

PSHE – Managing Safety and Risk

Key knowledge

- Identify situations which are safe or unsafe;
- Identify people who can help if a situation is unsafe;
- Suggest strategies for keeping safe.
- Define the words danger and risk and explain the difference between the two;
- Demonstrate strategies for dealing with a risky situation.
- Identify risk factors in given situations;
- Suggest ways of reducing or managing those risks.
- Identify some key risks from and effects of cigarettes and alcohol;
- Know that most people choose not to smoke cigarettes; (Social Norms message)
- Define the word 'drug' and understand that nicotine and alcohol are both drugs.
- Evaluate the validity of statements relating to online safety;
- Recognise potential risks associated with browsing online;
- Give examples of strategies for safe browsing online.
- Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens;
- Recognise and describe appropriate behaviour online as well as offline;
- Identify what constitutes personal information and when it is not appropriate or safe to share this;
- Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs.



Key vocabulary

safe	A person of the same, age group, rank or ability as another person.
unsafe	felt, said, or done by each for the other; shared by two or more people; given and received.
danger	that which follows: result.
risk	a chance of getting hurt or losing something
online	connected to or reached through a computer or computer network.
browsing	to examine things in a slow and casual way.
Personal	of or relating to the body or health.
strategies	a plan, method, or series of actions meant to perform a particular goal or effect.
factors	something that has an influence on something that happens or is one of the causes of it.
potential	able to come into being; possible.
situation	State of affairs or circumstances.
information	knowledge or facts that come from a source.

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