

# THE HOLY EUCHARIST

ST. PAUL'S ON THE GREEN

*The Fifth Sunday in Epiphanytide*

FEBRUARY 8, 2026 – 9:00AM & 11:00AM

## PRELUDE

*In Quiet Mood* – Florence B. Price (1887 – 1953)

## HYMN IN PROCESSION

*Hymn 372*

1 Praise to the liv - ing God! All prais - ed be his Name  
2 Form - less, all love - ly forms de - clare his love - li - ness;  
3 His Spi - rit flow - eth free, high surg - ing where it will:  
4 E - ter - nal life hath he im - plant - ed in the soul;

who was, and is, and is to be for ay the same.  
ho - ly, no ho - li - ness of earth can his ex - press.  
in pro - phet's word he spoke of old; he speak - eth still.  
his love shall be our strength and stay while a - ges roll.

The one e - ter - nal God ere aught that now ap - pears:  
Lo, he is Lord of all. Cre - a - tion speaks his praise,  
Es - tab - lished is his law, and change - less it shall stand,  
Praise to the liv - ing God! All prais - ed be his Name

the first, the last, be - yond all thought his time - less years!  
and ev - ery - where a - bove, be - low, his will o - beys.  
deep writ up - on the hu - man heart, on sea, on land.  
who was, and is, and is to be, for ay the same.

Words: Medieval Jewish liturgy; tr. Max Landsberg (1845-1928) and Newton M. Mann (1836-1926)

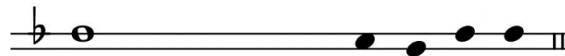
Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1985, alt.

## THE OPENING ACCLAMATION

*The Celebrant intones*

Blessed be God, whose radiance fills the whole earth.

*The People respond*



Glory to God for - ev - er and ev - er.

## SONG OF PRAISE

1. I'm so glad \_\_\_\_\_ Je-sus lift-ed me \_\_\_\_\_ I'm so glad \_\_\_\_\_

glad that lift-ed so glad that

Je-sus lift-ed me \_\_\_\_\_ I'm so glad \_\_\_\_\_ Je-sus lift-ed me sing-ing

Lord so glad that

glo - ry Hal - le - lu - jah \_\_\_\_\_ Je - sus lift - ed me. \_\_\_\_\_

2. Satan had me bound (Jesus lifted me).

3. When I was in sin (Jesus lifted me).

Words: Traditional

Music: Negro Spiritual; arr. Hezekiah Brinson, Jr. (b. 1958)

## THE COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

Heavenly Father, you have called your Church to be the salt of the earth and the light of the world. Give us vigorous faith and a love that is genuine, so that all may see our works and give you the glory. We make our prayer through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

**Amen.**

## THE LESSON     *seated*

*Isaiah 58:1-9a*

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

Hear what the Spirit is saying to the People.

**Thanks be to God.**

*The Refrain is sung once by the Cantor, then repeated by all*



Alleluia! Happy are they who fear God, \*  
and have great delight in the commandments!

Their descendants will be mighty in the land; \*  
the generation of the upright will be blest. **Refrain**

Wealth and riches will be in their house, \*  
and their righteousness will last for ever.

Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion. **Refrain**

It is good for them to be generous in lending \*  
and to manage their affairs with justice.

For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance. **Refrain**

They will not be afraid of any evil rumors; \*  
their heart is right; they put their trust in God.

Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.

They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor. **Refrain**

Anglican Carl Haywood  
Refrain: Leon C. Roberts

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Hear what the Spirit is saying to the People.

**Thanks be to God.**

GOSPEL HYMN     *stand and turn toward the Deacon as the Gospel is brought among the People.*     Hymn 593

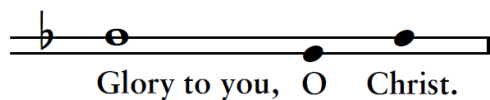
1 Lord, make us ser - vants of your peace: where there is  
 2 Where all is doubt, may we sow faith; where all is  
 3 Je - sus, our Lord, may we not seek to be con -

1 hate, may we sow love; where there is hurt, may we for -  
 2 gloom, may we sow hope; where all is night, may we sow  
 3 soled, but to con - sole, nor look to un - der - stand - ing

1 give; where there is strife, may we make one.  
 2 light; where all is tears, may we sow joy.  
 3 hearts, but look for hearts to un - der - stand.

