



## KEY VOCABULARY

fruit/vegetable

nutrients

sweet

savoury

raw

chop

**part of a plant** that we can eat

things in our food (like vitamins and minerals) that keep us **fit and healthy** – fruit and vegetables have nutrients in them

something which tastes **sugary** – the opposite of savoury

something which might **taste salty, sour or spicy** – the opposite of sweet

food that is **not cooked**

when we **cut** something up into **smaller pieces**



knife skills

the bridge



knife skills

the claw

## fruit and vegetables



sticks of **celery** growing in the ground



**cucumbers** growing on the ground



**lemons** growing on a tree