



Guyhirn Church of England Primary School & Pre-school

Member of the Diocese of Ely Multi Academy Trust

This policy was ratified in:	February 2016
Reviewed:	March 2019, 2021, 2023, 2025
To be reviewed:	March 2026

PSHE Policy

Our Vision

Agape – To live, to learn, to love together

Through our Christian values we aim to inspire all of our school community to show equality and tolerance to all in a safe, challenging environment.

Developing resilient, aspirational and compassionate individuals who are enthused by all faiths and lifestyles showing faith and belief in one another.

“Live in agreement with one another. Do not be proud but ready to mix with everyone. Do not think yourself better than others.” - Romans 12:16

“An intelligent heart acquires knowledge, and the ear of the wise seeks it out.” - Proverbs 18:15

“Love the Lord your God, and love your neighbour as yourselves.” - Matthew 22:37

Our Values

We are a small, family centered Church of England Primary School that is committed to promoting our Christian values of Thankfulness, Compassion, Creativity, Peace, Hope, Endurance, Forgiveness, Tolerance, Kindness, Respect, Trust and Friendship each linked with the core value of Love.

We are determined to create an inclusive culture of learning where everyone will be challenged in their thinking, to succeed to the best of their abilities and strive to become lifelong learners.

We will empower our children to become respected citizens to enable them to make valuable contributions locally, globally and to contribute to our world's sustainable future.

Introduction

This document is a statement of the aims, principles and strategies for the teaching and learning at Guyhirn CoE Primary School & Pre-School. It was developed in consideration of the demands of the Curriculum.

What is PSHE?

Aims

- To develop confidence and responsibility, making the most of our children's abilities
- To prepare our children to play an active role as citizens
- To develop healthier, safer lifestyles for our children
- To develop our children's relationships with others and their respect of differences between people
- To develop our children's knowledge, skills and understanding of PSHE and Citizenship.

Introduction

At Guyhirn Primary School, Personal, Social and Health Education (PSHE) comprises all aspects of our school's planned provision to promote our children's personal and social development, including health and wellbeing.

Children and young people need the self-awareness, positive self-esteem to:

- Stay as healthy as possible
- Keep themselves and others safe
- Have worthwhile and fulfilling relationships
- Respect the difference between people
- To develop independence and responsibility
- Play an active role as members of a democratic society
- Make the most of their own and other's ability.

Education at Guyhirn Primary School for Citizenship comprises of:

- Social and moral responsibilities
- Community involvement
- Political literacy.

PSHE and Citizenship teaching at Guyhirn Primary School helps all our children to:

- Value their achievements
- Deal with risk and meet the challenges of life now and in the future
- Identify their values and strive to live up to them.

As a school it will help us to:

- Relate positively to our neighbourhood and local community
- Raise standards of achievement by our children becoming more secure, motivated, confident and independent learners
- Promote equal opportunities for all

We also hope that society gains:

- Healthier and more active children
- Children who are confident that they can participate in community affairs.

The Curriculum

At Guyhirn Primary School, PSHE and Citizenship is taught following the Cambridgeshire Scheme of Work for PSHE and through the Foundation Stage curriculum.

Teaching and Learning

When planning, teachers refer to the Cambridgeshire Scheme of Work for PSHE.

Children are taught on a three-year cycle.

They follow strands comprising of the following:

- Myself and my relationships
- Citizenship
- Healthy and safer lifestyles
- Economic wellbeing

Our whole school approach to PSHE and Citizenship is very effective because our children's personal and social development is influenced by many aspects of our school life.

Our PSHE and Citizenship teaching plays a central part in the cycle of whole school curriculum planning and development. PSHE and Citizenship is reflected in the values and ethos of our school.

Collective worship also provides a daily opportunity to enhance our children's spiritual, moral, social and cultural development all of which is seen as a foundation and background to all our teaching and learning. At Guyhirn the personal and social development of our children is also enhanced by our school environment which allows them to feel safe and have responsibility.

PSHE and Citizenship at Guyhirn Primary School is timetabled in each class. In addition PSHE and Citizenship is used in combination at different times through:

- Discreet curriculum time
- Teaching PSHE and Citizenship through and in other subjects/curriculum areas
- Through PSHE and Citizenship activities and school events.
- Assemblies

Visits and special days in our school also provide opportunities for our children to plan and work together, and develop and maintain relationships under different circumstances. Our children discover new personal qualities through volunteering, participating and reflecting on new experiences.

A range of teaching strategies are used to provide the breadth of effective learning opportunities for all our pupils. We always ensure an emphasis on active learning, enquiry, discussion and participation. Our children develop their knowledge, skills and

understanding by making decisions, taking responsibility and reflecting on their experiences.

The PSHE and Citizenship in our school also provides opportunities for visitors to come in for example the local vicar and the life education centre team.

The behaviour policy should also be referred to alongside this PSHE and Citizenship policy.