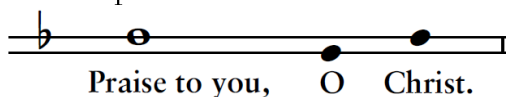
Words: James Quinn (b. 1919), based on a prayer att. to St. Francis of Assisi (1182-1226)  
 Music: Dickinson College, Lee Hastings Bristol, Jr. (1923-1979)

The Holy Gospel of our Lord Jesus Christ according to Matthew.



Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord.



SERMON

*The Rev. Paul Carling*  
*Priest Associate*

*A period of silent reflection follows the sermon.*

## AFFIRMATION OF FAITH

*Based on the Commitment Card for the  
Alabama Christian Movement for Human Rights  
by Dr. Martin Luther King Jr.*

We believe in God,  
whose love is revealed in Jesus Christ,  
and whose purpose is justice, reconciliation, and freedom for all people.

We believe the way of Jesus is the way of love—  
a love that rejects violence of fist, tongue, and heart,  
seeks not victory over others but the healing of the whole community,  
and calls us to costly faithfulness.

We believe God calls us to disciplined lives of prayer,  
to daily reflection on the teachings of Jesus,  
to service for others and for the world,  
and to sacrifice for the sake of freedom.

We believe the Holy Spirit strengthens us  
to walk and talk in the manner of love,  
to treat friend and foe with dignity,  
and to keep going when the work is hard.

This is our faith.  
This is our commitment.  
With God's help, we will live it.

**Amen.**

## THE PRAYERS OF THE PEOPLE

*During Black History Month we will be using prayers that focus on God's indiscriminate, inclusive, and liberating love and mercy, and our call to follow in this way.*

Let us pray for the Church and for the world, giving thanks for the witness of Black leaders, prophets, and saints who call us to seek justice and love mercy.

Gracious God, we give thanks for your Church, gathered in every land and culture. Strengthen us to reflect your justice and love, proclaim the dignity of every person, and bear witness to your kingdom. Lord, in your mercy,

**Hear our prayer.**

We pray for this nation and all in authority. Guide leaders to work for equity, reconciliation, and peace, that your vision of justice may shape their decisions. Lord, in your mercy,

**Hear our prayer.**

We give thanks for the rich contributions of Black communities throughout history, for their resilience, creativity, and leadership. Inspire us to honor and preserve these legacies in our shared story. Lord, in your mercy,

**Hear our prayer.**

We pray for those who suffer from racism, discrimination, or injustice. Break the chains of oppression and give us courage to challenge inequity in our lives and institutions. Lord, in your mercy,

**Hear our prayer.**

We pray for this community of St. Paul's on the Green, that we may walk in the light of your truth and embody the radical welcome of Jesus Christ, building a world where all are valued and loved. Lord, in your mercy,

**Hear our prayer.**

*The Deacon says*

Loving God, we pray for those who are sick, suffering, or in any kind of need, especially those we name now, aloud or in the silence of our hearts. *(Pause for intercessions.)* We pray for those who have died and those who mourn. *(Pause for intercessions.)* May they know your comfort and peace. Lord, in your mercy,

**Hear our prayer.**

*The Celebrant concludes*

Almighty God, you have made us one human family in your image and called us to live as your children. Guide us by your Spirit to be a Church that celebrates diversity, confronts injustice, and seeks your kingdom on earth as it is in heaven. Through Jesus Christ our Lord. **Amen.**

## THE PEACE

The peace of the Lord be always with you.

**And also with you.**

*Please share a sign of peace with those around you.*

## ANNOUNCEMENTS *seated*

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### Supporting the Ministry of St. Paul's

St. Paul's is fully supported by the contributions of its members and friends.

Visit the address below or click on the QR code to learn more about the opportunities to give. Please consider making a one-time or ongoing sustaining gift to ensure the enduring and vibrant ministry of this place.

Thank you for your participation and support!



2026

*[stpaulsnorwalk.org/support](http://stpaulsnorwalk.org/support)*

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## MUSIC AT THE OFFERTORY *sung by the Choir at 11am*

**Locus iste**

*Anton Bruckner (1824 – 1896)*

*Locus iste a Deo factus est,  
Inaestimabile sacramentum,  
irreprehensibilis est.*

This place was made by God,  
a priceless sacrament;  
it is without reproach.





