

Morning Prayer II – September 23, 2026
Wednesday after the Seventeenth Sunday after Pentecost

Thecla of Iconium, Apostle and Proto-Martyr among Women, c.70

God is Spirit, and those who worship must worship in spirit and in truth.

John 4:24

Confession of Sin

BCP p. 79

Invitatory and Psalter

BCP p. 80

Officiant: Lord, open our lips.

People: **And our mouth shall proclaim your praise.**

All: **Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia!**

*The earth is the Lord's for he made it: **Come let us adore him.***

Venite *Psalms 95: 1-7*

BCP p. 82

*The earth is the Lord's for he made it: **Come let us adore him.***

Psalms 123 (read in unison)

BCP p. 780

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

The Lessons

First Lesson – Judges 4:16-24

A Reading from The Book of Judges.

While Barak pursued the chariots and the army to Harosheth-ha-goiim. All the army of Sisera fell by the sword; no one was left.

Now Sisera had fled away on foot to the tent of Jael, wife of Heber the Kenite; for there was peace between King Jabin of Hazor and the clan of Heber the Kenite. Jael came out to meet Sisera, and said to him, 'Turn aside, my lord, turn aside to me; have no fear.' So he turned aside to her into the tent, and she covered him with a rug. Then he said to her, 'Please give me a little water to drink; for I am thirsty.' So she opened a skin of milk and gave him a drink and covered him. He said to her, 'Stand at the entrance of the tent, and if anybody comes and asks you, "Is anyone here?" say, "No."' But Jael wife of Heber took a tent-peg, and took a hammer in her hand, and went softly to him and drove the peg into his temple, until it went down into the ground – he was lying fast asleep from weariness – and he died. Then, as Barak came in pursuit of Sisera, Jael went out to meet him, and said to him, 'Come, and I will show you the man whom you are seeking.' So he went into her tent; and there was Sisera lying dead, with the tent-peg in his temple.

So on that day God subdued King Jabin of Canaan before the Israelites. Then the hand of the Israelites bore harder and harder on King Jabin of Canaan, until they destroyed King Jabin of Canaan.

The Word of the Lord.

Thanks be to God.

The Second Lesson – Luke 24:1-11

A Reading from the Gospel According to Luke.

But on the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in, they did not find the body. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, ‘Why do you look for the living among the dead? He is not here, but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be handed over to sinners, and be crucified, and on the third day rise again.’ Then they remembered his words, and returning from the tomb, they told all this to the eleven and to all the rest. Now it was Mary Magdalene, Joanna, Mary the mother of James, and the other women with them who told this to the apostles. But these words seemed to them an idle tale, and they did not believe them.

The Word of the Lord.

Thanks be to God.

Canticle 15 – The Song of Mary

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Reflection

The Apostles Creed

BCP p. 96

The Prayers

Lord’s Prayer

BCP p. 96

Suffrages A

BCP p. 97

The Collect of the Day – Thecla of Iconium

*God of liberating power, who called Thecla to proclaim the gospel and did not permit any obstacle or peril to inhibit her: Empower courageous evangelists among us, that men and women everywhere may know the freedom that you offer us in Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.***

A Collect for Grace

*Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.***

A Prayer for Mission

*Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.***

Open Intercession/Prayer List

The General Thanksgiving

BCP p. 101

A Prayer of St. Chrysostom

BCP p. 102

Closure/Dismissal

BCP p. 102