Personal and Social Education (PSE)

Personal and Social Education deals specifically with the self-esteem of each individual child. It provides opportunities for children to develop positive views of themselves and others and raise questions about issues encountered in their lives, such as relationships with others, feelings and friendships and the emotional and social changes which face them. Although the majority of our PSE work is linked to termly topics, we also use a range of specific activities which lend themselves to developing a child's self-esteem and a positive view of themselves. These could include:

1. Circle time

Themes for discussion in circle time are numerous. Examples are:

- I feel happy when
- Something I want to tell everyone is
- What makes me cross is
- My favourite place is because
- A good friend is someone who.....

2. Role Playing Drama

Drama can be a useful approach to PSE. By using role play situations, such as peer pressure, bullying, intolerance, pupils can tackle issues in a non-threatening manner.

They can meet problems and begin to devise methods of dealing with difficult situations in a protected, co-operative environment. Drama provides an opportunity for all pupils to respond and to develop self-confidence and self-esteem.

3. Celebrating Individuals success

Each child receives special acknowledgment for personal qualities and achievements through the Golden Award Certificates described above.

Citizenship

Education for Citizenship comprises three inter-related strands:

- *Social and moral responsibility.*
- *Community involvement*
- *Political literacy*

Health Education

Health Education is concerned with the physical, social and mental wellbeing of every child. At Guyhirn Primary School we see the teaching of Health Education in three strands:

- *Healthy lifestyles*
- *Keeping safe/drugs and medicine*
- *Growing and changing/sex and relationship education.*

If during our teaching we become aware of incidences of concern it is our duty to report it. The designated lead for child protection is the Headteacher, who will decide what, if any, further action should be taken.

The curriculum

Drug education plays an important part of our school Health Education programme which relates to the all round health and well being of each individual child. It is concerned with making children aware of legal and illegal drugs and the implications of taking them. It also aims to provide them with the skills, knowledge and self-confidence to enable them to make healthy choices about their future. Our work also aims to involve parents and the wider community in order to make sure that there is a consistent message of encouragement for good health in all aspects of our young people's lives.

Confidentiality

Staff Members

Some children may choose to mention instances of drug misuse in school, or approach a member of staff individually. Whilst our teachers will want to be supportive, it is important that they are clear with the children that they may not be able to guarantee absolute confidentiality.

Parents

Guyhirn Primary School will also endeavour to keep parents informed except where the Headteacher feels that this is not in the best interests of the child. There is no legal obligation to inform parents, however in cases where the police are involved, parents will be informed immediately, again assuming the Headteacher feels the child's safety is not at risk.

In the case of substance misuse, there is no obligation to inform the police. However, as a school we cannot knowingly allow our premises to be used for production, supply or consumption of any controlled drug.

The Governing Body will be involved in the substance education and substance related incident in the same manner as any other matter concerning the direction of the school.

Sex and Relationship Education

Aims

- To ensure the National Curriculum for Science is relevant to Sex and Relationship Education
- To develop confidence in talking, listening and thinking about feelings and relationships
- To be able to name parts of the body and describe how their bodies work
- To know how they can protect themselves and ask for help and support
- To be prepared for puberty.

Sex and Relationship Education is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care in family life. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.

At Guyhirn Primary School, Sex and Relationship education has three main elements:

- Attitudes and Values
- Personal and Social Skills
- Knowledge and Understanding

There is a separate Relationships and Sex Education policy (RSE)

Teaching and Learning

At Guyhirn Primary School, sex and relationship education is delivered in two ways. Firstly through the PSHE Sex and relationships units. This scheme is used throughout the school from YR to Y6. Then, secondly, as a separate unit by the School Nurse, using video, related worksheets and discussion, usually working with Y5 and y6

Our teaching methods will take account of the developmental differences of children and the potential discussion on a one-to-one basis or in small groups. Where teachers require support and training in answering questions, the PSHE and Citizenship co-ordinator or Headteacher will provide advice.

Parents will be informed of the content of what will be taught and are invited to look at the materials if they wish. Teachers should be fully aware of lesson content before embarking on the lesson.

At Guyhirn School we see our parents as being important in:

- Teaching their children about sex and relationships
- Maintaining the culture and ethos of the family
- Helping their children cope with the emotional and physical aspects of growing up

- Preparing them for the challenges and responsibilities that sexual maturity brings.

Parents do however have the right to withdraw their child from all or part of the sex and relationship education provided at Guyhirn, except for those parts included in the statutory National Curriculum. The DFES will offer a standard pack of information for parents who withdraw their children from Sex and Relationship Education.

Resources

The material used at Guyhirn School is in accordance with our PSHE framework and the law. For our teaching of Sex and Relationship Education for Year 6 we use the Channel 4 video set comprising 'Living and Growing', 'All About Us' and 'Changes'. This is recommended by our school nurse.

Confidentiality

At Guyhirn Primary School:

- Teachers are aware they cannot offer or guarantee pupils unconditional confidentiality
- Teachers are not legally bound to inform parents or the Headteacher of any disclosure unless the Headteacher has specifically requested them to do so
- If sexual abuse is suspected, teachers should follow the school's child protection procedures.

Roles and Responsibilities

The Sex and Relationship Education programme and policy is monitored by the Governing Body, the Headteacher and PSHE co-ordinator.

A review of Sex and Relationship Education will take place biannually. The Personal, Social, Health Education and Citizenship policy enables inclusion for all pupils at Guyhirn Church of England (C) Primary School.