1. I want to walk as a child of the light. I want to  
 2. I want to see the bright-ness of God. I want to  
 3. I'm look-ing for the com-ing of Christ. I want to



fol - low Je - sus. God set the stars to give  
 look at Je - sus. Clear sun of right-eous-ness,  
 be with Je - sus. When we have run - with



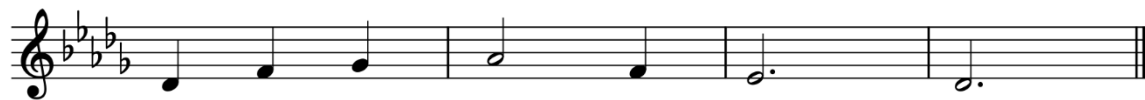
light to the world. The star of my life - is Je - sus.  
 shine on my path, and show me the way to the Fa - ther.  
 pa-tience the race, we shall know the joy - of Je - sus.



In him there is no dark-ness at all. The night and the day are



both a - like. The Lamb is the light of the ci - ty of God.



Shine in my heart, Lord Je - sus.

Words: Kathleen Thomerson (b. 1934)  
 Music: Houston, Kathleen Thomerson (b. 1934)

## THE GREAT THANKSGIVING

*Celebrant*      *People*  
The Lord be with you. And al - so with you.

*Celebrant*      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere, to give thanks to you, Almighty God, Creator of heaven and earth. From the beginning, you made all humanity in your image, declaring us your beloved children. Through trials and triumphs, you have walked with your people, guiding us by your Spirit of freedom and truth. We give you thanks for the sacred witness of Black women, men, and children, who reflected your light in the darkness. In the face of enslavement, oppression, and injustice, they proclaimed your liberation. Through their courage, faith, and resilience, they revealed your glory. With them, and all the company of heaven, we join in their song of praise:

## SANCTUS & BENEDICTUS

Ho-ly, ho - ly, ho-ly, ho - ly, ho-ly Lord God of hosts.

Heav-en and earth are full of your glo - ry. Ho - san - na in the

high - est. Bless-ed is He who comes in the name of the Lord,

of the Lord. Ho - san - na in the

high - est ho - san - na in the high - est.

Setting: Grayson Warren Brown

*The Celebrant continues*

Holy and gracious God, in your love you made us for yourself. When we had fallen into sin and death, you sent your Son, Jesus Christ, to share our humanity and proclaim the good news of your kingdom.

Born of a woman, raised among the poor, and baptized in the waters of liberation, Jesus brought light to those in shadow. He broke bread with the outcast, healed the sick, and lifted the brokenhearted. In his life, death, and resurrection, you showed us the way of reconciliation and the power of love to overcome hatred.

On the night he was handed over to suffering and death, Jesus gathered his friends. He took bread; and when he had given thanks, he broke it and gave it to them, saying, "Take, eat: This is my Body, given for you. Do this for the remembrance of me."

After supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you: This is my Blood of the new Covenant, shed for you and for all, for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

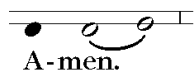
**Christ will come again.**

We celebrate the memorial of our redemption, O God, offering these gifts of bread and wine. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also, that we may be strengthened to walk in the way of love.

Grant that, guided by your Spirit, we may honor the legacy of those who came before us, shine your light in our time, work for justice and peace, proclaim freedom to the captive, comfort the mourning, and share the good news of your reign with all.

All this we ask through Jesus Christ our Lord. By whom, and with whom, and in whom, in the unity of the Holy Spirit, all honor and glory are yours, Almighty God, now and forever.

*People*



## THE LORD'S PRAYER

*This is a new Lord's Prayer for St. Paul's, which we will continue singing during Black History Month. Listen as we sing it week by week, and join in as you learn it.*

As our Savior Christ has taught us, we now pray:

*Unison*

Our Fa - ther in heav-en, hal-lowed be your Name, your  
king - dom come, your will be done, on earth as in heav-en.

Give us to-day our dai - ly bread. For - give us our sins as we for -  
give those who sin a-against us. Save us from the time of tri - al, and de -  
liv - er us from e - vil. For the king - dom, the pow - er, and the  
glo - ry are yours, now and for - ev - er. A - men.

