticoat's junction
 - 11. Amazing, sensational
 - 12. Mixed, varied
 - 13. Chilling appliances
 - 15. Readying a field, say
 - 20. "___ I help you?"
- 22. Like two peas in a ____
 - 23. Verse writer
 - 27. Applied lubricant
 - 28. Something to face? (Hint: accept unpleasant consequences)
 - 29. Karaoke choices



R	E	W	O	T	O	C	O	U	G	N	L	X	S	N
S	O	R	C	H	I	D	U	V	G	I	Z	H	L	K
A	E	R	S	P	S	D	X	N	O	G	V	R	L	Q
G	A	R	D	E	N	C	I	T	Y	H	Z	J	A	B
M	K	L	U	S	N	L	B	F	F	T	Z	D	F	C
S	Q	Y	W	T	C	T	P	P	S	S	B	T	R	H
I	Y	A	M	Y	P	O	O	W	R	A	E	D	E	I
E	L	E	C	F	Q	L	O	S	Z	F	A	E	T	L
D	B	C	K	L	C	R	U	K	A	A	C	T	A	I
U	N	I	N	N	D	L	T	C	D	R	H	A	W	C
B	S	O	O	F	O	N	E	G	S	I	E	O	H	R
F	I	N	I	D	Q	M	L	A	R	O	S	B	Y	A
L	U	S	I	K	K	R	Y	N	N	L	X	M	M	B
H	H	F	L	O	W	E	R	D	O	M	E	U	B	W
C	X	F	L	A	C	I	P	O	R	T	K	B	P	W

Gingapore

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



BEACHES	GARDEN CITY	ORCHID
BUMBOAT	GUOCO TOWER	SCULPTURES
CHILI CRAB	LAWS	SENTOSA
CLEAN	LION	SWORDFISH
CYCLING	MONKEYS	TROPICAL
FLOWER DOME	NIGHT SAFARI	WATERFALLS



WHERE ETHEL BUMP GOES, JOY IS SURE TO GROW

If you've ever heard laughter drifting down the hall or found yourself in a friendly conversation that brightened your day, chances are Ethel Bump was nearby. Ethel has a talent for finding joy in the little moments and sharing it with everyone around her—her warmth is the kind that makes strangers feel like old friends.

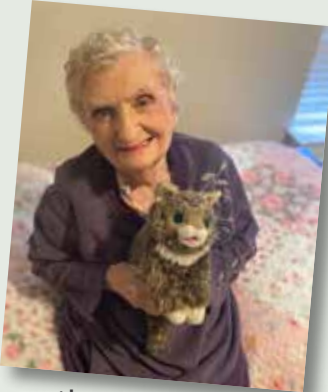
Her love story is straight out of a novel, bold and a little bit daring. One whirlwind week after meeting Russell Bump, she knew she'd found her partner for life. The two eloped to Las Vegas, kicking off 28 years of marriage that she still remembers with a fondness that lights up her face. Ethel never misses a chance to share a story about Russell—though he's passed on, he remains the love of her life, and their adventures together still bring a sparkle to her eyes.

Family is the heart of Ethel's world. She beams when talking about her children, Shawn and Robert, and there's a special pride in her voice when she mentions her four grandchildren—Bradley, Christopher, Brittany, and Gabriel. Her stories are full of laughter, milestones, and the kind of everyday moments that become family legends.

There's an adventurous streak to Ethel, too. She's wandered the streets of Hungary and explored the beauty of Germany, her curiosity always leading her to new experiences. Ask her about her travels and she'll gladly share her favorite memories, from tasting new foods to making connections across cultures.

