

## Morning Prayer

January 28, 2026

### Wednesday after the Third Sunday after the Epiphany

*Thomas Aquinas, Priest and Friar, 1274*

Nations shall come to your light, and kings to the brightness of your rising.

*Isaiah 60:3*

#### Confession of Sin

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Officiant and People together, all kneeling*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ,  
strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

#### Invitatory and Psalter

*All stand*

**BCP p. 80**

*Officiant* Lord, open our lips.

*People* **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.  
Alleluia.

**Venite*****Psalm 95:1-7***

*The Lord has shown forth his glory: Come let us adore him.*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

*The Lord has shown forth his glory: Come let us adore him.*

**Psalm 119: Zayin****BCP p. 767**

Remember your word to your servant, \*

because you have given me hope.

This is my comfort in my trouble, \*

that your promise gives me life.

The proud have derided me cruelly, \*

but I have not turned from your law.

When I remember your judgments of old, \*

O LORD, I take great comfort.

I am filled with a burning rage, \*

because of the wicked who forsake your law.

Your statutes have been like songs to me \*

wherever I have lived as a stranger.

I remember your Name in the night, O LORD, \*

and dwell upon your law.

This is how it has been with me, \*

because I have kept your commandments.

**Psalm 119: Heth****BCP p. 768**

You only are my portion, O LORD; \*

I have promised to keep your words.

I entreat you with all my heart, \*

be merciful to me according to your promise.

I have considered my ways \*

and turned my feet toward your decrees.

I hasten and do not tarry \*

to keep your commandments.

Though the cords of the wicked entangle me, \*  
I do not forget your law.  
At midnight I will rise to give you thanks, \*  
because of your righteous judgments.  
I am a companion of all who fear you \*  
and of those who keep your commandments.  
The earth, O LORD, is full of your love; \*  
instruct me in your statutes.

## **Psalm 119: Teth**

**BCP p. 768**

O LORD, you have dealt graciously with your servant, \*  
according to your word.  
Teach me discernment and knowledge, \*  
for I have believed in your commandments.  
Before I was afflicted I went astray, \*  
but now I keep your word.  
You are good and you bring forth good; \*  
instruct me in your statutes.  
The proud have smeared me with lies, \*  
but I will keep your commandments with my whole heart.  
Their heart is gross and fat, \*  
but my delight is in your law.  
It is good for me that I have been afflicted, \*  
that I might learn your statutes.  
The law of your mouth is dearer to me \*  
than thousands in gold and silver.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

### **The First Lesson**

**Gen. 16:1-14**

A Reading from the Book of Genesis.

Now Sarai, Abram's wife, bore him no children. She had an Egyptian slave-girl whose name was Hagar, and Sarai said to Abram, "You see that the LORD has prevented me from bearing children; go in to my slave-girl; it may be that I shall obtain children by her." And Abram listened to the voice of Sarai. So, after Abram had lived ten years in the land of Canaan, Sarai, Abram's wife, took Hagar the Egyptian, her slave-girl, and gave her to her husband Abram as a wife.

He went in to Hagar, and she conceived; and when she saw that she had conceived, she looked with contempt on her mistress. Then Sarai said to Abram, "May the wrong done to me be on you! I gave my slave-girl to your embrace, and when she saw that she had conceived, she looked on me with contempt. May the LORD judge between you and me!" But Abram said to Sarai, "Your slave-girl is in your power; do to her as you please." Then Sarai dealt harshly with her, and she ran away from her.

The angel of the LORD found her by a spring of water in the wilderness, the spring on the way to Shur. And he said, "Hagar, slave-girl of Sarai, where have you come from and where are you going?" She said, "I am running away from my mistress Sarai." The angel of the LORD said to her, "Return to your mistress, and submit to her."

The angel of the LORD also said to her, "I will so greatly multiply your offspring that they cannot be counted for multitude." And the angel of the LORD said to her, "Now you have conceived and shall bear a son; you shall call him Ishmael, for the LORD has given heed to your affliction. He shall be a wild ass of a man, with his hand against everyone, and everyone's hand against him; and he shall live at odds with all his kin." So she named the LORD who spoke to her, "You are El-roi"; for she said, "Have I really seen God and remained alive after seeing him?" Therefore the well was called Beer-lahai-roi; it lies between Kadesh and Bered.

