







fruit/vegetable

nutrients

sweet

savoury

raw

chop

part of a plant that we can eat

things in our food (like vitamins and minerals) that keep us fit and healthy fruit and vegetables have nutrients in them

something which tastes **sugary** – the opposite of savoury

something which might taste salty, sour or spicy – the opposite of sweet

food that is not cooked

when we cut something up into smaller pieces



knife skills

the bridge

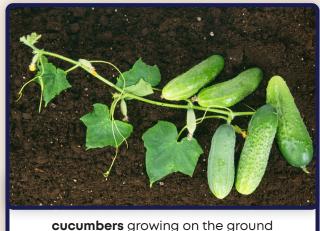


knife skills

the claw

## fruit and vegetables





cucumbers growing on the ground

