

Monday

Tuesday

Wednesday

Thursday

Friday

# October 2026

## Snack Menu

**Fruit Cocktail in Juice**  
&  
**Whole Grain Graham Crackers**

5

**Pineapple Tidbits**  
in Juice  
&  
**A Cheese Stick**

6

**Applesauce**  
&  
**Whole Grain Gold Fish Crackers**

7

**Pears in Juice**  
&  
**A Whole Grain Muffin**

8

**A Banana**  
&  
**A Cheese Stick**

9

**Fresh Oranges**  
&  
**A Whole Grain Muffin**

12

**Applesauce**  
&  
**Whole Grain Graham Crackers**

13

**A Banana**  
&  
**A Cheese Stick**

14

**Peaches in Juice**  
&  
**Whole Grain Gold Fish Crackers**

15

**Pears in Juice**  
&  
**A Whole Grain Muffin**

16

**Diced Apples**  
&  
**Whole Grain Graham Crackers**

19

**Pears in Juice**  
&  
**A Whole Grain Muffin**

20

**Applesauce**  
&  
**A Cheese Stick**

21

**Fruit Cocktail in Juice**  
&  
**A Whole Grain Muffin**

22

**A Banana**  
&  
**Whole Grain Graham Crackers**

23

**Pineapple Tidbits in Juice**  
&  
**A Whole Grain Muffin**

26

**Peaches in Juice**  
&  
**Whole Grain Gold Fish Crackers**

27

**A Banana**  
&  
**A Cheese Stick**

28

**Applesauce**  
&  
**Whole Grain Graham Crackers**

29

**Pears in Juice**  
&  
**A Whole Grain Muffin**

30