The Word of the Lord.

**Thanks be to God.**

### **11. The Third Song of Isaiah *Isaiah 60:1-3, 11a, 14c, 18-19***

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Second Lesson**

**John 5:19-29**

A Reading from the Gospel According to John.

Jesus said to them, "Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these,

so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. The Father judges no one but has given all judgment to the Son, so that all may honor the Son just as they honor the Father. Anyone who does not honor the Son does not honor the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life. “Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgment, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

The Word of the Lord.  
**Thanks be to God.**

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But over you the Lord will rise, \*  
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Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.

Thomas Aquinas

In the thirteenth century, when Thomas Aquinas lived, the works of Aristotle, largely forgotten in Western Europe, began to be available again, partly from Eastern European sources and partly from Moslem Arab sources in Africa and Spain. These works offered a new and exciting way of looking at the world. Many enthusiastic students of Aristotle adopted him quite frankly as an alternative to Christianity. The response of many Christians was to denounce Aristotle as an enemy of the Christian Faith. A third approach was that of those who tried to hold both Christian and Aristotelian views side by side with no attempt to reconcile the two. Aquinas had a

fourth approach. While remaining a Christian, he immersed himself in the ideas of Aristotle, and then undertook to explain Christian ideas and beliefs in language that would make sense to disciples of Aristotle. At the time, this seemed like a very dangerous and radical idea, and Aquinas spent much of his life living on the edge of ecclesiastical approval. His success can be measured by the prevalence today of the notion that of course all Christian scholars in the Middle Ages were followers of Aristotle.

Aristotle is no longer the latest intellectual fashion, but Aquinas's insistence that the Christian scholar must be prepared to meet other scholars on their own ground, to become familiar with their viewpoints, to argue from their premises, has been a permanent and valuable contribution to Christian thought.

Aquinas is perhaps best known for *Summa Theologiae*, and unfinished work that may have been intended as a textbook. Thomas Aquinas devoted his life to loving God with his mind. He believed that asking careful questions about faith was not a threat to devotion, but an expression of it, because all truth comes from God. And yet, near the end of his life, he experienced God in prayer so deeply that he said all his writings felt like straw. Aquinas reminds us both to seek understanding faithfully, and to rest humbly in the mystery of the God who is always greater than our knowing.

## **The Apostles' Creed**

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**I believe in God, the Father almighty,  
creator of heaven and earth.**  
**I believe in Jesus Christ, his only Son, our Lord.**  
**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**  
**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**  
**He descended to the dead.**  
**On the third day he rose again.**  
**He ascended into heaven,  
and is seated at the right hand of the Father.**  
**He will come again to judge the living and the dead.**  
**I believe in the Holy Spirit,**  
**the holy catholic Church,**  
**the communion of saints,**  
**the forgiveness of sins,**  
**the resurrection of the body,**  
**and the life everlasting. Amen.**

## **The Prayers**

**BCP p. 97**

*Officiant* The Lord be with you.

*People* **And also with you.**

*Officiant* Let us pray.

## The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## Suffrages B

V. Save your people, Lord, and bless your inheritance;

R. **Govern and uphold them, now and always.**

V. Day by day we bless you;

R. **We praise your name for ever.**

V. Lord, keep us from all sin today;

R. **Have mercy on us, Lord, have mercy.**

V. Lord, show us your love and mercy;

R. **For we put our trust in you.**

V. In you, Lord, is our hope;

R. **And we shall never hope in vain.**

## The Collect of the Day

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## Thomas Aquinas, Priest and Friar, 1274

Almighty God, who has enriched your church with the singular learning and holiness of your servant Thomas Aquinas: Enlighten us more and more, we pray, by the disciplined thinking and teaching of Christian scholars, and deepen our devotion by the example of saintly lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity;

and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

### **A Prayer for Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

*Here may be sung a hymn or anthem.*

*Authorized intercessions and thanksgivings may follow.*

*Before the close of the Office one or both of the following may be used*

### **The General Thanksgiving**

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Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. **Amen.**

### **A Prayer of St. Chrysostom**

**BCP p. 102**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

*Then may be said*



Let us bless the Lord.

**Thanks be to God.**

*The Officiant may then conclude with one of the following*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

*Romans 15:13*