Music: Carl Haywood (b. 1949) from *Mass for Grace*

*Dr. Carl Haywood is a native of Portsmouth, Virginia and is an accomplished organist, conductor, and prolific composer of church music. Dr. Haywood holds an undergraduate degree from Norfolk State University and two Masters degrees in Choral Conducting and Organ Performance from Southern Methodist University, as well as a Doctorate of Musical arts Degree from the University of Southern California. Dr. Haywood serves as Director of Choral Activities at NSU and the National Conductor for the 105 Voices of History. This setting of the Lord's Prayer comes from his "Mass for Grace."*

## THE COMMUNION

*The Celebrant breaks the bread and invites the People to Communion, saying*

Bread of Life, nourish our souls.

**Light of the world, shine in our hearts.**

*Everyone is welcome to receive the bread and wine of Communion. Please follow the direction of the ushers. Gluten-free bread is available upon request; grape juice is available in the blue-dot cups at the side altars. (For the health of all, we are no longer dipping the bread into the chalice wine by hand.)*

*Healing prayer is available in the side aisles for those wishing to pray with someone for any need in their lives.*

*All sing as the distribution of Communion begins:*

Lamb of God, you take a - way the sins of the world: have mer - cy on  
us. Lamb of God, you take a - way the sins of the world: have  
mer - cy on us. Lamb of God, you take a - way the sins of the  
world: grant us peace.

Setting: Marjorie Landsmark-DeLewis (1930-2016)

*Marjorie Landsmark-DeLewis was a pianist, singer, composer, arranger, harpsichordist, organist and music teacher. The bulk of her work was as a musician and composer of dance music. Marjorie was one of the first African-American graduates of The Juilliard School of Music. In 1954 she joined the Aubrey Hitchins Dance School, where she discovered her passion for ballet music. She became famous as a rehearsal pianist for ballet schools in the mid-1960's and worked in this field for many years. Over the course of her distinguished career, she worked with Agnes de Mille as rehearsal pianist for the American Ballet Theater.*

MUSIC AT COMMUNION      *sung by the Choir at 11am*

**O Nata Lux**

*Thomas Tallis (1505 – 1585)*

*O nata lux de lumine,  
Jesu redemptor saeculi,  
Dignare clemens supplicum  
Laudes precesque sumere.*

O Light born of Light,  
Jesus, redeemer of the world,  
with loving-kindness deign to receive  
suppliant praise and prayer.

*Qui carne quondam contegi  
Dignatus es pro perditis,  
Nos membra confer effici  
Tui beati corporis.*

Thou who once deigned to be clothed in flesh  
for the sake of the lost,  
grant us to be members  
of thy blessed body.

THE PRAYER AFTER COMMUNION

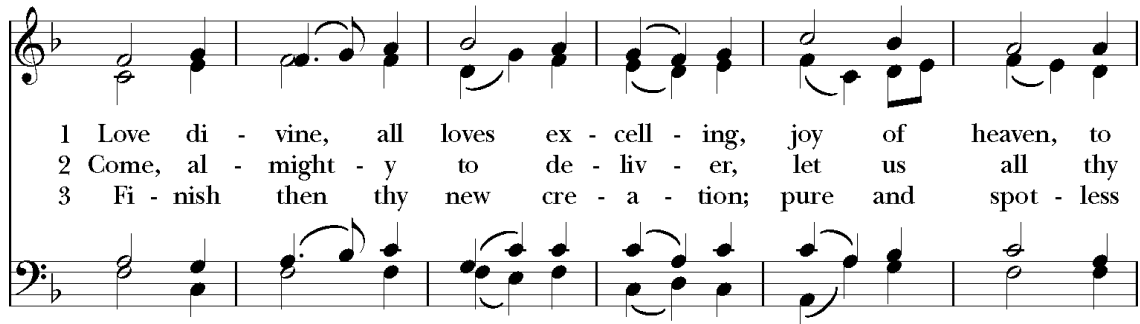
Let us pray together.

