



Cinco de Mayo Fiesta Fun at the Lighthouse!

What's the best way to kick off the month of May? With a Cinco de Mayo fiesta, of course! ☐ The Palm Beach Focus Club celebrated in style with chips, salsa, and lively mariachi tunes filling the air. A special highlight of the day was Monica Ladd's animated, live storytelling that had everyone captivated.

We'd also like to give a huge shout-out to Bedner's Farm for their generous donation of fresh oranges and apples, which added a delicious touch to the celebration. ☐☐

It was a day filled with laughter, music, and community spirit—thank you to everyone who made it so memorable!



Exciting News from the Lighthouse

We're thrilled to share that Anne Hatton, one of our incredible team members, is being featured on The Cooking Without Looking TV Show today! ☐ Her delicious Sheet Pan Lemon Garlic & Herb Chicken with Vegetables is the Recipe of the Day! ☐☐

Anne's recipe isn't just packed with flavor—it's a perfect example of how cooking can be accessible, fun, and empowering for everyone, including those who are blind or visually impaired. ☐

Check out the full recipe below!



[Get the Recipe!](#)

19 Essential Apps for Blind or Visually Impaired Individuals

Technology is changing lives, and for individuals who are blind or visually impaired, the right apps can make all the difference. From navigation tools to apps that assist with reading, identifying objects, and even connecting with volunteers for real-time help, these 19 essential apps are empowering users to live more independently and confidently.

Discover how these innovative tools are breaking barriers and enhancing accessibility in everyday life.



[Learn More!](#)

Relearning Independence Through Independent Living Skills

Losing vision doesn't mean losing independence. At Lighthouse for the Blind, our Independent Living Skills (ILS) classes empower individuals to navigate their world and take care of themselves as independently as possible.

From cooking meals and managing finances to organizing homes and traveling safely, these skills are vital for maintaining confidence and autonomy despite vision loss. Our programs are designed to provide the tools and training needed to thrive and live life to the fullest. □



[Learn More about ILS!](#)

Ongoing: First Wednesday of Every Month “Let’s Chat” on Zoom

The Transition students enjoy an interactive monthly virtual meetup specifically designed for enrolled students.

Funders:





Give Today!

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Learn more about the Lighthouse for the Blind of the Palm Beaches and support our efforts to assist the blind and visually impaired below:

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With gratitude and best wishes for a wonderful 2025,
Lighthouse for the Blind of the Palm Beaches

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