County Roscommon Service Provision/Training Analysis

Programmes teams are trained in and/or workshops that you and/or your team have skills to deliver to parents.

Programme/ workshop trained in	Service /Catchment area	Target group e.g. age, parents/children
Roscommon Safelink		
NVR – Non-Violence Resistance Programme	Boyle and surrounds	Parents of Children 8-12 Years Old
New Beginning Programme	Boyle and surrounds	Adult Women's Support and Education programme to support women who have or are experiencing domestic abuse/violence
TLC KIDZ Programme	Throughout the County	Children's Programme for those who have witnessed or experienced hitting and hurting in the home
Ballaghaderreen FRC		
Parenting when separated	Ballaghaderreen and surrounding areas	Parents
Parents plus	Ballaghaderreen and surrounding areas	Parents
Common sense parenting	Ballaghaderreen and surrounding areas	Parents
Mindful parenting	Ballaghaderreen and surrounding areas	Parents
Creative mindfulness for kids	Ballaghaderreen and surrounding areas	children
Baby massage	Ballaghaderreen and surrounding areas	Parents and children
Building baby head to toe	Ballaghaderreen and surrounding areas	Parents

Circle of security	Ballaghaderreen and surrounding areas	Parents
Story Massage	Ballaghaderreen and surrounding areas	Parents and children
South Roscommon FRC		
Baby Bonding	Tulsk, Strokestown, Roscommon Town, Monksland	Parents of small babies- non moving
Parents Plus Early Years	Tulsk, Strokestown, Roscommon Town, Monksland	Parents of children aged 0- 6 years
Parents Plus- The Children's Programme	Tulsk, Strokestown, Roscommon Town, Monksland	Parents of children aged 6-11
Parents Plus- Parenting when Separated	Tulsk, Strokestown, Roscommon Town, Monksland	Parents who are separated
Boyle FRC		
Story Massage	Boyle and surrounds	Parents/Babies
Rainbows	Boyle and surrounds	Children
Tusla - IFD		
Decider Skills	Roscommon, Eroc centre	Parents and Teenagers seeking to manage their own emotions.
Common-Sense Parenting 6-16years	North Roscommon, Eroc centre	Parents of children aged 0- 6 years and 6 – 16 years.
Forest School	Roscommon and Roc centre	Parents and children
Connect Safely	Roscommon, Eroc centre FS.	Teenagers
Story massage	Roscommon, Eroc centre	Parents and children

Early years parenting Parents Plus	Roscommon, Eroc centre	Parents – children aged one to six
Children programme – parents plus	Roscommon	Parents of children 6- 12-year-olds.
Parenting when separated – parents plus.	Roscommon, Eroc centre	Parents- suitable for residential and non-residential parents.
ADHD programme – Parents plus.	Roscommon FS & ROC centre.	Parents of children with a diagnosis of ADHD (potentially pre-diagnosis).
Circle of security parenting	Roscommon, Eroc centre	Parents
Mindful parenting	Roscommon, Eroc centre	Parents and caregivers of children of all ages seeking to reduce parenting stress and build stronger connections.
Globe parenting	Roscommon, Eroc centre	Parents
Real U	Roscommon, Eroc centre	Teenagers 12-18 years
Internet safety for parents	Roscommon, Eroc centre	Parents
My place to play	Roscommon, Eroc centre	Parents
Baby Massage	North Roscommon	Parents and their babies – birth to one year).
Non Violent resistance (NVR)	Roscommon	Parents and carers dealing with child to parent violence.
Baby Bonding	Roscommon	Parents of babies 0-9months.
Marte Meo	Roscommon	Parents of children 0-10years.
Foroige		
Parents Plus Adolescent Prog	Foroige South Ros	12-18yrs
CSP	Foroige South Ros Foroige North	6-16 yrs
Non Violent Resistance Training	Foroige South Ros Foroige North	8-18
Parents Plus children's Prog	Foroige North Foroige North Foroige North	6-12yrs

Parenting While Separated	Foroige North	
Circle of Security	Foroige North	6-12yrs
Castlerea FRC		
Circle of Security	Castlerea FRC	Parents