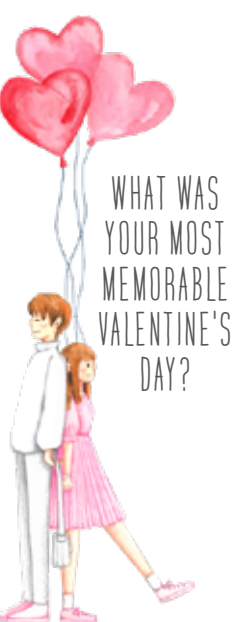
Life at Renaissance Assisted Living suits Ethel's sociable nature. She's rarely without company, always eager for a good conversation or a laugh with friends. When she wants a bit of quiet, you'll find her puzzling over a jigsaw—her favorite way to keep her mind sharp. And if the subject of pets comes up, don't be surprised if she pulls out a story or two about her beloved cats; her gentle spirit extends to every creature, big or small.

Ethel Bump's life is stitched together with love, laughter, and a boundless curiosity for the world. She reminds us all to treasure our relationships and to approach each day with a little adventure in our hearts. We're delighted to celebrate Ethel—a true friend, a loving mother and grandmother, and a cherished part of our Renaissance community.



♡♡♡♡♡♡♡♡ VALENTINE WORD SCRAMBLE ♡♡♡♡♡♡♡♡

1. EVLO _____	11. TINNAS LINNEVATE _____
2. SCELOCATHO _____	12. SCARVENITOON _____
3. SWELFOR _____	13. NIGHTCALLED _____
4. ESSOR _____	14. SKIESS _____
5. EATD THING _____	15. NINRED TOU _____
6. THEASTREWE _____	16. STINNTEEM _____
7. DYNAC _____	17. SUGH _____
8. REGGITTEN DRACS _____	18. TONICAFFE _____
9. FIGT _____	19. DUCIP _____
10. MEANCRO _____	20. SHIPPANES _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA! Tu B'Shevat Begins	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 Arts and Crafts/ Social Club with snacks Groundhog Day	Renaissance Alternative Activity 9:00-9:30 Watercolor Foil 1:30-3:00 Activities with the Honor Society	Renaissance Alternative Activity 11:00-11:30 Father Dan 3:00-4:00 Air Hockey	Renaissance Alternative Activity 9:00-10:00 Card Puzzles 1:30-3:00 Activities with the Honor Society	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 9:00-10:00 Coffee, snacks, and Teatime! 12:00 Lunch 2:00-3:00 Mindful Dice 3:00 – 4:00 Roll and Tell	Renaissance Alternative Activity 9:00-9:30 Sock Sorting 1:30-3:00 Activities with the Honor Society	Renaissance Alternative Activity 11:00-11:30 Father Dan 3:00-4:00 Bowling	Renaissance Alternative Activity 9:00-10:00 Ball with Questions 1:30-3:00 Activities with the Honor Society	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games Valentine's Day
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 9:00-10:00 Sock Sorting 12:00 Lunch 3:00-4:00 Nerf gun Target Practice! Presidents' Day (U.S.)	Renaissance Alternative Activity 9:00-9:30 Chair Exercises 1:30-3:00 Activities with the Honor Society Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	Renaissance Alternative Activity 11:00-11:30 Father Dan 3:00-4:00 Roll in the Hole	Renaissance Alternative Activity 9:00-10:00 Matching Game 1:30-3:00 Activities with the Honor Society	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games
Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 11:00-12:00 Pedro Thompson with Nortonsville Church of God-Preaching, Devotionals, and Prayer 12:00 Lunch 2:00-3:00 JENGA!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Bowling 3:00-4:00 Cassie's Baking Club	Renaissance Alternative Activity 9:00-9:30 Ball Drop 1:30-3:00 Activities with the Honor Society	Renaissance Alternative Activity 11:00-11:30 Father Dan 3:00-4:00 Mindful Dice	Renaissance Alternative Activity 9:00-10:00 Cassie's Baking Club 1:30-3:00 Activities with the Honor Society	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-4:00 BINGO!	Renaissance 8:00-9:00 Rise and Shine with inspirational music and devotionals 12:00 Lunch 2:00-3:00 Board Games