

Lean Six Sigma White Belt Progressive Step 1



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Program developed and delivered by EZSigma Group.

Program Overview

The Lean Six Sigma White Belt program provides an overview of Lean and Six Sigma.

This one-day course will discuss the Six Sigma DMAIC methodology (Define, Measure, Analyze, Improve, Control) and the principles and methodology of Lean, including the '8 Wastes'.

After completing this course participants will be eligible to progress to the Lean Six Sigma Yellow Belt program to further develop their understanding and add to their Continuous Improvement toolbox.



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DAY 1:

Lean Six Sigma White Belt

1. Introduction to Lean
2. 8 Wastes
3. 5S
4. Current State Value Stream Mapping (VSM)
5. Future State Value Stream Mapping (VSM)
6. Introduction to Six Sigma
7. Lean and Six Sigma Working Together



Course Facilitator:

Jeff Woods ASQ LSSBB, LSSMBB

Jeff Woods is a Master Black Belt with over 20 years of experience leading Lean Six Sigma deployment, training, and transformation initiatives. He has supported organizations across technology, manufacturing, financial services, and operations environments, focusing on practical application and measurable improvement outcomes.

He previously served as Director of Lean Six Sigma at Ceridian, where he led enterprise-wide continuous improvement strategy, training, and execution.

Jeff brings extensive experience delivering customized Lean Six Sigma training programs, mentoring improvement leaders, and helping organizations translate continuous improvement principles into measurable operational results.



Course Facilitator:

Mike Norman LSSMBB

Mike Norman is a Lean Six Sigma Master Black Belt with over 30 years of experience in operational excellence across healthcare, education, and public sector environments.

He specializes in Lean Six Sigma training, project coaching, and Lean system implementation. His experience includes leading multi-site improvement initiatives focused on patient flow, operational efficiency, and performance management.

Mike brings strong capability in translating Lean principles into practical, sustainable operational systems.

Mike brings extensive experience delivering customized Lean Six Sigma training, developing internal improvement leaders, and helping organizations build sustainable continuous improvement capability that drives measurable business results.



Course Facilitator:

Riaz Ali, P.Eng., LSSBB

Riaz Ali is a Professional Engineer and Lean Six Sigma Black Belt with over 15 years of experience in engineering, energy, telecommunications, and municipal environments.

He has led major improvement initiatives for organizations including TC Energy, Bechtel, and ConocoPhillips Canada focusing on data-driven process improvement and operational optimization.

Riaz also brings significant instructional experience from the University of Calgary, where he has designed and delivered Lean Six Sigma certification programs.

Riaz brings extensive experience in continuous improvement training, data-driven decision making, and operational performance improvement within complex engineering and industrial settings, helping participants develop the skills required to lead and sustain meaningful business improvements.



Course Materials

Included with the registration fee are course materials and toolkit.

Participants will also be provided with recommended online resources.

2026 Course Price & Date

Course Price: \$485 + applicable taxes per person.

Course Date: October 18, 2026

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