**God of abundance,  
you have fed us with the bread of life and cup of salvation;  
you have united us with Christ and one another;  
and you have made us one with all your people in heaven and on earth.  
Now send us forth in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue forever in the risen life of Christ our Savior. Amen.**

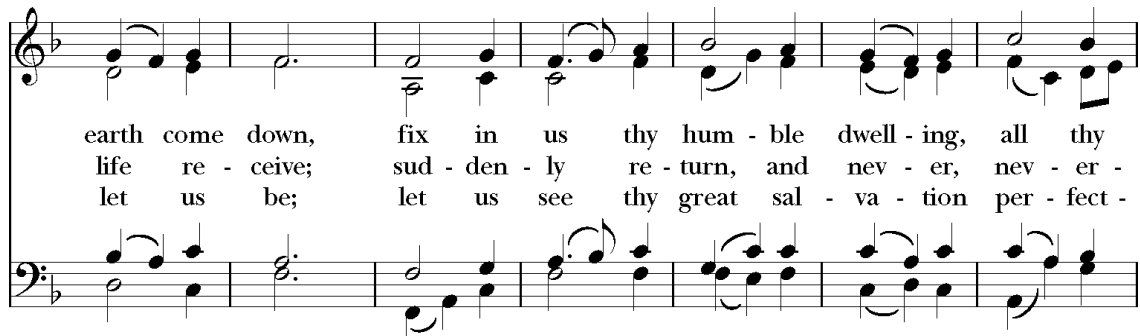
THE BLESSING

May the God who created you in love,  
the Christ who redeems you with grace,  
and the Spirit who strengthens you with power,  
bless you to walk in the way of justice and love,  
this day and always.

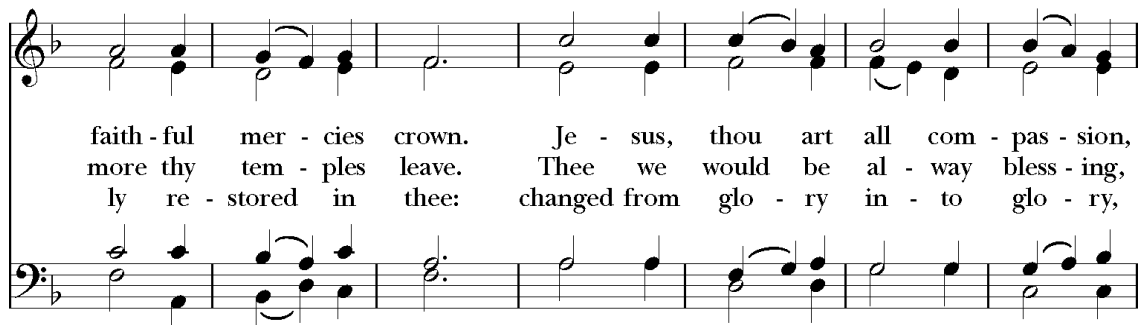
**Amen.**



1 Love di - vine, all loves ex - cell - ing, joy of heaven, to  
 2 Come, al - might - y to de - liv - er, let us all thy  
 3 Fi - nish then thy new cre - a - tion; pure and spot - less



earth come down, fix in us thy hum - ble dwell - ing, all thy  
 life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -  
 let us be; let us see thy great sal - va - tion per - fect -



faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,  
 more thy tem - ples leave. Thee we would be al - way bless - ing,  
 ly re - stored in thee: changed from glo - ry in - to glo - ry,



pure, un - bound - ed love thou art; vis - it us with  
 serve thee as thy hosts a - bove, pray, and praise thee  
 till in heaven we take our place, till we cast our



thy sal - va - tion, en - ter ev - ery trem - bling heart.  
 with - out ceas - ing, glo - ry in thy per - fect love.  
 crowns be - fore thee, lost in won - der, love, and praise.

Words: Charles Wesley (1707–1788)

Music: *Hyfrydol*, Rowland Hugh Prichard (1811–1887)

## THE SENDING

Go forth in the light of God's justice and peace.

**Thanks be to God.**

## ORGAN VOLUNTARY

*Toccato from 'Suite for Organ' – Florence B. Price (1887 – 1953)*

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ST PAUL'S ON THE GREEN – 60 EAST AVE. NORWALK, CT 06851

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The Rev. Daniel Simons, *Rector*  
The Rev. Paul Carling, *Priest Associate*  
The Rev. Edrice Viechweg, *Deacon*

Joshua Ehlebracht, *Director of Music*  
Marsha Dunn, *Parish Administrator*  
Savannah Curro, *Seminarian*